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Week of May 11, 2025

# Pediatrician Heather DiCross Saying Goodbye to Livingston Community after 11 Years

Local pediatrician Heather DiCross, a Park County resident since 2014, is bidding the Livingston community farewell after 11 years of unwavering commitment to service at Livingston HealthCare. She and her husband will return to their home state of Ohio after nearly 20 years.



**Tony Crowder**  
Managing Editor

DiCross, born in Beaumont, Texas, was raised in Leetonia, a small village in Northeast Ohio just south of Youngstown, where she and her husband, Duncan, first met at their kindergarten orientation more than 30 years ago—a longstanding childhood friendship fated for romance.

Heather graduated with her bachelor's degree from the University of Akron in 2007, eventually attending medical school in Toledo and reuniting with Duncan prior to his departure for Oregon following college.

"We never dated until he moved to the other side of the country," Heather quipped.

The two continued their long-distance relationship for three years until Duncan rejoined DiCross in Dansville, Pennsylvania, where she completed her final clinical rotation at Giesinger Medical Center, before relocating to Livingston in 2014—the place they would call home for a decade and raise their adopted son, J.D.

"Duncan wanted to go somewhere with real mountains after my residency in Pennsylvania. I found a job listing at Livingston HealthCare. When I saw pictures of downtown Livingston and the surrounding landscape, I knew I wanted to live here," Heather explained.

Heather has practiced medicine professionally for 14 years—an aspiration she's harbored since fifth grade, precipitated when her younger brother, Nate, became extremely ill and was hospitalized at the Akron Children's Hospital. The hospital's staff and medical personnel aided Nate to recovery, comforting Heather and her family in the process. This experience, she says, made a major impact on her life, sparking her interest in medicine.

Heather initially considered pediatric nursing, a career her father and stepmother pursued following the premature

birth of her youngest brother, who nearly died at birth and spent the first 18 months hospitalized at Akron's Children Hospital. However, she was curious about advanced topics like treatment physiology and, after her first year studying nursing, decided instead on medical school—the rest, of course, is history.

Due west of Leetonia sits Salem, Ohio, the site for Heather and Duncan's next adventure. The Akron Children's Hospital oversees a pediatric clinic there, where Heather will soon continue her practice—a full circle journey to the place that first inspired her to pursue medicine. The silver lining in leaving, she says, is that her new patients are the children of her childhood friends.

Reluctant to say goodbye, Heather expressed gratitude for her friends in Park County, saying "So much thanks to my patients and family—the parents



who trusted me with their little ones. It's been an amazing honor and rewarding experience; being there for first breaths and getting to watch these children grow. I will really miss everybody. I loved being here and appreciate the Livingston community."

Speaking on her colleagues, Heather said, "Working at LHC, I had the best colleagues. There are so many doctors who I know care about this community and their patients."

Best wishes from the community!

## The PCCJournal's New Website Launch is Happening

by Tony Crowder

The *Park County Community Journal* is excited to officially launch its new website on Friday, May 9th. The site offers a sleek yet user-friendly experience for our readers who may prefer accessing news content online. Like our print publication, the website and its features will be accessible to all **free-of-charge**.

The new website, designed by production editor Joel Martens, will be updated with content each week, a large majority of which will be published digitally on Fridays as the printed newspaper is distributed. Other time sensitive stories and releases may be published online before

or after mass distribution.

Some website content will be published on our Facebook account, available at <https://www.facebook.com/profile.php?id=100090995974205>. Please like and share us on Facebook or subscribe to receive regular email updates, distributed on Wednesdays via newsletter, by visiting <https://www.pccjournal.com/>, scrolling to the bottom of the home page and clicking "sign up." All you need to provide is your email address for registration. Please ensure that email updates are delivered to your inbox or special folders for social and promotional content.

Stories will be organized according to topic and can be searched for by using

post title, tags and author name. Though no mobile application currently exist for Ghost, the website is accessible through and compatible with mobile search browsers like Safari, Google Chrome and others.

The new website will also contain archived PDF versions of each weekly edition since January 2024 available for download. Other features include a contact form to conveniently provide feedback or submit inquiries regarding content submission and advertising, as well as a staff directory including contact information for our editing, design, photography, and sales staff.

In the future, our goal is to include online advertisements available for

purchase, though, our current priority is enhancing content accessibility, expanding outreach to readers of all ages, and increasing our overall exposure to the community and tourists alike—without sacrificing our fundamental dedication to providing printed news media in the digital age.

We encourage you and your friends and family to support our online content through our new website at <https://www.pccjournal.com/>.

If you have any comment or questions, please contact Managing Editor Tony Crowder at [tony@pccjournal.com](mailto:tony@pccjournal.com) or Chief Editor Steph Martens at [community@pccjournal.com](mailto:community@pccjournal.com).

  
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Sandy Williams, Funeral Assistant  
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Community Journal

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Published weekly on each Sunday of the month.  
**Disclaimer:** While attempts are made to ensure the accuracy  
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OP-ED  
National Day of Action on May 1st

by Indivisible Park County

Opinion Editorials state the views solely of the author and do not necessarily reflect the views of the Community Journal.

Dear Editor,

In an effort to share our recent activities and as part of another National Day of Action, a march and silent protest were held in Livingston on Thursday, May 1st from 5:30 to 6:30 pm. Protesters met at the corner of River Drive and View Vista Drive, near Park High School. Organizers counted heads, and 200 people brought signs, high energy, good cheer, and their voices.

The event, organized by *Indivisible Park County*, the Women's Action Project, and the Park County Democrats, began with singing and a brief rally. Protesters then marched up Main Street toward Park Street. Those who could not march met the group at the corner of Park and Main with their signs.

As protesters approached and reached Park Street, they began to disperse and stand in silence on the sidewalk. They held signs demanding a country that prioritizes their families over billionaires' fortunes, public schools over private profits, healthcare over hedge funds, and economic prosperity for their community over free market politics.

This protest was held on May 1st, because that is officially May Day and another day of national mobilization. Traditionally, May Day has been a day of support for labor unions. It commemorates a violent clash of police and labor protesters during the Chicago Haymarket riot of 1886, an event symbolic of the international struggle for workers' rights. In 1894, U.S. President Grover Cleveland signed legislation to make Labor Day the official U.S. holiday in honor of workers. Today, many other parts of the world celebrate May Day to recognize the struggles and gains made by

Adult Diabetes  
Support Group  
At Livingston HealthCare



Livingston HealthCare is currently offering a **free adult diabetes support group** on the first Thursday of each month in the Livingston HealthCare conference rooms at 5:30 pm. The next meeting is **June 5th**. This group is open to individuals with Type 1 or Type 2 diabetes and hopes to include opportunities to connect with guest speakers, attend cooking demos, engage with providers, and support one another in the challenges and goals of diabetes management.

We're also running a free Diabetes Prevention Program called the **Lifestyle Balance class**, designed for individuals with prediabetes, a history of gestational diabetes, or those looking for support with weight loss. Folks can sign up on this link: <https://app.chronicdiseasedata.org/dpp-selfreferral/default.aspx>—or they're welcome to contact Mercedes Siedel, Registered Dietitian directly at (406) 823-6665 or by email at [Mercedes.seidel@livhc.org](mailto:Mercedes.seidel@livhc.org).



workers and the labor movement.

In nautical and aeronautic circles, May Day is a universal distress call, an SOS. Given the level of distress the current administration has caused, SOS has significant meaning for us today. We might even consider it a call to Save Our Society.

The organizers believe our shared future depends on everyday Americans fighting back. We believe each of us has a role to play—in blue states and red states, and as democrats, republicans, independents, and libertarians. We believe the current administration wants to divide and conquer us, isolating us one

by one in an attempt to break down our resolve. But standing together is the only way to protect our families, our neighbors, our democracy, and our future. And we believe we will win!

A core belief of the organizers is a commitment to peaceful, nonviolent, and respectful action. We expect all participants to seek to de-escalate any potential confrontation with those who disagree with our values.

For more information go to:  
[indivisibleparkcounty@gmail.com](mailto:indivisibleparkcounty@gmail.com).

Peacefully,  
Indivisible Park County



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# Woman Held Hostage by Hamas Speaking in Bozeman on May 16th

Judith Raanan and her daughter, Natalie, were among the first hostages to be freed back in October 2023.

It was October 7th, 2023, Judith Raanan and her daughter, Natalie, were in Israel celebrating the Jewish holidays and their grandmother's birthday when the unimaginable happened. Hamas terrorists launched an attack on Israel, murdering 1,200 Israelis and taking 250 hostages, including holocaust survivors and babies. Judith and Natalie were kidnapped from kibbutz Nahal Oz and were among the first hostages to be freed 13 days later.

On the morning of the attacks, Raanan was awoken by a call from her mother, with a warning not to leave the house. As Raanan walked toward her daughter's room, a rocket struck the

bedroom she had just left. After hearing gunfire and Arabic outside, Raanan only had a brief moment to warn her daughter not to panic when heavily armed terrorists burst through the door.

"We are honored to have Judith come and speak with the Bozeman community" said Rabbi Chaim Bruk, Spiritual Leader of Chabad Lubavitch and organizer of the event, "Judith, and each of the hostages, have a story to tell, and we are determined to hear, and share, their incredible stories of resilience," Bruk said.

October 7th was the deadliest attack against the Jewish people since the Holocaust and former President Joe Biden and President Donald Trump have recognized it as such. There still are 59 hostages

being held by Hamas, though many of them are believed to have been murdered.

Judith will be in Bozeman on May 16th and speaking to the community over Shabbat dinner at the Chabad Lubavitch Center for Jewish Life and Learning located at 1610 Ellis Street Unit 2B. The event is open to the community at large, no

membership or affiliation necessary, but registration is required at [www.JewishMontana.com/Hostage](http://www.JewishMontana.com/Hostage).



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### SHIELDS VALLEY

**May 14th**  
Elementary Track and Field Day  
School Board Meeting at 7 pm

**May 15th**  
2nd Grade Field Trip  
4th Grade Trip to Daily Lake  
6th Grader Tour of High School at 10:30 am

**May 19th – 22nd**  
6th Grade Field Trip to Yellowstone National Park

**May 20th**  
JH/HS Academic & Athletic Awards Banquet at 5:30 pm

**Upcoming EVENTS**

**Shields Valley Mobile Pantry** - Second Friday of every month in Wilsall from 10:45 until 11:45 am located at the Senior Center and in Clyde Park from 12:30 to 1:15 pm at the City Hall. For more information and to join the program, visit <https://livingstonfrc.org> or call 406-222-5335.

