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Community Journal

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Week of May 18, 2025

Gardiner Horse Drive for Veterans

Come on down to Gardiner on May 24th for a celebration of the Wild West! This horse drive has been bringing horses from the Gardiner rodeo grounds to the Jardine rodeo grounds since 1982. The horses, cowboys, and cowgirls race through town and up 2000 feet in elevation to the town of Jardine. There is plenty of opportunity for live action photography. Or you may just want to enjoy watching the herd run by.

In 2014, Warren and Susan Johnson turned this fun, annual drive into the fundraiser, as it is known today. Bring your camera, dancing boots, and help them raise money for veterans at this family-fun event. Here



are the times for each event:

- 12–2 pm: Horse viewing at Gardiner rodeo grounds
- 2 pm: The horses leave the rodeo grounds and head for Jardine
- 4 pm: Open bar and BBQ available in Jardine
- 5 pm: Live auction, silent auction (cash or checks only), and raffle. Some fabulous items have been donated this year.
- 7–10 pm: The dancing begins!

Wiley and the Wild West will rock the arena. Wiley Gustafson is an American original. The native Montanan has recorded 24 albums over three decades.

Watching the horses is awesome, but the real fun begins with the Jardine events. Tickets are \$25 for adults, and \$20 for kids 16 and under, sold at the gate. Children under 5 are free and welcome. There's plenty of space for parking.

All of the net proceeds go to fund Action Trackchairs for disabled veterans. These chairs are custom built and they allow folks with disabilities to reclaim their freedom, independence,



and mobility in the outdoors.

If you can't attend, but would like to donate, checks can be mailed to: Hellsaroarin' Horse Drive, P.O. Box 399, Gardiner, MT 59030. Visit HellsARoarin-Outfitter.com or call 406-848-7578.

Adult Diabetes Support Group at Livingston HealthCare



Livingston HealthCare is currently offering a **free adult diabetes support group** on the first Thursday of each month in the Livingston HealthCare conference rooms at 5:30 pm. The next meeting is **June 5th**. This group is open to individuals with Type 1 or Type 2 diabetes and hopes to include opportunities to connect with guest speakers, attend cooking demos, engage with providers, and support one another in the challenges and goals of diabetes management.

We're also running a free Diabetes



MONTANA DIABETES PROGRAM

Prevention Program called the **Lifestyle Balance class**, designed for individuals with prediabetes, a history of gestational diabetes, or those looking for support with weight loss. Folks can sign up on this link: <https://app.chronicdiseasedata.org/dpp-self-referral/default.aspx>—or they're welcome to contact Mercedes Siedel, Registered Dietitian directly at (406) 823-6665 or by email at Mercedes.seidel@livhc.org.

Puppy Skyborg Needs You After Tragedy, Please Help!



Allison Nirta is asking the community for help with veterinarian costs for her dog Skyborg. A train in Livingston hit Sky on Saturday night. Sky is now in the trauma unit of a Bozeman veterinary hospital where she just had surgery.

"Sky is my greatest friend, and it guts me to have to ask for help through this recovery," Allison said. "Anyone who knows Sky, knows what an incredible dog she is and how close she is to me. Her healing is the most important thing to me. I love you all. Hug your loved ones."

There is a GoFundMe to help Allison cover Skyborg's medical bills. Here is the fundraiser link: <https://www.gofundme.com/f/puppy-skyborg-needs-you-after-tragedy-please-help>



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ASPEN Invites Parents to Lunch and Learn

Prevention Coordinator Jessica Issacs Shares Strategies to Empower Young People

ASPEN has programs to help kids and teens build healthy relationships and to recognize warning signs of unhealthy ones. Between Mother's and Father's Day, on Tuesday, May 27th, ASPEN invites parents to lunch to learn some tips and to hear an overview of ASPEN's work in area schools. The Lunch and Learn includes free lunch and a talk with ASPEN Prevention Coordinator, Jessica Isaacs, and will take place from 12:30 to 1:30 pm at the County Building at 414 E. Callender Street.

ASPEN provides support and services for victims of violence, and includes in its mission working to prevent violence in the first place. "This is the hopeful part of the work. We always say we're

trying to work ourselves out of existence."

Empowering young people is key to that part of ASPEN's mission. ASPEN uses several programs and relies heavily on the regionally recognized *Power Up Speak Out!* curriculum developed by DSVS in Red Lodge. "It teaches the fundamentals of healthy relationships, power dynamics, boundaries and consent," according to the DSVS website.

Parents and trusted adults are critical in helping young people work through first experiences in negotiating relationships, and it can be difficult to recognize a child may be struggling at all, let alone

know how to give them the skills they need to navigate successfully. Schools and organizations like ASPEN that regularly help many children through similar situations can be valuable allies to help

parents help kids.

ASPEN hopes to show appreciation and support for parents with its upcoming Lunch and Learn. In order to prepare lunch, ASPEN asks those interested in attending to RSVP at aspenmt.org/events or by emailing info@aspenmt.org. Questions and requests for more information may be sent to the same address.



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suicidepreventionlifeline.org

If you are in crisis and want help, call the Montana **Suicide Prevention Lifeline, 24/7: NOW DIAL 988**

Much more than just a switch to an easier-to-remember number, it represents a holistic revision of the State's suicide prevention and mental-health crisis-management system.

Please feel free to download any of the programs and resources on our website:

**Dphhs.mt.gov/
SuicidePrevention/
suicideresources**

SuicidePreventionLifeline.org

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Donald Rorick, Larry Noe, John Howard,
Eva Flanagan, Mark Adams, Betsy Luther,
Curtis Spannring, Sandra Bicker

Our dedicated staff is devoted to serve the families of our community with honesty, integrity, respect and compassion.

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Email: franzen-davis@franzen-davis.com

Luccock Park Benefit Jamboree

Why: To shore up Pine Creek, as the erosion is destabilizing the bank. This is threatening 3 large cabins.

When: Saturday, May 24th • 1 pm - 4 pm
Where: Luccock Park, 263 Luccock Park Rd



What: Old Fashion BBQ: BBQ Pulled Pork Sandwich, baked beans, salads, dessert and more.

Music: Live music by Jordan Komoto
Silent Auction: 28" Blackstone Grill w/hood & accessories
2 day stays with meals in a private cabin
Basket of grilling accessories
Many other items!

Donate: luccockpark.org
or: Luccock Park, PO Box 80947, Billings, MT 59108



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I have an oil for that

by Dalonda Rockafellow
doTERRA Wellness Advocate

Essential Oil Spotlight; Tea Tree

doTERRA's Tea Tree essential oil is a powerful essential oil renowned for its purifying and cleansing properties. It is composed of 90 different compounds and has limitless applications. Its scent is fresh and earthy. I use Tea Tree oil on a daily basis for a whole host of issues. Tea Tree is great for your skin and any conditions that irritate it. Rashes & eczema, acne & blemishes, dandruff & lice, warts & wounds, and cold sores are a few I can think of. You simply dilute with a carrier oil such as fractionated coconut oil or add to your favorite lotion or shampoo and apply directly. Its antibacterial properties will be felt right away as the healing and relief begins soon after application. It also has antifungal properties

and can be applied to athlete's foot or nail fungus by diluting and putting on infected areas. This is a much safer approach to prescription or over-the-counter remedies.

Try these:

Antifungal Foot & Nail Roll-On

- 35 drops doTERRA Tea Tree essential oil
- 8 drops doTERRA Lavender essential oil
- Combine essential oils in a glass bottle with a roller lid and apply topically to affected areas between toes and around toenails.

It also has anti-inflammatory properties. Use Tea Tree to reduce swelling in cuts, wounds, hives, and even rashes, such as diaper rash. It will also take away the sting of the infection. I would recommend you have a spray on hand for ease of application.

Wound Spray

- 4 oz glass spray bottle
- 10 drops doTERRA Tea Tree essential oil

- 5 drops doTERRA Lemon essential oil
- 5 drops doTERRA eucalyptus essential oil
- Distilled water
- Fill the bottle halfway with the water, then add the essential oils. Fill the remainder of the bottle with water. Shake before use.

doTERRA's Tea Tree essential oil is safe to ingest, noted by its supplemental fact on its label. Its internal uses parallel the external uses of this versatile oil. Use internally for cavities & tooth issues or sore throats. Simply apply directly to the affected area or add a couple drops to some water and swish or gargle. Consider swallowing as opposed to spitting out because Tea Tree promotes healthy immune function and protects against environmental and seasonal threats when used internally!!

