



FATHER'S DAY

JUNIOR CARPENTER WORKSHOP

11AM – 1PM | JUNE 14TH
BELGRADE | BOZEMAN | LIVINGSTON



Community Journal

Serving Livingston, Emigrant, Gardiner, Clyde Park, Wilsall & Cooke City

Week of June 8, 2025

FREE

Honor Local Heroes at First Responders Day on June 11 at the Livingston Farmer's Market

Western Sustainability Exchange is honored to present First Responders Day at the second Livingston Farmers Market of the 2025 season—an evening dedicated to celebrating and thanking the local heroes who keep our community safe. The event will take place on Wednesday, June 11th, from 4:30–7:30 pm at the Miles Park Band Shell inside Sacajawea Park and is generously sponsored by American Bank of Montana.

This family-friendly evening will include a live performance by the Band of Drifters, and interactive opportunities with Smokey the Bear, the U.S. Forest Service (with summer safety and bear awareness tips), firefighters and their trucks, and sheriff's deputies and patrol cars. As a

special thank you, select market vendors will be offering 10% discounts to all first responders during the event.

"We're proud to celebrate the everyday heroes who serve our community with courage and commitment," said Market Manager, Shannan Mascari. "First Responders Day is our way of saying thank you—and inviting the whole community to come together, show their appreciation, and enjoy a vibrant evening of music, food, and connection."

It's going to be a vibrant summer season at the Livingston Farmers Market, with Special Days scheduled throughout the summer, including:

- **National Fishing Day** – June 18
- **Christmas in July** – July 9

- **Healthy Soils Day** – July 16
- **Give A Hoot Day** – July 23
- **Art at the Market Day** – August 6
- **Vote Livingston the #1 Farmers Market Day** – August 13
- **Eat Local Day** – August 20
- **Community Health Day** – September 3

Full details and the live music lineup are available at www.LivingstonFarmersMarket.org.

Much gratitude to our Presenting Sponsor, July Hardesty with Edward Jones; our Farmland Sponsor, Bloom Montana; our Exclusive Music Sponsors, Fairfield Inn & Suite and Home2 Suites by Hilton; our Acres Sponsors, American Bank, Bank of the Rockies, Crazy Mountain Industries, First Interstate Bank, Kenyon Noble, Livingston Center for Arts & Culture, N2C Farms, LLC., Park County Community Foundation,



Sibanye Stillwater, Sky Federal Credit Union, Sweetwater Fly Shop, and the Spur Line; our Community Partners, the City of Livingston, the Livingston Food Resource Center, Park County Environmental Council, Happy Trash Can Composting, Expedition Church and every one of our Sprout Sponsors! The market wouldn't be the same without you, and we are beyond grateful to all of you. THANK YOU for your support!!

Katabatic Brewing Co. and Cardinal Distributing Release *Give A Hoot* Pale Ale

Revenue Share Will Support the Give A Hoot Campaign

Two local businesses—Katabatic Brewing Company and Cardinal Distributing—are supporting the Park County Community Foundation's annual Give A Hoot giving challenge by sharing revenue earned through sales of a specialty brew, the Give A Hoot pale ale. The annual giving challenge inspires the whole community to support their favorite, local nonprofit organizations.

The Give A Hoot pale ale is brewed from 100% Montana-grown single malt, single hop and will be available during the campaign from July 1st thru 31st. Fifty cents from each pint sold during July will be

donated to the Give A Hoot Matching Pool and will benefit all nonprofits participating. The campaign's Matching Pool encourages nonprofits to earn partial matching funds through their fundraising in July.

Park County businesses, residents and visitors will be able to support the Give A Hoot Matching Pool simply by serving the specialty ale in their bar or restaurant, or purchasing it when they visit their favorite establishment. Nearly two dozen other businesses and foundations are also contributing to the Matching Pool, including: Dennis & Phyllis Washington Foundation "in conjunction with" Montana Rail Link; Willow Creek

Ranch; JAKET Foundation; The Solso Family Foundation; Jan & Trevor Rees-Jones; Harvey & Carol Massey Foundation; Diana and Bruce Rauner; Livingston's Ace Hardware; AMB West Community Fund; Dovana Foundation; Frontline Ag Solutions; High Camp Compliance; Fishcamp Custom; Bill Flick; First Interstate Bank; Opportunity Bank; Joe Phelps; Sibanye Stillwater; Community Closet; and PFL.

Beginning July 1st, individuals may contribute to the Matching Pool or to their favorite nonprofits at www.give-a-hoot.org.



Photo Credit: Jake McGlothlin/Rusty Fox Media Park

For more information on the Give A Hoot campaign, please contact: Keva Ward, Program Manager | keva.ward@pccf-montana.org | (406) 224-3920.

Franzen-Davis Funeral Home
Funeral Home, Crematory & Monument Company
118 N. 3rd Street • P.O. Box 638, Livingston, MT 59047
(406) 222-2531
Website: www.franzen-davis.com Fax (406) 222-2539
Email: franzen-davis@franzen-davis.com



Proudly celebrating 100 years of service to our community.

Michele Ferrere, Funeral Director
Paul Stern, Assistant Funeral Director
Sandy Williams, Funeral Assistant
Kari Kelly, Office Administrator

Family Owned by Todd and Joe Stevenson of Stevenson and Sons Funeral Home, Miles City, MT

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Park County Community Journal

Steph & Joel Martens, Publishers
Tony Crowder, Managing Editor
Denise Nevin, Sales Manager
Jill-Ann Ouellette, Staff Writer
Jacob Schwarz, Photographer

Nurse Jill, Columnist
Joyce Johnson, Columnist
Shannon Kirby, Columnist
Lois Olmstead, Columnist
Dalonda Rockafellow, Columnist
Scott Rosberg, Coach's Corner
Jeff Schlapp, Contributing Writer
Carla Williams, Recipe Corner

PO Box 1851, Livingston MT 59047
406-220-0919 • pccjournal.com •
email: community@pccjournal.com

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Obituaries

February 1, 1945

Sandra Ann Hillman

June 1, 2025

Sandra "Sandy" Ann Hillman passed away on June 1, 2025, of natural causes, she was 80 years old. Sandy was born February 1, 1945, in Waupun, WI, to Helena and Michael Melody. She was later adopted by Barney Vande Kolk. She was raised in Brandon, WI, until she moved to Bozeman, MT, in 1967. There she met Gary Hillman and they were married September 19, 1969. They lived in Gallatin Gateway and Belgrade before settling in Livingston in 1974. They later divorced and Sandy moved back to Wisconsin, where she lived until late 2024.

Sandy is survived by her daughter; Barbara Hillman (Bandon Lewis), former husband; Gary Hillman, step-children; Twila Hillman, Lee Hillman (Brenda Waters), and Tam-

my Lewis, great-grandchildren; Zoey and Jasper Cave and sister; Rose (Kerwin) Klumpers all of Livingston, brothers; Howard (Rachel) Vande Kolk of Ripon, WI, Mike Vande Kolk of Brillion WI, Brad (Jean) Vande Kolk of Van Dyne, WI, and many nieces and nephews.

Sandy was preceded in death by her parents, Helena (Sally) and Barney Vande Kolk and Michael Melody and her granddaughter, Cassandra (Cassi) Cave.

Sandy loved her family, friends and her animals and will be dearly missed.

A memorial service will be held for Sandy at 11 am on July 29, 2025, at Sacajawea Park in Livingston, officiated by Justin Sutherland of Mountain Baptist Church. All are welcome to attend.



To offer condolences visit www.franzen-davis.com.



Livingston Area Community Invited to "Who Does What Downtown" Panel Discussion

The Livingston Destination Management Organization (DMO, formerly called Convention Visitors Bureaus) and Livingston Tourism Business Improvement District (TBID) collaborating as Explore Livingston, invite tourism related business owners, elected officials, and community members to an informative panel discussion, "Who Does What in Tourism." This educational gathering is part of Explore Livingston's Destination Stewardship Resilient Tourism Strategic Plan, a process based on collaboration, stakeholder feedback, and information sharing.

Join us at this informal gathering with tasty treats upstairs at Wheatgrass Books & Gifts, 120 North Main Street in downtown Livingston on Monday, June 9th at 5:30 pm. This is an opportunity

to learn more about the different organizations that work in the tourism economy, Park County's largest economic driver, and strive to protect the wild places and historic culture we all enjoy, and various efforts to be resilient destination stewards.

Learn more about the Explore Livingston DMO and TBID, City of Livingston, Yellowstone Country Tourism Region, Yellowstone Gateway Business Owners Coalition, Wild Livelihoods, Montana Freshwater Partners, Park County Environmental Council, Park County Search & Rescue, Livingston Downtown Buliding Owners and Business Association (LDBOBA), and the Livingston Area Chamber of Commerce. Panelists will provide insight into their missions, tourism related

work and projects, funding sources, and opportunities to collaborate.

The evening begins with refreshments and social time at 5:30 pm, followed by brief presentations at 6 pm, then a Q&A session. This is a great opportunity to connect, ask questions, and explore how these organizations contribute to Livingston's historic tourism economy.

If you are unable to join us, reach out afterwards as there will be an event recording and info sheet with brief summaries of each organization's tourism related work.

For more information, please contact Explore Livingston Executive Director Kris King at 406.222.4848 or info@explorelivingstonmt.com

Consider a Sponsorship of the Community Journal

The *Park County Community Journal* is seeking help from our followers to continue its mission: promoting positivity in the local community. We do this by publishing stories about the people, organizations, businesses, and events that represent Park County, often times at request, and most importantly, to shine light on what makes this community special.

We promote local businesses and encourage their support; honor non-profit organizations dedicated to philanthropy; celebrate our vibrant arts community by showcasing its contributors and their work; praise the achievements of students and children in sports and education; recognize major developments in municipal and county government; and cover local events to spur participation and advance the concept of community.

Knowledge as power, though a cliché, is undeniably true, and our intention is to inform readers about the community so as to inspire positive change through mutual support and understanding.

The *Journal* currently publishes 2,000 copies weekly for distribution throughout Park County. In response to incoming tourists, this number will rise in the early spring to 2,500 and to 3,000 by summer 2025. Park County depends on tourism to thrive, and the newspaper has a role in sharing information with visitors about what our community has to offer through advertising and editorials

on businesses and events. In addition to compensating staff, this increase in printing is expensive (\$0.45 per copy; total annual printing expenses amounting to roughly \$50,000 contingent upon need), but our goal is to help the community flourish without placing a burden on our readers.