*If anyone has any upcoming events please send email to [shieldsvalleynews@gmail.com](mailto:shieldsvalleynews@gmail.com).*

If anyone has any news, events, etc. please let me know at [Shieldsvalleynews@gmail.com](mailto:Shieldsvalleynews@gmail.com)

## Luccock Park Benefit Jamboree

**Why:** To shore up Pine Creek, as the erosion is destabilizing the bank. This is threatening 3 large cabins.

**When:** Saturday, May 24th • 1 pm - 4 pm

**Where:** Luccock Park, 263 Luccock Park Rd



**What:** Old Fashion BBQ: BBQ Pulled Pork Sandwich, baked beans, salads, dessert and more.

**Music:** Live music by Jordan Komoto

**Silent Auction:**  
28" Blackstone Grill w/hood & accessories  
2 day stays with meals in a private cabin  
Basket of grilling accessories  
Many other items!



**Donate:** [luccockpark.org](http://luccockpark.org)  
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# The Discernment of Data

by Nurse Jill

In our ever advancing technological society, more and more options are being offered online to assist patients in education. This ranges from mundane articles posted on hospital pages to symptom checker AI sites that will ask questions to assist in hopeful self-diagnosis. It may feel pretty slick to finish up a conversation with Chat GPT and think you've gotten to the bottom of the issue but have you really figured it out?

Mark Twain said, "Facts are stubborn things, but statistics are pliable." The same can be true for online medical information. Just like you can take a statistical analysis and change your perspective on it to support different theorems, you can look at a list of symptoms on the internet and change your perspective to decide you fit the picture for any number of disorders or diseases.

The problem is that symptoms are usually only half the picture. When you complain of dizziness there can be a myriad of reasons why you might experience even just this one symptom. And while you may think that having a handful of symptoms might help narrow things down a bit it usually does not. When we consider a list of possibilities to fit symptoms there are a lot of repeats across the board.

But when you visit your doctor they can start to pull facts from the situation. They can check your heart

rhythm, check your blood counts, check your blood pressure, and double check dosages of medications that you are taking. When a physician combines the patient reported symptoms with the black and white results from a little testing, they can use their deductive reasoning to come to a conclusion. A lot of times this can be definitive but sometimes it can be more nuanced as even with test results in hand the picture still may not be clear.

But this doesn't negate the value of a good web search. A good web search. Reddit, FaceBook, and Insta do not count as good web searches. (Though they may be somewhat helpful in researching provider reputations.) In fact, there are only a few truly reliable, accurate, and helpful medical sites available. Stick to pages such as Mayo Clinic, Cleveland Clinic, CDC, or NIH's MedLine Plus. These options are intended to educate patients with helpful information and are kept accountable by panels of experts.

One of the biggest mistakes the public makes when looking for medical answers online is to find "the one." The one guy who had a rare, severe reaction one time to the same medication that you were just prescribed. Or the one lady who had a surgery and came out with a shocking story to tell. Unfortunate things do happen in medicine but they are far from the majority. Every patient

situation has different factors and contributors to the overall outcome of their treatment. There is no way for you to know the whole story of these rare one-offs as you scroll through naysayers. Even if you know them personally be careful of turning one statistic into the whole story.

Studies have indicated that anywhere from 15-70% of people do some pre-searching on the web prior to their doctor visit. One study found that this was beneficial to the doctor-patient relationship but another found that it could be inhibitory to the process of diagnosing and treating.

**Here are some tips to remember when attempting to DIY a diagnosis.**

1. Keep to the reliable websites.
2. Use others' experiences as helpful information, insight into what to watch out for, and inspiration for a good conversation with your doctor. Not as fuel for the fear fire.
3. Use information that you find as an assist in your doctor's appointment not as an accusation. Your doctor went to years and years of medical school and can deduce the situation better than a Google



session. Use the information to help you understand your condition and ask helpful questions not as a way to demand certain treatments from your doctor.

4. Utilize triage phone services such as *Ask A Nurse* or *Health Line*. These services can help you determine what level of care you need and when for concerning symptoms.
5. Call your doctor's office. If new symptoms are bothering you and you wonder if you should make an appointment, just call and ask. They will be glad to help you discern whether or not an appointment is warranted.

The internet is a great tool and does contain valuable information that can help you get a better handle on your health situation when used appropriately. Use high-tech in conjunction with low-tech face-to-face conversation and you'll likely be able to get to the bottom of it.

## Your Ageless Wellness Column

Garrick Fulmer-Faust, Executive Director, Park County Senior Center

### Your Ageless Wellness How We Think Is How We Feel and Act



**Welcome back!** In our last few columns, we explored how the words we use—especially the ones we say to ourselves—can quietly shape how we experience life. We talked about the power of thoughts, and how catching ourselves in mid-sentence can open the door to real change.

Today, we're going a step deeper. Let's look at how those thoughts don't just influence our mood or mindset, they can actually affect our physical health, our relationships, and whether we take action in the first place. Most importantly, how we can begin to shift a lifetime of negative self-talk into something more supportive and energizing.

**How We Think Is How We Feel—and How We Act**

The way we talk to ourselves can either nudge us forward or hold us back. Some of the most common phrases I hear people say:

- *I don't feel like it.*
- *I've never stuck with anything.*
- *I don't want to be a burden.*
- *Nobody wants to hear me complain.*
- *I'm too far gone for it to matter now.*
- *Why bother?*

Over time, these thoughts become more than passing remarks—they become beliefs and beliefs shape behavior.

Saying, "I don't feel like it," is one of the quickest ways to talk ourselves out of doing something good for ourselves. But here's the thing—thoughts drive feelings, not the other way around. If the thought is discouraging, the feeling that follows will be too. Shift your thought first, and your feeling will often shift along with it.

And here's something else, the way we speak to ourselves *directly affects* how we treat others. If we're constantly judging ourselves, we often extend that same judgment to the people around us—snapping, withdrawing, or feeling resentful. On the flip side, when we show ourselves patience and kindness, we're far more likely to offer it to others.

**Talk Yourself Into Moving**

We often think motivation just *shows up*. But the truth is, most of us have to *talk ourselves into moving*. Getting up to exercise, to eat better, or to try something new almost always starts with a conversation in our head.

If that voice says, "You'll just quit again," guess what happens? You don't even start. But if it says, "Just go for 10 minutes," or "You've done harder things before," you're more likely to lace up your shoes and give it a shot. That's how the shift begins—not with willpower, but with a different kind of self-talk.

**Your Body Is Listening**

Negative thoughts don't just live in your head, they live in your body, too. When your inner dialogue is full of pressure, shame or fear, your body reacts—muscles tighten, breathing becomes shallow, sleep gets disrupted, and digestion slows. Over time,

chronic stress from this inner environment can lead to real physical issues—joint pain, fatigue, high blood pressure, inflammation, and more.

But just like our thoughts can break us down, they can also build us up. Kindness reduces stress. Encouragement boosts energy. Hope softens tension. A calm, supportive inner voice is like medicine for both mind and body.



**So How Do We Change the Recordings in Our Minds?**

It's not about ignoring hard things or pretending everything's fine. It's about choosing to speak to yourself like someone worth caring for. Here's how to start:

- **Notice it** – Pay attention to your automatic thoughts. The first step is awareness.

- **Challenge it** – Ask, "Would I say this to a loved one?" If not, it may not belong in your head, either!
- **Change the Tone** – Swap "I can't" with... "I'll give it a try." Or "I always mess up" with... "I'm still learning."
- **Practice Out Loud** – The spoken word is powerful. Saying, "I deserve to feel strong," or "I'm trying" aloud reinforces the message.

**The Foundation for All Change**

Our thoughts and words are the foundation for any kind of positive action we wish to take. Without awareness of how we speak to ourselves, there can be no real change for the better. That's why we've spent so much time focusing on this subject—because real, lasting wellness doesn't begin with exercise, diet plans, or new routines. It begins with the conversations you have with yourself every single day.

**Want Support?**

At **The Hub**, we believe wellness includes how you move, how you eat, and how

you think. If you'd like help starting that shift toward a healthier mindset and stronger body, we're here for you.

Garrick Fulmer-Faust, CPT, is the Executive Director of The Hub at the Park County Senior Center (PCSC) in Livingston. The Hub is a wellness and fitness center specifically designed for seniors and mobility-challenged individuals. Contact Garrick



# Livingston City News Updates

By Grant Gager

## Wellness Center Update



Aided by the recent warm weather, construction on the new Wellness Center continues on schedule. Last week, the crews got busy forming the lap pool! Later this month, they will turn their attention to the recreation pool as we await the fabrication of the wall panels so that vertical construction can begin.

The City and 4 Ranges Community Recreation Foundation still expect the

facility to open in the Winter of 2026-27. The Foundation continues its drive to raise funds to support the Wellness Center and I am thankful for their help!

## The wait is over... "Less Mow May" is BACK!

The City of Livingston encourages all residents to lend a helping hand to our pollinator friends as they start their busy season. The start of the growing season is a critical time

for hungry, newly emerging bees but flowers are hard to find. By allowing grass to grow longer, and letting flowers bloom, your lawn can provide nectar, pollen and a place of refuge to help your bee neighbors thrive.

So, kick-back this weekend, enjoy the sun and watch that grass grow!

## Get Your Green Cans Ready

The City of Livingston's annual Green Can Collection Program runs from early May through the end of

October, offering residents an eco-friendly way to dispose of yard waste. Collection occurs weekly, with pick-ups on Tuesdays for homes south of Park Street and Thursdays for those north of Park Street. Each can must dis-



play a current year sticker for collection.

Residents can enroll by calling Public Works at 406-222-5667.

## Happening Around Town...

**Question:** I've noticed an issue with the City's public infrastructure around my neighborhood, what should I do?

**Answer:** If you see something, say something! There are many ways to let us know of an issue that you've noticed. You can fill out a form, email us or just give us a call. If it's a Public Works issue, call 406-222-5667, or you can call City Hall at 406-823-6000. We

look forward to hearing from you!