Diffusing Tea Tree is yet another way to use. Add a few drops to your diffuser to clean and deodorize the air, relieve itchy eyes & sore throats, and to purify the air during and after sickness.



tea tree Oil

You could also make this spray to clean and disinfect the surfaces in your home.

All-Purpose Cleaning Spray

- 16 oz glass spray bottle
- 12 oz Distilled water
- 1 Tablespoon unscented liquid castile soap
- 10 drops doTERRA Tea Tree essential oil
- 5-10 drops doTERRA Citronella essential oil
- Fill spray bottle half full with water. Add castile soap and essential oils.

- Add remaining water. Shake well before each use.

Spray on countertops and wipe to disinfect and clean.

Whether you are taking care of your skin, disinfecting

surfaces or clearing a

sore throat, Tea Tree

essential oil is the one

to reach for. Good luck

in your journey and reach out if you have any questions or if I can help in any way!!

Dalonda Rockafellow has been using and educating about health and doTERRA essential oils for 10+ years. She maintains a website and has an active Facebook page; Lavender, Lemon & Learning that she uses to keep people up to date on the benefits of using CPTG (Certified Pure Tested Grade) essential oils for their health and well-being. You can contact her at dalonda@bigskyoils.com or mydoterra.com/dalonda rockafellow.

Your Ageless Wellness Column

Garrick Fulmer-Faust, Executive Director, Park County Senior Center

"Presence Leads to Progress"



We've talked about the physical benefits of strength training and how it helps us stay mobile, steady, and independent as we age—but physical strength is only part of the picture. True strength begins inside. And it grows every time we choose to **be present** in our bodies.

Let's be honest—many of us have spent decades *disconnecting* from our bodies. We move about our day on autopilot. We tend to push through discomfort without listening to our bodies. We may speak harshly

to ourselves when we feel weak or slow.

But here's a shift worth making: What if exercise became an opportunity to come home to yourself? Each time you move, whether you're lifting your arms, rising up from a chair, or doing a simple wall push-up, you have the chance to bring your full attention to the moment. That attention is "Presence." **And presence leads to progress.**

When you're present:

- You **feel** the way your muscles engage.
- You **notice** where

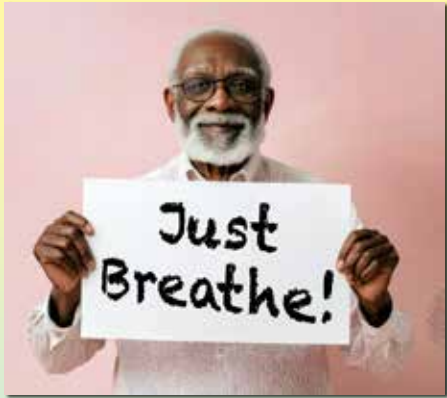
there's tension, ease, or imbalance.

- You **learn** how your body communicates, and you begin to **trust** it again.

And perhaps most importantly, you begin to change the conversation in your head. Instead of, "I'm not strong enough," you might hear, "I'm getting better at this." Instead of rushing through a rep, you slow down and **breathe**. And breathing, well, that's a key player, too. Intentionally breathing fuels

movement. It keeps you grounded and calm. Breathing deeply while you exercise helps regulate blood pressure, reduces stress, and brings oxygen-rich energy to the very muscles you're trying to strengthen. Try this simple practice next time you move:

- Inhale as you prepare for a movement (like while sitting in a chair).
- Exhale as you exert effort (like standing up from the chair).
- Pause. Feel the difference. That's Presence.



At **The Hub Fitness Center**, this is what we aim to teach. Yes, we offer equipment, guidance, and safe programs for building physical strength, but we also invite you to tune in. We encourage our

members to move with awareness, to use their breath, and to treat each session as a kind of moving meditation.

Because every step, lift, or stretch is more than a repetition. It's a signal to your mind and body: *I'm here. I'm still growing. I still matter.* And when you move from that place, change becomes not only possible, but also deeply empowering.

So, whether you're exercising at home or joining us at The Hub, remember—being present in your body is the first step toward reclaiming your strength. Because strength isn't just built by the body—it's awakened by the mind.

Join us for the Grand Opening of The Hub Fitness Center, Friday, May 30th, from 5 to 7 pm at 206 S. Main Street. Tour the space, meet the team, and experience how movement—when done with presence—can change your life.

For more information, contact: **Garrick Fulmer-Faust**, CPT, at 406-333-2276 | garrick@parkcountyseniorcenter.org.

Elk-Calving Season Has Begun in Yellowstone National Park

Yellowstone National Park

DANGER

Elk with calves are extremely dangerous.

KEEP YOUR DISTANCE

You must remain at least 25 yards (23 m) from all wildlife.

25 YARDS (23 METERS)

BE ALERT

Elk calves may be hidden close to buildings, under or next to vehicles, and around blind corners.

IF AN ELK CHARGES

Get away! Retreat to shelter in a building or vehicle or behind a tall, sturdy barrier as quickly as possible.

YOU ARE RESPONSIBLE FOR YOUR OWN SAFETY.

- Elk calving season has begun in Yellowstone National Park.
- Be aware of your surroundings!**
- Cow elk are much more aggressive toward people during the calving season and may run toward you or kick. Elk with calves are extremely dangerous. Stay at least 25 YARDS (23 METERS) away!
 - Stay alert.** Look around corners before exiting buildings or walking around blind spots: cow elk may bed their calves near buildings and under cars.
 - Be extra cautious during early morning and evening hours when it can be difficult to see wildlife.
- Always keep at least 25 yards (23 m), or the length of two full-sized buses, from elk.
 - If an elk runs toward you, **run away.** Find shelter in your vehicle or behind a tall, sturdy barrier as quickly as possible.
 - Attacks can be unprovoked and unpredictable.
 - You are responsible for your own safety. Visit <https://www.nps.gov/yell/planyourvisit/safety.htm> for more information.
 - Visit for more information about elk, visit <https://www.nps.gov/yell/learn/nature/elk.htm>.

The Yardner

Carol Carver
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"Nothing in nature is exhausted in its first use." - Ralph Waldo Emerson

Scholarship Opportunity

American Association of University Women-Park County, Montana 2025

A \$2500 scholarship is available to female students from Park County, Montana or from Mammoth Hot Springs with an established Park County, Montana residency. Application deadline is June 9, 2025.

Requirements are:

- Students must be college sophomores, juniors or seniors.
- Any college student accepted into a graduate program may apply
- Requirements and applications can be obtained by contacting any scholarship committee member or your financial aid office.

AAUW
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Scholarship committee members that you may contact are:

- Ruth Dargis at ruthkdargis@hotmail.com
- DJ Robb at robb_inn@yahoo.com
- Patti Smith at pbear55@charter.net

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Six Park County Students Shine at National Civics Bee Montana State Finals

Judging Involved Writing a 750-Word Essay About Using Civics to Solve a Community Problem and a Live Quiz Testing Civics Knowledge

Park County Dugout - May 11, 2025
TheParkCountyDugout.substack.com
By: Jeff Schlapp

On Saturday, six civic-minded middle schoolers from Park County participated in the Second Annual National Civics Bee Montana State Finals at the Capital High School Auditorium in Helena.

Carter Jacobik, Tyler Schad, Daisy Doolittle, Gage Reagor, Ainsley Jergenson from Pine Creek School, and Aria Tercek from Gardiner School were among the 20 finalists selected by judges to participate in the live civics quiz on Saturday from those who had entered the contest in January by submitting a 750 (max) word essay, answering the question: What ideas would they suggest improving their community?

The contest was open to any 6th, 7th, or 8th-grade student with an idea about using civics to solve a problem in your community.

The Civic Trust of the U.S. Chamber of Commerce Foundation organized the National Civics Bee, an annual nonpartisan civics competition for middle school-



On Saturday, Pine Creek School student Ainsley Jergenson won third place and \$250 in the Second Annual National Civics Bee Montana State Finals at the Capital High School Auditorium in Helena—picture courtesy of Luke Jergenson.

ers. It increases civics knowledge, skills, and disposition among young Americans, their families, and communities.

