

City Manager?

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wilderness. I had never heard of Ketchum or Sun Valley but was feeling inspired and decided on a whim to check it out for myself.

I have since taken a handful of trips for hiking and camping expeditions in the Hemingway-Boulder nature preserve and Sawtooth Mountain range; an exhibition and lecture by world-renown photographer David Yarrow; and sometimes to aimlessly wander Ketchum in search of a decent coffee or reasonably priced meal, both of which are scant in a place filled with exorbitant wealth and a musty air of decadence.

When I arrived that evening the sun was beginning to set over the massive rolling golden hills bellowing their way behind the western row of buildings on Hailey’s main strip, an all too familiar site before reaching Ketchum. When entering Hailey, I spotted a black Lamborghini headed north and tailed it on my way into town. I arrived at dusk and settled myself in for a weekend with what feels like an old friend, but with a renewed perspective.

It would seem like coincidence that earlier in the day I had, for the first time, spoken with the man responsible for handling the city of Ketchum’s financial affairs for five years, Grant Gager—Livingston’s current City Manager. I had reached out to Grant earlier in the week to schedule an introduction and was obligated to forego my typical Friday avoidance routine when he suggested we meet that morning at 11:00 am. On my own terms I was in no position to negotiate otherwise.

Grant had a rural upbringing in eastern Connecticut on a homestead owned by his family since 1640 and earned a bachelor’s degree in economics from the University of Rochester during the 2003 recession period. He first moved to Ketchum, where his brother taught school, as a self-described ski bum selling custom boots at Surefoot before working a procurement gig at Smith Optics, a goggle and sunglass company headquartered in the valley.

Prior to his most recent stint in Ketchum, he would move from east to west, managing capital construction projects for the two largest metropolitan commuter railway systems in the world: New York City’s MTA Commuter Rail Group and Southern California’s Regional Rail Authority— budgeting, financing, and contracting for projects on extensive railway systems transporting millions of people annually across multi-county expanses. During this time Grant earned his MBA at Penn State, graduating in 2010; another era of economic hardship.

Grant then returned to Connecticut with his wife and worked at the state’s general assembly and non-partisan office of fiscal analysis (the legislative budgeting office), collaborating with legislators to formulate and monitor budgets executed by the governor’s office. His first day on the job was the infamous Sandy Hook elementary school shooting. He

would spend his first nine months helping manage the legislative response to the massacre, an intensely stressful process.

Grant and his new family would eventually move back to Ketchum, his wife’s hometown, in June of 2016, where he would interview to become the city’s Director of Finance.

Over the next 5 years, Grant successfully operationalized and implemented several initiatives prioritized by the city council and mayor. He would oversee the construction of a new fire station from beginning to end; as treasurer for both the city and its urban renewal agency, he brilliantly devised a scheme to sell the remaining half of a parking lot co-owned by both organizations to fund the purchase of a new city hall and police building; the former city hall building would be turned over to the Bluebird Village, an affordable housing project.

But Ketchum would become an American epicenter during the pandemic, forcing Grant and his family to endure a seemingly endless series of area-wide closures due to multiple COVID-19 outbreaks. Medical researchers from Seattle and New York conducted a study and determined that at least, and likely much more than 30 percent of the total area’s population presented with viral antibodies by May 2020.

Grant would eventually resign from his position with the city, seeking refuge with his family in a cabin north of Ketchum somewhere near Stanley along the north fork of the Salmon River.

For two years Grant worked remotely as a municipal consultant with communities like Durango and Fort Collins while his children attended a one-room schoolhouse with 20 students, from kindergarten through eighth grade. But Grant and his wife wanted more and began seeking out a new place to call home. Grant’s wife had graduated from Montana State in 2003 and was familiar with the area. “There were some major changes happening in Ketchum. With the construction and development, some of the old buildings were lost. And the middle class had been hollowed out, which didn’t appeal to us. Livingston is a normal town with real people; you don’t see five Ferraris before lunch—which is nice, in my opinion.”

Grant saw a job posting for the City Manager position, applied, interviewed, and was appointed within a few months.

The position of City Manager, as Grant described it, is a threefold responsibility. The city of Livingston is a commissioner-manager form of government in which five elected commissioners appoint a city manager to run the day-to-day administrative affairs for the city on a 30 million dollar budget (an 8 million dollar general fund reserved for daily operations and 22 million in enterprise funds generated by user fees for city utility services like water and waste management) with 150 employees (100 full-time, 30 paid volunteer firefighters, and 20 seasonal employees for parks, public works, and recreation). As the chief executive officer of the city, Grant is largely responsible for implementing policies passed by the commission.

Grant also supports the commission in



its legislative process by providing insights on policy needs and making budget recommendations at biweekly meetings scheduled for the first and third Tuesday of each month, responsibilities similarly assumed by the executive branch at the federal level and detailed in the annual State of the Union address by the POTUS. Grant’s newest budget was passed without any necessary revision from the commission and focuses on four areas: housing, community resilience, land use, and placemaking and community character—broad categories open to interpretation and used to help people conceptualize the budget.

His final duty is continuous community outreach to ensure that the city is responsive to the needs of Livingston residents. “Montana Code Annotated requires that we have a growth policy and update it every five years, but my philosophy is, let’s not wait five years to talk to the public—I want that day-to-day feedback.”

When Grant was appointed to the City Manager’s office by the commission, he was most attracted to a robust growth policy initiative passed in 2021 and created using community input. Grant says, “that’s what I’ve enjoyed so much about Livingston—people care, and they’re interested and invested in making the community better.”

The policy, containing 271 strategies organized into 11 categories (economy, environment, natural resources, land use, etc.) for creating and sustaining community growth, addresses the current housing crisis and recommends making improvements to the city’s valley gateways, among other proposals. These initiatives represent two of the 150 strategies Grant and his team is actively implementing to achieve the goals and objectives put forth by the community.

The city commission and Grant are also in the process of drafting and revising a downtown master plan—a community-based plan created at farmer’s markets, business-owner breakfasts, and other outreach events. The first draft was released within the past week and is available for review online. City staff hosted an open forum discussion at the city-county building on July 23rd and released a community feedback survey on their website.

Other strategies outlined in the growth policy include awarding contracts for a parks master plan and an energy action plan.

Last summer, a memorandum of understanding between city officials and

a local foundation was formed to evaluate community recreational facilities—specifically the future community wellness center. The foundation was charged with raising capital funding used to erect the 42,000 square foot building through private donations and has collected roughly 80% of the total dollar amount necessary to complete construction.

The city, on the other hand, agreed to finance operation expenses for the facility upon completion of the building. Revenue for operating the facility will be generated through the tax increase Park County residents voted to adopt in March. Grant also facilitated the evaluation and selection of a location for wellness center.

Further developments include a breach analysis on the levee to inform response and mitigation efforts related to potential flooding, and the formation of a mobile crisis response team to divert cases involving mental health crises from the emergency medical service pipeline.

. Since taking on his position, Grant has been laser-focused on advancing the priorities of the Livingston community. He focuses on internal team building, forming an alliance between the commission and city staff, and re-establishing the relationship between the city and the community. He operates within a vast network, including but not limited to the county, school district, hospital, and business community to be inclusive and comprehensive.

He spends seven to ten hours a week meeting with community members and leads professional development activities for students involved in the Montana State University local government center. He’s committed to serving the community by encouraging his constituents to contact him whenever necessary to resolve a problem. Grant shared, “My mission is to run the city in an open, transparent and fair way and ensure the city meets the needs of the community.”

Grant wants what’s best for Livingston, and that was obvious from the moment I met him, when he said his personal philosophy was to kill with kindness and take the high road in favor of fostering positivity. Our journal is delighted to collaborate with Grant and support him in his mission as we share in his enthusiasm for the community’s well-being. Thanks to Grant’s cooperation, PCCJ readers can expect regular updates regarding community-related developments being promoted by the City of Livingston.

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GIVE A HOOT



Community Giving Challenge Closes on July 31st!

The Park County Community Foundation is in the final days of the 2024 GIVE A HOOT campaign and is on track to beat the \$2.1 million raised in 2023. You can follow the progress by viewing the campaign ticker on the give-a-hoot.org website.

Historically, the campaign raises 50% of the total funds in the final week of the campaign. With just three days left to give, donors are invited to keep the momentum going and raise

more than ever this year.

Since 2019, the GIVE A HOOT campaign has raised over \$7.8 million from more than 15,800 donations in support of 100 participating nonprofit organizations.

Online donations will conclude at 11:59 PM on Wednesday, July 31st. Donations mailed via



USPS & postmarked by Wednesday, July 31st will still be included in the campaign and allow participating organizations to benefit from a partial match, thanks to the generosity of the 2024 Matching Pool supporters.

If you prefer to give in person, GIVE A HOOT headquarters at 104 S. Main

St. (PCCF office) is open from 9 am to 5 pm. The office will be open late for your convenience on the last day of GIVE A HOOT (Wednesday, July 31st), so you can stop by until 7 pm to drop off your donation.

PCCF is sponsoring the Livingston Farmers Market on July 31st, so you can also visit their booth at the market, drop off your donation, and talk to representatives from participating GIVE A HOOT organizations.

Hearing Aid Institute

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loss of balance and directionality. Many people then begin to disengage with their surroundings, leading to potentially disastrous consequences if left untreated, such as physical fatigue, interpersonal loss, and depression. Recent research has also demonstrated a relationship between hearing loss and the development of dementia.

Suzanne has noticed that, though a majority of her patients are ages

60 and above, a noteworthy influx of individuals ranging from ages 30 to 50 have begun seeking treatment for sensorineural hearing loss caused by nerve damage. This damage may be caused by environmental or hereditary factors.

The clinic, which operates on Mondays and Fridays from 9 am to 5 pm, offers a full range of services, including but not limited to a complimentary baseline examination,

prescribing, delivery, fitting, adjustments, troubleshooting, professional cleaning, annual follow-up testing, ear canal

maintenance—wax removal and the like—and medical referrals, if necessary. Once initiated, patients receive a long-term treatment plan



2024 UFF DA Fest

Enjoy a family afternoon filled with 5+ hours of non-stop Montana Music in the shadow of the Crazy Mountain range on Saturday, August 10th. Stop over at the Wilsall Rodeo grounds where there will be two stages of live music including Swamp Dawg, Dot Twang, Matt Whalen, John Steinhart, Lindsey Pearl and The Crazy Mountain Express.

Doors open at noon, music starts at 1pm. Beer and Food trucks on site. Buy your tickets at the gate: \$25 adult, ages 16 and under are free.