**Have questions you'd like us to answer in this section? Send them our way, and we'll include them in the next newsletter which will be posted on the City's website!**

## Help Livingston Identify Lead Pipes

Public water systems nationwide are required to complete a service line inventory by November 1, 2027, to identify any lead pipes delivering drinking water to homes.

The City of Livingston is working with the Montana Departments of Commerce and Environmental Quality to complete this inventory, and we need your help. By checking the pipe that brings water into your home, you can help determine if it is made of lead, copper, galvanized steel, or brass. Look near your water shutoff valve and use a magnet



## The Yardner

Carol Carver  
406-222-4459

*Making the world more beautiful...  
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"Nothing in nature is exhausted in its first use." - Ralph Waldo Emerson

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# GREASE

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# The 4th Annual Native Plant Sale Hosted by Montana Freshwater Partners Saturday, May 10th

Montana Freshwater Partners will be holding their 4th Annual Native Plant Sale on Saturday, May 10th from 1:30 to 3:30 pm at the Park County Fairgrounds (46 View Vista Dr, Livingston, MT 59047). This event offers the community a unique opportunity to purchase native plants that are well-suited to local soils and climate, support biodiversity, and provide habitat for pollinators and wildlife.

Through a partnership with Great Bear Native Plants in Hamilton, the sale features a wide variety of species found along local rivers, wildflower

meadows, and in prairie grasslands. Native plants are adapted to our local environment, requiring less water and maintenance while enhancing the local ecosystem. They attract local pollinators, birds, and other wildlife to your yard, and stabilize the soil and store carbon using their deep taproots. Because they are adapted to our local environment, they also require little to no fertilizers or pesticides. Overall, native plants are a great way to bring vibrant life to your garden while supporting and connecting to our local environment in

southwest Montana.

Montana Freshwater Partners will be joined by a suite of local experts from organizations including the Park County Environmental Council, MSU Extension, and Sacajawea Audubon Society who can provide guidance and tips on gardening with native species. Additionally, Happy Trash Can Compost, has generously donated

compost to the event which Montana Freshwater Partners will be selling for \$5 per bucket. All proceeds from the Native Plant Sale support Montana Freshwater Partners' mission to protect and restore Montana's rivers, streams and wetlands.

For more information and to view the plant selection, visit [freshwaterpartners.org/mfp-native-plant-sale](http://freshwaterpartners.org/mfp-native-plant-sale).

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# Music Speaks

## - Part Two

by Joyce Johnson



**T**his week I return to thoughts on the music influences in our world. Ambitious of this village scribe, but many kinds of music soundtracks accompanied the stages and stories of my life. It started with the post-war popular music that my older siblings and friends listened to on the radio, and played on their 78 and 45 rpm record players back in the 50s (ancient I know), but mixed with Mom's classical and sacred music made a nice mix. Valley resident, Dennis Briggs', and his book, *The Uses and Misuses of Music*, was developed over many decades of research, and his personal experience with the soundtracks of life is my present inspiration, study, and writing challenge. I am tempted to just quote here the entire preface of his book, so compelling, but I will just share a couple quotes that hooked me from the start:

**Confucius:** "If one should desire to know whether a kingdom is well governed, if it's morals good or bad, the quality of it's music will furnish the answer." **Plato:** "The companions of right reason are decency, cadence, and accord: decency in song, accord in harmony, cadence in rhythm." I looked up 'cadence' and it is "the rhythmic sequence or flow of sounds in music and language." It all varies in its effect on us. I remember a college professor said 40 years ago to us students: "Rock is not music but some call it that." Wow! Science has compelling findings to say about Rock, which is reported in Dennis' book and I will share it's findings in another issue.

My first column on music (April 6 Archives) took us on a goofy ride with my most potent

life changing experiences with music, including Rock & Roll on the radio in L.A. when I was 12 or so. And later, I danced in discotheques in S.E. Asia, but that was another life it seems. So important to me, as scribe, and to many of you too, is the true communication or interpretations of it, with mutual respect, which is the wisdom of Pythagoras. I think it's the best hope we have in staying grounded while the world seems to swirl in a soundtrack of discord and change... and the opposition to just everything that we are experiencing in the shift to a higher level. For instance:

**When in Doubt, I Digress to Nature:** I am

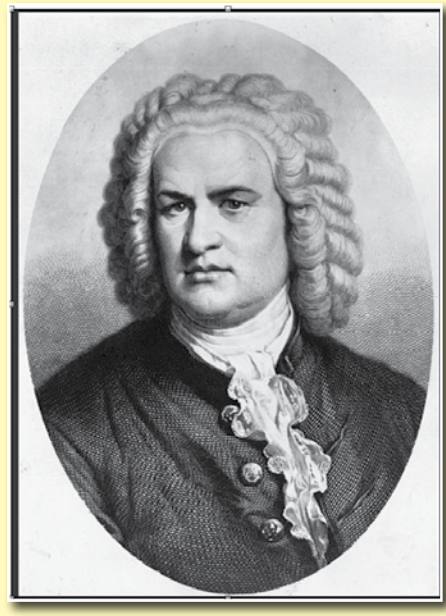
real glad to see the return of natural medicine cascading like Pine Creek falls off social media and many websites. Serious disease remedies coming from the shelves of our pantry and gardens. But we Montanans can walk in forests in any direction less than a few minutes away, just about, here in Park County. We live in a land that heals: if we take the time to embrace it, and us tree-huggers add... if we protect and preserve it.



The soundtrack of the forest is certainly healing. The fast-moving water of creeks, and rivers and falls, have tangible anti-depression ions coming off them. This next part is an example of the height and power of our classic music history and the foundation and drive of one of our most celebrated music masters:

**Johann Sebastian Bach,** German, (1685 - 1750) one of the greatest musicians, and organists, of all time, composer of over 1000 musical creations; And he knew extraordinary grief. He lost his young wife unexpectedly while he was away from home. He had children and eventually remarried, and had many more; but eleven times, he had to bury a child that he had loved and nurtured. How could a man endure so much loss and still create cantatas, cello suites, masses, and concertos that define and put to sound, mankind's highest level of music creativity, and not just end up in the pub. Bach, it is said in his Bio, found strength in his faith. At the beginning of a lot of his compositions, he wrote "J.J." (Jesu Juva, "Lord help me"), and at the end, he often signed "S.D.G." (Soli Deo Gloria, "Glory to God alone"). To him, music wasn't just sound—it was how he processed, rose above, and transformed sorrow into hope. It was prayer. This is why, centuries later, when one listens to Bach, one hears more than music—one hears the sound of faith, endurance, and an ageless, unbreakable spirit.

**Back to the Present,** I want to introduce this additional info discovered in recent times and shared in page after page of Dennis' book; the eye-popping influence of select kinds of music on our body and mind. A few examples: Mozart accelerates learning, measurably raises I.Q., was tested with *Concerto For Two Pianos* on college students in L.A., at UC Orange in the early 90s. "The closest thing to Perfection on earth," my Mom said. Certain types of music soothes and helps relieve and recover from surgery, diseases, neurological disorders, and healing at many levels. The meditation and relaxation music list is endless, with a great variety; music that raises vibratory frequency, courage and victory



like Beethoven's 5th, and we all love hero movie themes like Star Wars.

So, to leave this week on a high NOTE, music can raise our physical energy in cheerful, positive ways. Try these: Fiddlers, Bluegrass, Cultural folk from many nations: Native American, Scottish dance, Latin American, Peruvian, Greek and lots more. We can take charge of what we "take in," and what we choose to accompany, heal and alter ourselves with. Stay tuned for more music chat in the continuing celebration of local, (and historic) heroes: The best of us.

**The Uses and Abuses of Music,** Dennis Briggs' research and discussion of the science of sound and music, is for everyone: especially educators, healers and performers, but perhaps more importantly, new generations of parents. One size does not fit all in modern times. We are individuals with complex needs, tastes, and histories. And for the many with spiritual views, Dennis' book includes the religious foundation that is woven significantly into our ancient and classic music history. You can contact Dennis at email: [harmony2us@gmail.com](mailto:harmony2us@gmail.com), and his book is available on Amazon.

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# The Livingston Depot Center Opens Museum for the Summer With a New Featured Exhibit: “The Grizzly Bear Illustrated: 1828–1943”

The historic Livingston Depot Center opens the seasonal railroad history museum on Memorial Day. The beautifully restored Northern Pacific Railroad station, dating back a century, is a remarkable exhibit in itself. The Depot's flagship exhibit, *Rails Across the Rockies: A Century of People and Places*, provides captivating insight into Montana's railroad history and the grandeur of train travel. The exhibit highlights Livingston as the gateway to Yellowstone since the 1880s, particularly focusing on the Northern Pacific's pivotal role in Yellowstone's establishment as America's first national park. In addition to its main exhibit, the museum presents *The Livingston Depot in History and Architecture*, and *Remarkable Migrations*, as well as the featured special exhibit.

Featured Exhibit: *The Grizzly Bear Illustrated: 1828–1943 Ursus Horribilis: The Grizzly Bear Illustrated* is curated by Lee Silliman and explores the complex relationship between humans and grizzly bears on the early western frontier. Through works by 19th and 20th-century artists like Karl Bodmer and Frederic Remington, the exhibit reflects an era in the tangled relation-

ship between humans and this iconic symbol of the American West. A gallery tour and illustrated lecture will bring the exhibit to life on June 14th at 10 am.

*The Beast of Our Time*, a 28-minute, award-winning documentary produced by Save the Yellowstone Grizzly, is an unflinching inquiry into the relationship between climate change and grizzly bears. The film, directed by Maaikie Middleton, is narrated by Academy Award-winning actor Jeff Bridges and scored by pianist Bill Payne of Little Feat. A partnership between the Depot and Elk River Arts & Lectures brings a screening of the film on June 13th at 6 pm that will be followed by a discussion of regional experts on grizzly biology and conservation.

All are welcome to join the screening of *Beast of Our Time* and panel



Ours Brun (*Ursus Arctos*) by Manceau, 1861, copper engraving, hand-tinted, *Dictionnaire Universel d'Histoire* by Charles H.D. d'Orbigny

discussion. The event is free and light refreshments will be provided.

The guided gallery tour and illustrated lecture begins at 10 am Saturday, June 14th. This free event features historian and exhibit curator Lee Silliman. Light refreshments will be provided.