Up until now, the newspaper has been free of charge—a service provided to the community not intended to generate income through our consumers, much like a non-profit organization. Our desire is to continue this tradition via advertising fees, the *Journal's* current business model, and by exploring new avenues for raising money to fund operating expenses without shifting costs to readers. For example, we are currently working alongside non-profit organizations like Prospera and Park Local to consider and develop new strategies for increasing revenue, such as adjusting advertising rates for local businesses through the cool season. However, as we are not technically a non-profit organization, our options are somewhat limited.

We are therefore asking you to please consider the value of our newspaper to this community and to support our cause by making a donation that will be used to extend our outreach and impact to locals and visitors alike. Donations may be made once or on a recurring basis, if possible.

Because we are not a charity organization, your gifts are not tax-deductible. However, any donation, small or large, helps us in our effort to shape this community for the better. Even just two dollars each from a few thousand individuals would be extremely helpful in keeping this newspaper free as we continuously strive to benefit the community.

Thank you for considering a donation to our newspaper. If a gift falls within one of the following sponsorship levels:

Bronze: \$250 • Silver: \$500
Gold: \$1000

Donors will be recognized monthly in the newspaper. Qualifying business donors will be awarded discounted advertising rates during the warm season (June – September.)



Donations can be made using the QR code or mailed to PCCJ, PO Box 1851, Livingston, MT 59047. Thank you for your consideration in helping us to continue our mission!

Gallatin Valley Land Trust Launches Northern Yellowstone Open Lands Initiative in Park County

In response to growing interest from Park County landowners, community members, and conservation partners, the Gallatin Valley Land Trust (GVLT) has launched Northern Yellowstone Open Lands—a conservation initiative based in Livingston, Montana. Northern Yellowstone Open Lands is dedicated to serving Park County’s landowners and communities who are committed to conserving the region’s unparalleled natural landscapes and working lands.

Building on GVLT’s 30-year history serving Park County, which has included working with 21 families to conserve over 20,000 acres of agricultural lands, this new chapter will feature dedicated staff, a local advisory board, and a Livingston-based office. While rooted in GVLT’s proven expertise, the Northern Yellowstone team brings a renewed, place-based focus to conservation throughout the county.

The landscapes and natural amenities of

Park County inspire locals and visitors alike—and they face increasing pressures. Home to historic ranches, rich wildlife habitat, wild rivers, and the northern entrance of Yellowstone National Park, Park County has lost nearly 40,000 acres of open land to low-density development between 2000 and 2021. These changes threaten the region’s rural identity, wildlife habitat, and the local economy—including the agriculture, tourism, and other small businesses that depend on open spaces.

Northern Yellowstone Open Lands works with willing landowners to establish voluntary conservation easements—legal agreements with private landowners that limit development and subdivision of ranchlands. These ease-



ments protect agricultural land, wildlife habitat, clean water, and scenic views, while offering landowners potential tax benefits or financial compensation. Many landowners reinvest these resources into their agricultural operations or use them to support generational transfers of the ranch or farm.

Since 1990, GVLT has partnered with 135 families across southwest Montana, becoming a nationally accredited land trust known for its long-term commitment to land stewardship. Northern Yellowstone Open Lands is supported by the leadership and administrative teams at GVLT and the resources of the larger organization, while being grounded in the local priorities of Park County landowners and community members. This combination positions Northern Yellowstone Open Lands to proactively respond to the accelerating development trends and

the growing demand for local conservation solutions throughout Park County.

Northern Yellowstone Open Lands is already making an impact. In its first six months, the initiative has completed three conservation easements totaling over 3,000 acres, with seven more active projects underway.

“Northern Yellowstone Open Lands is an exciting chapter for GVLT,” says Chet Work, GVLT Executive Director. “Our team continues to accelerate the pace and scale of our work throughout southwest Montana, and we’re committed to showing up locally and building trust with landowners and communities. Our staff on the ground in Park County allows us to do just that.”

For more information about Northern Yellowstone Open Lands and how to make a donation to support this work, please stop by the Livingston Office at 309 W. Park Street, contact Program Manager Cole Herdman at 406-823-3313, or visit northernyellowstone-openlands.org.

Upcoming

SHIELDS VALLEY

EVENTS

June 9th

Town of Clyde Park Council meeting at 7 pm

June 11th

School Board Meeting at 7 pm

June 14th and 15th

Wilsall Rodeo

Parade theme is "Ag is My Bag"

Mark your calendar! The Shields Valley Farmers Market is gearing up

If anyone has any news, events, etc. please let me know at Shieldsvalleynews@gmail.com

for another great season beginning June 30th. The market will include music, kids activities, and a different food truck each week. More details to follow soon.

If anyone has any upcoming events please send email to shieldsvalleynews@gmail.com.

SOCS–The Shane Center

The fun continues on the SOCS stage at The Shane Center for the Arts on Thursday, June 12th with John Roberts Y Pan Blanco. The band delivers a high energy mix of Afro/Cuban/Salsa and funk. The event starts at 4 pm, with food trucks and libations for the whole family. The music starts just after 5 pm.

John Roberts began playing the piano at the age of 5 while living on an isolated ranch in Southeastern Montana. After graduating in 1996 from Montana State University-Billings with a BA in Music Performance, John moved to Los Angeles to earn his Master of Fine Arts in Western Orchestral Performance from California Institute



of the Arts. He has performed in all 50 of the United States and around the world.

This big, horn-based band had the entire pavilion on their feet last summer and brought along salsa instructors

who taught the folks on the dance floor some fabulous new moves. It is impossible not to move when the band takes the stage. This year’s SOCS sponsors include Livingston HealthCare, Marcia McCrum in honor of Bliss McCrum, and the season is sponsored by Yellowstone Valley Lodge and Grill. The concert series is presented in association with Mighty Fine Time Live Events.

Next up on Thursday, June 19th is Tsunami Funk. For more information and the season lineup, check www.theshanecenter.org

1924 CAVALCADE

May 2025

Dear friends,

The rich history of native American culture in Park County has been on a murmured pause for many years. During the 2024 100-year anniversary of the first Livingston, Roundup and Parade, that cultural silence was broken.

We had the honor of the Crow Nation accept a much-anticipated invitation to grace not only 2nd of July Parade in Livingston but opening the Livingston Round Up Grand Entry. They were such a crowd favorite that they won a beautiful trophy. They were also a crowd favorite of the Dirt Road Parade in Pray Montana on July 4th.

2025 brings us the opportunity for them to join us again! Our friends have agreed to come, in full regalia. What a treat.

With the cost of travel expenses of coming to such a distance, we are reaching out for contributions to help offset this burden. 1924 cavalcade has created 501c3 for those of you who would like to participate in such a cultural bridge.

We are asking the community to assist in offsetting the costs for their journey. A goal of \$9500 has been established to cover expenses. Your financial contribution is much appreciated.

Make checks payable to:

1924 Cavalcade
Box 45
Emigrant MT 59027

In appreciation,
Martina Real Bird, Co-chair
Lorna Marchington, Co-chair
1924 Cavalcade

1924 Cavalcade | box 45 | Emigrant MT 59027

71st ANNUAL

WILSALL RODEO

WILSALL, MONTANA

SATURDAY - 6:30 p.m. and SUNDAY 2:00 p.m.

CHURCH - SUNDAY the 15th, 9:00am at the Rodeo Grounds

JUNE 14-15 2025

RED EYE RODEO CO. — STOCK CONTRACTOR

NORTHERN RODEO ASSOCIATION SANCTIONED RODEO

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PARADE SUNDAY, JUNE 15
12 Noon WOMEN OF WILSALL

★ FAST FORWARD SATURDAY NIGHT MUSIC

FIREMEN'S BREAKFAST SUNDAY: 8-11 A.M.

Wilsall Rodeo Association
GARY HOYEM, SECRETARY, WILSALL, MT 578-2134

Calf Scramble Sunday June 15, 2025 8-12 year olds
Sponsored by: SPUR LINE

Advantageous Addiction

by Nurse Jill

If you know, you know. Early in the morning when the world is quiet, and nature is just starting to rouse itself, coffee drinkers will pull themselves from the covers, not to view the sunrise, but to get the percolator going to start the slow drip of happiness in a cup. In fact, when some folks go to sleep the night before, they close their eyes smiling, looking forward to waking up to that satisfying sip of good ol' joe.

Many make a joke out of coffee habits, but coffee drinkers will tell you that it really does make a difference. That sweet sludge helps them wake up, helps them focus better, helps improve their mood, even helps with keeping things "regular." But caffeine isn't good for you, is it? You always hear people trying to cut back or even quit so does less coffee equal more health?

Not necessarily. There have been numerous studies on this very question and the results may surprise you. While an excess of caffeine can be unhealthy, a modicum of caffeine in brewed coffee has been shown to significantly improve certain aspects of a healthy life.

But the key term is "brewed coffee." And to be more specific brewed, caffeinated coffee. The benefits of moderate caffeinated brewed coffee consumption include, depending on which study you refer to, lower risk of heart disease, lower risk of Alzheimer's, lower risk of Parkinson's, lower risk of type 2 diabetes, lower risk of liver disease, and lower risk of heart problems. Not only that but one study implies that

coffee drinkers overall have a lower risk of early mortality despite the cause.

But these claims do not extend to coffee that is decaffeinated nor to any of the other varied and diverse caffeinated beverages (including tea). And some of these benefits can be minimized when coffee starts to get mixed with higher levels of caffeine, concentrated sweetness, and calorie-dense dairy products. You may lower your health risks with the brew but you theoretically increase your health risks when you start to mix in other ingredients.

One recent study showed that not only did coffee probably decrease certain health risks but that when you drank your coffee also made a difference. One study published earlier this year in the European Heart Journal surmises that those that drank coffee in the morning had the most benefit from the drink in the form of decreased risk of mortality in many situations versus their all-day coffee drinking counterparts.

Another study just recently came out from Harvard with good news about coffee consumption in women specifically. It examined health data from over 47,000 women during a 30-year period and concluded that women who drank coffee regularly between their 45th and 60th birthdays were significantly more likely to live to 70 years, or older, free from 11 major chronic conditions. In addition, they found that these female mug holders were also more likely to

maintain physical ability and cognitive ability without noticeable impairments. Again, this was only for women that drank brewed caffeinated coffee – not decaf coffee or caffeinated tea.

While this research claims to have accounted for all the other variables that affect health outcomes there is still an unanswered question that one reviewer expressed. Does coffee really make that positive of an impact on your health risks? Or do people who have lower health risks drink more coffee?

And while many benefits seem to be emerging there are some cautions, as always. Coffee can have some downsides such as disturbing sleep patterns, increased anxiety, withdrawal headaches, increased risk of heartburn, negative affect on those with diagnosed high blood pressure, or jitteriness.