The event on Saturday was both fun and serious. Audience members could test their civic knowledge and

play with the contestants on their smartphones.

Cheryl Jones (League of Women Voters), Steve Armstrong, and Montana Supreme Court Judge Jim Shea judged Saturday's civics event. Jeff Mangan of The Priority Group emceed the event.

If you are curious about the questions asked, visit <https://civics.uschamberfoundation.org/> and take a 15-question practice exam on your civics knowledge.

The essay questions the applicants were required to answer were:

1. Identify a specific problem, challenge, or opportunity in your community. What can you do to contribute to its improvement?
2. What individuals or organizations would you work with to accomplish your solution? Examples include elected officials, business leaders, or nonprofits.
3. How does your solu-

tion include Founding Principles and Civic Virtues?

Daisy Doolittle won first place, which included \$1,000 and an all-expense trip to Washington, D.C., where the National Civics Bee will be held in the fall.

Gage Reagor won \$500 in second place, and **Ainsley Jergenson** took home \$250 in third place.

The Dugout offers a big High-five to the six Park County kids who proved they are Civic Savants and asks you to join us in wishing Daisy good luck in the finals!

Carren Jacobik and **Shawn Mathes** Darr contributed to this story.

For more photos and great articles, check out TheParkCountyDugout.substack.com.



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Insurance Tips

By Daryn Hendrickson

The Components of a Policy You Should Know

When you purchase an insurance product you will receive a copy of the policy booklet. In this document, an insurance company defines certain words and phrases



Daryn Hendrickson
R. Dean Hendrickson Ins Agy Inc.
Born and raised in the Livingston area, I have been helping our customers with their insurance needs since 2002. I enjoy bike rides with my family, fishing, and barbecuing on the weekends. I am dedicated in providing Auto Insurance, Home Insurance, Life Insurance and Business Lines products to customers and residents of Park and Sweet Grass counties.

for use throughout the time you have the policy. It will outline an insurance agreement's terms, conditions, and specifics and is the official written contract

between you and the insurer. It can seem overwhelming to read the 30 to 40 pages of legal jargon, but there are some key sections of the policy booklet that will give you some solid insight into the policy that you have purchased.

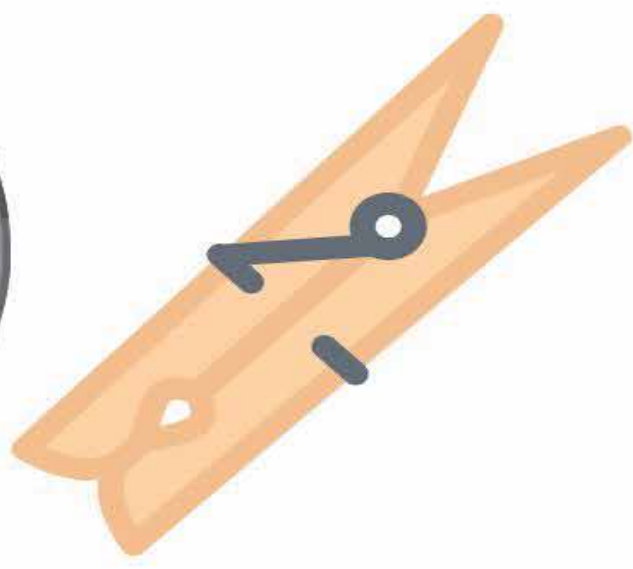
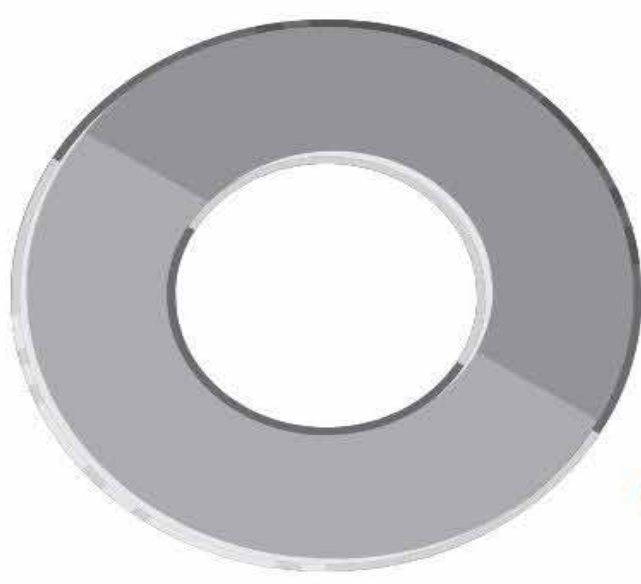
Table of Contents/Index: Most policy booklets will have a Table of Contents either in the front or the back of the booklet, similar to an owner's manual of a car. This will give you a guide to find specific information you may be looking for. It also gives you a summary outline to the information provided in the policy for easy reference.

Coverage Definitions and Endorsements: This is an important section of the policy booklet. It will give you a list of the coverage options available for purchase and describes these coverage options in detail. It explains the coverage limits provided, how the insurance company will pay you (loss settlement) in the event of a claim, and what you are covered for and what types of losses are excluded. I recommend reading through this section of your policy booklet in comparison with the coverage you have purchased on your declarations page, to make sure you know what those coverages are going to do for you and the coverage options that are available to you.

Losses Insured & Losses Not Insured: The worst part of my job is telling people they are not covered for a loss. The simple fact is, your policy isn't going to cover everything that can happen to your car, home, other personal property, or business property. The insurance policy booklet will provide you with the perils (events) that you are covered for and perils that the policy excludes. It is very important to become familiar with this section of the policy so that you know what to expect if you experience a loss.

Insured's Duties: "Duties of the insured" section of the policy refers to the responsibilities of the policyholder, which generally requires the policyholder to act in good faith with your insurance company. Some of these duties include making sure that you disclose all information correctly in the application process, reporting loss or damage to proper authorities, notifying your agent or the company of a claim you have experienced, and providing accurate and truthful proof of loss to the insurer. In the event these duties have been breached, the insurance company could cancel the policy and forfeit the premiums paid, deny the claim, and potential insurance fraud charges. Yikes, it's best to take the time to read your policy, which will reduce unhappy surprises!

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Asparagus— Tastes Great & Packed with Nutrients

By Jill-Ann Ouellette



Well, now that spring has arrived, my attention turns to the garden and all the fresh, homegrown veggies. One of my favorite spring veggies is asparagus. That hasn't always been the case. When I was young, my Aunt Marge had asparagus growing in her small backyard garden. It sure seemed odd to me that it took up a lot of garden space—each plant only grew one stalk that was eaten in a jiffy. It was great fun to pick some and then steam them for dinner—everyone loved it!

Asparagus is called the food of kings, as King Louis XIV himself ordered the construction of special solariums to grow asparagus all year round for his enjoyment.

Asparagus is not native to North America and originated in Europe, Africa, and Asia, where it was known as "sparrow grass." It has been cultivated since ancient times, with evidence of its use dating back to 3000 B.C. The Romans are credited with domesticating asparagus around 200 B.C. It has been known not only for its distinct flavor, but also as an aphrodisiac and to have medicinal properties. Today, it has naturalized in many parts of the world, including the U.S., where it is often found along roadsides and ditches. Asparagus in the wild grows in maritime habitats, and it thrives in soils that are too saline for normal weeds to grow. It comes in green, white or purple varieties.



Spring is the perfect time of year to enjoy asparagus' fresh, full taste and optimal healing properties. There are many ways to prepare it: steamed, roasted, stir-fried, air-fried, in a wok, on the grill, boiled, and even as a leftover in mixed green salads.

Not only delicious, asparagus is a cocktail of wonderful nutrients like vitamins A, E, K, B6, and folic acid. It's also packed with essential minerals like calcium, iron, potassium, copper, manganese, selenium... and the list doesn't end there. The health benefits of asparagus is almost overwhelming!

Here's why it's good to eat asparagus and how it can help you stay healthy or may even prevent certain diseases.