Livingston Model Railroad Club operates a large HO scale layout in the basement of the former Northern Pacific baggage building at the Livingston Depot Tuesdays and Saturdays at 7:30 pm. Beginning May 29th, the club will be open Thursday afternoons from 1 - 4 pm.

Depot Museum is open Memorial Day to Labor Day, Monday through Saturday, 10 am - 5 pm.

Operated by the Livingston Depot Foundation and located at 200 West Park, the museum is open Monday through Saturday from 10 am to 5 pm. There is a nominal admission, and group visits are also welcome by special arrangement. Additional information can be obtained by visiting [www.livingstondepot.org](http://www.livingstondepot.org).

More information is available HYPERLINK "http://www.livingstondepot.org" [www.livingstondepot.org](http://www.livingstondepot.org).

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May 30<sup>th</sup> - 31<sup>st</sup> (Fri-Sat) **BRICKHOUSE BAND** DANCE CLASSICS, MODERN HITS & FUNKY TUNES

June 6<sup>th</sup> - 7<sup>th</sup> (Fri-Sat) **JUSTIN CASE BAND** Rock Cover Band

June 13<sup>th</sup> - 14<sup>th</sup> (Fri-Sat) **SMOKE** Rock, Groove, R&B

June 15<sup>th</sup> (Sun) **JOHNNY DANGO** Indigenous Singer-Songwriter & Musician

June 20<sup>th</sup> - 21<sup>st</sup> (Fri-Sat) **3 EYED JACK** Classic Rock and Outlaw Country

June 22<sup>nd</sup> (Sun) **RYAN LITTLE EAGLE** Rock, Groove, R&B

June 27<sup>th</sup> - 28<sup>th</sup> (Fri-Sat) **ROAD RUNNER BAND** Rock and Roll Cover Band

July 4<sup>th</sup> - 5<sup>th</sup> (Fri-Sat) **GARY SMALL & COYOTE BROTHERS** Blues, Rockabilly, Rock

Recipe by Carla Williams

RECIPE CORNER

Chicken Pot Pie with Biscuits

**Ingredients**

- 3 cups cooked shredded chicken (I use a rotisserie chicken)
- 2 cans 10.5 oz cream of chicken soup
- 3 cups frozen vegetables
- 2 tsp minced garlic
- 1/2 tsp ground black pepper
- 1 cups shredded mild cheddar cheese
- 1 cup shredded mozzarella cheese
- 16 canned biscuits
- 2 tbsp butter melted

**Instructions:**

1. Preheat oven to 375°F.
2. Spray a 13x9-inch baking dish with nonstick spray.
3. In large bowl, combine the chicken, cream of chicken soup, frozen vegetables, garlic, and shredded cheeses.
4. Mix until combined.
5. Pour the mixture into the baking dish.
6. Now grab the can of biscuits.

Photo Credit: [chocolatewithgrace.com](http://chocolatewithgrace.com)

7. Cut each biscuit into quarters, then place in a large bowl.
8. Drizzle with the melted butter, and toss.
9. Bake the biscuits for about 5-7 minutes on a lightly grease baking sheet.
10. Top the chicken mixture with the biscuits.
11. Bake, uncovered, for 20 to 25 minutes.
12. Let cool until it's safe to eat.

Serve & Enjoy!



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## Financial Moves for a Growing Family

If you're adding a child to your family, it's an exciting time, and you have much to anticipate. Of course, this new addition will bring many changes in your life, so you'll want to be prepared—especially in terms of your finances.

What financial moves should you make as you welcome your new child? Here are a few to consider:

- **Estimate expenses.** Create a new budget. You will likely have several new expenses associated with a new child, ranging from relatively minor purchases like a car seat, stroller, crib, etc., to potentially much larger costs, such as a vehicle with more space or even a new home. You'll need

to estimate what you can afford for these initial expenses and then work in to your budget the everyday additional costs—food, clothing, uncovered medical expenses and so on.

- **Look at options to support taking time off work.** Depending on where you live and where you work, you might have some sources of support if you take time off from work after the arrival of your child. These options may include paid time off such as sick leave and vacation time, paid family leave, short-term disability insurance, and some benefits from the Family Medical and Leave Act.
- **Determine how childcare will**

be provided. Childcare can be expensive and, in some areas, hard to find. Well before the arrival of your child, start looking for childcare, so you can explore your options and start factoring in the costs to your cash flow and monthly budget. During your search, look at offerings from local community centers, religious institutions and nonprofit organizations, some of which may offer low-cost childcare programs.

- **Contribute to your emergency fund.** It's generally a good idea to keep up to six months worth of living expenses in a liquid, low-risk account to pay for unexpected costs and with a growing family, these costs may well increase as your child grows older.
- **Look at your tax situation.** You may want to consult with a tax professional to determine whether you qualify for credits or deductions, such as the dependent care credit, the federal child tax credit, and adoption-related credits (if you adopted a child). Also, you may want to update your Form W-4 to add a dependent, a move that may lower your tax withholding and increase your take-home pay.
- **Start your education planning.** It's never too soon to think about

paying for costs associated with your child's education. You might want to consider a 529 education savings plan, which offers tax benefits and can be used for college and many vocational programs, as well as some K-12 costs. A financial advisor can help you explore all available education savings options.

- **Check your insurance.** You'll need to add your child to your existing health insurance, but if you don't have insurance, see whether you qualify for Medicaid or the Children's Health Insurance Program (CHIP), or look for a marketplace plan at [healthcare.gov](https://www.healthcare.gov). You might also need to purchase additional life insurance coverage. And with a growing family to support, you might want to add disability coverage to protect your income against short- or long-term disabilities.

Bringing a new child into your life is certainly a joyous occasion—and by being financially prepared, you can make the whole experience even more enjoyable.

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# Poetry Spotlight

## A Mother's Love

Written by: Robert Nehls

I wish I could have said goodbye,  
The minute that you said goodbye to this life.  
I wish I'd been there, don't you know.  
And I wish I could have held your hand,  
And told you that I understand the time,  
Has come for you to go.

I hope you understand that I believe I'm blessed by you.  
I hope you know that I know that you loved me and still do.

Because a mother's love is more than just a fleeting thing.  
A mother's love protects and helps you grow.  
A mother's love can gently help you reach for all your dreams.  
And a mother's love is proud to let you go.  
But not too far!  
Oh, a mother's loves forever, this I know.

I wish I could have seen your eyes,  
The minute that the light welcomed you home.  
Oh, it must have been a sight.  
And I wish that smile you gave so free,  
Was sitting right here next to me.  
Your laughter was such a pure delight.

And I hope you understand that I believe I'm blessed by you.  
I hope you know that I know that you loved me and still do.

Because a mother's love is more than just a fleeting thing.  
A mother's love protects and helps you grow.  
A mother's love can gently help you reach for all your dreams.  
And a mother's love is proud to let you go.  
But not too far!  
Oh, a mother's love is forever, this I know.  
Yes, A mother's love is forever, this I know.

# The Shane Lalani Center Announces the 10 Acts in the First-Ever YCGT Show

The Shane Center is proud to announce our first annual Yellowstone Country's Got Talent (YCGT) on Saturday, May 31st at 4 pm. The family-friendly talent show will be unlike any other! Singing, dancing, musicians, circus acts and more; ten contestants across five counties compete to be crowned champion. \$5,000 in prizes, including a grand prize of \$2,500!

A big thank you to everyone that submitted. The selection committee was blown away by the level of excellence in the acts submitted! It was challenging to decide on the finalists. The Shane Center is grateful to everyone that was courageous enough to audition and hopes everyone will re-submit next year. We are so proud to announce our ten acts for YCGT 2025:

Nick Epple- musician  
Garnish and the Sauce- band  
GroupHug- band  
Revolutions- aerial/movement  
Arabian Nights- circus/movement  
Meridian- band  
Clayton Oberquell- singer  
Brent Harrison- singer  
Elana Hayden (and the Sugar Daddies)- singer  
Ascend- aerial/movement

Stay tuned to learn more about these awesome performers!

Competitors will be judged based on their performance, skill, originality, stage presence, showmanship, and delivery. Featuring special guest judges including Russell Lewis, Tina Buckingham, Joe Robinson, and Bex Frucht.

A native of Missoula, it wasn't until **Russell Lewis** moved to Livingston in 2001 to take over responsibilities as Artistic Director that he realized the sun could actually shine during the winter months. Although still deeply committed to living a life in the arts, Russ takes his greatest pleasure these days from moving rocks out at his "farm in progress." Having received his Bachelor of Music degree from the University of Montana, Russ is continually thrilled and a little perplexed that he spends what seems like the majority of his working hours as a carpenter, welder, or electrician.

**Tina Buckingham** began pursuing a legitimate career in film and commercial production in 1987 as a Location Scout, Casting Director, and Production Coordinator. In the early days of film in Montana, she was one of the few people who was consistently around, so she could work on many aspects of production. She was Location Scout on "A River Runs Through It" and has been Casting Director on over a dozen feature films. She has worked with directors including Dennis Quaid, Robert Redford, Dean Semler (Dances with Wolves) and Andy Tennant (Anna & the King). Tina opened the Montana Actor's Studio eight years ago to teach and inspire actors of all



ages and varying career levels who want to learn the business of acting for film.

**Joe Robinson** is a guitarist whose technical mastery and magnetic stage presence have earned him international recognition. Robinson blends blues, rock, and fingerstyle guitar to deliver captivating, virtuosic performances. The youngest winner of *Australia's Got Talent* at only 13 years old, Robinson has real world experience in talent shows on an astronomical scale. In addition to his skills as a performer, Robinson is also highly regarded as an educator, having led workshops at leading US music schools including Berklee College of Music and Musicians Institute. Joe currently lives on a property outside Yellowstone National Park in Montana with his wife Genevieve, an accomplished illustrator and their son. He spends his time practicing, writing songs, recording, coaching 20,000+ online guitar students and tours his one-man show, where he showcases his impressive musical talents to live audiences.