More research will undoubtedly

come out on the topic as many seek to justify this wide-spread habit amongst humans, not just in the US but globally, as well. In the meantime, we can tentatively (or perhaps determinedly) label our addiction to the steaming concoction that is coffee as an advantageous addiction. Likely the only true addiction that we can feel not guilty about.

That satisfying feeling of the morning's first sip and the slow warm joy that spreads as you absorb the goodness from your cup is something that can't be beat! And now it's even better knowing it can be a part of a healthy lifestyle. Because let's face it, a day without coffee is like... just kidding, I have no idea what a day without coffee is like. Here's drinking to health.



VOLUNTEER SPOTLIGHT



415 East Lewis Street • Livingston
Office hours: Mon–Fri • 10am–4pm

**Our Mission—“Strengthening
Community Through
Participation in the Arts.”**

Matthew Hirsch— If you have seen a show at The Shane in the past eight years, you've probably observed and enjoyed the hard work of Matthew Hirsch, as he is a set builder for the theatre. He chose to volunteer because his son participated in many shows there while growing up and now has a successful career in music, theater, and the movies—so Matthew wanted to give back.

You may recognize Matthew from his career in Special Education at Sleeping Giant Middle School. When asked what's the most rewarding thing about volunteering for The Shane, he said, "They have a great crew who are open to input and encourage creativity."

You can also find him at The Shane in between shows planning and building the next set, and during shows he's busy with other duties as needed, such as stage work at the Henry Blake Pavilion for their Summer Outdoor Concert Series.

He suggests, "If you might be too shy to be on stage, helping behind-the-scenes is very rewarding, especially if you enjoy creative, out-of-the-ordinary problem-solving like making spectacular sets."



VOLUNTEERS WANTED! People just like you have donated their time and talents to help the staff, the productions, and the facility function well as a great community asset and resource. Examples of volunteer opportunities include concessions, set design, ushering, costuming, hanging posters, and assisting with special events. If you volunteer for concessions, you get to see the show for free! For more info on how to get involved, send an email to info@theshanecenter.org or call **406-222-1420**.

If your organization would like a **Volunteer Spotlight**, contact Jill Ouellette by email at jill@pccjournal.com.



Your Ageless Wellness Column

Garrick Fulmer-Faust, Executive Director, Park County Senior Center

Part Four First Steps—What to Expect, What You'll Gain

In our first few columns, we laid the foundation to improved fitness:

Part One - introduced the importance of strength training as we age—how it keeps us mobile, balanced, and independent.

Part Two - focused on presence, breath, and self-talk—how our mindset shapes the way we move and feel.

Part Three - addressed the inner barriers—those quiet but powerful thoughts that try to talk us out of stepping into unfamiliar territory.



Ribbon Cutting with Executive Director Garrick Fulmer-Faust and board members Lisa Herral (L) and Jan Lukenbill (R).

Now, in Part Four - let's talk about what happens when you do take that first step—and how we make sure you're supported every step of the way.

The Hub isn't about performance. It's about progress, safety, and feeling good in your body again. When you first come in, we'll take some time to simply get to know each other. If you're new to exercise—or new to using a fitness facility—we'll schedule a one-on-one appointment so we can:



Grand opening on Friday, May 30th at The Hub.

- Learn about your goals and daily challenges
- Talk through past injuries, surgeries, or medical issues
- Understand your current medications and how they may affect movement
- And, if needed, help you obtain a doctor's release so you can begin safely

The first few times you come in won't be about pushing your limits. They'll be about getting familiar:

- Where everything is

- What each piece of equipment is for
- How it works
- What it can do for you

It might seem like a lot at first, but trust me—once you go through your personalized program a couple of times (with help and guidance), you'll feel comfortable and confident. In fact, you'll probably be surprised at how quickly you start moving through your routine with ease.

- You'll be introduced to a handful of movements tailored to your needs:
- Sit-to-stand chair work (for balance and leg strength)
- Wall push-ups (to safely build upper-body strength)
- Resistance bands (easy on the joints, great for muscle tone)
- Posture and breathwork (for stability, energy, and calm)
- A light full-body circuit using our weight machines, which are safe, easy to operate, and designed specifically for older adults.

Here's what often happens after just a few sessions, your daily movements become smoother, your confidence builds, the pain starts to decrease and you feel a sense of pride that you showed up—and followed through.

Every small win adds up. You begin to realize: "I can do this." So if you've been hesitating, let this be your sign.



Nancy Adkins tries out one of the machines with ease.

We're not just building muscle—we're building momentum.

You bring the courage.

We'll bring the support.

Ready to take the first step?

Stop in and visit us at 206 South Main Street in Livingston or call Garrick Fulmer-Faust at 406-333-2276 or email garrick@parkcountyseniorcenter.org to schedule your first visit.

GOOD NEWS!

In these rapidly changing and challenging times, when promises of stability and safety rarely come through; when trusted spiritual leaders prove false; when lying in politics seems to be the norm; when those you depend on the most often hurt you the deepest -- is there anything left you can trust? YES! You can trust the BIBLE! Let's get together and study the evidence.

Framo Rimoni -- 406.220.8914

Come join me @ The Shane Center, Movement Room,
415 E. Lewis, Livingston

10am -- 1st & 3rd Saturday of each month, beginning June 7th
All Are Invited!!

IS YOUR PROPERTY PREPARED FOR WILDFIRE SEASON?

- Maintain vegetation growth around your property
- Clearing flammable materials from around your building
- Installing fire-resistant roofing and siding
- Installing ember-resistant vents and screens
- Installing fire suppression systems
- Regularly maintaining and inspecting fire safety equipment
- Review your wildfire insurance coverage



124 West Lewis, Livingston, MT
Office 406.222.0944
montanainsurance.net
alice@montanainsurance.net

Natural Life News!

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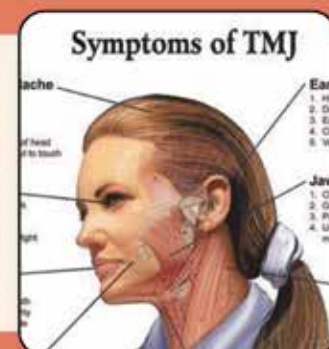
It's full of links for deeper digging...

Highlights from Our
May-June '25 Issue



Are **TOMATOES** a
Superfood? More than
You Think... Immune System
• Heart • Eyes • Lungs • Blood...
Jill Ann Ouellette • Staff Writer,
Park County Comm. Journal

Try Myofascial Release
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Leadership 49 Announces Year 11 Graduates

We are proud to announce the Year 11 graduates of Leadership 49, a nine-month leadership program designed to develop empowered and engaged citizens that will strengthen and connect the communities of Park County. Finishing its eleventh year, Leadership 49 has graduated over 185 community leaders.

"Joining this group helped me understand Park County as it is now. To learn how diverse the county is,

and the people are, is uplifting" shared Keva Ward, Park County Community Foundation Program Director and Year 10 Alumnus.

The program began September 13th in Paradise Valley and included monthly sessions in Clyde Park, Cooke City, Gardiner, Livingston, Paradise Valley, Tom Miner, and Wilsall. Fifteen participants, selected from a geographic and experience cross-section of the county, graduated in May. Congratulations to:

- Celeste Mascari, Livingston
- Chase DeForest, Livingston
- Chelsey Murphy, Livingston
- Cole Mauch, Livingston
- Daniel Beckmann, Livingston
- Deb Purvis, Silver Gate
- Eli Isaly, Livingston
- Ericka Brandal-Juvan, Livingston
- Lara Belice, Cooke City
- Megan Brummel, Livingston
- Shy Smith, Shield's Valley
- Nicole Harkness, Emigrant
- Paige Fetterhoff, Livingston
- Rhiana Peck, Gardiner
- Vanessa Kurtz, Livingston

Applications are open for Leader-



ship 49 Year 12. For more information, visit parklocal.org/leadership49

or contact the MSU Park County Extension Office at 406-222-4156.



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When Is Flag Day?



by Jill Ouellette

National Flag Day Is Saturday, June 14th.

Though not a federal holiday, Flag Day is an observance for all Americans. Each year, the sitting president encourages Americans to display the US flag outside their homes and businesses in celebration of American patriotism and the ideals of our nation. In annual observance, the flag is flown from all public buildings.

History reveals that Bernard J. Cigrand, a Wisconsin schoolteacher, conducted the first Flag Day ceremony, written by and conducted by him on June 14, 1885, commemorating the flag's adoption by the Continental Congress on that date back in 1777. It wasn't until June 14, 1877, on the centennial of the flag's adoption, that the flag was regularly flown from every government building. There were few public ceremonies honoring our flag before that.

Many citizens and organizations advocated the adoption of a national day of commemoration for the flag. In 1916, President Woodrow Wilson unofficially

declared June 14th as Flag Day. Coincidentally, Wilson also proclaimed "The Star-Spangled Banner" as the U.S. national anthem that same year. Nonetheless, Congress did not designate the song as the national anthem until 1931, and only in 1949 did President Harry Truman sign the legislation that made June 14th of each year Flag Day.

Who Made the United States Flag? While many of us learned in school that Betsy Ross, a seamstress from Philadelphia, was the designer of the flag, but this legend has been discredited. According to many sources, President George Washington did visit Betsy in Philadelphia but brought a flag design with him

that contained 13 red and white stripes and 13 six-pointed stars set in a circle.

Accordingly, the only thing Ms. Ross suggested about the flag was to use five-pointed stars (mullets) rather than six-pointed ones (estoiles). Many credit Betsy Ross for sewing one of the first US flags made out of wool bunting, but historians cannot confirm if she actually made the first flag ever. Some credit for the design of the original flag was given to Mr. Francis Hopkinson, a signer of the Declaration of Independence. Hopkinson himself felt that he was the designer and should be compensated for it by Congress, but they argued that many were responsible for the design and he was

never paid.

Whoever *really* designed the flag, it is known that on June 14, 1777, the design with the stars and stripes became America's official flag with this declaration by Congress, stating, "The flag of the United States will be thirteen stripes, alternate red and white [and]... the union [canton] be thirteen stars, white in a blue field, representing a new constellation."

Adding Stars to the Flag. As more states entered the Union, more stars were added to the flag. In 1818, the Continental Congress passed the Flag Act, stipulating that the flag will always have 13 stripes—one for each of the original colonies—and that a star will be added for each new state on July 4th only. As you can surmise, the flag changed frequently as the country grew, but hasn't since the 49th and 50th stars for Alaska and Hawaii were added in 1959.



Trivia: In honor of Flag Day, here are a few interesting facts about our great Red, White, and Blue:

- A vexillologist is an expert who stud-

ies symbolism, history and designs of flags.