1. It's beneficial for your heart:
 - Prevents blood clots
 - Regulates homocysteine
 - Lowers blood-cholesterol levels
 - Regulates blood pressure
 - Reduces the risk of heart attack
2. It helps prevent diabetes:
 - Regulates blood sugar
 - Its impressive anti-inflammatory properties and high antioxidant levels help prevent type 2 diabetes. (As with heart disease, the risk of type 2 diabetes increases with excessive inflammation and oxidative stress.)
3. It fights against cancer:
 - Contributes to the destruction of cancer cells
 - Recommended for people struggling with colon, lung, bone, or breast cancer
 - Increases success rates of chemotherapy
4. It has an important role in stimulating "lazy" kidneys:
 - Acts as a natural diuretic, helping to flush out excess salt and fluids
 - Eliminates toxins, thus preventing the formation of kidney stones
 - Reduces urinary-tract infections
5. It's effective in improving digestion:
 - Reduces ulcers and

- protects the gastric mucosa
 - Its high fiber and protein content facilitate digestion and the intestinal tract
 - Contains inulin, which is extremely beneficial for the development of bacteria friendly to the body
 - Eliminates constipation and colic
6. It protects and cleanses the liver:
 - Stimulates liver activity
 - Cleanses the liver of toxins
 - Relieves hangover symptoms
 7. It keeps your bones healthy:
 - Contains vitamin K, which helps develop and increase bone density
 - Vitamin K is also essential for the synthesis of osteocalcin, the structural protein in bones that acts to process and deposit calcium where it is needed
 - Prevents and relieves symptoms of rheumatism and arthritis
 - Helps reduce inflammation and relieve pain
 8. It protects and maintains eye health:
 - Vitamin A in its composition helps the retina to absorb light
 - Slows down and prevents cataracts
 - Prevents redness and dryness of

the eyes, giving them a rested appearance



Are there folks who should avoid eating asparagus? Yes, unfortunately, individuals with certain health conditions, like kidney stones or gout, or those on medications, like blood thinners, should be mindful of their asparagus intake.

My favorite method to cook asparagus is grilling. The smoky flavor, the char marks, they're tender but still with a little crunch—delish! I will eat them like French fries (and have). The best thing about grilling asparagus? It's so easy! You don't need a recipe, just asparagus spears, toss them in olive oil and sea salt, then onto a hot grill. It just takes only a few minutes to get some char and they are ready. It's spring... so get yourself some fresh, local asparagus and enjoy!

Recipe by
Carla Williams

RECIPE CORNER

Rhubarb Bread

Ingredients:

- 2 cups all-purpose flour
- 1 1/2 teaspoons baking powder
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 1 cup buttermilk
- 1/2 cup unsalted butter, melted
- 1 cup brown sugar, packed
- 2 large eggs
- 1 1/2 teaspoons vanilla extract
- 1 1/2 cups fresh rhubarb, chopped
- 1/2 cup walnuts or pecans, chopped (optional)

Cinnamon Crumble Topping:

- 1/3 cup brown sugar
- 1/4 cup all-purpose flour
- 1/2 teaspoon cinnamon
- 2 tablespoons cold butter, cut into cubes

Directions:

1. Preheat oven to 350°F (175°C). Grease and flour a 9x5-inch loaf pan.
2. In a medium bowl, whisk together flour, baking powder, baking soda, salt, cinnamon, and nutmeg.
3. In a large bowl, whisk buttermilk, melted butter, brown sugar, eggs,



Photo Credit: tasteofhome.com

- and vanilla until smooth.
4. Add the dry ingredients to the wet ingredients and stir until just combined. Do not overmix.
5. Gently fold in chopped rhubarb and nuts if using.
6. Pour the batter into the prepared loaf pan and smooth the top.
7. To make the crumble topping, combine brown sugar, flour, and cinnamon in a small bowl. Cut in butter using a fork or your fingers until the mixture resembles coarse crumbs.
8. Sprinkle the crumble topping evenly over the batter.
9. Bake for 55–60 minutes, or until a toothpick inserted into the center comes out clean.
10. Let the bread cool in the pan for 10 minutes, then transfer to a wire rack to cool completely.





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What keeps us from moving forward with our creative attributes? Maybe it's the fear of criticism. That's easy to recognize, since inherently we have it within our own thought forms. When you read a book for instance, do you read with a critical eye or an open heart? The critic in me wants to give a novel a chance, like the first 50 pages. Some people read the ending first to decide if it's worth reading. Then there are others who think, I can write like that, even better! We invite you to send a short story, a poem or other written word, especially one that might have some relevance to our local area or Montana in general. It might even be something that involved you.

I Lost It - Part 1

By Nick Geschke

On May 11, 2025, I lost my GoPro skiing at Bridger Bowl. After skiing through some trees, and winding through the woods on a roller coaster like trail with many turns, I emerged from the woods and sunk into some deep snow and did a slow motion somersault or two, before coming up and realizing the GoPro was no longer attached to the top of

I Lost It, God Found It —A Prayer Answered

my helmet. I looked for a minute, but the snow was too deep. I wasn't sure it was lost there, so I decided I would wait until it warmed up as Spring was approaching and they were a few weeks from closing for the season.

Though I skied by the places where I thought the GoPro might be over the following weeks—even dug around a bit, it never popped up.

About three weeks later on a warm day (two days after they closed for the season), some snow had melted with the warmer temperatures, so I walked up to the wooded area above the "Bridger Lift" where I tumbled in the snow.

I had been searching for five minutes or so, mostly sifting through snow where I thought it might be, when I decided to walk through the wooded area where the snow had melted before going back to a snow search because it would be more visible in the woods.

While walking up the steep-hilled section, a thought occurred to me, "Why am I even looking through the snow in the first place? I should take the path of least resistance," but that's human nature for you, too often we make things more difficult than they ought to be searching for things afar, when sometimes we have it on us, or

in us, or around us.

So I looked around for a minute or two, and then I decided to do something I've never been good at doing. I decided to ask for help. So I prayed, and the prayer was a bold one. "God will you help me find the GoPro within twenty minutes?"

With that prayer in mind I started searching again, but only a few seconds after I started positively walking, I started negatively talking (to myself) and thought, "Do I really believe that God is going to help me find my GoPro?" I knew it was a bold ask, and because of that bold ask, doubt started creeping in.

Even though He has shown me His presence in my darkest times, usually through animals, light, signs or coincidence—signs that were so clear and so logically impossible to be anything other than Him, and has done so, so many times... I still had an itch of devilish doubt asking if my faith was 100% real.

For a small moment I made a bad mental trade and started to think like a "logical" human, looking at my experience as a critic from afar, instead of the being that has actually experienced miracles and knowing them in my heart (and mind) to be 100% true.

I thought of the famous Bible saying of having faith only as big as a mustard seed being able to move mountains, and asked myself if I had that much faith for God to assist me to find a lost GoPro on the mountain. The truth is that when I asked that question as to whether I had the faith of a mustard seed, in that moment I was not there yet. As I was using my human understanding of the way things should work "logically," but as I folded my hands in prayer and searched my heart asking myself that question of faith, something warm and light-filled happened in my being, if only for a split second. A knowing filled me up and I knew with certainty I was going to be reunited with the GoPro very shortly.

An observer hearing the story would call that feeling a belief, but for the person who experiences it firsthand, not just once, but dozens of times, it becomes a knowing. The difference between hearing about a prayer answered and actually experiencing it, reminds me of an Alan Watts quote, "You can't get wet by seeing the world 'water'."

Nowadays a lot of people view organized religion as the word "water" (in many ways I do too,) but because

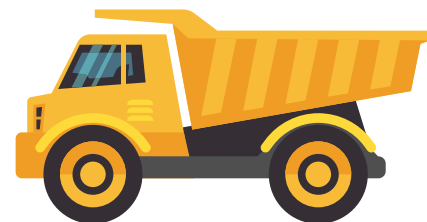
[See Writers Column, Page 10](#)

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Wolf Expert Rick McIntyre Returns to Elk River Books

Renowned wolf behaviorist and author Rick McIntyre returns to Livingston's Elk River Books, located at 122 S. 2nd Street, to discuss the latest in his Alpha Wolves of Yellowstone series, *Thinking Like a Wolf: Lessons from the Yellowstone Packs*, on Thursday, May 22nd, at 7 pm. A book signing and reception will follow.

Thinking Like a Wolf explores the intricate world of wolf behavior in Yellowstone National Park and highlights the individual character traits that allow wolf packs to thrive.