**Bex Frucht** is a self-ascribed "Tumbleweed Queen" whose eclectic personal and professional journey has taken her from the red carpet to the Rocky Mountains. A seasoned performer, Bex was a host, writer and producer for POPSUGAR, but her real true

love is storytelling. After successfully oversharing onstage at hit shows such as *The Moth* (she performed all over LA and won the Denver StorySlam), she created her own wild storytelling showcase *TMI Live!* as well as the advocacy story series *Unplanned Story Party*, both entertaining sold-out crowds in LA and Bozeman. Bex also starred in the Verge Theater's virtual play about air guitar and moonlights as an amateur cowgirl, karaoke professional, rainbow influencer, and unicorn believer.

Our 10 acts will compete for a chance to win a prize valued up to \$2,500 and the prestigious title of **Yellowstone Country's Got Talent 2025 Winner** with a total of \$5k of cash prizes awarded. The top three performers will have a spot to perform at the Sweet Pea Festival in Bozeman this summer! We can't wait to fill Montana's newest performing arts venue, the Henry E. Blake Pavilion, with the incredible talent of our community and their adoring fans. Let's show the world what Yellowstone Country can do! Tickets are available now at <https://theshanecenter.ticketleap.com/>



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# "Enjoying the Journey"

## My Mom's Birthday Is May 3rd. This Is in Her Memory.

by Lois Olmstead



The most important thing in my Mom's life was her relationship with her Savior Jesus Christ, followed by her love for my Dad, my brother, Ron and myself and all her other family and friends. Oh, how important you all were to her.

My Mom was so ordinary, so real and so unique. She loved growing up in the Shields Valley. Her Dad, Bill Adams died when she was two and sister, Alice, one. In

1929, her Mom married Tony Lenneman, and she got his kids, Bernard and Bernice as siblings. Then her Mom and Tony had Doris and Frank! What a wonderful time they had!

That is not to say that she did not get into trouble. She and Alice rode horseback four miles to Cottonwood School. One time she rode up the barn after school and Grandpa Tony said, "Where's your sister?"

Mom said, "I left the little brat at school!" Some of you, like me raised on a ranch, know the worst place to talk back to your parents is by the barn. She got a lesson on her back side and then had to ride back to school to get her sister.

She'd always look for the good in everything and told us her Mom always said, "Can't died in the Army!"

If she did get in trouble she'd say,

"I might as well tell you flat out..." like when a raccoon was getting under their log house chewing the electric wires. She looked out her dining room window and saw him at the end of the yard in front of the cabin. She got her rifle, opened the dining room window and shot, hitting the critter dead center. The next day she said, "I might as well tell you flat out, I still can't hear. I've never shot my rifle in the house before!"

Another time she said "I might as well tell you flat out—I missed the gopher and shot your vinyl fence. The funniest part is she got white paint to cover it up and it didn't work!

At the time when COVID-19 arrived in March of 2020, she was 96. (Mom always said, "I never think about my age.") We had not realized that we were getting old but found out we were when they said everyone over 65 had to stay inside. Trapped!

But then happy day, what we figured out was that if we were in our car, we were

inside! I will forever treasure 2020 and all the trips we made all over the Shields Valley back roads, sometimes with friends, Jeff & Sylvia Wagner and sometimes with Ross. (Being the 'kid', he never got to drive or sit in the front seat) but we had so much fun listening to her experiences in her lifetime... family picnics, trail rides, hunting, 97 years of a good life. We will forever treasure those times together.

And we will treasure how much she looked forward to living in our new house in Clyde Park that was built in 1912 and restored by Don & Barb Elliott, that is a block down the street from where she was born in 1924.

I have been thinking of her so much this week. She went to heaven on December 22, 2021. I can hear her saying, "I loved our house in Clyde Park even though I only got two nights there. And I loved the 75 years on the ranch on Adare Creek. But I have to tell you all flat out... none of that compares to where I'm living now!!"



## Local Church Services

### American Lutheran Church

129 South F Street, Livingston  
Pastor Melissa Johansen  
Sunday worship 9 am, elevator avail.  
406-222-0512 • alclivingston.org

### Church of Christ

919 W Park St, Livingston  
Sunday worship 10:30 am  
406-222-2017 • church-of-christ.org

### Church of Jesus Christ of Latter-Day Saints

12 White Lane, Gardiner  
David Gilbert branch President  
Sunday worship 10:00 am  
406-848-7509 • lds.org

### Church of Jesus Christ of Latter-Day Saints

110 West Summit St., Livingston  
Bishop Trevor Strupp  
Sunday worship 10:00 am  
406-222-3570 • lds.org

### Emmaus Lutheran Church

801 East Park Street, Livingston  
Reverend Daniel Merz  
emmauslutheranmt@gmail.com  
emmauslutheranmt.org

### Expedition Church

27 Merrill Lane, Livingston  
Pastor Darryl Brunson  
Sunday worship 10:00 am  
406-224-1774 • expeditionmt.org

### First Baptist Church

Crossing Community Church  
202 East Lewis St., Livingston  
Pastor Bryce Maurer  
Sunday worship 10:45 am  
406-222-1603 • fbclivingston.org

### Gardiner Community Church

318 Main Street, Gardiner  
Reverend Jeff Ballard  
Sunday worship 10:15 am  
406-848-4060

### Gardiner Baptist Fellowship

802 Scott Street, Gardiner  
Pastor Britton Gray  
Sunday worship 11:00 am  
406-223-4478

### Grace Methodist Church

302 South 9th St., Livingston  
Pastor Mari-Emilie Anderson  
Call/visit website for worship times  
406-222-1041  
www.methodistsontheyellowstone.org

### Holbrook United Methodist Church

424 Lewis Street, Livingston  
Call/visit website for worship times  
406-222-1041  
www.methodistsontheyellowstone.org

### Kingdom Hall of Jehovah's Witnesses

1505 E Gallatin St., Livingston  
Sunday Public talk and  
Watchtower 10:00 am  
406-222-2012 • jw.org

### Living Hope Church

226 South 3rd St., Livingston  
Senior Pastor Shad Durgan  
Sunday worship 8, 9:30 and 11 am  
406-222-1577 • livinghope.church

### Livingston Bible Church

329 North 5th St., Livingston  
Pastor Monte Casebolt  
Sunday worship 10:30 am  
406-222-2714 • livingstonbible.org

### Livingston Christian Center

(Assemblies of God)  
1400 Mount Baldy Dr., Livingston  
Pastor Dave Brakke  
Sunday worship 10:00 am  
406-222-3144  
livingstonchristiancenter.com

### Livingston Church Of God

101 South O Street, Livingston  
Pastor Ed Parrent  
Sunday worship 10:30 am  
406-220-0620

### Mountain Bible Church

18 Pine Meadow Rd., Livingston  
(off Pine Creek Rd and Hwy 89)  
Pastor Brandon Reagor  
Sunday Worship 10:00 am  
406-219-7628 • mtbible.org

### Mount Republic Chapel

240 US Hwy 212, Cooke City/Silver Gate  
Reverend Don Taylor  
Sunday worship 9:30 am  
Check the website for seasonal  
worship times  
406-838-2397  
mtrepublicchapel.org

### Mountain Springs Baptist Church

626 North 13th St., Livingston  
Pastor Justin Sutherland  
Sunday worship 11:00 am  
406-222-1240  
mountainspringsbaptist.com

### Paradise Valley Community Church

1772 East River Rd., Livingston  
Pastor Andrew Alberda  
Sunday worship 10:30 am  
406-333-4905  
paradisevalleychurch.org

### Pine Creek United Methodist Church

2470 East River Rd., Livingston  
Pastor Mari-Emilie Anderson  
Call/visit website for worship times  
406-222-1041  
methodistsontheyellowstone.org

### Redeemer Lutheran Church

425 West Lewis St., Livingston  
Sunday worship 11:00 am  
406-222-1175  
www.rclivingston.wordpress.com

### The Summit Lighthouse

Contact us for worship service  
and conference times  
63 Summit Way, Gardiner  
406-848-9200  
SummitLighthouse.org

### Seventh-Day Adventist Church

1 Guthrie Lane, Livingston  
Pastor Rene Marquez  
406-222-7598  
livingstonmt.adventistchurch.org

### Shields River Lutheran Church

105 Ordway St. South, Wilsall  
Sunday worship 9:00 am  
406-578-2212  
srlcwilsall.wordpress.com

### Shields Valley Bible Church

405 Fifth St. West • Clyde Park  
Pastor Glen Helig  
Sunday worship 11:00 am  
406-686-4708

### St. Andrew's Episcopal Church

310 West Lewis St., Livingston  
Reverend Kristin Orr  
Sunday worship 10:30 am  
406-222-0222  
saintandrewsepiscopalchurch.org

### St. John's Episcopal Church

8 Story Road, Emigrant  
Reverend Kristin Orr  
Sunday worship 8:00 am  
stjohnspv.org

### St. Joseph's Catholic Church

910 McLeod St., Big Timber  
Father Garrett Nelson  
Sunday worship 2:00 pm  
406-932-4728

### St. Margaret's Catholic Church

206 1st Avenue North, Clyde Park  
Father Garrett Nelson  
Service Saturdays 4:00pm  
406-222-1393  
stmaryscommunity.org

### St Mark's Church Universal And Triumphant

130 South D St., Livingston  
Sunday worship 10:15 am  
406-222-2675

### St. Mary's Catholic Church

511 South F St., Livingston  
Father Garrett Nelson, Pastor  
Saturday 6:00 pm year-round  
Holding Services since 1891.  
Sunday at 10:30 am April thru Sept.  
Sunday 8:00 am October to March  
406-222-1393 • stmaryscommunity.org

### St Paul's Evangelical Lutheran Church

1116 W Geyser St., Livingston  
Pastor Paul Stern  
Sunday worship 10:15 am  
406-222-3372 • stpaulslivingston.org

### St. William's Catholic Church

705 West Scott St., Gardiner  
Father Garrett Nelson  
Sunday worship 8:00 am April-Sept  
Sunday 11:00am October to March  
406-222-1393 • stmaryscommunity.org

### Valley Shepard Church of the Nazarene

Services are presently online.  
Please call for instructions to  
view a service.  
Reverend Christie American Horse  
Livingston • 406-223-1072

### Wilsall Community Church

112 Liquin Hill Rd., Wilsall  
(west of Hwy 89 North; take  
Clark St to Liquin)  
Pastor Stephen Fanning  
Sunday worship 10:45 am  
406-578-2004 • wilsallcchurch.com

### United Methodist Grace Church

302 South 9th St., Livingston  
Pastor Mari-Emilie Anderson  
Sunday worship 5:00 pm  
406-222-1041  
www.methodistsontheyellowstone.org

**2 Corinthians 9:8** - And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work.

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Calendar of Events runs every week. To place your event on the calendar please email the information to [community@pccjournal.com](mailto:community@pccjournal.com) or drop off your information at the PCCJ office at 108 N. Main Street.