Be sure to thank the sponsors: NLP Insurance, Rocky Mountain Supply, Frontline Ag, Glenn's Store, Small Dog Realty, Antlers Bar, 2 Doors Down, Create Construction,

Torgensons Equipment, Park Farmers Coop, Wilsall Foundation, Delta Signs, Val's Deli, and the Wilsall Rodeo.

For more info email westofthecrazys@gmail.com or call 406-581-1096.



Meals for July 29th- August 2nd

Monday, July 29th - Reuben's, fries, fruit, milk

Tuesday, July 30th - Chicken al a king over biscuit, fruit, milk

Wednesday, July 31st - Meatloaf, gravy, potatoes, veggie, fruit, dessert, milk

Thursday, Aug. 1st - Vegetable beef, roll, fruit, milk

Friday, Aug. 2nd - Chicken salad with crackers, cucumber salad, dessert, fruit, milk



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The Frame Garden is Pleased to Present *Allie Louise a Livingston Resident, in Her First Solo Exhibition*

The show opens with an artist's reception during the Livingston Gallery Association Art Walk, on July 26th from 5:30 to 8 pm. A self-taught pastel artist, Allie Louise dedicates herself to creating art that is visually compelling, thought-provoking, and that invites the viewers to engage with the subject matter on a deeper level. She strives for a photo realistic



look, created with very fine strokes which are visible as you look closely. She pays tribute to the enduring bond between humans and animals in many of her pieces, a testament to their unspoken power, and a celebration of the untamed spirit that dwells within. The very detailed nature of much of the pastel work, with using a black and white palette

for some pieces, along with the large scale of some works are unusual for most pastel artists but remarkably effective in capturing the essence of the place and of the animals in her landscapes and animal paintings. The exhibit will be at The Frame Garden through August 20th, 101 S. Main Street in Livingston. Call 406-222-5122 with any questions.





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Lets 'Give A Hoot' for United in Light Draft Horses Sanctuary!

By Sydney Dow



In the heart of Livingston, Montana, lies the United in Light Draft Horses Sanctuary—a sanctuary of tranquility and hope for majestic draft horses. In July, I embarked on a journey to this haven, where each horse's presence radiates grace and resilience.

Stepping onto the sanctuary grounds, I was greeted by the sight of these gentle giants, each with a unique story of rescue and renewal. From those recovering from neglect to others learning to trust again, every horse receives loving care and a safe haven.

What makes this visit even more exciting, is the partnership with "Give a Hoot," a local initiative matching donations to nonprofits and charities throughout July. This collaboration shows the sanctuary's dedication to its mission and also amplifies the impact of every contribution, together. Witnessing the

community's generosity and support reaffirms the sanctuary's vital role in the lives of these magnificent animals, and the community of Livingston.

Looking forward, the sanctuary will continue to open its doors with monthly open houses starting in August. These gatherings offer an intimate opportunity to connect with the horses, learn about their journey, and discover ways to contribute to their well-being.

To stay connected with upcoming events, including open houses and ways to support, I encourage you to visit United in Light's website printed below and subscribe to their mailing list and even check out their Facebook page. By doing so, you'll join a compassionate community dedicated to making a difference in the lives of these extraordinary horses. Furthering the transcendent experiences for future lives, both animal and human.

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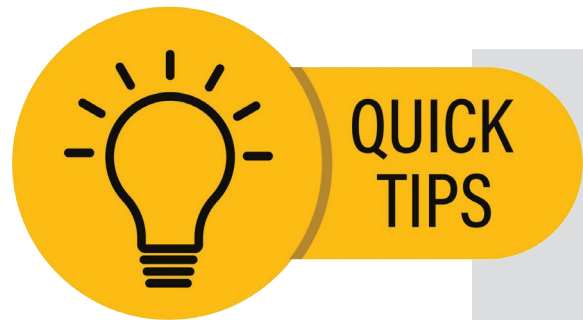


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Insurance Tips

with Daryn Hendrickson

Be Sure to Insure Your Toys

If you are like me, and a lot of other Montanans, you probably have a good collection of toys. From snowmobiles to motorhomes, jet skis, UTVs and motorcycles, to dirt bikes and travel trailers, you definitely want to be sure all your vehicles are covered in case of a loss.

Is Insurance Required? Believe it or not, some of the toys mentioned above are in fact exempt from the mandatory liability insurance requirements in the state of Montana. Montana Code Annotated 61-6-303 defines an exempt vehicle as a motorcycle or quadricycle;

a quadricycle is defined as a four-wheeled motor vehicle that's designed for on-road or off-road use, having a seat or saddle on which the operator sits. If you want to be sure, contact the motor vehicle department or law enforcement to see if this exemption applies to your motorcycle, ATV, or UTV. Even though insurance is exempt on motorcycles and quadricycles, it is highly recommended to talk to your insurance professional and get a quote on insurance pricing. You'll likely find out that liability coverage is very affordable for these types of vehicles.

Policy Period: Most recreational-vehicle insurance policies are written on a seasonal basis through an annual renewal contract. For example, you generally ride your snowmobile from the months of October through April, then not used during the summer months. Most insurance companies



Daryn Hendrickson
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Born and raised in the Livingston area, Daryn has been helping customers with their insurance needs since 2002. He enjoys bike rides with his family, fishing, and barbecuing on the weekends. Daryn is dedicated in providing Auto Insurance, Home Insurance, Life Insurance and Business Lines products to customers and residents of Park and Sweet Grass counties.

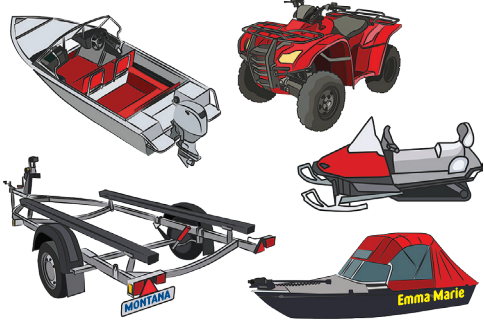
will charge 90% of the annual premium during the time you are using your recreational vehicle. They offer the annual renewal, so you don't have to insure it and cancel, insure it and cancel. This makes it easier for both the customer and the agent.

What Roads Are You Riding On?

With most companies, the cost of your recreational policy will be determined by exposure. If you are mostly riding in the hills on backroads and trails, you are statistically less likely to collide with another vehicle or hit

a pedestrian than those driving on public roads. Folks that buy a side-by-side or 4-wheeler to ride up and down the city streets will generally have liability and physical damage coverage that is more in line with a normal private passenger auto policy, as your exposure is somewhat the same.

No matter what type of RV you are purchasing, insurance policies vary between companies in terms of coverage options and endorsements. With the increased manufacturing costs of RVs, physical damage coverage is important to purchase with your policy. Similar to auto insurance, you have a choice in the deductible, which will affect what you will pay in the premium, depending also on the manufactured-suggested-retail price and age of the RV. Check with your insurance professional to see what's the best option for your vehicle.



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by: **Kylie Purcell**

Kylie has been actively training Livingstons dogs since 2009. She began teaching dog obedience with the late, great Jo Sykes, and the rest is history!

Montana Dog Company is proud to offer retail, 24-hour self dog wash, dog training, and so much more. Kylie has competed with North American Dog Agility Council for over 25 years and with many different breeds of dogs. Even though training is her passion, she enjoys the outdoors with her husband, toddler, and baby boy. Livingston is her home and she is here to work for you and your pup! Contact her today!

I feel like my dog is constantly testing me. Is this normal at 10 months old?

Welcome to puppy teenager stage! It's just as much fun as the human version—only with dogs that think they are adults but really aren't! The good news is this is short-term. The bad news is you will experience another round of this behavior with your pup in about a year and a half.

I personally feel the ten-month regression stage is the worst one. For most dogs, it lasts about two weeks; it's just long enough to make you pull your hair out. While other dogs will seem to push the boundaries for a month of their naughty shenanigans.

Key things to keep in mind; this is not a time to change how you have been doing things. Keep to your normal routine. Keep working with your pup staying with things you know they know! If you were normally taking two-mile walks with no problems, opt for a shorter, more successful walk.

Another thing that helps everyone survive this stage is to add smaller training sessions in. If you normally do a 15-minute session try for multiple 5-minute sessions throughout the day.

You may also see an increase in your pup's fear during this time. Not to worry this is normal. If a lot of fear and/or aggression is beginning that is not normal. If your pup is fearful of something like opening a garbage bag, do it slowly and quietly while assuring them it's ok. Let them safely check it out on their own. Lots of praise and encouragement plus some patience for your pup (and perhaps adult beverages for you) will have you smooth sailing until the next regression stage! As always, if in doubt, contact a trainer to help ease your mind.

Happy training!

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SO BITE ME!



by Joyce Johnson

My column this week is a stroll through *the last best list of...* interesting preventives and remedies for mosquitoes, aka “mozzies” and other flying biters around here... from my own experience and or recent ignorance, uh... bit.



Re: repellents: Deet, a chemical in lots of present OTC insect repellents, came under fire 30 years ago for toxic reactions and is still avoided by many and yet has been stated as safe if used according to directions, so if the bug spray in your med. cabinet has deet in it, perhaps just spray it on your clothes while standing outside.

A primary anti-bite prevention is simply this: cover up from head to toe in loose fitting white, khaki, or pale colors. (And put a mosquito net head cover like Bee Keepers do.) I have one. But I sneer in general because finally we can wear shorts, and tanks and flip-flops after a long winter, and spring, but now exposed skin is a blood bank for our bitey buddies here in the valley. The reason I’m writing this is because recent bites itching like mad woke me at night with inflamed swelling that later revealed several small bites underneath that itched for over a week; in all these years living here of mostly just a mozzie bite now and then, and one horse fly bite, ooh are they mean, I got wide-eyed at what I heard lately, “different mutations are biting us now.” Gulp. What next?

But, if you are at bite risk, they can bite through clothes! So wear baggy clothing that does not hug skin. Don’t wear dark colors which draw biters. And this is interesting—they cannot see some colors, like pale ones. They don’t like purple, though, said one website. Also, avoid hanging out near still water, and swampy areas. And empty open containers of water left around your yard, because bugs breed in still stale water.

No-see-ums: Me and friends, long ago, were floating on rafts tied

together on a dreamy, tropical beach in Singapore, under some overhanging palms. But midges, or sand fleas lived there, too, and you only know you are bit after a day or so, and indeed we were all scratching like crazy next day. Locals said to splash *turpentine* on the bites. We did. It worked. End of column?