- Did you know that Francis Scott Key wrote the words to *The Star-Spangled Banner* on the back of an envelope?
- When is it appropriate to fly the flag upside down? The flag should never be displayed with the union down, except as a signal of dire distress in instances of extreme danger to life or property. (To learn about US Flag Code & Etiquette visit FarmersAlmanac.com.)
- June 14, 1946 was the birth date of our current President.

Our local Boy Scout Troop #516 has established flag collection boxes for the proper disposal of old or worn American flags. The program was originally created by an Eagle Scout for his project and has been going strong for many years. You can drop off your flags at the boxes

located by Kenyon Noble and Murdoch's. The Troop will service these boxes and make sure the flags are properly disposed of. Additionally, you can also bring flags to the American Legion for proper retirement.

Here in Livingston, the Sons of the Legion have a residential flag program where

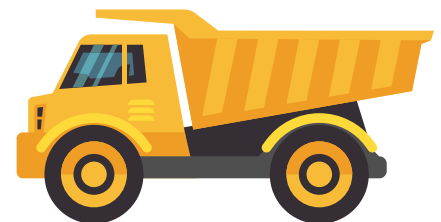
homeowners and renters alike can receive a free flag to display at their home. Please call the Legion to inquire further about the program at 406-222-1052.

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Nutrient-Dense Vegetables

It's no secret that veggies—loaded with fiber, vitamins, minerals, and antioxidants—are a must-have in a healthy diet. While all vegetables are nutritious, some are more nutritious than others. If you're looking to spice up your diet with nutrient-dense veggies, try adding these cruciferous, root, and other notable vegetables to the menu.



"Watercress"

The Centers for Disease Control (CDC) examines nutrition density of produce based on its concentration of essential vitamins and minerals. They found that leafy greens, like spinach, chard, and beet greens, all have scores ranging in the 80s. But the only vegetable to earn a perfect score of 100 is watercress. I can't say I have ever come across watercress greens at the local grocery store. You are likely to find it at a farmers market or the health-food store in season. Watercress is peppery, slightly bitter, and tastes great added to a salad or a stir fry. Packed with nutrients, the vitamin content of watercress spans the alphabet. "It's an excellent source of vitamins A, C

and K," says BreAnn Erickson, RDN from St. Vincent's Medical Center. "Watercress can help with bone health, blood clotting, vision, and immune health, to name just a few of the benefits." Now let's look at some other fresh produce available all year round. Here are five more of the most nutrient-dense veggies you can put on your plate.

Spinach— This leafy green veggie tops the chart as one of the nutrient densest vegetables. That's because one-cup of raw spinach has 16% of the Daily Value (DV) for vitamin A plus 120% of the DV for vitamin K—all for just 7 calories. Rich in vitamin C, folate, and iron as well, spinach also boasts antioxidants, which may reduce your chance of developing diseases such as cancer as per National Institute of Health (NIH).

Carrots— Delivering 119% of the DV of vitamin A in just a one-cup serving. They also contain vitamin C and potassium, along with beta-carotene, an antioxidant that creates the vibrant orange color. Your body converts beta-carotene into vitamin A. That's why they say carrots are great for the eyes. One study from PubMed stated of more than 57,000 people queried, they associated eating at least 2–4 carrots per week with a 17% lower



risk of colorectal cancer in the long run. In a review of 18 studies, they also found that carrots may also reduce the chance of developing lung cancer.

Broccoli— Just one cup of raw broccoli offers 77% of the DV for vitamin K, 90% of the DV for vitamin C, and a good amount of folate, manganese, and potassium. It is rich in a sulfur-containing plant compound called glucosinolate, as well as its byproduct sulforaphane. It may be able to help protect against cancer, as well as decrease inflammation linked to chronic conditions like heart disease, according to the NIH.

Garlic— While most people consume a small amount of garlic as a flavoring in cooking, it is very nutritious and fairly low in calories. One clove of garlic has about 4.5 calories. As per USDA.gov, it contains nutrients such as selenium, vitamin C,



vitamin B6, and fiber. It has also been used as a medicinal plant for millennia. Raw garlic offers numerous health benefits, including boosting immunity and potentially improving brain function. Its sulfur-containing compounds like allicin and its antioxidants

may help reduce inflammation, lower cholesterol, and regulate blood sugar levels. Allicin has also been shown to aid blood sugar and heart health. Although further research is needed, the NIH

states that studies suggest it has powerful cancer-fighting properties.

Kale—A cup of raw kale is loaded with potassium, calcium, copper, and vitamins A, B, C, and K. Consuming kale as a powder (made from dried leaves) or drinking its juice has been found in various studies to support blood pressure, cholesterol, and blood sugar levels. (That said, NIH believes more research is needed to confirm these findings specifically.) In one small study, also per NIH,

eating kale alongside a high-carb meal was more effective at preventing blood sugar spikes than eating a high-carb meal alone.

Bottom Line? Not only are most vegetables brimming with antioxidants and an array of essential vitamins and minerals, but they also offer health-promoting properties. One thing to remember is how you prepare them affects the nutrient values. In most cases, eating them raw will be the most nutritious. The next healthiest methods are: steaming, stir fry, grilling, and roasting. Choose organic when you can, or better yet, growing your own veggies will undoubtedly give you the highest nutrition and ensure you're keeping pesticides off your plate.

For the best health outcomes, try to consume a variety of colorful vegetables to take advantage of their unique health benefits. Be sure to include them as part of a big, beautiful plate for a balanced diet.

[Daily Values from USDA.gov. Other sources NIH.gov, PubMed and Healthline.com.]



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Meals for June 9th - 13th

Monday, June 9th - Chicken salad, crackers, cucumber salad, pears, milk

Tues., June 10th - Tomato soup, grilled cheese, applesauce, milk

Wed., June 11th - Swedish meatball casserole, rice, peas, cake, fruit cocktail, milk

Thurs., June 12th - Macaroni & cheese, little smokies, green beans, watermelon, milk

Friday, June 13th - Fish fillet, coleslaw, fries, tartar sauce, cake, banana, milk



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Recipe by Carla Williams

RECIPE CORNER

Hawaiian Chicken Sheet Pan

INGREDIENTS:

- 1 lb boneless, skinless chicken breasts, thinly sliced
- ½ cup pineapple chunks, drained
- ¼ cup teriyaki sauce
- ¼ cup honey
- ¼ cup soy sauce
- 1 tbsp rice vinegar
- ½ tsp red pepper flakes (optional)
- 1 cup cooked rice
- ½ cup chopped broccoli
- ½ cup chopped red bell pepper





Photo Credit: recipemasterpiece.com

DIRECTIONS:

1. Preheat the oven to 400°F (200°C). Line a large baking sheet with parchment paper.
2. In a medium bowl, whisk together the teriyaki sauce, honey, soy sauce, rice vinegar, and red pepper flakes.
3. Add the sliced chicken to the bowl and toss until evenly coated. Marinate for at least 15 minutes.
4. Spread the marinated chicken in a single layer on the prepared baking sheet.
5. Arrange the pineapple chunks, broccoli, red bell pepper, and cooked rice around the chicken, keeping everything in a single layer.
6. Bake for 20–25 minutes, or until the chicken reaches 165°F (74°C) and the vegetables are tender.
7. Remove from the oven and let rest for 2 minutes.
8. Serve hot by scooping chicken, pineapple, vegetables, and rice onto each plate.



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Should you pay off debts or invest?

Some financial decisions can be challenging—like whether to use your money to reduce your debt or to invest. If you already have a significant amount of debt and not a lot in savings or investments, it can be hard to figure out which issue should be a priority.

There's no simple answer, and everyone's situation is different, but here are a few suggestions for helping you make a good choice:

- **Evaluate your cash flow.** If you already have enough after-tax income to meet

your monthly living expenses, you might lean toward investing any leftover cash, but if you are just getting by, possibly due to heavy debt payments, then you might be better off using your funds to reduce your debt load.

- **Build an emergency fund.** Paying off your debt as fast as possible may seem like the responsible thing to do, but not having an adequate emergency fund or saving for your future could leave your fi-

nances at a permanent disadvantage. It's a good move to have an emergency fund containing three to six months' worth of living expenses, with the money kept in a liquid, low-risk account. Once you have such a fund, you could use it, instead of going into debt—or adding to your debt—to pay for unexpected costs, such as a new furnace or a major car repair.

- **Evaluate your debts.** Some of your debts are actually more "expensive" to you than others. This expense level doesn't necessarily refer to the size of the debt, however. You might have a large mortgage, for instance, but because your interest payments are typically tax deductible, your "after-tax" interest rate may be relatively modest. Therefore, you might consider investing rather than paying down your mortgage. But if you have consumer loans or credit cards that carry a high interest rate and whose interest payments are not deductible, you might be better off paying down or refinancing this debt.

- **Take advantage of any employer match.** If your employer sponsors a retirement plan and offers a match, you will want to prioritize contributing at least what is required to receive the match. It's essentially free money. So, if your employer matches up to 3% of your contributions,

for example, you should contribute at least 3% of your income to this retirement account. Additionally, some employers will match a portion of your contributions to a Health Savings Account. Eventually, you'll likely want to get to a point of saving more than just the match, but you'll have to weigh the benefit of additional contributions against the cost of any debt you're carrying.

- **Make it easier on yourself.** To make achieving these goals easier, automate as much as you can. For example, you can divert part of your paycheck into an emergency savings account or a retirement account through automatic payments for any debt reduction or savings needs.

While it may seem like a huge endeavor to pay off your debt while still saving for the future, it doesn't have to be. Taking small, incremental steps is key to helping you get to where you want to go.

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This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

The Livingston Depot Center Celebrates the American Grizzly Bear With Series of Public Events and Featured Exhibit

On Friday, June 13th, the Livingston Depot Center and Elk River Arts and Lectures Host a Special Screening of the film, *Beast of Our Time*, within the exhibit gallery. The film will be followed by commentary and discussion with the film's director, Maikke Middleton. Grizzly expert and author Doug Peacock as well as author and biologist Susan Consolo-Murphy will join the discussion moderated by Marc Beaudin.

The evening will explore humankind's current and future effects on the grizzly while being physically surrounded by the imagery of our complex, and often fraught, history with bears. The community is invited to delve deeper into the history of the grizzly during a guided gallery tour on Saturday, June 14th with historian Lee Silliman, curator of the featured exhibit.

The Beast of Our Time, a 28-minute, award-winning documentary produced by *Save the Yellowstone Grizzly*, is an unflinching inquiry into the relationship between climate change and grizzly bears. The film, directed by Maikke Middleton, is narrated by Academy Award-winning actor Jeff Bridges and scored by pianist Bill Payne of Little Feat. A partnership between the Depot and Elk River Arts & Lectures brings a screening of the film on June 13th at 6 pm that will be followed by a discussion on grizzly biology and conservation.