Unveiling power struggles, pack politics, the roles of family protection, inter-pack conflicts and more, McIntyre skillfully follows the intricacy of packs and the unique attributes each wolf has. In these true stories, he celebrates the many lessons we can learn from wolf packs and the dynamic personalities that enable them to expand across new territories amidst adversity.

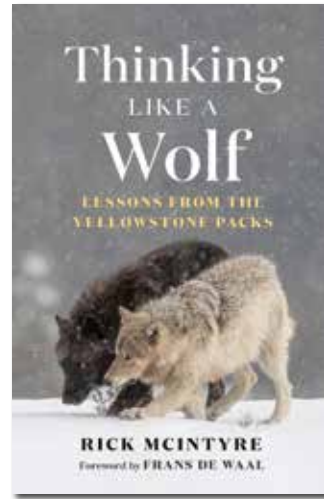
The Washington Post notes, "Following eight major wolf personalities, *Thinking Like a Wolf* draws on decades

of field notes to uncover the challenges and triumphs of Yellowstone's wolf packs, from the chief historian of the most famous wolf population in the world."

McIntyre has spent more than 40 years watching wolves in America's national parks, 25 of those years in Yellowstone, where he has accumulated over 100,000 wolf sightings and educated the public about the park's most famous wolves.

He has spoken about the Yellowstone wolves with 60 Minutes, NPR, and CBC, and he is profiled extensively in Nate Blakeslee's *American Wolf* and in international publications. He lives in Silver Gate, Montana.

For those who can't attend in person, the event will live-stream at [YouTube.com/ElkRiverBooks](https://www.youtube.com/ElkRiverBooks). For more information, send an email to info@elkriverbooks.com or call (406) 333-2330.



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Writers Column

from page 9

of that divide they don't make themselves available for miracles, and commit a kind of self-mutilation where they don't even make themselves available to believe in the possibility of a direct experience where they might actually feel the warmth of the Holy Spirit.

As I write this weeks later, I also think of the Bible verse about having 'child like faith' found in Matthew 18:3. When I asked myself, if I

believe. I took a few steps and what did I see, my GoPro.

I looked at my phone. Only four minutes had passed since I looked up and prayed, and now I looked down and saw it answered. I was elated, but to be truthful I was not surprised at all. He has shown me His presence too many times, to where it now has become routine.

I was so much more excited about showing me His presence. His present of the camera was just a bonus. I was filled with so much light and joy. I did a few laps of snow sprints up the snow-covered woods onto the clearing. The sun was shining, a multitude of birds were singing and a plane roared overhead in the distance. It felt like a universal praising and thanking for His light.



Stay tuned next week for the "Rest of the Story."

Look for the Writer's Column in the next Community Journal. If



believed whether my prayer would be answered in that moment—I had to have that 'child like faith' in order to


you have a story to tell and can lace it with some Montana folklore, send it to community@pccjournal.com.



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Shane Center Announces SOCS Lineup

The Shane Lalani Center for the Arts has announced the lineup for their popular summer music series for 2025. For the fourth year in a row, The Shane Center presents a family-friendly afternoon featuring food trucks and free live music under the Henry Blake Pavilion every Thursday in June and July from 5 to 8 pm.

"Summer arrives at The Shane Center on the first Thursday in June," said Russell Lewis, Artistic Director of The Shane Center for the Arts. "It's hard to believe it's been four years of SOCS shows. We love that we've become a part of our community's social calendar and enjoy seeing our friends and neighbors and their guests each Thursday for great fun and wonderful music. This year we welcome some favorite performers back and introduce you to some new artists."

Local favorites, The Fossils, take the stage on June 5th to kick off the new season. This band has been entertaining Park County for decades. Their energetic dance music includes favorites from the Grateful Dead to the Beatles to Delbert McClinton. Rich "Pinky" Ruggles on keyboards/bass, Scott Boehler on harmonica, Don Scott on drums and Bill Dwyer on guitars



have been doing this for a long time, but this is their first show at The Shane Center Pavillion. What a perfect way to kick off the summer, come to the Shane and join generations of friends and neighbors—and definitely bring your dancing shoes.

Families are encouraged to bring blankets or chairs, there will be a dance floor, please no outside food or beverages. In partnership with Mighty Fine Time Live Events, the Summer Outdoor Concert Series (SOCS) is sponsored by Livingston HealthCare and Marcia McCrum – in Memory of Bliss McCrum. The 2025 Shane Center Season is sponsored by the Yellowstone Valley Lodge and Grill. There is expanded bicycle parking onsite and additional vehicle parking available at the Lincoln School at 215 East Lewis Street. The Shane Center is located at 415 E. Lewis Street. The event opens at 4 pm, when food trucks will begin service.

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JUNE 5 The Fossils (Authentic Hippie Music)
JUNE 12: John Roberts Y Pan Blanco (Funk/Salsa)
JUNE 19: Tsunami Funk. (R&B and Rock)
JUNE 26: Bo DePeña Trio (Texas Country)
JULY 3: WWW.Twang (Montana Country Music)
JULY 10: Two Tracks (Acoustic Americana)
JULY 17: Swamp Dawg (New Orleans Funk)
JULY 24: Release the Squirrels (Bluegrass Quintet)
JULY 31: Tom Catmull Trio (Eclectic Americana)

Thursdays in June & July 5-8PM

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Calendar of Events runs every week. To place your event on the calendar please email the information to community@pccjournal.com or drop off your information at the PCCJ office at 108 N. Main Street.

Cost is \$8/week for up to 50 words, 51-100 words is \$10/week, maximum word count is 100 words please. Deadline is Monday's at 5:30 pm for the following issue that will hit the streets on the following Friday.

Mondays - Weekly

WEEKLY TAI CHI at the Park County Senior Center, 206 S. Main St., Lvg. Every Tuesday at 10 am. Free to everyone.

WEEKLY PINOCHLE at the Park County Senior Center, 206 S. Main St. Mon. & Wed. evenings at 6:30 & Tues. at 1 pm. Free for members, \$2 per afternoon game for non-members.

Tuesdays - Weekly

WEEKLY MEDITATION at the Park County Senior Center, 206 S. Main St., Lvg. Every Tuesday at 1 pm. Free to everyone.

WEEKLY PINOCHLE at the Park County Senior Center, 206 S. Main St., Livingston. On Monday and Wednesday evenings at 6:30 and Tuesdays at 1 pm. Free for members, \$2 per afternoon game for non-members.

CAREER ASSISTANCE - Livingston Chamber of Commerce and Job Services of Bozeman are collaborating to provide on-site career and employment services once a week in Livingston, MT at the Chamber. Workforce consultants will be available Tuesdays from 9 am to 3 pm in the Chamber's Conference Room at 303 East Park St. Contact Leslie at the Livingston Chamber (406) 222-0850 or Ellen at Job Service Bozeman (406) 582-9237 for more info.

Wednesdays - Weekly

BINGO NIGHT AT THE OFFICE - The Office Lounge at 128 S. Main Street is hosting Bingo, 6:30-9:30 pm.

FAMILY KARAOKE NIGHT - 49er Diner at 404 E. Park Street is hosting Family Karaoke night from 6-8 pm. More info, 406-222-8204.

WEEKLY PINOCHLE at the Park County Senior Center, 206 S. Main St., Livingston at 6:30 pm. Free for members, \$2 per afternoon game for non-members.

Thursdays - Monthly

DIABETES SUPPORT GROUP - Livingston Health Care (LHC) is offering a free adult diabetes support group, for Type 1 or Type 2, on the first Thursdays of each month in the LHC Conference rooms, 320 Alpenglowl Lane, at 5:30 pm.

May 22 - WOLF EXPERT RICK MCINTYRE - Elk River Books presents author, Rick McIntyre, to discuss his latest book, *Thinking Like a Wolf: Lessons from the Yellowstone Packs*, starting at 7 pm at 122 S 2nd Street.

May 24 - HELLSAROARIN' HORSE DRIVE - Starting at the Gardiner rodeo grounds, you can view the horses from 12 to 2 pm, the horses leave the rodeo grounds starting at 2 pm and head for Jardine, starting at 4 pm at the Jardine rodeo grounds is a BBQ, open bar, live and silent auction, music and dancing. All net proceeds benefit Action Trackchairs for disabled veterans. These chairs are custom built and they allow folks with disabilities to reclaim their freedom, independence, and mobility in the outdoors. If you can't attend, but would like to donate, checks can be mailed to: Hellsaroarin' Horse Drive, P.O. Box 399, Gardiner, MT 59030. Visit HellsARoarInOutfitter.com or call 406-848-7578.