Turp comes from pine tree sap, kills insects and is in all art studios as oil paint thinner. And, has been used as medicine for about 1000 years, believe it or not. Our various mites bite too, and nearly invisible local chiggers are the larvae of certain mites found in grassy creek-side areas. Bites from mites can cause swelling, inflammation, and itching. I think I got my bites raking mowed grass down by the creek, in shorts... how so dumb of me I know, but this years’ biters have been particularly abundant... and mean. Here’s your science. Bites leaves spit of the bug which causes allergic reaction, and our bodies produce histamine to counter it which itches. Benadryl, is a common anti-histamine, that helps stop the itch (and makes you calm and lets you sleep!). It is an oxymoron, if ya ask me, like jumbo shrimp all this.

But, mozzies, midges, horse flies and friends, are attracted to the smell of human skin, carbon dioxide, lactic acid, and the heat produced by us. So, I read that essential peppermint oil on exposed feet, ankles neck, hands drives em away; one of a number of scents that bugs don’t like. I tried peppermint and went for a walk. Your guinea pig here. It worked but... for that one bite I got in the center of my back where I cannot reach to put a deterrent on, or scratch. I am convinced it was a crazed, mutant, ET biter wearing a tiny gas mask.

Natural and Homeopathic remedies: An ice cube takes the itch away—immediately! Great to know, except if out in the woods without the fridge handy. My favorite auto response is, *Press an “X” into the new bite with your fingernail and spit on it;* advised by Aborigines, said an Aussie friend. Perhaps more polite to just “X” the bite, lick a finger and smear on bump, which I have

been doing for a long time, and others say they do too, but can’t remember where they learned it.

Hydroxychloroquine, the cure for malaria for over a 100 years is another remedy. A certain species of mosquito causes Malaria and other life threatening “fevers” for instance West Nile Virus, so it makes sense to have some handy. I take a weekly dose of Hydrox for prevention lately and it appears to work on a few new bites which went away real fast. Hydrox is from grapefruit. How safe and natural can it get? A friend guzzled



quinine when he got covid, which is just grapefruit juice, fizz and sugar. He recovered real fast. But if you get virus symptoms after bites, get to the doctor, and fast.

Quercetin is a natural, multi-use supplement, a fruit-sourced antihistamine from the healthfood store that stops the allergenic itching, and calms dogs and people. “B & T’s *SSSStingStop*,” is an itch stopper/healing creme that relieved my bites immediately—loaded with herbs, essential oils and citronella. *Aspercreme* helps reduce inflamed bites, itching, and

of course muscle pain too. I heard a recommendation Homeopathic *Ledum Palustra 30c*, that is derived from Wild Rosemary. Anti-insect oils *Neem* and *Tee Tree*, and good old 1000-year medicinal *Camphor-Phenique* (also from pine) are safe, friendly helpers. But for a cut to the chase, go online and in search box type: **Health Line and 10 natural ingredients that repel mosquitoes.** Stock is low—however locally.

Last by not least, bugs, y’all, are part of our ecology and we can’t live without them. They are regarded as biological control agents, an Eco-supporting study said, “Mosquitoes regulate insect populations.” Moreover, “Mosquitoes pollinate flowers and provide food to larger creatures like birds; also, fish, and frogs. Birds consume water insects and eat mosquito larvae.” But just please simply do a little anti-bite prep before you dash out the door to water the garden, especially at dawn and dusk and before you go for a walk, float, or hike in our gorgeous, wild and wonderful living paradise. And hey, just pause a half second, and look before you swat that little winged critter. Some of em don’t bite.

FOOD FOR THOUGHT FROM FAMOUS FOLKS...

After climbing a great hill, one only finds that there are many more hills to climb. Nelson Mandela	If opportunity doesn’t knock, build a door. Milton Berle
I’ve never learned anything while talking. Larry King	A pessimist sees difficulty in every opportunity; an optimist sees the opportunity in every difficulty. Winston Churchill
Imagination is more important than knowledge. Albert Einstein	Entrepreneurship is the last refugee of a trouble-making individual. Mason Cooley
If you’re going through hell, keep going. Winston Churchill	Goodwill is the one and only asset that competition cannot undersell or destroy. Marshall Field
Your most unhappy customers are your greatest source of learning. Bill Gates	When two men in business always agree, only one of them is necessary. William Wrigley, Jr.
Making money is art and working is art and good business is the best art. Andy Warhol	Whether you think you can or think you can’t you are right. Henry Ford
Everyone lives by selling something. Robert Louis Stevenson	

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July 26th (Fri) TYLER POTTER AND THE LAST MINUTE SURPRISE

July 27th (Sat) REVEREND SMALL & His All Star Boogie Band... One Night Only!

July 29th (Mon) TOO SLIM & THE TAILDRAGGERS Swamp Rock & Boogie Blues

Aug 2nd - (Fri) BLUEBELLY JUNCTION Rock & Roll

Aug 3rd - (Sat) GARY SMALL & COYOTE BROTHERS Boogie Blues & Surf Rock

Aug 9th - Aug 10th (Fri-Sat) TAMELA HAUER BAND Country

Aug 16th - Aug 17th (Fri-Sat) GARY SMALL & COYOTE BROTHERS Boogie Blues & Surf Rock

Health & Wellbeing

The Importance of Understanding Health and Wellbeing Today

Balanced
Life

I have an oil for that

by Dalonda Rockafellow
doTERRA Wellness Advocate



Do you like natural solutions? Are you trying to reduce toxic load? Do you like to be able to pronounce the ingredients in your products and actually know what they mean? These are just a few of the reasons to be using essential oils.

They are cost effective in many ways. doTERRA's essential oils are highly concentrated and certified pure tested grade (CPTG), so just a drop is needed in most cases. I always reach for my oils when an ailment arises in my family. In fact, I have several friends that reach out to me for ideas when they are wanting natural solutions, as well.

Some think that doTERRA essential oils can be expensive, but considering that you only use a drop or two, it is quite the opposite. Each 15ml bottle contains 250 drops. If you use the recommended amount, that bottle will last a long time.

Another way to make those oils

more cost efficient is to dilute your drops. In fact, essential oils are more effective when diluted when using topically. The carrier oil enables the essential oils to be better absorbed on the skin by forming a barrier so the essential oils (which are volatile compounds) will not evaporate, but instead absorb into the area that you applied them. Essential oils work within seconds of entering your system.

Where do doTERRA's essential oils come from? doTERRA sources each oil from where they naturally grow and in their appropriate climate. They are then harvested at the best possible time for each plant. The plants used to make doTERRA's essential oils originate from all over the world and are cultivated from many locations in North and South America, Europe, Africa, Asia and Australia. I know they are pure and natural and safe to use because

doTERRA does multiple third-party testing on each batch and then marks the bottoms of each bottle with a code that you, as a consumer can enter and see statistics about that particular bottle you hold in your hand. That's pretty awesome and reassuring that you are getting a pure bottle each and every time. One more thing... if any impurities are detected, the whole batch is tossed.

There are many benefits to using essential oils. They support your body through mind, immune, cardiovascular, diet, physical activity and body systems. It is easy to reach for your oils to calm tension and nerves, protect against environmental and seasonal issues, maintain healthy circulation, promote healthy digestion, support muscle and joint function, improve the appearance of the skin as well as, repel insects.

Still on the fence about using essential oils? Why don't you start slow and invest in one oil that may affect you emotionally, such as Peppermint or Wild Orange. They both smell really good. The quickest way to get essential oils into your system is to breathe them in, whether straight from the bottle or from a diffuser. Because the sense of smell is so closely tied to the centers of the brain that deal with emotions, inhaling the aroma of an essential oil is one of the most powerful ways to affect emotions.

Peppermint is a great one to reach for for any kind of stomach discomfort; nausea, indigestion, heartburn, etc. It helps with energy and stress, fevers

and hot flashes, headaches, sunburns, respiratory congestion, brain fog, allergies, tension of any kind, poor circulation, menstrual issues, cravings, bad breath and loss of sense of smell.

Wild Orange is very uplifting and refreshing. It helps with depression and stress, lack of energy, concentration, cellular regeneration, heartburn, diarrhea, edema, digestion insomnia, appetite, menopause, damaged skin and wrinkles, mouth ulcers and you can even use it in cooking.

I mentioned earlier in the article that I have friends that reach out for help. I have this great app on my phone that I can look up what is ailing me and it recommends what oil to use and why. It even suggests ways to apply and use. I encourage you to reach out to me and give it a try. I'll even provide a sample so you can have your own experience with essential oils. I hope to help you become healthier naturally!!

Dalonda Rockafellow has been using and educating about health and doTERRA essential oils for 10+ years. She maintains a website and has an active Facebook page; Lavender, Lemon & Learning that she uses to keep people up to date on the benefits of using CPTG (Certified Pure Tested Grade) essential oils for their health and well-being. You can contact her at dalonda@bigskyoils.com or mydoterra.com/dalondarockafellow or text 406-220-4449



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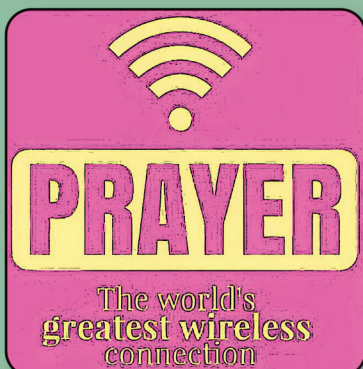
It's full of links for deeper digging...

Highlights from our new July-August '24 Issue



13 Fitness & Nutrition Tips JUST FOR MEN

K. McCallum,
K. Gatlin & J. Williams



Memes that Matter: '24 Quantum Quickening

Christopher Rudy
UltraMedServices.com

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Recipe by
Carla Williams

RECIPE CORNER

Heavenly Raspberry White Chocolate Mousse Parfait

Ingredients:

- 1 cup fresh or frozen raspberries
- 2 tablespoons granulated sugar
- 1 tablespoon lemon juice
- 1 teaspoon cornstarch mixed with 1 tablespoon water
- 6 oz (170g) white chocolate, finely chopped
- 1 1/2 cups heavy cream, divided
- 1 teaspoon vanilla extract
- 8 oz (225g) cream cheese, softened
- 1/2 cup powdered sugar
- Fresh raspberries, for layering and garnish
- Chocolate shavings or curls, for garnish

Instructions:

Make the Raspberry Sauce:

In a small saucepan, combine raspberries, sugar, and lemon juice. Cook over medium heat until raspberries break down, about 5 minutes. Stir in the cornstarch mixture and cook for another 2 minutes, or until thickened. Remove from heat and let cool.

Prepare the White Chocolate Mousse: Melt the white chocolate in a heatproof bowl set over a pot of simmering water (double boiler). Stir until smooth and let cool to room temperature.

In a separate bowl, whip 1 cup of heavy cream with vanilla extract until stiff peaks form. In another bowl, beat cream cheese and powdered sugar until smooth. Fold in the melted white chocolate, then gently fold in the whipped cream until well combined.