Maikke Middleton is the director of two films by *Save the Yellowstone Grizzly*: *The Beast*

of Our Time: Grizzly Bears and Climate Change and *Return of the Grizzly*. Born in The Netherlands and raised in Montana, she has filmed wildlife globally, including pumas in Patagonia and Amur tigers in Russia. Maikke is dedicated to impactful storytelling and her work includes collaborations with Smithsonian, Nat Geo, Netflix, BBC, PBS, and Arte.



Sue Consolo-Murphy, Resource management expert and author of *The Bears of Grand Teton: A Natural and Cultural History*.

Sue Consolo-Murphy, author of *The Bears of Grand Teton: A Natural and Cultural History*, retired in 2019 as Chief of Science and Resource Management at Grand Teton National Park. With a 40-year career in the National Park Service, she held various roles including cultural resources chief and editor of *Yellowstone Science*.

Doug Peacock is an author known for books like *Was It Worth It?* and *Grizzly Years*, reflecting his passion for defending wilderness areas and the grizzly bear. A Green Beret medic in Vietnam and the inspiration for a character in *The Monkey Wrench Gang*, he writes extensively on wilderness issues. Peacock co-founded Round River Conservation



Doug Peacock, Director at *Save the Yellowstone Grizzly* and author of *Was It Worth It? A Wilderness Warrior's Long Trail Home*

Studies, aiding in the preservation of 20 million acres, and *Save the Yellowstone Grizzly*, which advocates for grizzly bears in the lower 48 states.

All are welcome to join the screening of *Beast of Our Time* and panel discussion Friday, June 13th starting at 6 pm. The event is free and light refreshments will be provided.

Featured Exhibit: "The Grizzly Bear Illustrated: 1828 - 1943" Ursus Horribilis: The Grizzly Bear Illustrated is curated by Lee Silliman and explores the complex interactions between humans and grizzly bears on the early western frontier. Through works by 19th and 20th-century artists like Karl Bodmer and Frederic Remington, the exhibit reflects an era in the tangled relationship between humans and this iconic symbol of the American West. A gallery tour and illustrated lecture will bring the exhibit to life on June 14th at 10 am.

Curator Lee Silliman will vividly sketch, using vintage imagery and anecdote, the story of the North American grizzly bear on the western frontier. Indeed, grizzly stories yielded a wealth of information about the demeanor and strengths of the grizzly bear as it related to other animals and to humans. Also, the artistic creation and distribution of some prints is a short story in itself.

The guided gallery tour and illustrated lecture begins at 10 am Saturday, June 14th. This free event features historian and exhibit curator Lee Silliman. Light refreshments will be provided.

The Livingston Depot Museum

The historic Livingston Depot Center's railroad history museum is open through Labor Day, Monday through Saturday 10 am to 5 pm. The beautifully restored Northern Pacific Railroad station, dating back a century, is a remarkable exhibit in itself. The Depot's flagship exhibit, *Rails*

Across the Rockies: A Century of People and Places, provides captivating insight into Montana's railroad history and the grandeur of train travel. The exhibit highlights Livingston as the gateway to Yellowstone since the 1880s, particularly focusing on the Northern Pacific's pivotal role in Yellowstone's establishment as America's first national park. In addition to its main exhibit, the museum presents *The Livingston Depot in History and Architecture*, and *Remarkable Migrations*, as well as the featured special exhibit.

The Livingston Depot Center is located at 200 West Park. There is a nominal admission, and group visits are also welcome by special arrangement. Additional information can be obtained by visiting www.livingstondepot.org.



The Alaska Brown Bear by Louis Agassiz Fuertes 1918, color halftone Wild Animals of North America by Edward W. Nelson Ours Brun (Ursus Arctos) by Manceau, 1861, copper engraving, hand-tinted, Dictionnaire Universel d'Histoire by Charles H.D. d'Orbigny

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"Offerings From My Heart"

The Danforth Museum of Art (DMA) will present *Offerings From My Heart*, a multimedia exhibition by Missoula artist **Stella Marie Nall**, from June 6 to July 27, 2025. The exhibit will feature Nall's ongoing exploration of identity, culture, and belonging through painting, printmaking, and beadwork.

This exhibit is a lead-in to Nall's show at the IAIA Museum of Contemporary Native Arts (MoCNA), in Santa Fe, NM, February 6 to June 14, 2026.

The complexities of Nall's identity as a queer, mixed-race Indigenous woman play a central role in her creative practice. Due to blood quantum standards, Nall is classified as a First Descendant



First Descendant Sterile Hybridity

of the Apsáalooke (Crow) tribe, and is therefore not a fully enrolled member. She shares her distinct voice through her artwork with three goals in mind: to process her experiences, to connect with others, and to advocate for change.

Originally from Bozeman, Nall earned a BFA in Printmaking, a BA in Psychology, and a minor in Art History and Criticism from the University of Montana in

2020. Now based in Missoula, Montana, she is represented by Radius Gallery.

Her art can be found in public collections, including The Montana Museum of Art and Culture, The Smithsonian National Museum of the American

Indian, and The IAIA Museum of Contemporary Native Arts. Her murals bring vibrant, whimsical, and place-based storytelling to a variety of public spaces—from schools and parks to alleyways and beyond.

Publications featuring her work include Scribendi, Cutbank, Denver Quarterly, McClain's Printmaking Catalog, Montana Quarterly, The Thälweg, Stray, Word Dog, and Poetry Northwest.

"While I seek to make art that is compelling in concept and aesthetically pleasing, what I most strive for is connection—connection to others, to the earth, connection to my own heritage and the history of my ancestors. Love, loss, community, tribal laws and my own identity are subjects I return to again and again in my work."

The DMA will host an opening recep-



Three Heads to Combat Indecisiveness
Acrylic, wood carving on panel

tion for *Offerings From My Heart* on Friday, June 6th, 2025 from 5 to 8 pm.

Admission to the Danforth Museum of Art is always free.

The DMA is located at 106 North Main Street, Livingston, Montana, and is open Tuesdays–Saturdays, Noon to 4 pm. You can learn more at www.TheDanforth.org.

Poet Sonja Swift Brings Wolf Book to Elk River Books

California-based poet Sonja Swift presents her multi-genre look at wolves, *Echo Loba, Loba Echo: Of Wisdom, Wolves and Women*, at Elk River Books located at 122 S. 2nd Street on Thursday, June 12th, at 7 pm. A book signing and reception will follow.

Echo Loba, Loba Echo is a story about the metaphor of the wolf and how this is echoed in the lives and minds of people: a metaphor that embodies worldviews colliding, and the collision, the fallout, we live with still. It is a story about wolves' own cultures, survival stories, acts of rebellion, and vital roles in maintaining healthy territories. And it is also a story about what we have been told to forget, or never even knew, and what wolves show us about ourselves.

Through essay and poetry, the metaphor of the wolf, and *loba* (for she-wolf) is examined the way one might observe the light off a prism, in multi-dimensional ways.

The book, which features a foreword by acclaimed Anishinaabe writer Winona LaDuke, is a "thought-provoking look at the relationships among humans, the land, and other species; and a call for a profound and imperative change in these relationships—a call for co-existence and respect," writes ecologist and author Barbara J. Moritsch.

"Meticulously researched and beautifully rendered, *Echo Loba* spans continents, languages, traditions, and genres," notes Seema Reza, author of *A Constellation of*

Half-Lives. "Through visceral poetry and clear, lyrical prose, Swift shows us how the destruction of wolves is related to the destruction of our relationship with the Earth. This hybrid work is an incantation, a spell, a dream."

Swift is a writer and poet of hybrid forms. Her work has appeared in *Dark Matter: Women Witnessing*, *Landscape Magazine*, *Catamaran Literary Reader*, *Fire & Rain: Ecopoetry of California*, *Rock & Sling*, *Barren Magazine*, *Wild Gods*, *Kestrel Journal*, and *The Madrona Project: Human Communities in Wild Places*, among others. She is the author of *Alphabet Atlas*, a chapbook of prose poems published by Deconstructed Artichoke Press and *Tarot of Transformation*, a series of short stories published by True Story. She holds an MFA in writing from California College of the Arts, an individualized MA from Goddard College and a BA in cultural ecology from the University of California Santa Cruz.



For those who can't attend in person, the event will live-stream at [YouTube.com/ElkRiverBooks](https://www.youtube.com/ElkRiverBooks). For more information, send an email to info@elkriverbooks.com or call (406) 333-2330.

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"Enjoying the Journey"

by Lois Olmstead

Since my Dad's birthday is June 5th, I wanted to share a letter I wrote to him a few years ago before he went to heaven in 2016.



Dear Dad:
You know how difficult it has always been for me to follow your instructions. I remember how you'd give me directions for chores. You would tell me to give two flakes of hay to the horses, feed a bucket of grain to the 4-H calves and bring in three loads of wood. You would repeat it twice while I was getting my coat. Then I would race out to the barn, give the horses two buckets of grain, feed the calves three flakes of hay and bring in one load of wood.

I should have listened.
I remember when you told me not to drive the old Plymouth because it didn't have brakes. But when Mom told me to get a jug of milk from the neighbors, I jumped into the Plymouth and zoomed over the hill. Going down the first hill I remembered what you said, but it was too late.
I drove like Mario Andretti over the hills and around the corners right into their yard. I thought the only way to stop was to aim at something bigger than the car, so I headed for their barn. I only knocked out three cinder blocks. I jumped out of the car and looked toward home. I could see the cloud of dust billowing like a hurricane down our road. You made it in record time. I am sure you thought I was killed.
I should have listened.
I was eight when you taught me to drive on the little Ford tractor. I guess I always had a heavy foot. I never left the house

without ten minutes of driving instructions. I remember when I was driving from Billings to Livingston to teach sewing lessons. I had coffee with you one night before I drove the hundred miles back home.

"Now, there are lots of deer on the road by Big Timber, so you drive slow!" you said. I should have listened.

A highway patrol pulled me over for speeding. When he came up to the car, I said, "Drats! My Dad told me to watch out for deer. He didn't say a thing about patrolmen!"

He didn't crack a smile as he wrote out my ticket. I thought you'd never find out. But you went to Big Timber to get your hair cut (they still charged \$1) and read it in their paper!

I should have listened.
I think you lost most of your hair when I started to date. You told me where I could go and when. You checked on their driving. You told me what time to be in and not to "park" in the yard after I got home. I didn't listen. You reminded me by blinking the yard light. I wasn't too worried about one

blink, but three blinks meant my date had over-extended his welcome.