May 24 - LUCCOCK PARK BENEFIT JAMBOREE - Join us from 1 to 4 pm for an old fashion BBQ, live music, and silent auction to help with cost to shore up Pine Creek bank that is threatening three cabins. Luccock Park is located at 263 Luccock Park Road. To donate or for more information go to luccockpark.org. Sponsored by the United Methodist Churches.

May 26 - DEPOT MUSEUM - Open Memorial Day to Labor Day. Monday - Saturday, 10 am - 5 pm. Admission charged. Featured exhibit "The Grizzly Bear Illustrated: 1828-1943."

May 31 - YELLOWSTONE COUNTRY'S GOT TALENT - The Shane Center is proud to announce the first annual Yellowstone Country's Got Talent (YCGT) starting at 4 pm at The Shane Center, 415 E. Lewis. YCGT will be a family-friendly talent show unlike any other! Singing, dancing, circus acts, animal tricks; ten contestants across five counties compete to be crowned champion.

June 1 - MASS ASCENSION OF KITES - Gather your kites and head to the Northside Park at 14th & Summit in Livingston from 9 - 11 am for this family-friendly fun kite flying event. Make a wish for good winds!

June 4 - GEOLOGICAL ROMP - Yellowstone Gateway Museum is hosting the Geology of Paradise: Bus Tour Adventure in Roadside Geology with Dr. Rob Thomas, 7:30 am to 3:30 pm. This adventure through Paradise Valley is on a chartered bus featuring the "Big History" of geology and some of the oldest rocks on the planet, right here in our backyard. Registration is required, please go online to ygm-shop.shoplightspeed.com or call the muesum at 406-222-4184 and leave your name, phone number and the number of tickets you would like.

June 4 - LIVINGSTON FARMERS MARKET - Join in for the first farmers market of the season! Taking place at the Miles Park Band Shell, 229 River Drive, 4:30 - 7:30 pm, rain, wind or shine! Fresh foods from local producers, weekly performances by local musicians and diverse offerings from local vendors.

June 5 - SUMMER OUTDOOR CONCERT SERIES - Live music under the Henry Blake Pavilion at The Shane Center, 415 E. Lewis Street, starting at 4 pm when the food trucks begin and the music starts at 5 pm.

June 8 - VEGAN POTLUCK, Join them at the Park County Senior Center at 206 S. Main St. at 4:30 pm. You don't have to be vegan, but the food does. Please bring a dish to share that is free from meat, eggs, dairy, honey, and gelatin. You can keep it simple by bringing chips & salsa, fresh fruit, pickles or olives, or a green salad. Sharing delicious food and recipes with fun people who care about their health, the planet and most of all—the animals!

June 9-12 - ELKS JUNIOR GOLF CAMP - Taking place at the Livingston Golf & Country Club, 44 View Vista Drive from 8 - 11 am. Call the golf shop for more details and to sign up, 406-222-1100.

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Meals for May 19th - 23rd

Monday, May 19th - Liver & onions, potatoes, carrots, pears, milk

Tues., May 20th - Clam chowder, breadsticks, celery sticks, applesauce, milk

Wed., May 21st - Pork roast, gravy, mashed potatoes, green beans, peaches, cake, milk

Thurs., May 22nd - Chicken al a king over biscuit, peas and carrots, pears, milk

Friday, May 23rd - Fish fillet, coleslaw, tartar sauce, potato pancakes, applesauce, cake, milk

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BREAK time

Montana Fun Facts!

The bitterroot is the **Montana's state flower**. It can live for over a year without water and can be revived even after being boiled, dried, or pressed. Its Latin name ***Lewisia rediviva*** reflects its tenacity with "Lewisia" being for Meriwether Lewis who cataloged it, and "rediviva" meaning "one who lives again."

Montana has a large international border with **Canada**. It is the **only state in the U.S. to share a land border** with three Canadian provinces (British Columbia, Alberta, and Saskatchewan).

ACROSS

- 1. Aviate
- 5. Probable
- 8. Halloween greeting
- 11. Close to closed
- 15. Apple or pear
- 16. Prosecute
- 17. Abrade
- 18. Pastrami palace
- 19. Lyrical
- 20. Bishop, e.g.
- 22. Sitar music
- 23. Timeworn
- 24. "_____ Dawn"
- 25. _____ column
- 27. Abate
- 29. "The Man Who Haunted _____"
- 32. Whoa
- 33. Uncanny
- 34. Molecular makeup
- 37. Monk's hood
- 39. Aquatic flier
- 41. Legal thing

- 43. Helix
- 45. Lap pup
- 46. Caper
- 47. Blade case
- 48. "Tell _____ About It"
- 49. Bureau
- 51. Wolf's sound
- 52. Forewarning
- 54. Like Scrooge
- 55. Fearful wonder
- 56. Make dirty
- 57. Hair divider
- 58. Tie locale
- 60. South American animal
- 63. Type of brake
- 66. Hardwood tree
- 68. Popular fastening choice
- 70. Diagram
- 73. Organic compound
- 75. Gab
- 76. Moisturizing additive
- 77. Storyteller

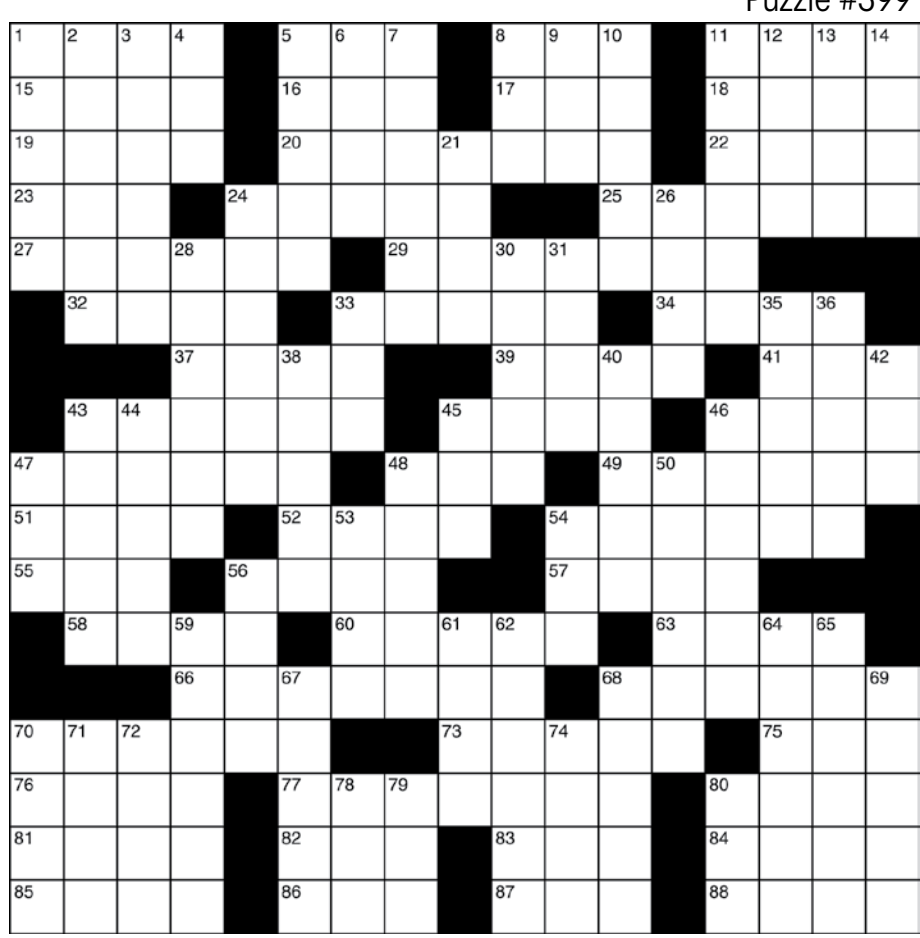
- 80. Basketball team number
- 81. Soldier's standing
- 82. Egg cells
- 83. Possessive pronoun
- 84. Building beam
- 85. Roman date
- 86. Ask earnestly
- 87. It precedes dee
- 88. Alpha follower