Assemble the Parfaits: In serving glasses, layer the white chocolate mousse, raspberry sauce, and fresh raspberries. Repeat the layers until the glasses are filled, ending with a layer of mousse on top.

Garnish: Top each parfait with fresh raspberries and chocolate shavings or curls.

Chill: Refrigerate for at least 2 hours before serving to allow the flavors to meld together. Enjoy your delightful Raspberry White Chocolate Mousse Parfait!

It's Watermelon Season!

By Jill-Ann Ouellette

Watermelon is a centuries-old favorite that is juicy and sweet. Many view it as the perfect treat to quench your thirst during summer heat. There are lots of ways to consume yummy, refreshing watermelons. You can slice it, chunk it, juice it, skewer it, smoothie it, carve it, detox with it, grill it—or pickle the rinds even! Pairing it with cheese (feta skewers, oh yeah), lemon (adds sour), cucumbers (for the crisp), red onion (for sharp/savory), avocado (for creaminess), smoked salmon, coconut, or spice it up with sea salt, or chili powder, or drizzle it with honey.

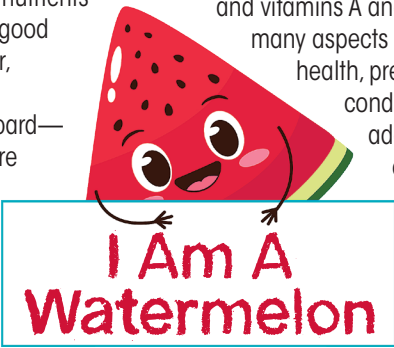
With a bright-red flesh and little seeds embedded throughout, watermelon is packed with a plethora of nutrients and antioxidants that are good for you. And it's 92% water, according to the National Watermelon Promotion Board—yes, that's a real thing! Here are some of the top health benefits of watermelon.


Helps you stay hydrated. Staying hydrated is important for your body to function properly. Body temperature regulation, normal organ function, nutrient delivery to cells, and alertness are only some of the processes that rely on adequate hydration.



If you're not keen on drinking a lot of water, grab a slice of watermelon instead. With the water content so high, this melon is low in calories too! Eating foods with low calorie densities can help you keep a slim summer figure and make you feel full longer.

Watermelon contains a **variety of nutrients** including potassium, magnesium, and vitamins A and C, which promote many aspects of health, including heart health, preventing certain health conditions. Plus, it boasts additional antioxidants like carotenoids, lycopene, and cucurbitacin E. These compounds help combat free radical, unstable molecules that damage your cells if they accumulate. Lycopene and cucurbitacin E may also have possible anticancer effects, such as prostate and colorectal cancers according to research noted in PubMed by the National Health





Poetry Spotlight

MY DAY IS COMING
Written by: Robert Nehls

I used to mow the lawn with joy,
And trim up all the trees.
Prune the hedges, tend the garden,
Way down upon my knees.
Shoot the bull with good time friends.
Now most of them are gone.
But, I know my day is coming.
I guess it won't be long.

AND NOW.....

I sit in shade with tea in hand,
And wave out at the guy,
Who mows the lawn and trims the trees,
While I just sit and sigh.
I dream about the friends I've had.
We always sang life's song.
But, I know my day is coming.
I guess it won't be long.

AND SO.....

I've made some new friends here and there.
It's hard to be alone.
Have shared some stories, had some fun.
A few more friends have flown.
Created some new memories.
When memories are strong.
But, I know my day is coming.
I guess it won't be long.

Well.....

I wrote those verses years ago.
And I'm still going strong.
But, I know my day is coming.
I guess it won't be long.

Institute (NIH).

And watermelon does more:

- Heart disease is a leading cause of death worldwide. Lifestyle factors, including the foods you eat, can lower your risk of heart attack and stroke through reducing your blood pressure and cholesterol levels, both key in cardiovascular health.
- Citrulline in watermelon may have benefits that include improved exercise performance by increasing production of nitric oxide, which expands blood vessels so your heart can pump blood easier; therefore, reducing blood pressure.
- Watermelon contains a natural pigment called beta-cryptoxanthin, which may protect your joints from inflammation.
- Vitamin A repairs skin cells and creates new ones, so it's important for your skin.
- Vitamin C makes collagen, a protein that keeps your skin supple and your hair strong. Having higher vitamin C intake may decrease your chances of developing wrinkles and dry skin.
- Watermelon contains plenty of

water and a small amount of fiber, both of which are necessary for healthy digestion. The fiber keeps you regular and the water moves waste through your digestive tract.

How to pick out the best melon at the market? Foodie Magazine tells us the simplest method is the 2-finger trick—a maneuver you can do without picking up all the heavy melons. All you need to do is look at the light and dark green stripes in the middle of the melon on the rind. If the dark green stripe between two light stripes is about the width of two fingers, Viola! How's that for simple? So, head out today and get yourself some ripe, delicious, healthy watermelon. As always, if you want to reduce pesticide exposures, buy an organic one!



Western Sustainability Exchange

By Adele Stenson – Western Sustainability Exchange

Native Northern Great Plains Improved Grazing Carbon Project is one of the first and only verified grasslands carbon programs in the US.

What if ranchers could help improve the environment through livestock grazing? Better yet, what if grazing benefited ranchers through more productive land, and also cash payments for the carbon sequestered in their ground? It might sound too good to be true, but it has in fact, become a reality.

Native's Northern Great Plains Improved Grazing Carbon Project, which began in 2018 in partnership with Western Sustainability Exchange (WSE), received their first verification of carbon credits in October 2023. Four pilot ranches sequestered 56,508 tonnes of CO2 equivalent between 2019 and 2020. These amounts were verified as part of the Verified Carbon Standard's required third-party audit, making Native one of the first and only verified improved grazing grasslands carbon programs in the US.

"While time-intensive and rigorous in nature, independent third-party carbon audits are an integral part of the project's operations and long-term success. The auditors we worked with for this first verification were impressed with the level of commitment and implementation from the ranches enrolled in the project. Receiving verification approval and issuing credits is an indicator of the success of the project so far and where it can go in the future." - Kyle O'Keefe, Carbon Asset Manager at Native

What is the significance of a third-party verified carbon program?

This first verification is a major milestone, as it demonstrates the validity of the carbon program and its support of regenerative grazing practices as a lever for increasing soil carbon stocks. The project activities and soil carbon measurement and modeling must be officially validated and then verified through a rigorous process under a qualified, independent third-party auditor. Once the verification period has been completed, the carbon credits are issued to Native to engage the voluntary carbon market and also pay ranchers for their change in practices that is driving these climate benefits.

"WSE and the ranchers in the carbon program place a high value on this verification process. There are newcomers contacting us frequently who have not gone to this level of due diligence. Ranchers are very interested in generating defendable credits that have significant data and research behind them." - Chris Mehus, Executive Director of Western Sustainability Exchange.

What does the process for entering the carbon program look like?

The entire process looks something like this; a landowner contacts Native or WSE and inquires about the carbon program. If the landowner chooses to pursue the option further, they will work with the organizations to create a custom grazing plan that includes increased grazing rotation and non-selective grazing as well as long periods of rest. While some techniques have proven more effective than others, the landowner decides what type of grazing system best fits their operation. Although each project must meet certain grazing criteria that have been previously validated as effective, how that is accomplished will look different depending on the property and the landowner's goals.

Overcoming Financial Barriers

Often, the cost of infrastructure and/or labor to implement a successful intensive rotational grazing system are major obstacles for ranchers. Native has an option for ranchers to utilize their HelpBuild program, where the landowner receives payments as part of a cost-share to make improvements, based on their own ranch improvement plan that they develop. These payments can help pay for things like increased access to livestock water and fencing needed to make rotational grazing feasible. These barriers are often



WESTERN SUSTAINABILITY EXCHANGE

the main thing holding a rancher back from making changes that could result in improved land health, better habitat for wildlife and livestock, increased carbon sequestration, and the option to add an income stream to the operation.

"We were able to use funding from Native's HelpBuild program to complete a water pipeline and tank system as well as for electric fencing materials. This greatly improved our grazing system, adding flexibility and much more opportunity for plant recovery." - Kevin Halverson, Rancher, Big Timber, Montana.

Native's program is not prescriptive, but based on the core principles of improved grazing that align with increasing soil carbon stocks based on these activities. The landowner can receive assistance from Native and WSE as needed and desired to develop a plan based on their own goals for their operation.

The plan has to meet certain criteria in order to be validated as a project within the Carbon Program. The new improved grazing system is then put into place, and as it is continued and documented throughout the lifetime of the project, the modeled sequestration rates for each time frame are verified. Through this process, ranchers are able to receive financial assistance for installing these grazing improvements at the beginning of the project and then continued payments for each verification throughout the contract period.

How do ranchers get more information?

WSE and Native partnered together over eight years ago with the vision of encouraging ranchers to implement regenerative agriculture practices that produce extensive benefits at many levels, including payments that can help provide future improvements and financial stability for many years to come.

Ranchers who are interested in potentially improving their productivity and their bottom line, while also benefiting the land and environment, can contact WSE by email at info@westernsustainabilityexchange.org or by phone at 406-222-0730 or contact Tara Povalish with Native at tara.povalish@native.eco to discuss Native's verified carbon program in greater detail.