I listened.
You were very strict. And I certainly got a goodly number of educational lessons applied to my backside when I was young (I still think I got more than Ron got!). However, strict as you were, I never had a single doubt about your immense love for us kids. You always let us know how much you loved us.

I listened.
You taught us most by example. I think I was about 10 when you and Mom gave your lives to the Lord. And every night before you went to bed, you knelt by that white footstool in the living room and prayed. Every morning, I would see you reading your Bible before you went out for chores. You taught me that living for the Lord was a daily walk, not just a Sunday affair.

So Dad as your birthday rolls around again, may I just say what a privilege it is to be your daughter... and I am still practicing on that listening part!
Happy Birthday Dad, I miss you!



Local Church Services

American Lutheran Church
129 South F Street, Livingston
Pastor Melissa Johansen
Sunday worship 9 am, elevator avail.
406-222-0512 • alclivingston.org

Church of Christ
919 W Park St, Livingston
Sunday worship 10:30 am
406-222-2017 • church-of-christ.org

Church of Jesus Christ of Latter-Day Saints
12 White Lane, Gardiner
David Gilbert branch President
Sunday worship 10:00 am
406-848-7509 • lds.org

Church of Jesus Christ of Latter-Day Saints
110 West Summit St., Livingston
Bishop Trevor Strupp
Sunday worship 10:00 am
406-222-3570 • lds.org

Emmaus Lutheran Church
801 East Park Street, Livingston
Reverend Daniel Merz
emmauslutheranmt@gmail.com
emmauslutheranmt.org

Expedition Church
27 Merrill Lane, Livingston
Pastor Darryl Brunson
Sunday worship 10:00 am
406-224-1774 • expeditionmt.org

First Baptist Church
Crossing Community Church
202 East Lewis St., Livingston
Pastor Bryce Maurer
Sunday worship 10:45 am
406-222-1603 • fbclivingston.org

Gardiner Community Church
318 Main Street, Gardiner
Reverend Jeff Ballard
Sunday worship 10:15 am
406-848-4060

Gardiner Baptist Fellowship
802 Scott Street, Gardiner
Pastor Britton Gray
Sunday worship 11:00 am
406-223-4478

Grace Methodist Church
302 South 9th St., Livingston
Pastor Mari-Emilie Anderson
Call/visit website for worship times
406-222-1041
www.methodistsontheyellowstone.org

Holbrook United Methodist Church
424 Lewis Street, Livingston
Call/visit website for worship times
406-222-1041
www.methodistsontheyellowstone.org

Kingdom Hall of Jehovah's Witnesses
1505 E Gallatin St., Livingston
Sunday Public talk and Watchtower 10:00 am
406-222-2012 • jw.org

Living Hope Church
226 South 3rd St., Livingston
Senior Pastor Shad Durgan
Sunday worship 8, 9:30 and 11 am
406-222-1577 • livinghope.church

Livingston Bible Church
329 North 5th St., Livingston
Pastor Monte Casebolt
Sunday worship 10:30 am
406-222-2714 • livingstonbible.org

Livingston Christian Center
(Assemblies of God)
1400 Mount Baldy Dr., Livingston
Pastor Dave Brakke
Sunday worship 10:00 am
406-222-3144
livingstonchristiancenter.com

Livingston Church Of God
101 South O Street, Livingston
Pastor Ed Parrent
Sunday worship 10:30 am
406-220-0620

Mountain Bible Church
18 Pine Meadow Rd., Livingston
(off Pine Creek Rd and Hwy 89)
Pastor Brandon Reagor
Sunday Worship 10:00 am
406-219-7628 • mtbible.org

Mount Republic Chapel
240 US Hwy 212, Cooke City/Silver Gate
Reverend Don Taylor
Sunday worship 9:30 am
Check the website for seasonal worship times
406-838-2397
mtrepublicchapel.org

Mountain Springs Baptist Church
626 North 13th St., Livingston
Pastor Justin Sutherland
Sunday worship 11:00 am
406-222-1240
mountainspringsbaptist.com

Paradise Valley Community Church
1772 East River Rd., Livingston
Pastor Andrew Alberda
Sunday worship 10:30 am
406-333-4905
paradisevalleychurch.org

Pine Creek United Methodist Church
2470 East River Rd., Livingston
Pastor Mari-Emilie Anderson
Call/visit website for worship times
406-222-1041
methodistsontheyellowstone.org

Redeemer Lutheran Church
425 West Lewis St., Livingston
Sunday worship 11:00 am
406-222-1175
www.rclivingston.wordpress.com

The Summit Lighthouse
Contact us for worship service and conference times
63 Summit Way, Gardiner
406-848-9200
SummitLighthouse.org

Seventh-Day Adventist Church
1 Guthrie Lane, Livingston
Pastor Rene Marquez
406-222-7598
livingstonmt.adventistchurch.org

Shields River Lutheran Church
105 Ordway St. South, Wilsall
Sunday worship 9:00 am
406-578-2212
srlcwilsall.wordpress.com

Shields Valley Bible Church
405 Fifth St. West • Clyde Park
Pastor Glen Helig
Sunday worship 11:00 am
406-686-4708

St. Andrew's Episcopal Church
310 West Lewis St., Livingston
Reverend Kristin Orr
Sunday worship 10:30 am
406-222-0222
saintandrewsepiscopalchurch.org

St. John's Episcopal Church
8 Story Road, Emigrant
Reverend Kristin Orr
Sunday worship 8:00 am
stjohnspv.org

St. Joseph's Catholic Church
910 McLeod St., Big Timber
Father Garrett Nelson
Sunday worship 2:00 pm
406-932-4728

St. Margaret's Catholic Church
206 1st Avenue North, Clyde Park
Father Garrett Nelson
Service Saturdays 4:00pm
406-222-1393
stmaryscommunity.org

St Mark's Church Universal And Triumphant
130 South D St., Livingston
Sunday worship 10:15 am
406-222-2675

St. Mary's Catholic Church
511 South F St., Livingston
Father Garrett Nelson, Pastor
Saturday 6:00 pm year-round
Holding Services since 1891.
Sunday at 10:30 am April thru Sept.
Sunday 8:00 am October to March
406-222-1393 • stmaryscommunity.org

St Paul's Evangelical Lutheran Church
1116 W Geyser St., Livingston
Pastor Paul Stern
Sunday worship 10:15 am
406-222-3372 • stpaulslivingston.org

St. William's Catholic Church
705 West Scott St., Gardiner
Father Garrett Nelson
Sunday worship 8:00 am April-Sept
Sunday 11:00am October to March
406-222-1393 • stmaryscommunity.org

Valley Shepard Church of the Nazarene
Services are presently online.
Please call for instructions to view a service.
Reverend Christie American Horse
Livingston • 406-223-1072

Wilsall Community Church
112 Liquin Hill Rd., Wilsall
(west of Hwy 89 North; take Clark St to Liquin)
Pastor Stephen Fanning
Sunday worship 10:45 am
406-578-2004 • wilsallcchurch.com

United Methodist Grace Church
302 South 9th St., Livingston
Pastor Mari-Emilie Anderson
Sunday worship 5:00 pm
406-222-1041
www.methodistsontheyellowstone.org

Proverbs 10:7 - The name of the righteous is used in blessings, but the name of the wicked will rot.

Park County
Community Journal

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\$8/month (Delivered) or \$10/month (Mailed)



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PO BOX 1851 • LIVINGSTON, MT 59047 • 406-613-9615



Monday - Weekly

WEEKLY TAI CHI at the Park County Senior Center, 206 S. Main St., Lvg. Every Monday at 10 am. Free to everyone.

WEEKLY PINOCHLE at the Park County Senior Center, 206 S. Main St. Mon. & Wed. evenings at 6:30 & Tues. at 1 pm. Free for members, \$2 per afternoon game for non-members.

Tuesday - Weekly

WEEKLY MEDITATION at the Park County Senior Center, 206 S. Main St., Lvg. Every Tuesday at 1 pm. Free to everyone.

WEEKLY PINOCHLE at the Park County Senior Center, 206 S. Main St., Livingston. On Monday and Wednesday evenings at 6:30 and Tuesdays at 1 pm. Free for members, \$2 per afternoon game for non-members.

WEEKLY PINOCHLE at the Shields Valley Senior Center in Wilsall, 202 Elliot Street, every Tuesday at 1:30 pm.

CAREER ASSISTANCE - Livingston Chamber of Commerce and Job Services of Bozeman are providing on-site career & employment services once a week in Livingston, at the Chamber. Workforce consultants will be available from 9 am to 3 pm at 303 East Park St. Contact Leslie at the Livingston Chamber (406) 222-0850 or Ellen at Job Service Bozeman (406) 582-9237 for more info.

Wednesday - Weekly

BINGO NIGHT AT THE OFFICE - The Office Lounge at 128 S. Main Street is hosting Bingo, 6:30-9:30 pm.

FAMILY KARAOKE NIGHT - 49er Diner at 404 E. Park Street is hosting Family Karaoke night from 6-8 pm. More info, 406-222-8204.

WEEKLY PINOCHLE at the Park County Senior Center, 206 S. Main St., Livingston at 6:30 pm. Free for members, \$2 per afternoon game for non-members.

Thursday - Monthly

DIABETES SUPPORT GROUP - Livingston Health Care (LHC) is offering a free adult diabetes support group, for Type 1

or Type 2, on the first Thursdays of each month in the LHC Conference rooms, 320 Alpenglowl Lane, at 5:30 pm.

June 1 - MASS ASCENSION OF KITES - Gather your kites and head to the Northside Park at 14th & Summit in Livingston from 9 - 11 am for this family-friendly fun kite flying event. Make a wish for good winds!

June 3 - SPEAKER SERIES - Join the Yellowstone Gateway Museum and Foundation for a FREE lecture by Rob Thomas PhD as he discusses the Geologic History of Montana at The Shane Center, 415 E. Lewis Street starting at 7 pm.

June 4 - GEOLOGICAL ROMP - Yellowstone Gateway Museum is hosting the Geology of Paradise: Bus Tour Adventure in Roadside Geology with Dr. Rob Thomas, 7:30 am to 3:30 pm. This adventure through Paradise Valley is on a chartered bus featuring the "Big History" of geology and some of the oldest rocks on the planet, right here in our backyard. Registration is required, please go online to ygm-shop.shoplightspeed.com or call the museum at 406-222-4184 and leave your name, phone number and the number of tickets you would like.

June 4 - LIVINGSTON FARMERS MARKET - Join in for the first farmers market of the season! Taking place at the Miles Park Band Shell, 229 River Drive, 4:30 - 7:30 pm, rain, wind or shine! Fresh foods from local producers, weekly performances by local musicians and diverse offerings from local vendors.