DOWN

- 1. Reel
- 2. Heaps
- 3. Surrounded by
- 4. Kind of room, shortly
- 5. Poplar
- 6. Scarf stitch
- 7. Produce a molar, e.g.
- 8. Woman's purchase
- 9. Away from home
- 10. Portly
- 11. Not anchored
- 12. Smart of "Designing Women"

CROSSWORD

Puzzle #399



- 13. Seaweed, e.g.
- 14. Irani money
- 21. Lion's shelter
- 24. Banish
- 26. Plot
- 28. _____ worker
- 30. Angled joint
- 31. Go in quest of
- 33. Architectural add-on
- 35. Short ape?
- 36. Compassion
- 38. Mackerel
- 40. Lasso
- 42. Place for diving
- 43. Displayed
- 44. Flycatcher
- 45. Screenwriter's tool, perhaps
- 46. Nutritious legume
- 47. Na Na preceder
- 48. Greeting
- 50. Construction beam
- 53. Moo juice
- 54. Resort hotel
- 56. Browse
- 59. Chipmunk pouches
- 61. Locale
- 62. Occult
- 64. Copyist
- 65. Neckwear
- 67. Chocolate's sub
- 68. Ditty division
- 69. Gluck's forte
- 70. Asian wrap
- 71. Clothed
- 72. Polish
- 74. Bettor's _____ board
- 78. Preceding night
- 79. Dawdle
- 80. Tall tale

Sudoku

Puzzle #134

4	8				7	6		
			8					4
5				2			9	
6			1		9	7		
		1	4		8			6
	2			4				3
1					5			
		9	6				4	5

Sudoku - #133

SOLUTIONS

Crossword - #398

9	1	8	4	2	3	5	7	6
2	5	4	6	7	1	8	3	9
3	6	7	5	9	8	1	4	2
1	9	5	2	8	4	7	6	3
8	3	6	7	5	9	4	2	1
7	4	2	1	3	6	9	5	8
6	8	3	9	4	7	2	1	5
5	7	9	3	1	2	6	8	4
4	2	1	8	6	5	3	9	7

ECHO	RENAL	TRACE
CHOP	AMULET	HONOR
LILT	SETTEE	ICING
AND	HEM	RAZE
TOUCH	REP	AVAST
SPOOK	GOT	NEUTER
SANS	POSY	RALE
ASTRINGENT	TABLE	
MGM	STAR	GASH
LED	ALIVE	RIPSNORTER
CEDE	SELL	DOOR
EAGLET	LET	TAIGA
MEDIA	AHA	TOOTH
GYRO	RED	ATE
AWASH	UMPIRE	IDEA
MERIT	NIACIN	REND
PETTY	TWEET	EDDY



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CLASSIFIEDS

LEGAL NOTICE

The **Arrowhead School District** will soon **destroy special education/speech-language therapy records** of former students who have been out of school for approximately 8 years. Former students may contact the Arrowhead School at P.O. Box 37, Pray, Montana 59065 within sixty (60) days of this notice if they wish to obtain the information contained in them. Please be reminded that these records may be needed for social security benefits or other purposes. The information to be destroyed shall NOT include data collected on a routine basis that is maintained on all school children (such as the student's name, address, telephone number, grade level completed/year completed). The data to be destroyed shall include information regarding identification, location, evaluation, and other items directly related to special education services which the student received. Persons having questions about this process or wishing to request that special education/speech-language therapy records be destroyed may contact the Arrowhead School at (406) 333-4359 for assistance.

WANTED

Needing Rental - Single, clean & quiet, willing to do outdoor chores and help with other larger projects. Have lived in Livingston for many years, but owner has sold place. Call with questions or possible rental opportunities, 406-223-2236.

HELP WANTED

Two Carpenters (\$35 plus an hour) and one **laborer** (\$20 plus an hour) needed for full-time, year-round positions with benefits. Must have own 4x4 transportation. Contact Rudy Greger for interview at 406-222-6506 or 406-220-1703.

The Gardiner school is searching for the following coaching positions for the 2025-2026 school year.

- Junior High football (head and assistant). August 15-Oct 15
- General duties for the coach.**
- a. Create and implement practice plans for the team.
 - b. Communicate regularly with school administration, athletic director, families, the public, and players.
 - c. Participate in parent meetings, senior night, and awards ceremonies.
 - d. Have an understanding of the game of basketball and a good working relationship with athletes.
 - e. Maintain the values of the Bruin

athletic program.

f. Must complete the state required coaching classes: MHS rules clinic (HS), Concussion in Sports (HS and JH) and Fundamental in Coaching (HS), First Aid and CPR (HS and JH)

Please contact Jeannette Bray or Carmen Harbach at the Gardiner school. 406 848 7563. jbray@gardiner.org, or carmen@gardiner.org

Key Insurance in Livingston is looking to hire a **Licensed Insurance Agent** to our team. We are dedicated to providing individuals, families, businesses and their employees with the very best in supplemental benefits. Working hand-in-hand with our customers, our dedicated sales force provides personal face-to-face service that is almost unheard of in today's business world. We are committed to providing our clients with the right protection, customized to their needs. We offer \$55K to start depending on qualifications. Please contact Alice at 406-222-0944 to schedule an interview or email resume to alice@montanainsurance.net.

Come Join Our Kenyon Noble Team!
Kenyon Noble



Lumber & Hardware's Livingston location is currently accepting applications & hiring for **Warehouse Associates** and **Delivery Drivers**. No experience necessary—we will train! Offering competitive wages and great benefits packages. For more information and to see the complete job listing visit us at kenyonnoble.com/jobs. You can also apply online!

Mobile Crisis Response Program Manager Do you have a passion for community mental health? **The City of Livingston, Montana**, is seeking a highly motivated, caring individual for a rewarding opportunity to serve as the Mobile Crisis Response Program Team Manager. In this role, you will support our community-based, collaborative crisis response team. This position reports to and works under the direction of the Fire Chief. The Program Manager is responsible for developing and maintaining the Mobile Crisis Response Team (MCRT) and its program. Key responsibilities include managing the annual budget, securing funding through Medicaid reimbursements and grants, and creating program policies and procedures that align with Medicaid and City of Livingston policies. Additional duties include participating in staff hiring, training, scheduling, and performance management. The Program Manager will also develop data tracking systems to produce program statistical reports and maintain clinical records. This role requires the ability to build strong relationships and collaborate

effectively with law enforcement, fire departments, emergency medical services, schools, hospital emergency departments, and social service community agencies. To apply, please send the following items to HR@LivingstonMontana.org

- An updated resume
- A cover letter detailing your interest in the Mobile Crisis Response Team

<https://www.livingstonmontana.org/hr/page/mobile-crisis-response-program-manager>.

Fairgrounds & Parks Crew Staff
Join Our Team This Summer! (multiple positions available)
Looking for a fun, active summer job that makes a difference in your community? Join our Fairgrounds and Parks team! We're hiring energetic, reliable individuals to help maintain the **Park County Fairgrounds** and support our events throughout the summer. For full details and requirements visit: https://jobs.parkcounty.org/jobs/148/Fairgrounds-Parks-Crew-Staff#job_148.



VOLUNTEER SPOTLIGHT

K9 CARE MONTANA



Kristian Richardson, along with his service dog, Scout, volunteers for K9 Care. Kristian grew up in a military family, is a veteran himself, and has called Montana his home since 2017. When deciding where to set down some permanent roots, he was looking for a safe, quieter, rural place. Montana fit the bill as a "breath of fresh air."

After settling in, the US Veterans Administration approved him for a service dog of his own, which is how he learned about K9 Care.

Kristian enjoys doing outreach for them in the northwestern part of the state. You can find him working close at hand with the Legion and VFW in the Missoula area and beyond.

He and Scout are ambassadors for the K9 Care program at other event-based functions for veterans, first responders, and children with autism.

To him, the most rewarding thing about volunteering for K9 is the service aspect, helping others to see a road of hope ahead in recovery from disabilities. Kristian says, "Having a service dog is not like having a pet. They are working 24/7 and rely upon their human. It makes you accountable to live your life differently for them."

Kristian is looking to increase his volunteer efforts to include being part of the dog-training process, in transportation services, and working more in-depth as an outreach ambassador.