48TH ANNUAL SHIELDS VALLEY OLD SETTLERS DAYS

CLYDE PARK, MONTANA
AUGUST 24TH & 25TH 2024
THEME: CRAZY MOUNTAIN MAJESTY

SATURDAY

8:00 A.M. FIREMAN'S BREAKFAST
AT CLYDE PARK RURAL
FIRE DEPARTMENT

8:00 A.M. - 4:00 P.M.
QUILT SHOW
MARY KARELL 222-1728
VENDORS, ARTS & CRAFTS
LOIS OLMSTEAD 220-3197
COFFEE BAR
BY CP WOMEN'S CLUB
SVOS MUSEUM
SANDRA WATSON
& HELEN CASSIDY
223-9347
SILENT AUCTION
DOLORES DAVIS 794-7150
**ALL ABOVE IN CLYDE PARK
COMMUNITY HALL*
CAR SHOW IN LOT (9:00 AM)
BANK OF ROCKIES
BE RESPECTFUL, NO ENGINE REVVING,
NO BURNOUTS(PLEASE)
KEVIN & KATHIE OLMSTEAD
388-9099

9:00-11:00 A.M.
8:30 A.M. - REGISTRATION
SVOS RANCH RUN
SPONSORED BY BANK OF THE ROCKIES
AT HOLLIDAY PARK
IN CLYDE PARK
LACEY ARTHUN 788-3676
SVOS RANCH RUN
10K STARTS 9:00
5K STARTS 9:15
1 MILE WALK/RUN 9:30
START AND FINISH AT
HOLLIDAY PARK IN CP
RIFLE RAFFLE
CARLA WILLIAMS 406-220-2484

10:00 A.M. PARADE LINE UP
LINE UP AT SV HIGH SCHOOL

11:00 A.M. PARADE (NO ENTRY FEE)
CRAZY MOUNTAIN MAJESTY

1ST PLACE - \$150
2ND PLACE - \$100
3RD PLACE - \$75
CHILDREN'S BEST OF THEME - \$50
BUSINESSES BEST OF THEME - \$50
GRAND MARSHALLS:
MARY KARELL &
CALVIN & MARY SARVER

12:00 P.M. NOON LUNCHES
CLYDE PARK TAVERN
CITY OF CLYDE PARK
ROSA'S PIZZA

12:00-5:00 P.M. BOUNCE HOUSE
AT THE PARK
SPONSORED BY BANK OF THE ROCKIES

1:00 P.M. SVOS GAMES
IN THE STREET
(BED RACE, NAIL POUNDING,
LAWNMOWER RACE, WATER
BALLOON TOSS & MORE)
SV FFA CORNHOLE TOURNAY
BEHIND COMMUNITY CENTER
PIE AUCTION ON THE PATIO
TERESA LEHMAN 220-2958

2:30 P.M. CONVERSATIONS
W/OLD TIMERS
LOIS' PORCH
CAR SHOW WINNERS ANNOUNCED

3-7:00 P.M. DANCE ON THE PATIO
TO MEYER 'D DOWN
SPONSORED BY
CLYDE PARK TAVERN

3:00 P.M. SILENT AUCTION CLOSES
WINNERS ANNOUNCED 4:30 P.M.

6:00 P.M. SVOS BARBECUE
BY JEFF SARRAZIN
AT COMMUNITY HALL
ADULTS & YOUTH - \$15
7 & UNDER FREE

8-11:00 P.M. DANCE AT THE ANTLER
WITH ZECH PEABODY

SUNDAY

9:30 A.M. RUBBER DUCK RACE
AT SHIELDS RIVER BRIDGE
BY BRACKETEER 4-H CLUB

10:00 A.M. COFFEE BAR
CP COMMUNITY HALL

10:30 A.M. CHURCH SERVICES
CP COMMUNITY HALL
NON-DENOMINATIONAL
SPECIAL MUSIC PROVIDED

12:00 P.M. POTLUCK PICNIC
CP COMMUNITY HALL
A-M: HOT DISH
N-Z: SALAD

HONORING
GRAND MARSHALLS:
MARY KARELL &
CALVIN & MARY SARVER

RIFLE RAFFLE DRAWING

CAPS FOR SALE
RIFLE RAFFLE
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**FOR MORE INFORMATION: LOIS OLMSTEAD 406-220-3197, JEFF SARRAZIN 406-220-1951
OR LACEY ARTHUN 406-788-3676**

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SHIELDS VALLEY NEWS

Shields Valley is located between the Absaroka Mountains to the south, the Bridger Mountains to the west, and the Crazy Mountains to the east.

• **Larry Lovely** as you know was burned when his swather caught on fire. He is currently at the University Burn Center in Salt Lake City and will hopefully be home soon. He has a long road ahead of him with medical appointments. Donations may be made by mailing a check to:
Cheryl Robinson
1236 Hendrikson Lane
Wilsall MT 59086
Please make checks to **Larry Lovely**
Or venmo to Bryan, Larry's son, to:
@Bryan-Lovely406
You may need the last four digits of Bryan's phone number which are 2429.

- **July 29th from 4:30 to 7pm Shields Valley Farmers Market in Clyde Park at Holliday Park.**
- **August 2nd at 6 pm Dinner and a Movie at Wilsall Rodeo Grounds sponsored by Build a Better Wilsall.**
Prime rib, salad and brownies are on the menu. \$20.00 per person. There is also a family discount.
- **August 3rd Antler Bar is hosting a fundraiser benefit for Larry Lovely**, with a cornhole tournament registration starts at noon. Also there will be a 50/50 raffle, pie auction and a potluck BBQ—everyone please bring a side or dessert to share.

- **August 10th is the 4th Annual Uff Da Fest, gates open at noon.** Music starts at 1pm. Wisall Rodeo Grounds.
 - \$25.00 per person and 16 and under are free.
 - Food and Beer will be available to purchase.
 - Featuring Bands: Crazy Mountain Express, Swamp Dawg, John Steinhart, Matt Awaken Band, WWW.Twang



and Lindsey Pearl.
For more information please email westofthecrazys@gmail.com or call 406-581-1096

If you have a Shields Valley event happening, please let me know by emailing shieldsvalleynews@gmail.com

Warm-Water Temperatures And Low River Flows Prompt Fishing Closures in Yellowstone National Park

Additional closures possible in coming days

Effective Monday, July 15, 2024, select Yellowstone National Park rivers will close to fishing due to warm water temperatures and low river flows. This closure will protect the park's native and wild trout fisheries and remain in effect until conditions improve.

What will be closed?

- The Madison River and all



associated tributaries.

- The Firehole River and all associated tributaries.
- The Gibbon River and all associated tributaries downstream of Norris Campground.
- The closure will be reassessed when water temperatures cool and flows return to more typical summer conditions.
- Staff will continue to monitor park rivers and streams for warm

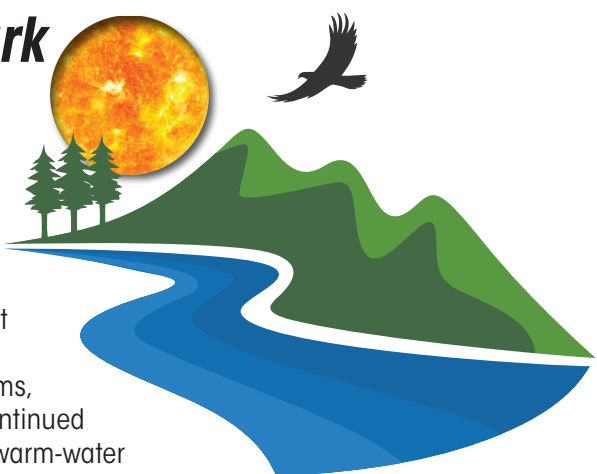
temperatures and low flows, and watch weather forecasts. The extended forecast calls for continued hot and dry conditions with a slight chance of isolated afternoon thunderstorms, which contribute to continued low stream flows and warm-water temperatures.

- Additional closures or restrictions may be implemented if necessary.

What will be open?

- Yellowstone Lake and other lakes will remain open to fishing from sunrise to sunset as specified in the Fishing Regulations 2024 booklet.
- All other rivers and streams not listed as closed.

Water temperatures have exceeded 68 degrees Fahrenheit (20 degrees Celsius) in recent days and



flows on many rivers, streams and creeks are low. These conditions are extremely stressful to fish and can be fatal.

Anglers: Please fish during the coolest times of day and land fish quickly. Do not play hooked trout to exhaustion. Gently handle fish in the water as much as possible and let them recover before release. Your cooperation will protect the park's fisheries.

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Open Daily
7:30am to 8pm



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breakfast

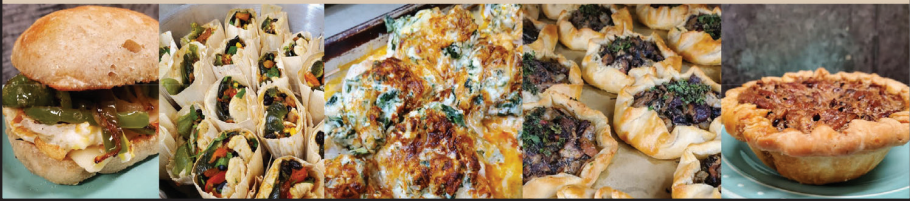
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Oatmeal
Quiches
Frittata
Fruit & Veggie Smoothies
Coffee
Tea & More

lunch & dinner

Soups & Chili
Panini
Rotating Daily Hot Bar
Pot Pies & Pasties
International Explorations
Rotisserie Chickens
Healthful Salad Bar
Beer & Wine

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Clark’s Journey Through Park County—A Driving Tour

Experience the adventure of Captain William Clark’s trek across Park and Sweet Grass Counties as he headed home with the Corps of Discovery Expedition on July 15, 1806. Clark was a true explorer, scientist and mapmaker. As a result, there exists detailed records of his travels, which enables us to reproduce accurately his trip and share it with visitors and locals alike.

After having reached the West Coast, the Lewis & Clark Expedition was heading eastward towards home and exploring the Yellowstone River on the way. Near Lolo, MT, they split up, with Clark heading east along Yellowstone Valley with Sacajawea, and Meriwether Lewis heading northeast for the Missouri Valley. They would reunite at the convergence of the two rivers. This was no pleasure trip; for one thing, they were in a hurry. They were short on supplies and cold weather was approaching. On July 15th, they left their camp just outside of Bozeman and pushed through Park County to reach the next site, which was just beyond the Shields River, all in one day. (Capt. Clark is the one who gave the Shields River and Valley their names.)

Although they were in a hurry, they took a three-hour break to rest the horses and prepare a meal. Some historians believe this occurred near the spot where, today, Interstate 90 crosses the Yellowstone River in Livingston.

Clark found abundant wildlife, making several entries in his journal. He saw large numbers of elk, antelope, bison, geese, great numbers of beavers, and some bears. (Most of these beasts and fowl are in abundance today.)

The party continued following the Yellowstone River into Sweet Grass

Clark’s Trail through Park County

- Information on Clark’s travels on Billman Creek

1 Entering Yellowstone Valley
Frontage Road at Bozeman Pass, 1.4 miles past exit 319

2 Hunting Grounds
Frontage Road, just east of exit 325 near mile marker 06

3 Searching for Large Cottonwoods
9th Street and River Drive
- 4 On Horseback
9th Street and River Drive

5 Sacajawea on the Yellowstone
Sacajawea Park near the bandshell

6 Wide, Bold, Rapid and Deep
Sacajawea Park near the bandshell

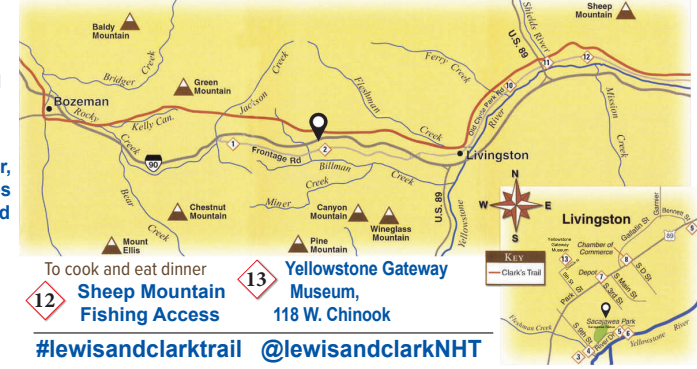
7 High Rigid Mountain
Judson Park next to the Depot

8 All types of Critters
Chamber of Commerce
- 9 Heading down the Yellowstone
Meyers River View Trailhead

10 Returning to the shortgrass prairie
Follow Garnier, which becomes Old Clyde Park Rd

11 Named in Honor of John Shields
Old Convict Grade at Shields River

The tour begins east of Bozeman. Exit at Jackson Creek (exit 319) and follow the Frontage Road (Old Highway 10) towards Livingston. Interpretive signs at each stop provide details about the journey.