June 5 - SUMMER OUTDOOR CONCERT SERIES - Live music under the Henry Blake Pavilion at The Shane Center, 415 E. Lewis Street, starting at 4 pm when the food trucks begin and the music starts at 5 pm featuring the Fossils.

June 6-8 - WILD HORSE & BURRO ADOPTION taking place at the Park County Fairgrounds, 46 View Vista Drive in Livingston, public viewing is Friday from 3 - 7 pm. Adoption

Calendar of Events runs every week. To place your event on the calendar please email the information to community@pccjournal.com or drop off your information at the PCCJ office at 108 N. Main Street.

Cost is \$8/week for up to 50 words, 51-100 words is \$10/week, maximum word count is 100 words please. Deadline is Monday's at 5:30 pm for the following issue that will hit the streets on the following Friday.

event is Saturday and Sunday from 9 am - 6 pm. For more information about adoption requirements visit https://www.blm.gov/sites/default/files/docs/2023-01/BLM_WHB_AdoptionRequirementsFlyer-508.pdf. For event details, contact 406-720-0385 or BLM_MT_LLMT931_WHB@blm.gov.

June 7 - 19TH ANNUAL CAR SHOW - Downtown Livingston on Main Street from 12 to 3 pm. Outdoor fun with historic cars, vendors and music.

June 7-8 - PARK COUNTY MOTOR VEHICLE PARK - Family fun for all ages at the Park County Motor Vehicle Park MudBog and Tuff Trucks event in Livingston, Exit 337 then follow the signs. Kids dash for cash, raffle baskets, and vendors on site. Bleachers available, chairs welcomed. For more information go to ParkCountyMVP.com.

June 8 - VEGAN POTLUCK, Join them at the Park County Senior Center at 206 S. Main St. at 4:30 pm. You don't have to be vegan, but the food does. Please bring a dish to share that is free from meat, eggs, dairy, honey, and gelatin. You can keep it simple by bringing chips & salsa, fresh fruit, pickles or olives, or a green salad. Sharing delicious food and recipes with fun people who care about their health, the planet and most of all—the animals!

June 9-12 - ELKS JUNIOR GOLF CAMP - Taking place at the Livingston Golf & Country Club, 44 View Vista Drive from 8 - 11 am. Call the golf shop for more details and to sign up, 406-222-1100.

June 12 - SUMMER OUTDOOR CONCERT SERIES - Live music under the Henry Blake Pavilion at The Shane Center, 415 E. Lewis Street, starting at 4 pm when the food trucks begin and the music starts at 5 pm featuring Jon Robert Y Pan Blanco.

June 13 - DEPOT MUSEUM - 6pm - Film Screening & Panel Discussion "The Beast of Our Time." Free and open to the public. Light refreshments available.

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LIVINGSTON, MT



Pit Stop
SPECIALS

Montana Draft Beer \$ 4
Domestic \$ 3

Burnt Ends
Sandwich \$13

\$ 10 Dollar
Match Play



BREAK time

Montana Fun Facts!

About 70 percent of Montana's streamflow originates from melting snow. 98 percent of all water used in the state goes towards agricultural irrigation.

The Clark Fork discharges the greatest volume of water of any river exiting the state.

There are more than 3000 named lakes and reservoirs in Montana. These include the Flathead Lake, which is the largest natural freshwater lake in the U.S. In fact, the Glacier National Park is host to 250 lakes and many of them are within Montana's boundaries.

ACROSS

- 1. It's pumped
- 4. Wound evidence
- 8. Hot rock
- 12. Ballet step
- 15. Perimeter
- 16. Per capita
- 17. Of an epoch
- 18. Little devil
- 19. Enjoyed wings
- 20. Cropland measure
- 21. Maui goose
- 22. Evian or Vichy
- 23. Jazz style
- 25. Hilton rival
- 27. Chemical compound
- 29. Wither
- 31. Brioche
- 34. Business
- 35. Eye part
- 37. Antiseptic
- 39. Cleanser ingredient
- 42. Dupe
- 43. Garden soil
- 44. Impatient
- 45. Oahu, e.g.

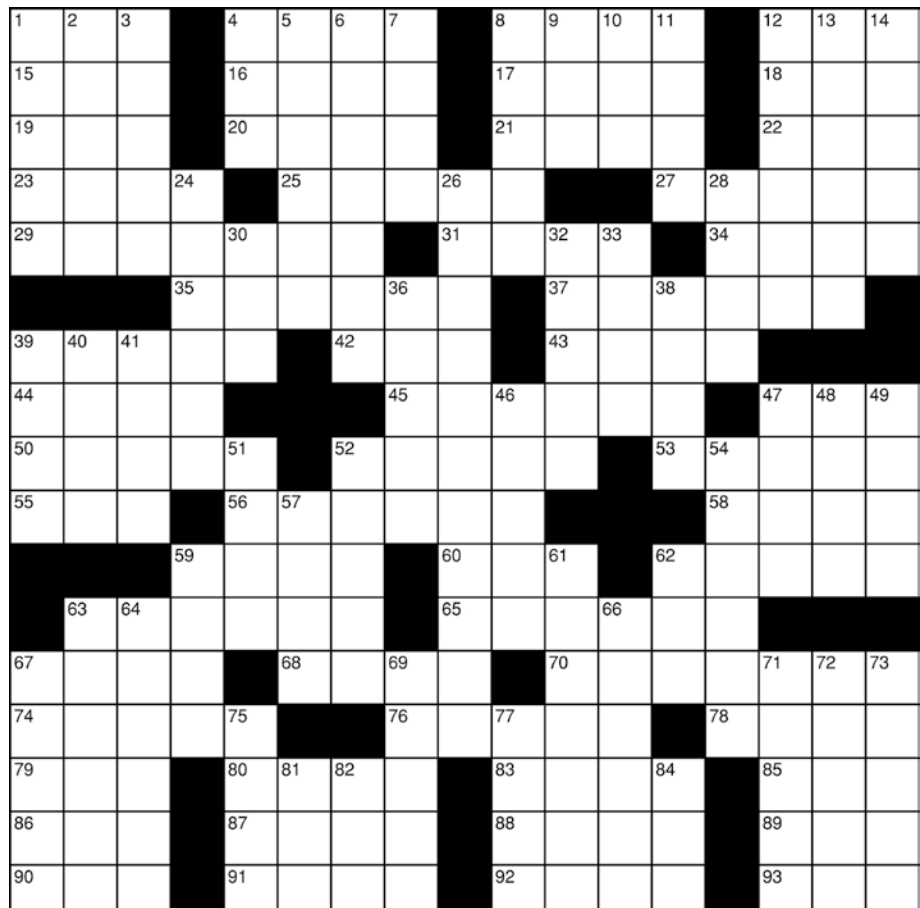
- 47. Annex
- 50. Flood wall
- 52. Gelatin dish
- 53. Underwater radar
- 55. Previously, in verse
- 56. Dishonor
- 58. Stay
- 59. Polynesian image
- 60. Kind of room, shortly
- 62. Beneath
- 63. Together
- 65. Captivate
- 67. Metric measure
- 68. Visualized
- 70. Fencing thrust
- 74. Certain convent
- 76. Perfume
- 78. Lunch hour
- 79. Account
- 80. Handel bars?
- 83. Arena-shaped
- 85. Appropriate
- 86. "_____ in a Million"
- 87. Be fond of

DOWN

- 38. Nuts
- 89. Two-finger sign
- 90. Embarrassed
- 91. Ship's stabilizer
- 92. Freshly
- 93. Make a blunder
- 1. Lawn
- 2. Eighth letter
- 3. Slander
- 4. Adriatic or Aegean
- 5. Mark of authority
- 6. Artist's medium
- 7. Ratite bird
- 8. Slow, in music
- 9. "You _____ My Lucky Star"
- 10. Moving vehicle
- 11. On the sheltered shore
- 12. Detroit cager
- 13. Current measure
- 14. Burning particle
- 24. Angry speech
- 26. Diaphanous
- 28. Use a natatorium
- 30. Aggravate

CROSSWORD

Puzzle #402



- 32. Purple flower
- 33. Crazy bird
- 36. Clatter
- 38. June honorees
- 39. Cluster
- 40. Greater than
- 41. Split apart
- 46. Sheets, for exam-
ple
- 47. Dye source
- 48. Carpentry joint
- 49. Clued, Piction-
ary-style
- 51. Pressroom word
- 52. Organic com-
pound
- 54. Actress Merle

- 57. Enlarges
- 59. For the _____
- being
- 61. Desert traveling
group
- 62. Hit
- 63. Sophisticated
- 64. Caught
- 66. Optical illusion
- 67. Croc's relative
- 69. Monet's stand
- 71. Dry, white wine
- 72. Hard drinker
- 73. Stage direction
- 75. Meringue's lack
- 77. Roman garment
- 81. Filled pastry
dessert
- 82. Small stringed
instrument
- 84. Attorney's spe-
cialty

Sudoku

Puzzle #137

8	7		5				2	
		9	3					4
	3		2	8				
7					1	4		2
						1		
2			6			8	7	
	4		9	2	3			
	8	5			6			
1	9				8			

Sudoku - #136

SOLUTIONS

Crossword - #401

9	6	8	7	5	3	2	4	1
4	2	5	1	9	6	8	3	7
7	3	1	4	2	8	5	6	9
8	5	7	6	3	2	9	1	4
2	1	9	8	4	7	3	5	6
3	4	6	5	1	9	7	2	8
5	8	4	3	7	1	6	9	2
6	9	3	2	8	4	1	7	5
1	7	2	9	6	5	4	8	3

S	R	I		B	E	A	D		S	P	A	N		D	E	E
H	E	N		O	G	L	E		L	O	N	E		E	V	A
A	L	E		T	O	L	L		E	P	E	E		S	I	R
L	A	R	V	A		E	R	U	P	T		C	E	N	T	
E	X	T	E	N	D		E	T	A		P	A	R	C	H	
			E	Y	E	L	A	S	H		T	O	R	T	E	
Y	A	W	P		L	I	M	P		N	O	S	E			
U	S	A		S	I	S	A	L		I	N	T	E	N	S	E
R	E	R	U	N		T	H	E	F	T		A	R	E	E	L
T	A	D	P	O	L	E		N	E	W	E	L		A	G	A
			L	O	A	N		D	R	I	P		I	R	O	N
			M	E	A	T		D	E	N	T	I	S	T		
C	A	N	N		S	U	N			C	H	E	R	U	B	
A	R	I	D		N	A	S	T		E	R	A	S	E		
C	O	G		T	O	U	T		O	K	R	A		T	U	G
T	O	M		A	N	T	E		R	I	O	T		I	R	E
I	N	A		P	E	E	R		E	T	C	H		O	P	T



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Stunning Wedding Dress - Champagne color, white lace flowers, long, see-thru sleeves, custom lace-up back, size 16. Worn only once, \$150. 406-581-3012.