P.O. Box 490
Livingston, MT 59047
K9CareMontana.org



K9 CARE MONTANA'S MISSION is to provide service dogs at NO COST and customized outdoor activities for wounded warriors and first responders, as well as for special-needs children and their families, in a relaxing, therapeutic setting. They have many activities to choose from, which allows them to provide families with a true Western Montana experience. The incorporation of service dogs makes their programs unique and can set the stage for confidence-building and many other improvements for wounded veterans, first responders, and special-needs children.

VOLUNTEERS NEEDED! *If you love both dogs and people, consider volunteering. If you are interested in knowing more about the volunteer selection process, please fill out the Volunteer Form on their website: K9CareMontana.org and a representative will contact you. "Together We Can Make a Difference!"*



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726 US Highway 10W

4 beds 3 baths | 3,277 sq ft
#401505 | \$929,000

Julie Kennedy | 406-223-7753



TBD E Lewis Street

Land Listing | 0.16 acres
#400476 | \$199,000

Swanson Team | 406-220-2045



1112 Pritchard NW

3 beds 1 bath | 1,104 sq ft
#397220 | \$179,000

Rachel Moore | 406-794-4971



7 Aquila Lane

Land Listing | 2+ acres
#394836 | \$249,000

Deb Kelly | 406-220-0801



301 5th Street W

1 bed 1 bath | 744 sq ft
#399958 | \$299,000

Tammy Berendts | 406-220-0159



17 Evergreen Lane

Multi-Family | 5+ Units
#400436 | \$1,495,000

Swanson Team | 406-220-2045



9 Grizzly Meadow Road

4 beds 3 baths | 20+ acres
#400644 | \$2,500,000

Tom Gierhan | 406-220-0229



49 Two Dot Highway

2 beds 1 bath | 1,160 sq ft
#389858 | \$280,000

Rachel Moore | 406-794-4971



102 Elliot Street S

Commercial Sale | 5,676 sq ft
#397924 | \$1,500,000

Tammy Berendts | 406-220-0159



1115 Ridgeview Trail

3 beds 2.5 baths | 1,758 sq ft
#399280 | \$589,000

Baylor & Carolina Carter | 406-223-7903



401 S Main Street

Commercial Sale 10,375 sq ft
#384182 | \$2,200,000

Ernie Meador | 406-220-0231



27 Royal Wulff

3 beds 2.5 baths | 2,668 sq ft
#390722 | \$1,794,000

Swanson Team | 406-220-2045



98 Miller Drive

5 beds 3 baths | 3,352 sq ft
#400605 | \$898,690

Tom Gierhan | 406-220-0229



325 N 3rd Street

Multi-Family | Five+ Units
#394662 | \$829,000

Swanson Team | 406-220-2045



1320 Wineglass Lane

3 beds 2 baths | 1,463 sq ft
#400460 | \$399,900

Baylor & Carolina Carter | 406-223-7903



1296 US Hwy 10 W

Commercial Sale | 10,160 sq ft
#397843 | \$2,500,000

Ernie Meador | 406-220-0231

Meet the Team...

Tammy Berendts is a long-time resident of Park County, Montana. With a background in the state's Cadastral and appraisal systems, it made for an easy transition into the interesting career of real estate back in 2002. Also, having purchased, remodeled and improved several properties over the years, giving her insight to assist others in following their

dreams of home ownership in our amazing state of Montana.

Tammy has the unique quality of being able to help folks make big decisions, while helping them understand the many aspects of buying and selling a home in the current market environment. She has worked with many clients over the years who have put their

Tammy Berendts

Broker

RENE, AHWD

406-220-0159 • tammy@eraclydepark.com

thrust in her and are confident in her skills, ethics, discretion and responsiveness.

As a full-time real estate professional, she recognizes and values the trust clients place in her and strives to exceed their expectations with each and every transaction.



"Tammy went above and beyond for us. We couldn't have done it without all of her hard work!" — Guy F.

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Molly Arterburn Receives MSU Provost Scholarship & MSU Honors Scholarship

Several Students Were Honored Tuesday During Park High's Academic Achievement and Military Enlistment Awards Ceremony

Park County Dugout - May 2025
TheParkCountyDugout.substack.com
By: Jeff Schlapp

On Tuesday night, Park High School celebrated Excellence. It applauded Greatness. It saluted dedication, resolve, integrity, curiosity, responsiveness, and caring.

Eighty-four soon-to-be graduates, six Valedictorians, and four students who will join the military were honored at Park High School in Livingston before their family and friends during Park High's 2025 Academic Achievement, Scholarship, and Military Enlistment Awards Ceremony. Thirty-three seniors were honored for achieving academic scholarships, while an

additional thirty-five were recognized for earning Work-Based Learning Certifications. Twenty-five local businesses, organizations, and trusts announced the winners of scholarships ranging from \$500 to \$20,000.

Three seniors, Taylor Tatro, Jaxon White, and Asher Perkins, received the Military Award for enlisting in the United States Army and the United States Navy.

There were too many awards and achievements handed out to list all of them, but some that stood out for various reasons to me were:

Logan Jergenson was given a \$10,000 annual scholarship (\$40,000) by the University of Northwestern in St. Paul, Minnesota. A terrific kid who was the most gifted and hard-working athlete I've known at Park High, unselfish and humble. He is a role model for anyone who is paying attention.

Molly Arterburn, Sophie Sestrich, Cameron Sestrich, and Landess O'Dea. These seniors will be attending Montana State University, Carroll College, Oregon State University, and the University of Utah, respectively. All were awarded money to attend college due to their extraordi-



One of six Valedictorians at Park High, Molly Arterburn, listens as a list of her achievements at Park High School is read off on Tuesday during Park High's Academic Achievement and Military Enlistment Awards Ceremony. Molly's academic achievement earned her recognition as one of the top one percent of high school seniors nationwide to achieve the distinction of National Merit Scholarship Finalist and a Provost Scholarship at Montana State University.

nary achievements.

Arterburn's academic achievement earned her recognition as one of the top one percent of high school seniors nationwide to achieve the distinction of National Merit Scholarship Finalist and a Provost Scholarship at Montana State University.

Only 15 incoming freshmen last year at MSU were awarded the Provost Scholarship. It's a really Big Deal.

To me, these five students personify what high school should be about. Hard work, preparing kids for the future, and participating in multiple school activities made each a more well-rounded student and community member. All five were members of the National Honor Society.

Morgan Sites, Arterburn, Carson Bokedam, Ripley Cunningham, Tess Goosey, and Maloi Lannan were each announced as 2025 Valedictorians.

Sites was awarded over \$100,000 in scholarships to attend Hillsdale College in Hillsdale, Michigan. Cunningham is attending Columbia University in New York and was awarded over \$300,000 from the Columbia University Institutional Award.

Analeece Frederickson will join her cross country teammate, O'Dea, at the University of Utah, where she received the Western Undergraduate Exchange Scholarship worth \$56,000.

Alice Addicott is heading to Baltimore, Maryland, where she will attend Goucher College on the Dr. Rhonda Dorsey Leadership Scholarship worth \$221,200.

We close with a shout-out to Augie Stern, who received \$16,000 in scholarship money from Northern Illinois University. We are fond of Augie here at the Dugout, and now, as a NIU Huskie, he can brag that his school is on a one-game win streak against Notre Dame (football).

He can also say that he's the only Park High graduate who attended the alma mater of retiring Park High athletic director Scott Rosberg! One girl summed up the night for me. She was one of the early award winners, and she was given an award certificate. I don't recall if she was awarded scholarship money. She took it, sat down, and looked at it. Her classmate next to her did the same, both staring meaningfully as if reflecting on the work she had put into achieving the award.

Reflecting on four years at Park High. All the essays, papers, projects, quizzes, and tests. The late-night studying and preparation. Along the way—friendships. She rubbed the edges of her award, seemingly proud of herself. Her friend was proud of her, and it was evident in her movements.

For me, that's what the night was: time to reflect, a time to celebrate, and a time to be proud.

Congratulations to all those honored. Touch em all.

For more photos and great articles, check out TheParkCountyDugout.substack.com.

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A drone is shown flying over a field, with a large green leaf graphic behind it.

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A portrait of Dan Neill, a man with a beard and mustache, wearing a white shirt.

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A portrait of Margaret Radtke, a woman with dark hair, wearing a blue shirt.

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