Cost is \$8/week for up to 50 words, 51-100 words is \$10/week, maximum word count is 100 words please. Deadline is Monday's at 5:30 pm for the following issue that will hit the streets on the following Friday.

**Mondays - Weekly**

**WEEKLY TAI CHI** at the Park County Senior Center, 206 S. Main St., Lvg. Every Tuesday at 10 am. Free to everyone.

**WEEKLY PINOCHLE** at the Park County Senior Center, 206 S. Main St. Mon. & Wed. evenings at 6:30 & Tues. at 1 pm. Free for members, \$2 per afternoon game for non-members.

**Tuesdays - Weekly**

**WEEKLY MEDITATION** at the Park County Senior Center, 206 S. Main St., Lvg. Every Tuesday at 1 pm. Free to everyone.

**WEEKLY PINOCHLE** at the Park County Senior Center, 206 S. Main St., Livingston. On Monday and Wednesday evenings at 6:30 and Tuesdays at 1 pm. Free for members, \$2 per afternoon game for non-members.

**CAREER ASSISTANCE** - Livingston Chamber of Commerce and Job Services of Bozeman are collaborating to provide on-site career and employment services once a week in Livingston, MT at the Chamber. Workforce consultants will be available Tuesdays from 9 am to 3 pm in the Chamber's Conference Room at 303 East Park St. Contact Leslie at the Livingston Chamber (406) 222-0850 or Ellen at Job Service Bozeman (406) 582-9237 for more info.

**Wednesdays - Weekly**

**BINGO NIGHT AT THE OFFICE** - The Office Lounge at 128 S. Main Street is hosting Bingo, 6:30-9:30 pm.

**FAMILY KARAOKE NIGHT** - 49er Diner at 404 E. Park Street is hosting Family Karaoke night from 6-8 pm. More info, 406-222-8204.

**WEEKLY PINOCHLE** at the Park County Senior Center, 206 S. Main St., Livingston at 6:30 pm. Free for members, \$2 per afternoon game for non-members.

**Thursdays - Monthly**

**DIABETES SUPPORT GROUP** - Livingston Health Care (LHC) is offering a free adult diabetes support group, for Type 1 or Type 2, on the first Thursdays of each month in the LHC Conference rooms, 320 Alpenglowl Lane, at 5:30 pm.

**May 10 - POPUP ART SALE** - Old Lumberyard Spring Show will take place 11 am to 5 pm at the Old Lumberyard, 122 North F Street, Livingston. Local and regional artist will be on hand. Snacks will be available by Hot Dog Champion, Willy Good Lemonade, and BleuBelle Baking. Stafford Animal Shelter will have a petting zoo. Find them on instagram @OldLumberYard.

**May 10 - NATIVE PLANT SALE** open for day-of purchases at the Park County Fairgrounds, 46 View Vista Drive from 1:30 to 3:30 pm. To learn more visit <https://freshwaterpartners.org/mfp-native-plant-sale/>. Contact Ashton Bunce at 406-223-1992, [abunce@freshwaterpartners.org](mailto:abunce@freshwaterpartners.org).

**May 10 - MONTHLY POTLUCK** - The Beaver Creek Community Hall will hold its monthly potluck at 6:30 pm. Please bring a main dish, salad or dessert to share. The hall is located at 651 Swingley Road. The public is invited to attend.

**May 11 - VEGAN POTLUCK**, Join them on Mother's Day and bring your Mother to celebrate her special day at the Park County Senior Center at 206 S. Main St. at 4:30 pm. You don't have to be vegan, but the food does. Please bring a dish to share that is free from meat, eggs, dairy, honey, and gelatin. You can keep it simple by bringing chips & salsa, fresh fruit, pickles or olives, or a green salad.

**May 11 - 10 YEAR ANNIVERSARY** - Woods Rose Market at 1372 US Hwy 10 W in Livingston is hosting their 10 year anniversary with 10% off storewide! Come grab lunch from Elevate BBQ and Mountain Berry Bowls, listen to live music in the greenhouse, chat with vendors and community members throughout the day from 9 am to 5 pm.

**May 17 - HOLISTIC FAIR** hosted by Livingston Lightworks will take place 10 am to 4 pm at the Park County Fairgrounds Exhibit Hall located at 46 View Vista Drive in Livingston. The Fair will be a combination of a holistic wellness fair and a metaphysical fair. Admission

is free and kids are welcomed. Gift bags will be given to the first 30 adult attendees. Baskets with gifts from some of our vendors will be raffled off. You can learn more about Livingston LightWorks and the Holistic Healing Fair at [www.livingstonlightworks.com](http://www.livingstonlightworks.com).

**May 24 - LUCCOCK PARK BENEFIT JAMBOREE** - Join us from 1 to 4 pm for an old fashion BBQ, live music, and silent auction to help with cost to shore up Pine Creek bank that is threatening three cabins. Luccock Park is located at 263 Luccock Park Road. To donate or for more information go to [luccockpark.org](http://luccockpark.org). Sponsored by the United Methodist Churches.

**May 26 - DEPOT MUSEUM** - Open Memorial Day to Labor Day. Monday - Saturday, 10 am - 5 pm. Admission charged. Featured exhibit "The Grizzly Bear Illustrated: 1828-1943."

**May 31 - YELLOWSTONE COUNTRY'S GOT TALENT** - The Shane Center is proud to announce the first annual Yellowstone Country's Got Talent (YCGT) starting at 4 pm at The Shane Center, 415 E. Lewis. YCGT will be a family-friendly talent show unlike any other! Singing, dancing, circus acts, animal tricks; ten contestants across five counties compete to be crowned champion.

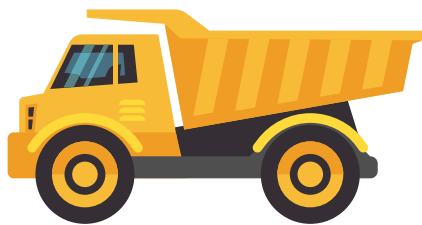
**June 4 - GEOLOGICAL ROMP** - Yellowstone Gateway Museum is hosting the *Geology of Paradise: Bus Tour Adventure in Roadside Geology with Dr. Rob Thomas*, 7:30 am to 3:30 pm. This adventure through Paradise Valley is on a chartered bus featuring the "Big History" of geology and some of the oldest rocks on the planet, right here in our backyard. Registration is required, please go online to [ygm-shop.shoplightspeed.com](http://ygm-shop.shoplightspeed.com) or call the muesum at 406-222-4184 and leave your name, phone number and the number of tickets you would like.

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# BREAK time

## Montana Fun Facts!

Montana has the largest population of golden eagles in the United States. You can see more eagles on a single day here than anywhere else in the United States.

The beaver is the largest rodent in Montana, weighing up to ninety pounds. Its teeth can grow an inch in a single month. The porcupine is Montana's second-largest rodent, weighing up to forty-five pounds.

In the area, it is slightly larger than Japan. It is also the largest landlocked U.S. state.