County and the Big Timber area. Clark made note in his journals about two streams entering the Yellowstone—the Boulder River from the south and Big Timber Creek from the north. Clark moved northeast to the convergence of the Yellowstone and the Missouri Rivers, north of Sidney, MT.

The driving tour begins east of Bozeman at the Jackson Creek, at Exit 319 off the Interstate, and meanders through the two counties. Follow the map, read the interpretive signs, and retrace the steps of Captain Clark and the Corps of Discovery to see what they saw as they traversed the beautiful landscape of Southwestern Montana some 200 years ago.

To commemorate the trail of the Corps of Discovery Expedition, a larger-than-life bronze statue of 17-year old Shoshone, Sacajawea and her son “Pomp” was erected in Livingston’s Sacajawea Park on the banks of the Yellowstone River. This was the first time she is depicted on horseback and the only time she is portrayed with her son (not wrapped in a papoose) at 19 months old. This is how old Pomp would have been when they were in Livingston

with Captain Clark on July 15, 1806. This public art project provides a unique opportunity to celebrate a moment from our past. To find out more about the

statute, or how you can further support its maintenance, call the Great Bend of Yellowstone Lewis and Clark Heritage Commission at 406-222-0570.

Mama's Magic

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Biscuit Basin in Yellowstone National Park Temporarily Closed Due to a Hydrothermal Explosion

Park County Dugout | Livingston
By: Jeff Schlapp

At around 10 am MST on July 23, 2024, a small hydrothermal explosion occurred in Yellowstone National Park in the Biscuit Basin thermal area, about 2.1 miles (3.5 km) northwest of Old Faithful. Visitors recorded numerous videos of the event. The boardwalk was damaged, but there were no reports of injury. The explosion appears to have originated near Black Diamond Pool.

Biscuit Basin, including the parking lot and boardwalks, are temporarily closed for visitor safety. The Grand Loop road remains open. Yellowstone National Park geologists are investigating the event.

Hydrothermal explosions occur when water suddenly flashes to steam underground, which is relatively common in Yellowstone. For example, Porkchop Geyser, in Norris Geyser Basin, experienced an explosion in 1989, and a small event in Norris Geyser Basin was recorded by monitoring equipment on April 15, 2024. An explosion similar to that of today also occurred in Biscuit Basin on May 17, 2009.

More information about hydrothermal explosions is available at Hydrothermal explosions in Yellowstone National Park | U.S. Geological Survey (usgs.gov)

Monitoring data show no changes in the Yellowstone region. Today's explosion

does not reflect activity within the volcanic system, which remains at normal background levels of activity. Hydrothermal explosions like today's are not a sign of impending volcanic eruptions, and they are not caused by magma rising toward the surface.

Although a cataclysmic Yellowstone volcano eruption is unlikely in the foreseeable future, real-time monitoring of seismic activity, volcanic gas concentrations, geothermal activity, and ground deformation helps ensure public safety. The University of Utah's Yellowstone Volcano Observatory monitors Yellowstone's seismograph stations, which detect several hundreds to thousands of earthquakes in the park each year. Scientists continue to improve our capacity to monitor the Yellowstone volcano by deploying new technology.

Beginning in 2004, scientists implemented very precise Global Positioning Systems (GPS), capable



Images from a video taken by the Steve and Vlada family show a violent eruption of Black Diamond Pool in Yellowstone National Park on July 23, 2024.

of accurately measuring vertical and horizontal ground movements within a centimeter, and satellite radar imagery of ground movements called InSAR. These measurements indicated that parts of the Yellowstone caldera were rising at an unprecedented rate of up to seven centimeters (2.75 in) per year (2006), while an area near the northern caldera boundary started to subside. The largest vertical movement was recorded at the White Lake GPS station, inside the caldera that began to subside during the first half of 2010, about five centimeters (2 in.) at White Lake so far. Episodes of uplift and subsidence have been correlated with changes in the frequency of earthquakes in the park.

On March 30, 2014, at 6:34 am Mountain Daylight Time, an earthquake of magnitude 4.8 occurred four miles

north-northeast of Norris Geyser Basin. The M4.8 earthquake was felt in Yellowstone National Park, in the towns of Gardiner and West Yellowstone, Montana, and throughout the region.



This was the largest earthquake at Yellowstone since the early 1980s. Analysis of the M4.8 earthquake indicates a tectonic origin (mostly strike-slip motion), but it was also involved

with an unusual ground uplift of 7 centimeters at Norris Geyser Basin that lasted 6 months.

Energy and groundwater development outside the park, especially in known geothermal areas in Island Park, Idaho, and Caldera Springs, Montana, could alter the functioning of hydrothermal systems in the park.

For more photos and great articles, check out the [ParkCountyDugout.com](https://www.parkcountydugout.com).

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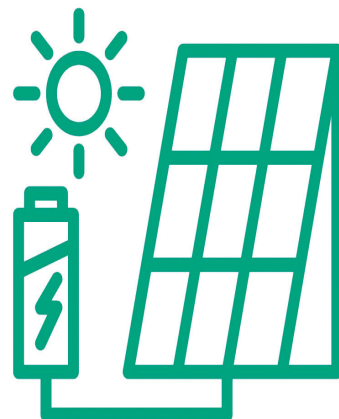
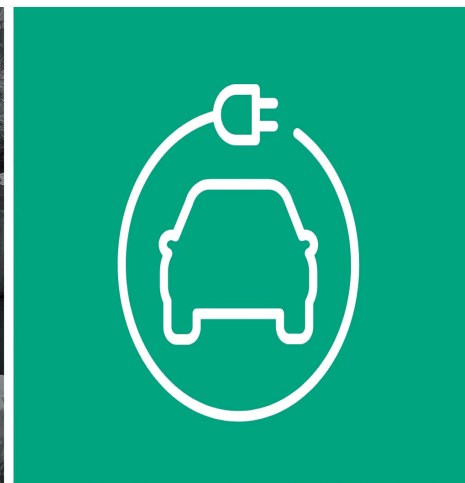


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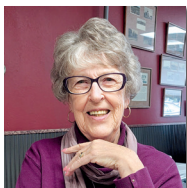
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9A-3:30P

"Enjoying the Journey"

by Lois Olmstead



The Paper Clip Prank continues. When I last reported on this, I was winning. When I told you about this, I introduced my opponent, Jon Durgan. He and I have been friends since he was young. Now he is high school senior and Student Body President at Park High. He loves God and so do I. He is the one who started this battle of wits.

I came into my office in the church one day and all my paper clips were strung together forming a chain tying my scissors to my phone to the lamp on my desk. Right away I knew it was Jon. A week later, ten feet of strung-together paper clips were wound

across the arms of my desk chair. "A seat belt so I'd be safe," I was told.

I sent Jon a note. "Watch your back. You are in danger." My Tuesday Coffee church group helped me string four boxes of 100 paper clips each together. It was a city block long when they got done. Secret sources told me Jon had a track meet in Laurel that Saturday. His Chevy Silverado pickup was easy to spot in the high school parking lot.

My accomplice was tall. From covering the antenna, to wrapping the windshields wipers, to circling the entire truck, looping strings through the door handles until all 400 paper clips were used. It was terrific!

Victory! I got him!! I did mess up a bit. Now Jon was in possession of my ammunition! Yup. He used them. A few days later, my office door looked like it had one of those beaded

doorway curtains. The entire doorway was glistening with thirty silver hanging chains of paper clips. Yup he got me. Twice. My snack drawer was ransacked. A mobile hanging in my window was made of crackers, looped together with paper clips!

The next assault took 21 days. Jon got a package in the mail. The box was from an expensive brand of sports shoes. Video caught Jon's first words, "I don't remember ordering anything." It was shipped by I.M. Distributors, Cary, NC. He had to open three boxes inside the box to get to the bottom. I got a text. "You got this one," with a photo showing a laughing Jon holding up the treasure—one paper clip.

With the package and then the Prank Story in this column for all our community to see had me in the winner's circle. It felt so good. I got the chance to tell him so three Sundays later. He came to the 8 o'clock service. "Hi Jon," I said. "I like being on the winning side. And I have to admit this whole thing, winning or losing, has rather enhanced my life." He agreed. We chatted a bit, then I had to leave.

He said, "Lois, wait a minute..." and he handed me a paper clip. I laughed. "Thanks!"

Moving a few pews up in the sanctuary, Rosie and Kerwin stopped me. "Jon said to give you this." They each handed me a big colored paper clip. And then Carolyn and Riley did the same. And so it went—all morning!

Our church has three services and all, yes all, from young to old, attendees between each service that Sunday found me to deliver their paper clip. (Which they had received from Jon standing on the sidewalk in front of the church saying "Would you give this to Lois?") Some had read the newspaper and knew exactly what was going on. Others looked at me strangely and said, "Why are you needing paper clips?"

No one could sit beside me in my pew. There was a huge pile of colored paper clips in that spot! He is now the winner. Congratulations Jon, for the moment. I think John 16:33 would work for our Bible verse this week, don't you? As we go on, enjoying the journey!