Chest Freezer - Brand new apartment size chest freezer (21" x 25" x 33"), \$75. Call 406-222-4636.

SERVICES
LGH Remodel/Painting for interior and exterior painting for all types of projects. Call Louis at 406-223-8344. Licensed and insured, local references available.

LEGAL NOTICE
The **Arrowhead School District** will soon **destroy special education/speech-language therapy records** of former students who have been out of school for approximately 8 years. Former students may contact the Arrowhead School at P.O. Box 37, Pray, Montana 59065 within sixty (60) days of this notice if they wish to obtain the information contained in them. Please be reminded that these records may be needed for social security benefits or other purposes. The information to be destroyed shall NOT include data collected on a routine basis that is maintained on all school children (such as the student's name, address, telephone number, grade level completed/year completed). The data to be destroyed shall include information regarding identification, location, evaluation, and other items directly related to special education services which the student received. Persons hav-

ing questions about this process or wishing to request that special education/speech-language therapy records be destroyed may contact the Arrowhead School at (406) 333-4359 for assistance.

HELP WANTED
The Gardiner school is searching for the following coaching positions for the 2025-2026 school year.

- Junior High football (head and assistant), August 15-Oct 15

General duties for the coach.

- Create and implement practice plans for the team.
- Communicate regularly with school administration, athletic director, families, the public, and players.
- Participate in parent meetings, senior night, and awards ceremonies.
- Have an understanding of the game of basketball and a good working relationship with athletes.
- Maintain the values of the Bruin athletic program.
- Must complete the state required coaching classes: MSHA rules clinic (HS), Concussion in Sports (HS and JH) and Fundamental in Coaching (HS), First Aid and CPR (HS and JH)

Please contact Jeannette Bray or Carmen Harbach at the Gardiner school. 406 848 7563. jbray@gardiner.org, or carmen@gardiner.org

Key Insurance in Livingston is looking to hire a **Licensed Insurance Agent** to our team. We are dedicated to providing individuals, families, businesses and their employees with the very best in supplemental benefits. Working hand-in-



hand with our customers, our dedicated sales force provides personal face-to-face service that is almost unheard of in today's business world. We are committed to providing our clients with the right protection, customized to their needs. We offer \$55K to start depending on qualifications. Please contact Alice at 406-222-0944 to schedule an interview or email resume to alice@montanainsurance.net.

Come Join Our Kenyon Noble Team!
Kenyon Noble Lumber & Hardware's Livingston location is currently accepting applications & hiring for **Warehouse Associates** and **Delivery Drivers**. No experience necessary—we will train! Offering competitive wages and great benefits packages. For more information and to see the complete job listing visit us at kenyonnoble.com/jobs. You can also apply online!



Fairgrounds & Parks Crew Staff
Join Our Team This Summer! (multiple positions available) Looking for a fun, active summer job that makes a difference in your community? Join our Fairgrounds and Parks team! We're hiring energetic, reliable individuals to help maintain the **Park County Fairgrounds** and support our events throughout the summer. For full details and requirements visit: https://jobs.parkcounty.org/jobs/148/Fairgrounds-Parks-Crew-Staff#job_148.

Detention Officer—Are You Trustworthy, Self-Motivated and Punctual? The **Park County Sheriff's Office** is looking for two new full-time team members interested in a career in a law enforcement capacity with our Detention Center. Take pride in performing excellent public service to your community thru providing inmate care. Be formally trained in integral aspects of your field such as PPCT-pressure point

control tactics, tactical handcuffing and CIT- Crisis Intervention Training. Shifts are bid by seniority, as follows: 7 am-3 pm, 3 pm-11 pm, 11 pm-7 am. Benefit package includes Sheriff's Retirement System; 3 vacation weeks, 12 sick days, holidays, health and life insurance, AFLAC, discounted local merchants/vendors, etc. Become part of the Park County Detention Staff and serve the community with compassion and caring in the capacity of a Detention Officer. Visit link below for the Job Description for qualifications and additional information. chrome-extension://efaidnbmninnibpcapjpcglclefindmkaj/https://jobs.parkcounty.org/uploads/files/jobs/37/02.2025-Detention-Job-Description.pdf To apply please download the application package, print it out and submit with your updated resume and cover letter by mail to:
Park County Human Resources
414 E. Callender St.
Livingston, MT 59047

Sheriff Deputy
Are You Trustworthy, Self-Motivated and Community Minded? The Park County Sheriff's Office is looking for one new full time team member interested in a career in a law enforcement capacity in service to Park County residents and visitors. Open until filled.

Equipment Operator - Solid Waste POSITION IDENTIFICATION
Work Unit: Solid Waste Department – Collections
Title: Equipment Operator
Supervisor: Solid Waste Foreman
Current Classification:
Pay Grade: 12 (\$22.42 – \$27.62)
Non-Exempt
Permanent Full Time - 5 days per week
Position overview: This position is responsible for the operation of heavy equipment for the Park County Solid Waste Department. This position includes collection of refuse using roll off trucks and front load refuse trucks. Maintenance of collection sites and

equipment is required on a regular basis. Position is subject to the DOT federal drug testing requirements for a Commercial Vehicle License including a two-year clean testing history. You must have a valid license to operate equipment.

Windrider Transit Relief Bus Driver
Park County is seeking a Transit Relief Bus Driver to join the Windrider Transit team. This part-time position (10-15 hours/week) involves safely operating buses, providing excellent customer service to passengers, and ensuring compliance with safety regulations. Ideal for those who enjoy interacting with diverse community members. Candidates must have a valid Montana Driver's license and will be subject to comprehensive drug testing. Join us in serving the community with friendly, reliable transportation services! This job

How to Place your Classified Ad!

We have three classified ad packages to choose from, your ad will be displayed for 7 days, will also be added to the Park County Community Journal website.

1-40 words \$10 • 41-50 words \$12 • 51-70 words \$15

To place your ad go online at www.pccjournal.com or email community@pccjournal.com and someone will call you back for payment.

If you need more space, please call Steph at 406-220-0919 or email Steph at community@pccjournal.com for more information on placing a larger classified ad.

PARK COUNTY DROP IN CENTER **PEER-SUPPORT RECOVERY SERVICES**

WE ARE HIRING

One Full-Time or Two Part-Time Positions Available

CERTIFIED BEHAVIORAL HEALTH PEER SUPPORT SPECIALIST (CBHPSS)

To apply, please email your resume and cover letter to director@pcdropincenter.org

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Park County Dugout is dedicated to covering the issues that impact everyday lives in Park County, Montana.

Our news services cover local community happenings, business news, local sports, and more, 7 days a week.

Our services are designed to bring local community members and neighbors closer to one another with engaging, humorous, inspiring and heartwarming daily local stories.

Published & Created by former Enterprise Sports Editor,
Jeff Schlapp
312-506-7261
jeffschlapp@parkcountydugout.com

Indivisible Park County to Hold Rally

Submitted by Indivisible Park County

On June 14th, Americans will again take to the streets as part of No Kings Day, a demonstration against Trump's actions. In Park County, residents will have two events to attend: a noon rally in Livingston and an evening protest in Gardiner, both of which are organized by Indivisible Park County and the Women's Action Project.

The Livingston rally begins at noon at the corner of River Drive and View Vista Drive near Park High School. From there, protesters will march, chant, and carry signs up Main Street to Park Street, and then back again to the high school. Those who cannot march can meet the group at the corner of Park and Main with their signs.

The Gardiner protest will take place from 6 to 7 pm. Protesters will gather at the intersection of Jardine Road and Scott Street and march, chant, and carry signs.

Both events begin with a food drive to help feed

needy Park County residents. In Livingston, the food goes to the Livingston Food Resource Center, and in Gardiner, it goes to the Gardiner Food Pantry. Neither organization is affiliated with Indivisible Park County.

Organizers ask attendees to bring one or two food items to donate. Suggested donations include canned protein, beans, or vegetables with no added salt; hearty soups and chili; whole wheat pasta; macaroni and cheese; peanut butter without added sugar; cooking oils; cereal without high fructose corn syrup; and canned fruit in 100% juice.

The organizers of both events are committed to peaceful, nonviolent, and respectful action and ask all participants to seek to de-escalate any potential confrontation with those who disagree with our beliefs and values.

For more information, please contact indivisibleparkcounty@gmail.com



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JUNE 19 Pan Blanco	JULY 17 Swamp Dawg
JUNE 26 Tsunami Funk	JULY 24 Release the Squirrels
JUNE 26 Bo DePeña Trio	JULY 31 Tom Catmull Trio

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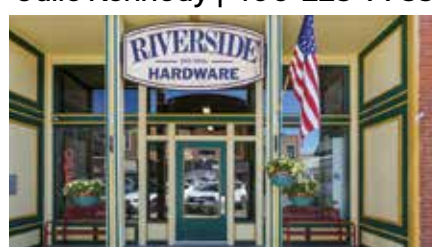
ERALivingston.com | 406.222.8700



726 US Highway 10 W
4 beds 3 baths | 3,277 sq ft
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Julie Kennedy | 406-223-7753



TBD E Lewis Street
Land Listing | 0.16 acres
#400476 | \$199,000
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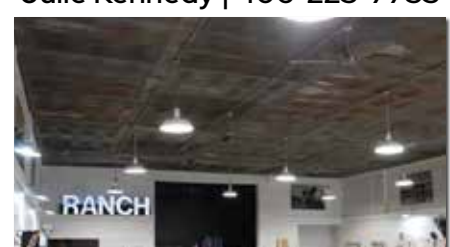
107 S Main Street
Commercial Sale | 7,061 sq ft
#395132 | \$1,950,000
Ernie Meador | 406-220-0231



22 Boyd Road
3 beds 2 baths | 2,724 sq ft
#401769 | \$1,600,000
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49 Two Dot Highway
2 beds 1 bath | 1,160 sq ft
#389858 | \$280,000
Rachel Moore | 406-794-4971



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#389433 | \$495,000
Tammy Berendts | 406-220-0159



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#399280 | \$589,000
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329 S B Street
Commercial Sale | 9,652 sq ft
#401553 | \$1,650,000
Theresa Coleman | 406-223-1405



107 Elliot Street N
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#398072 | Res: #398098 | \$600,000
Tammy Berendts | 406-220-0159



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