### ACROSS

1. Repeating sound

5. Kidney-related

10. Remnant

15. Hew

16. Protective charm

18. High respect

19. Rhythmic swing

20. Long seat

21. Glaze

22. As well as

23. Edge

24. Level

26. Feel

29. Ribbed fabric

31. Stop, matey!

35. Scare

37. Acquired

39. Without gender

41. Without

43. Bouquet

45. Abnormal breathing

46. Caustic

49. It can be reserved
50. Roaring-lion film company: abbr.

51. Night sight

52. Cut

54. Took by the hand

55. Wanted-poster word

57. Exciting event

60. Hand over

61. Opposite of buy

62. Revolving \_\_\_\_\_

63. Young American bird

65. Give the go-ahead to

67. Subarctic forest

70. Press

71. I see!

73. Mouth part

75. Pressed-lamb sandwich

78. Rouge color

80. Had a TV dinner

81. Overflowing

85. Baseball official

87. Theory
88. Earn

89. Vitamin B component

90. Split

91. Insignificant

92. Chirp

93. Circular current

### DOWN

1. Brilliance

2. Slacks

3. Heist

4. Make a selection

5. Too hasty

6. Muslim ruler

7. Eggnog spice

8. PC key

9. Eye amorously

10. Steal

11. Legendary bird

12. Tropical cuckoo

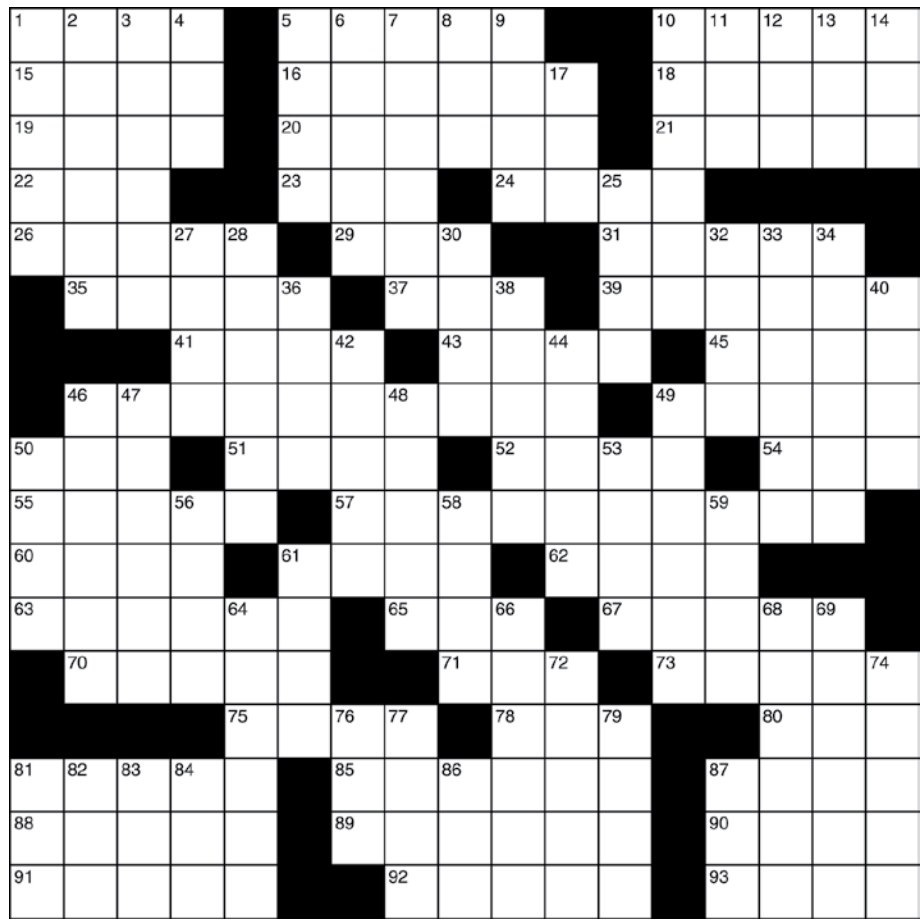
13. Bilk

14. Work measure

17. Afternoon gathering

# CROSSWORD

Puzzle #398



25. Wacky

27. Market value

28. Husky, as a voice

30. Bishop of Rome

32. Ambiance

33. Equine home

34. Bank employee

36. Grow together

38. Canning tool

40. Papyrus, e.g.
42. Small drum

44. Kiosk

46. Shining

47. Tiny bit

48. Barbecue device

49. Gullet

50. Kitchen spice

53. Chimney residue

56. African plain

58. Request
59. Duo plus one

61. Corset support

64. Fourscore

66. Triply

68. Egged on

69. Frequent

72. Lofty nest

74. Dizzy

76. Dart

77. Forget
79. Fender ding

81. Rock-concert blaster

82. Teensy

83. Sculpture, e.g.

84. Take a seat

86. Dog's extremity

87. Cholera

# Sudoku

Puzzle #133

9	1		4	2			7	
2					1		3	
	6		5					
	9	5						3
	3	6		5				1
			1					8
					7	2		
5	7	9				6		4
4	2	1						

Sudoku - #132

## SOLUTIONS

Crossword - #397

1	6	9	4	7	2	3	8	5
4	3	2	8	6	5	9	7	1
7	5	8	1	9	3	6	2	4
5	4	6	2	3	1	7	9	8
2	1	7	9	4	8	5	6	3
8	9	3	7	5	6	4	1	2
3	2	4	6	1	7	8	5	9
9	7	1	5	8	4	2	3	6
6	8	5	3	2	9	1	4	7

E	A	T	E	R		M	E	S	A		R	U	F	F
S	C	H	W	A		B	O	W	L	E	R	E	P	E
S	T	O	A	T		A	W	E	I	G	H	N	O	T
					N	E	R	D		D	I	A	G	O
O	W	N			L	E	G	A	L		S	P	E	W
R	O	O	K		S	E	R	I	F		S	E	N	I
C	O	R	N	E	T		B	R	A	V	O		N	B
A	D	M	I	T		F	O	A	L	E	D		S	K
					F	A	V	O	R		S	T	I	L
N	O	D	E		A	R	E	T	E	S		A	P	O
E	R	A			L	E	A	S	T		S	W	A	T
T	A	H	I	N		L	A	T	H	E		L	I	E
					M	I	D	I		R	O	U	G	E
E	G	G	P	L	A	N	T		T	O	G	A		
S	E	R	A		T	A	R	M	A	C		R	U	P
N	A	I	L		E	N	O	U	G	H		E	T	H
E	R	N	E		E	D	G	E			T	O	I	L



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# CLASSIFIEDS

## FOR SALE

**Stunning Wedding Dress** - Champagne color, white lace flowers, long, see-thru sleeves, custom lace-up back, size 16. Worn only once, \$150. 406-581-3012.

## WANTED

**Needing Rental** - Single, clean & quiet, willing to do outdoor chores and help with other larger projects. Have lived in Livingston for many years, but owner has sold place. Call with questions or possible rental opportunities, 406-223-2236.

## LEGAL NOTICE

The Park County Commission will hold a **public hearing** on **Tuesday, May 13, 2025, at 9 am** in the Community Room of the Livingston/Park County Courthouse Complex, to review and take public comment on the **updated Park County Floodplain Hazard Management Regulations**.

These updates are based on requirements set forth by the Federal Emergency Management Agency (FEMA) under the National Flood Insurance Program (NFIP). Park County is required to adopt regulations that meet or exceed the NFIP's minimum standards to maintain eligibility in the program. Public participation is encouraged via written comment prior to the

hearing or written or oral comments at the hearing.

For more information or to view the proposed regulations, please go to [www.parkcounty.org/Government-Departments/Planning/](http://www.parkcounty.org/Government-Departments/Planning/) or contact the Park County Planning Department at [planning@parkcounty.org](mailto:planning@parkcounty.org) or 406-222-4102.

## HELP WANTED

**Two Carpenters** (\$35 plus an hour) and one **laborer** (\$20 plus an hour) needed for full-time, year-round positions with benefits. Must have own 4x4 transportation. Contact Rudy Greger for interview at 406-222-6506 or 406-220-1703.

**Gardiner Public School** is seeking an experienced individual to fill the position of **Business Manager/District Clerk** for our K-8 and 9-12 districts. The individual is responsible for overseeing the financial operations of the school district, ensuring compliance with regulations, and supporting administrative functions. This position requires strong organizational, financial management, and communication skills. This is an hourly position starting at \$35.00 per hour D.O.E. and offers a full benefits packet, including a retirement match. Candidates must have a Degree in Business/Accounting or previous experience. This is a full-time, potentially hybrid (remote and on-site combo) position. Housing is available if the candidate prefers to be on-site fulltime. [www.gardiner.org/job-openings.html](http://www.gardiner.org/job-openings.html).

**The Gardiner school** is searching for the following coaching positions for the 2025-2026 school year.

- Junior High football (head and assistant). August 15-Oct 15

### General duties for the coach.

- a. Create and implement practice plans for the team.
- b. Communicate regularly with school administration, athletic director, families, the public, and players.
- c. Participate in parent meetings, senior night, and awards ceremonies.
- d. Have an understanding of the game of basketball and a good working relationship with athletes.
- e. Maintain the values of the Bruin athletic program.
- f. Must complete the state required coaching classes: MHS rules clinic (HS), Concussion in Sports (HS and JH) and Fundamental in Coaching (HS), First Aid and CPR (HS and JH).

Please contact Jeannette Bray or Carmen Harbach at the Gardiner school. 406 848 7563. [jbray@gardiner.org](mailto:jbray@gardiner.org) or [carmen@gardiner.org](mailto:carmen@gardiner.org).

**Key Insurance in Livingston** is looking to hire a **Licensed Insurance Agent** to our team. We are dedicated to providing

individuals, families, businesses and their employees with the very best in supplemental benefits. Working hand-in-hand with our customers, our dedicated sales force provides



personal face-to-face service that is almost unheard of in today's business world. We are committed to providing our clients with the right protection, customized to their needs. We offer \$55K to start depending on qualifications. Please contact Alice at 406-222-0944 to schedule an interview or email resume to [alice@montanainsurance.net](mailto:alice@montanainsurance.net).

### Come Join Our Kenyon Noble Team!

Kenyon Noble Lumber & Hardware's Livingston location is currently accepting applications & hiring for **Warehouse Associates** and **Delivery Drivers**. No experience necessary—we will train! Offering competitive wages and great benefits packages. For more information and to see the complete job listing visit us at [kenyonnoble.com/jobs](http://kenyonnoble.com/jobs). You can also apply online!



### Mobile Crisis Response Program

**Manager** Do you have a passion for community mental health? **The City of Livingston, Montana** is seeking a highly motivated, caring individual for a rewarding opportunity to serve as the Mobile Crisis Response Program Team Manager. In this role, you will support our community-based, collaborative crisis response team. This position reports to and works under the direction of the Fire Chief. The Program Manager is responsible for developing and maintaining the

Mobile Crisis Response Team (MCRT) and its program. Key responsibilities include managing the annual budget, securing funding through Medicaid reimbursements and grants, and creating program policies and procedures that align with Medicaid and City of Livingston policies. Additional duties include participating in staff hiring, training, scheduling, and performance management. The Program Manager will also develop data tracking systems to produce program statistical reports and maintain clinical records.

This role requires the ability to build strong relationships and collaborate effectively with law enforcement, fire departments, emergency medical services, schools, hospital emergency departments, and social service community agencies.

To apply, please send the following items to [HR@LivingstonMontana.org](mailto:HR@LivingstonMontana.org):

- An updated resume
  - A cover letter detailing your interest in the Mobile Crisis Response Team
- <https://www.livingstonmontana.org/hr/page/mobile-crisis-response-program-manager>.

### Fairgrounds & Parks Crew Staff

Join Our Team This Summer! (multiple positions available) Looking for a fun, active summer job that makes a difference in your community? Join our Fairgrounds and Parks team! We're hiring energetic, reliable individuals to help maintain the **Park County Fairgrounds** and support our events throughout the summer.

For full details and requirements visit: [https://jobs.parkcounty.org/jobs/148/Fairgrounds-Parks-Crew-Staff#job\\_148](https://jobs.parkcounty.org/jobs/148/Fairgrounds-Parks-Crew-Staff#job_148).