Local Church Services

American Lutheran Church (ELCA)

129 South F Street
Pastor Melissa Johansen
Sunday worship 9:00 am
Livingston, MT
Elevator available.
406-222-0512
ALClivingston.org

Church of Christ

919 W Park St
Sunday worship 10:30 am
Livingston, MT
406-222-2017
Church-Of-Christ.org

Church of Jesus Christ of Latter-Day Saints

12 White Lane
David Gilbert branch President
Sunday worship 10:00 am
Gardiner, MT
406-848-7509
LDS.org

Church of Jesus Christ of Latter-Day Saints

110 West Summit Street
Bishop Trevor Strupp
Sunday worship 10:00 am
Livingston, MT
406-222-3570
LDS.org

Emmaus Lutheran Church (LCMS)

801 East Park Street
Reverend Daniel Merz
Livingston, MT
email at emmauslutheranmt@gmail.com
EmmausLutheranmt.org

Expedition Church

27 Merrill Lane
Pastor Darryl Brunson
Sunday worship 10:00 am
Livingston, MT
406-224-1774
ExpeditionMt.org

First Baptist Church (C3)

Crossing Community Church
202 East Lewis Street
Pastor Bryce Maurer
Sunday worship 10:45 am
Livingston, MT
406-222-1603
FBClivingston.org

Gardiner Community Church

318 Main Street
Reverend Jeff Ballard
Sunday worship 10:15 am
Gardiner, MT
406-848-4060

Gardiner Baptist Fellowship

802 Scott Street
Pastor Britton Gray
Sunday worship 11:00 am
Gardiner, MT
406-223-4478

Grace Methodist Church

302 South 9th Street
Pastor Mari-Emilie Anderson
Call or visit website for Sunday worship times
Livingston, MT
406-222-1041
MethodistsOnTheYellowstone.org

Holbrook United Methodist Church

424 Lewis Street
Call or visit website for Sunday worship times
Livingston, MT
406-222-1041
MethodistsOnTheYellowstone.org

Kingdom Hall of Jehovah's Witnesses

1505 E Gallatin Street
Sunday Public talk and Watchtower 10:00 am
Livingston, MT
406-222-2012
JW.org

Livingston Hope Church

226 South 3rd Street
Senior Pastor Shad Durgan
Sunday worship 8:00, 9:30 and 11:00 am
Livingston, MT
406-222-1577
LivingHope.church

Livingston Bible Church

329 North 5th Street
Pastor Monte Casebolt
Sunday worship 10:30 am
Livingston, MT
406-222-2714
LivingstonBible.org

Livingston Christian Center

(Assemblies of God)
1400 Mount Baldy Drive
Pastor Dave Brakke
Sunday worship 10:00 am
Livingston, MT
406-222-3144
LivingstonChristianCenter.com

Livingston Church Of God

101 South O Street
Pastor Ed Parrent
Sunday worship 10:30 am
Livingston, MT
406-220-0620

Mountain Bible Church

18 Pine Meadow Road
(off Pine Creek Rd and Hwy 89)
Pastor Brandon Reagor
Sunday Worship 10:00 am
Livingston, MT
406-219-7628
www.MTBible.org

Mount Republic Chapel

240 US Hwy 212
Reverend Don Taylor
Sunday worship 9:30 am
Check the website for seasonal worship times
Cooke City/Silver Gate, MT
(406) 838-2397
MtRepublicChapel.org

Mountain Springs Baptist Church

626 North 13th Street
Pastor Justin Sutherland
Sunday worship 11:00 am
Livingston, MT
406-222-1240
MountainSpringsBaptist.com

Paradise Valley Community Church

1772 East River Rd
Pastor Andrew Alberda
Sunday worship 10:30 am
Livingston, MT
406-333-4905
ParadiseValleyChurch.org

Pine Creek United Methodist Church

2470 East River Road
Pastor Mari-Emilie Anderson
Call or visit website for Sunday worship times
Livingston, MT
406-222-1041
MethodistsOnTheYellowstone.org

Redeemer Lutheran Church

425 West Lewis Street
Sunday worship 11:00 am
Livingston, MT
406-222-1175
RLClivingston.wordpress.com

The Summit Lighthouse

63 Summit Way
Contact us for worship service and conference times
Gardiner, MT
406-848-9200
SummitLighthouse.org

Seventh-Day Adventist Church

1 Guthrie Lane
Pastor Rene Marquez
Livingston, MT
406-222-7598
LivingstonMT.AdventistChurch.org

Shields River Lutheran Church

105 Ordway Street South
Sunday worship 9:00 am
Wilsall, MT
406-578-2212
SRCLWilsall.wordpress.com

Shields Valley Bible Church

405 Fifth Street West
Pastor Glen Helig
Sunday worship 11:00 am
Clyde Park, MT
406-686-4708

St. Andrew's Episcopal Church

310 West Lewis Street
Reverend Kristin Orr
Sunday worship 10:30 am
Livingston, MT
406-222-0222
SaintAndrewsEpiscopalChurch.org

St. John's Episcopal Church

8 Story Road
Reverend Kristin Orr
Sunday worship 8:00 am
Emigrant, MT
STJohnspv.org

St. Joseph's Catholic Church

910 McLeod Street
Father Garrett Nelson
Sunday worship 2:00 pm
Big Timber, MT
406-932-4728

St. Margaret's Catholic Church

206 1st Avenue North
Father Garrett Nelson
Service Saturdays 4:00 pm
Clyde Park, MT
406-222-1393
STMarysCommunity.org

St Mark's Church Universal And Triumphant

130 South D Street
Sunday worship 10:15 am
Livingston, MT
406-222-2675

St. Mary's Catholic Church

511 South F Street
Father Garrett Nelson, Pastor
Saturday 6:00 pm year-round
Holding Services since 1891.
Sunday at 10:30 am April thru Sept.
Sunday 8:00 am October to March
Livingston, MT
406-222-1393
STMarysCommunity.org

St Paul's Evangelical Lutheran Church

1116 W Geyser Street
Pastor Paul Stern
Sunday worship 10:15 am
Livingston, MT
406-222-3372
STPaulsLivingston.org

St. William's Catholic Church

705 West Scott Street
Father Garrett Nelson
Sunday worship 8:00 am April-Sept
Sunday 11:00am October to March
Gardiner, MT
406-222-1393
STMarysCommunity.org

Valley Shepard Church of the Nazarene

Services are presently online.
Please call for instructions to view a service.
Reverend Christie American Horse
Livingston, MT
406-223-1072

Wilsall Community Church

112 Liquin Hill Road
(west of Hwy 89 North; take Clark St to Liquin)
Pastor Stephen Fanning
Sunday worship 10:45 am
Wilsall, MT
406-578-2004
WilsallCChurch.com

United Methodist Grace Church

302 South 9th Street
Pastor Mari-Emilie Anderson
Sunday worship 5:30 pm
Livingston, MT
406-222-1041
MethodistsOnTheYellowstone.org

Crossword Puzzle Number 341

1	2	3	4	5	6			7	8	9	10	11	12	13
14							15							
16							17							
18				19		20					21			
		22	23			24				25	26			
27	28				29				30			31	32	33
34					35			36		37				
38				39					40			41		
42			43			44					45			
46					47		48				49			
			50			51				52				
53	54	55			56				57			58	59	60
61			62	63					64		65			
66									67					
68									69					

- Across**
- 1 Kind of cord
- 7 Composer Rimsky-Korsakov
- 14 A man, a plan, a canal - ---
- 15 Without mercy
- 16 Of a group
- 17 Lay atop
- 18 Half a Latin dance
- 19 Common in the Northwest Passage
- 21 Backwards at sea
- 22 Exclamation of contempt
- 24 Malodorous
- 27 Female servant
- 29 Rather like
- 30 He looked for loopholes in the Bible
- 34 Alternative setting to "Manual", often
- 35 Anorak
- 37 Away
- 38 Smartphone forerunner
- 39 2001 or 2019, for example
- 41 Floridian islet
- 42 China brand
- 44 Banned contaminants
- 45 Kitchen output
- 46 Part of 45 Across, often
- 48 Uncool
- 49 Quaintly ancient
- 50 One way to cook fish
- 52 Startling shout
- 53 Alias
- 56 Hope's partner, often
- 58 Disgusting!
- 61 Destroyed fireboat, in all honesty
- 64 Passionate
- 66 Know these to be proficient
- 67 Enters

- 68 Contends
- 69 Darlings
- Down**
- 1 Blueprint detail, briefly
- 2 Route
- 3 Resident
- 4 Bert Bobbsey's twin
- 5 Pennsylvanian buggy drivers
- 6 Ornamental fabric
- 7 Sibling's daughter
- 8 "It will pay for --- in no time"
- 9 Equipment
- 10 "--- Buttermilk Sky" (Hoagy Carmichael)
- 11 A moon of Jupiter
- 12 Dating from
- 13 "--- it Romantic?" (Rodgers & Hart)
- 15 1998 John Travolta movie
- 20 In the arms of Morpheus
- 23 Commotion
- 25 False witness
- 26 I reckon
- 27 Colorful tree in the fall
- 28 "Stop all the clocks" poet
- 29 Raggedy ---
- 31 Banff tourist attraction
- 32 Apprehension
- 33 Panache
- 36 Maiden appearances
- 39 Yak pack
- 40 GMT minus 4h
- 43 "... --- shall die ("It Must Be Him", Vikki Carr)
- 45 "Mr. Brown Can --- ! Can You?" (Dr. Seuss)
- 47 Fail to experience

Crossword Puzzle Number 340 Solutions

1	I	S	A	A	C		6	M	O	S	S		10	S	H	A	D	
14	P	E	N	A	L		15	U	H	O	H		16	L	U	R	E	
17	O	M	A	H	A		18	S	I	T	E		19	E	R	I	N	
20	D	I	S			21	S	C	H	O	O	L	23	B	U	S	E	S
			24	T	O	P	A	Y				26	T	U	T	T	L	E
27	P	L	A	N	E	T			29	B	E	E	C	H				
31	E	A	S	E	D		32	C	L	E	R	K		33	W	V	A	
36	S	K	I	S			37	S	A	I	L	S		38	C	O	I	N
39	T	E	A			40	B	U	R	N	S		41	F	O	U	N	D
				42	B	R	I	S	K			43	V	O	L	L	E	Y
44	U	P	B	E	A	T				47	F	I	R	E	D			
48	P	R	E	G	N	A	N	C	I	E	S		51	H	A	H		
54	S	I	N	G			55	B	E	O	N		56	A	L	A	M	O
58	E	D	I	E			59	L	A	D	D		60	L	E	V	I	S
61	T	E	N	D			62	E	R	A	S		63	E	X	E	R	T

- 51 Celestial ram
- 52 After all this time
- 53 "A Bug's Life" princess
- 54 Eye make-up powder
- 55 Early homicide victim
- 57 Quagmires
- 59 "True ---" (John Wayne movie)
- 60 Cackleberry producers
- 62 Before, to a bard
- 63 Navigation hazard
- 65 Finder's reward

J	U	D	A	S	H	W	S	J	N	Q
H	O	Y	J	A	O	S	G	N	I	K
G	Q	L	R	R	L	U	A	P	S	S
T	U	O	S	J	E	H	A	D	T	P
N	T	H	O	A	E	S	D	A	A	E
E	I	H	S	R	N	D	R	S	V	M
P	N	T	O	T	U	O	A	E	Q	G
E	E	D	N	M	M	T	M	V	V	O
R	S	I	L	Q	A	A	G	I	I	L
A	A	R	O	N	G	S	R	L	S	D
S	U	S	E	J	I	L	U	K	E	B

- | | | |
|--------|--------|---------|
| Aaron | Holy | Saint |
| Adam | Jesus | Satan |
| David | John | Simon |
| Easter | Judas | Sin |
| Esau | Kings | Star |
| Eve | Luke | Thomas |
| Evil | Magi | Torah |
| God | Mark | Verse |
| Gold | Paul | Worship |
| Herod | Repent | |

B	E	K	L	I	J	E	S	U	S
D	S	R	L	S	G	N	O	A	R
L	I	G	A	G	I	L	O	A	S
O	V	M	T	M	N	D	E	M	R
G	O	E	O	A	E	O	T	O	P
M	V	S	R	N	D	R	S	V	E
E	A	E	S	D	A	E	S	D	A
P	A	D	T	H	E	J	O	S	T
S	S	A	P	U	L	R	R	G	O
K	I	N	G	S	J	A	O	Y	H
Q	N	J	S	W	H	S	A	V	J

Sudoku Puzzle Number 315 "Easy"

4		9	7		2		6	
	2		4					
	8	2	3					
6								1
		4			5	6	2	
		6		5		2		9
	4	5		1		7		
				3				

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You can make donations online at www.pccjournal.com - Thank you!