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**504 E. Park Street**  
**406-333-3100**

**NORTH**



**Next to Taco Bell & Dominos**  
**406-333-2142**

**SOUTH**



**CROWN ROOM CASINO**

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**OPEN 7 DAYS A WEEK!**  
**8AM - 12AM**



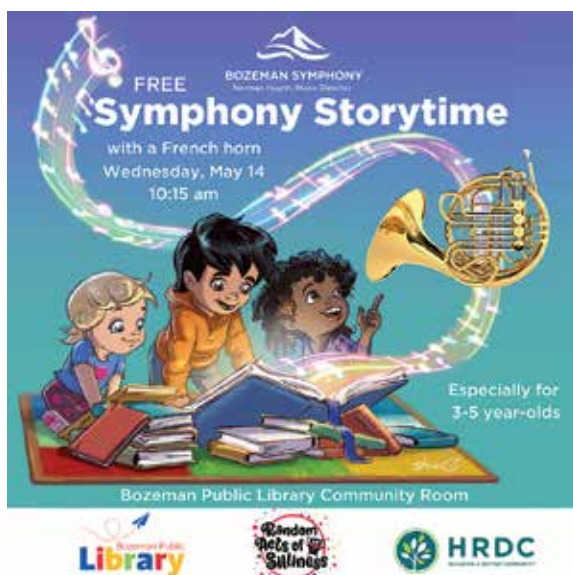
# Bozeman Symphony Presents Symphony Storytime Featuring the French Horn on May 14th

The Bozeman Symphony invites children and families to a special Symphony Storytime featuring the French horn on Wednesday, May 14th, at 10:15 am at the Bozeman Public Library located at 606 E Main Street. Presented in partnership with the Library's Toddler and Preschool Storytime, this free, interactive program blends lively storytelling with the wonder of live music, creating a joyful experience for children ages 3 to 5.

The morning's adventure will feature Madeleine Folkerts, principal horn of the Bozeman Symphony, and Danielle Thomssen, Executive Enchantment Director of Random Acts of Silliness, as the guest reader. Together, they will bring a story to life through the magical combination of words and music. Following the reading, Folkerts will introduce children to the bold, brilliant sounds of the French horn with a short, hands-on performance.

Families can also mark their calendars for the final Symphony Storytime of the season on Wednesday, June 4th, at 10:15 am.

For more information about Symphony Storytime and the Bozeman Symphony's education and outreach programs, visit [www.bozemansymphony.org](http://www.bozemansymphony.org) or call 406-585-9774.



## Meals for May 12th - 13th



**Monday, May 12th** - Beef stroganoff, roll, green beans, pears, milk

**Tues., May 13th** - Cook's choice of soup, crackers, applesauce, milk

**Wed., May 14th** - Spaghetti, garlic bread, carrots, cake, fruit cocktail, milk

**Thurs., May 15th** - Italian sausage pasta, garlic bread, green beans, pears, milk

**Friday, May 16th** - Meatloaf, gravy, potatoes, carrots, cake, pears, milk

206 S Main St  
Livingston, MT 59047  
406-333-2490

Check us out on Facebook  
Livingston Meals on Wheels

Lunch served cafeteria style  
Serving food until 12:15 pm

SUGGESTED DONATION \$6  
PER MEAL IF OVER AGE OF 60  
NO MEMBERSHIP NEEDED  
\$8.50 if under 60  
Salad bar included in meal price  
If you would like a to-go meal  
please call before 9am



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## FEATURED LISTINGS

[ERALivingston.com](http://ERALivingston.com) | 406.222.8700



### 22 Boyd Road

3 beds 2 baths | 2,724 sq ft  
#401769 | \$1,600,000

Julie Kennedy | 406-223-7753



### 9 Grizzly Meadow Road

4 beds 3 baths | 20+ acres  
#400644 | \$2,500,000

Tom Gierhan | 406-220-0229



### 1115 Ridgeview Trail

3 beds 2.5 baths | 1,758 sq ft  
#399280 | \$589,000

Baylor & Carolina Carter | 406-223-7903



### 107 S Main Street

Commercial Sale | 7,061 sq ft  
#395132 | \$1,950,000

Ernie Meador | 406-220-0231



### 305 Lathrop Street W

2 beds 2 baths | 996 sq ft  
#399947 | \$429,000

Jessie Sarrazin | 406-223-5881



### 1296 US Hwy 10 W

Commercial Sale | 10,160 sq ft  
#397843 | \$2,500,000

Ernie Meador | 406-220-0231



### 325 N 3rd Street

Multi-Family | Five+ Units  
#394662 | \$829,000

Swanson Team | 406-220-2045



### 98 Miller Drive

5 beds 3 baths | 3,352 sq ft  
#400605 | \$916,900

Tom Gierhan | 406-220-0229



### 107 Elliot Street N

Commercial Sale | 3,104 sq ft  
#398072 | \$600,000

Tammy Berendts | 406-220-0159



### 27 Royal Wulff

3 beds 2.5 baths | 2,668 sq ft  
#390722 | \$1,794,000

Swanson Team | 406-220-2045



### 401 S Main Street

Commercial Sale | 10,375 sq ft  
#384182 | \$2,200,000

Ernie Meador | 406-220-0231



### 1320 Wineglass Lane

3 beds 2 baths | 1,463 sq ft  
#400460 | \$399,900

Baylor & Carolina Carter | 406-223-7903

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# JOIN US FOR A GEOLOGICAL ROMP THROUGH PARADISE VALLEY!

With *Rob Thomas*

**EVENT:** THE GEOLOGY OF PARADISE: BUS TOUR  
ADVENTURE IN ROADSIDE GEOLOGY WITH  
DR. ROB THOMAS

**WHEN:** JUNE 4, 2025, 7:30AM TO ABOUT 3:30PM.

**WHERE:** MEET THE BUS AT THE LIVINGSTON  
FAIRGROUNDS. DEPARTURE IS AT 7:30AM.  
PARKING IS AVAILABLE.

**WHAT:** AN ADVENTURE THROUGH PARADISE VALLEY ON  
A CHARTERED BUS FEATURING THE "BIG  
HISTORY" OF GEOLOGY AND SOME OF THE  
OLDEST ROCKS ON THE PLANET, RIGHT HERE IN  
OUR BACKYARD. DR. ROB THOMAS, A  
PROFESSOR AT THE UNIVERSITY OF MONTANA WESTERN, WILL LEAD THE  
ADVENTURE. DR THOMAS IS THE CO-AUTHOR OF "ROADSIDE GEOLOGY OF  
MONTANA" AND "ROADSIDE GEOLOGY OF YELLOWSTONE COUNTRY"

WEATHER PERMITTING, WE WILL VISIT A VARIETY OF GEOLOGIC SITES IN  
PARADISE VALLEY. DR THOMAS WILL EXPLAIN THE EVIDENCE OF ANCIENT  
SEAS, ESTUARIES, STREAM CHANNELS, MULTIPLE LAVA FLOWS, AND OTHER  
VOLCANIC AND GLACIAL EVENTS. SITES INCLUDE:

- THE CARBONITE CLIFFS OF LIVINGSTON CANYON AND THE STORY OF THE ALLENSPUR DAM NEARLY BUILT TO CREATE A HUGE RESEVOIR IN PARADISE VALLEY IN THE 1970'S.
- THE LIVINGSTON MOUNTAIN ANTICLINE THAT EXPOSES ROCKS THAT WERE DEPOSITED IN TROPICAL SEAS WHEN PARK COUNTY WAS ACTUALLY SOUTH OF THE EQUATOR!
- THE TERMINUS OF THE YELLOWSTONE OUTLET GLACIER.
- THE BLACK DIAMOND BASALT QUARRY.
- HEPBURN MESA HOME TO A 2.2-MILLION-YEAR-OLD BASALTIC LAVA FLOW AND THE REMAINS OF THE EXTINCT PROTO-HORSE , *MERYCHIPPUS*.
- POINT OF ROCKS WHERE VOLCANIC FLOWS FROM THE ABSAROKA-BEARTOOTH VOLCANIC SUPERGROUP CAN BE STUDIED.
- DEVIL'S SLIDE SHOWCASING AN EXTRAORDINARY INDEX OF GEOLOGIC HISTORY.
- GARDINER/JARDINE TRAVERTINE QUARRIES AND MORE!

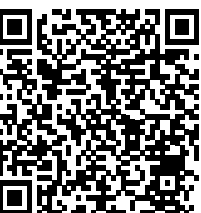
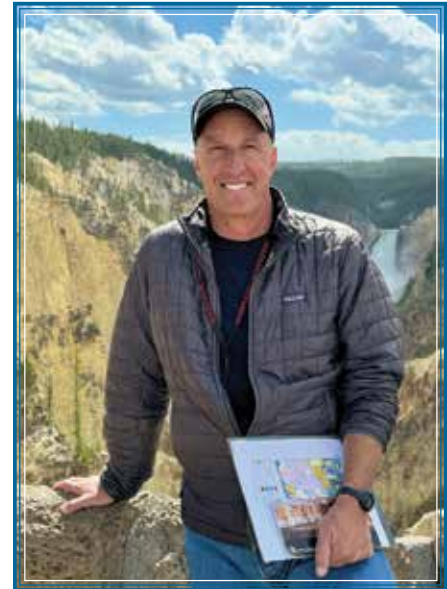
**WHO:** ADULTS, TEENS, AND OLDER CHILDREN WILL ENJOY THE STORY TELLING OF  
DR. THOMAS AND THE CHANCE TO SEE THESE OUTCROPS AND LANDFORMS  
UP CLOSE. SOME WALKING IS REQUIRED TO VIEW CERTAIN SITES, BUT THE  
TRIP IS NOT PHYSICALLY DEMANDING.

**COST:** \$125 PER SEAT. WATER WILL BE AVAILABLE. WE RECOMMEND BRINGING  
SNACKS/LUNCHES AS THERE WILL BE NO FOOD STOPS.

**TICKET:** PURCHASE TICKETS ONLINE. FOLLOW THE LINK IN THE QR CODE TO  
RESERVE YOUR SPOT ON THIS EXCITING ADVENTURE!

**WAITLIST:** IF THE BUS IS SOLD OUT DON'T WORRY! WE MAY ADD AN  
ADDITIONAL BUS SHOULD THERE BE ENOUGH INTEREST. CALL  
THE MUSEUM AT 406-222-4184 AND LEAVE YOUR NAME, PHONE  
NUMBER, AND THE NUMBER OF TICKETS YOU'D LIKE TO PURCHASE.  
WE'LL LET YOU KNOW A WEEK BEFORE THE TRIP WHETHER WE CAN  
ADD AN ADDITIONAL BUS.

**LIABILITY RELEASE:** A LIABILITY RELEASE MUST BE COMPLETED FOR EACH PARTICIPANT  
OF THE FIELD TRIP. YOU CAN DOWNLOAD THE FORM, SAME LINK  
AS TICKET PURCHASE AND COMPLETE IT BEFORE BOARDING THE BUS.



YELLOWSTONE GATEWAY  
**MUSEUM**  
FOUNDATION  
PARK COUNTY, MONTANA