Sudoku Puzzle Answers 314

1	9	6	5	4	3	7	2	8
7	4	8	9	1	2	5	6	3
2	5	3	7	6	8	1	4	9
8	3	2	1	7	9	4	5	6
4	7	5	2	8	6	9	3	1
9	6	1	3	5	4	2	8	7
5	8	9	6	2	7	3	1	4
6	1	7	4	3	5	8	9	2
3	2	4	8	9	1	6	7	5

Classifieds

ANNOUNCEMENTS

Emigrant People's Market, located at 8 Story Road, Emigrant, MT 59027, on the lawn of St John's Church. Saturdays 9-1 pm. June -October, weather permitting. Locally created goods and eclectic curated items. New vendors welcome. Email emigrantpeoplesmarket@gmail.com for information.

Opportunity to serve your community on the Board of Trustees!

The district is looking for two individuals who are willing to serve as a part of the Arrowhead School Board of Trustees.

- Appointed until next school election May 2025
- One-year terms

Send questions or request for application to: Cinda Self, District Clerk csself@arrowheadk8.org.

HELP WANTED

Coffee Creek Espresso is hiring full and part-time Barista positions. This is a fast, friendly, fun environment. Come join our team!! Please pick up an application at Coffee Creek if you are interested. Located in the Albertson's Parking Lot.

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- **2 Elem Teaching Positions** (1 with P endorsement preferred)
- **Music and Art Teacher** Salary D.O.E, health, dental, and/or vision, certified staff shall be given full step credit on the salary schedule for up to (10) years teaching experience.
- **Paraprofessional** Monday-Thursday some Fridays, \$18/hour, health, dental, and/or vision
- **High Needs Paraprofessional** Monday-Thursday some Fridays, Hourly Wage D.O.E., health, dental, and/or vision
- **Bus Driver**
- **After School Coordinator**
- **After School Assistant**

More details and Applications for all vacancies may be picked up at the Arrowhead Elementary School in Pray, or visit our district website at: Arrowheadk8.com. Questions please reach out to Johanna Osborn, Principal 406-333-4359 or josborn@arrowheadk8.org.

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St. Mary's Catholic School has two openings for the 2024-2025 school year. We are seeking a **full-time head cook/food service director** and a **full-time preschool teacher**. Please contact Melissa Beitel at (406) 222-3303 or mbeitel@stmaryscatholicschool.net.

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SERVICES

shop, 908 East Park Street, Livingston, calling 406-222-0214 or email: bob@oconnorautobody.com. O'Conner's Auto Body is a busy shop, and has been making the community's autos look like new for over 50 years.

Come Join Our Kenyon Noble Team! Kenyon Noble Lumber & Hardware's Livingston location is currently accepting applications & hiring for Warehouse Associates and Delivery Drivers. No experience necessary—we will train! Offering competitive wages and great benefits packages. For more information and to see the complete job listing visit us at kenyonnoble.com/jobs. You can also apply online!



911 Communications Officer
The City of Livingston, Montana, is hiring for two full-time 911 Communications Officers who will be responsible for performing dispatch duties for first responders throughout Park County. The most important qualities for success are: ability to work well under pressure and ability to communicate effectively with callers and emergency responders. High attention to detail, strong customer service skills, familiarity with city and county geography and locations and the ability to type 40 WPM. The ability to multitask, work with frequent interruptions, handle complex customer calls, and maintain highest standards of confidentiality and integrity. Benefits include health insurance, paid time off, retirement, holidays and ongoing professional training and development. Join an amazing team of first responders and serve your community! Apply online at <https://www.livingstonmontana.org/jobs>.

Firefighter/Paramedic – Full-time
The City of Livingston, Montana is seeking a highly-motivated individual to perform the role of Probationary Firefighter/Paramedic within the Livingston Fire Rescue (LFR). This is a full-time, benefit eligible role in LFR with the primary duty assignment in a shift staff role participating in and making a positive contribution to the operations of your assigned shift. This position reports to the Shift Captain, under the direction of the Fire Chief and helps with cross staffing and performs other duties as assigned. Livingston Fire Rescue is a unique fire department nestled in the mountains of Southern Montana with one of the most advanced EMS systems in the state. We are a growing city situated along the Yellowstone River with our own unique challenges in the Montana

rural/urban interface. We offer structural fire suppression, all-hazard rescue response, advanced EMS (Critical Care Paramedic and Community Paramedic services), technical rescue opportunities, airport ARFF, HAZMAT, and wildland response teams. Come join our team and live and work in one of the most beautiful places in America. Less than one hour from Yellowstone National Park and the Bozeman Yellowstone International Airport. For outdoor enthusiasts this is an amazing destination for hiking, hunting, fishing, skiing and other outdoor winter or summer sports! Apply online at <https://www.livingstonmontana.org/jobs>.

Yellowstone Forever is hiring several full-time, year-round positions with benefits. Complete position description and applications are available on our website <https://www.yellowstone.org/who-we-are/jobs/>. Maintenance Manager, Salary range \$76,523 – \$84,538 based in Gardiner. Warehouse and Logistics Manager, \$78,867 - \$87,803 based in Gardiner. Development Coordinator, \$25.73 – 28.12 per hour based in Bozeman, MT.

The **Gardiner School** has openings for the following coaches for the 2024-2025 school year: Head junior high volleyball & Asst. H.S. Football coach. The coach's responsibilities include developing practice plans and leading practices, providing motivation and advice during competitions, and fostering good mentorship with the Bruin athletes and staff. Outstanding candidates are highly-motivated, committed, disciplined, and patient. Please send a letter of interest to Carmen Harbach at Carmen@gardiner.org or call the Gardiner school 406-848-7563.

Gardiner Public School is looking for a part time classroom aide for teacher support and other studentcentered activities. Hours will be from 10:00-3:00, Monday through Thursday, beginning August 21, 2024. Our school is a great place to work, email Laurie Smith at lsmith@gardiner.org if you have any questions or call 406-848-7563. Job applications can be found on our website at www.gardiner.org or at the front desk of the school (510 Stone Street, Gardiner, MT, 59030).

Windrider Transit Relief Bus Driver
Park County is seeking a Transit Relief Bus Driver to join the Windrider Transit team. This part-time position (10-15 hours/week) involves safely operating buses, providing excellent customer service to passengers, and ensuring compliance with safety regulations. Ideal for those who enjoy interacting

with diverse community members. Candidates must have a valid Montana Driver's license and will be subject to comprehensive drug testing. Join us in serving the community with friendly, reliable transportation services! This job will be open until filled with priority given to applications received by July 2, 2024. To apply go online to: <https://jobs.parkcounty.org/jobs>.

Museum Curator - Immerse yourself in the captivating world of history and culture as the Museum Curator at Yellowstone Gateway Museum. Join our dedicated team in preserving and showcasing Park County's rich heritage through artifact collections, engaging exhibits, and educational programs. With a dynamic work environment and opportunities to collaborate with passionate individuals, this role allows you to make a meaningful impact on our community's understanding and appreciation of its past. Apply now to embark on a fulfilling journey with us! This position will be open until filled. To apply go online to: <https://jobs.parkcounty.org/jobs>.

Short-Term Road Worker - Join our dynamic Public Works Department as a short-term Road Worker, where you'll be at the forefront of maintaining county roads and bridges. From operating patching equipment to mowing scenic routes, your days will be filled with diverse tasks. With opportunities to work independently and collaborate with various stakeholders, including the public and governmental agencies, this role offers a blend of autonomy and community engagement. Embrace the challenge and make a tangible impact on the infrastructure that shapes our county's landscape. Apply now to drive change, quite literally, in Park County! There are multiple short term or seasonal positions available and this job will be open until all are filled. To apply go online to: <https://jobs.parkcounty.org/jobs>.

Deputy County Attorney - Join our team at the Park County Attorney's Office as a Deputy County Attorney, where you'll play a vital role in prosecuting criminal offenses and providing legal counsel to County government, including all agencies and boards. This is part-time position, equivalent to 0.6 FTE or 24 hours per week. As a Deputy County Attorney, you'll handle a diverse range of responsibilities including legal research, drafting pleadings, conducting investigations, presenting to a court or jury, participating in mediations and settlement conferences, and oral argument. If you're a skilled attorney with a passion for public service and making a difference in your community, apply now! The job will be open until filled.

How to place your Classified Ad!



We have three classified ad packages to choose from, your ad will be displayed for 7 days, will also be added to the Park County Community Journal website AND the Park County Dugout website.

1-40 words \$10 • 41-50 words \$12 • 51-70 words \$15

To place your ad go online at www.pccjournal.com or email community@pccjournal.com and someone will call you back for payment.

If you need more space, please call Steph at 406-220-0919 or email Steph at community@pccjournal.com for more information on placing a larger classified ad.



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Your Local Real Estate Market Experts

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5 9th Street Island Drive
Land with Mobile/Manuf.
.415 acres | #394091 | \$399,000
Theresa Coleman | 406-223-1405



320 South C Street
1 bed 1 bath | 440 sq ft
#385422 | \$300,000
Ernie Meador | 406-220-0231



225 S Main Street
Commercial Sale | 1,380 sq ft
#394188 | \$785,000
Ernie Meador | 406-220-0231



150 Arcturus Drive
3 beds 2.5 baths | 1,733 sq ft
#394245 | \$695,000
Jon Ellen Snyder | 406-223-8700



303 1st Street E
3 beds 2.5 baths | 1,888 sq ft
#390264 | \$675,000
Tammy Berendts | 406-220-0159



1207 Sweetgrass Lane
4 beds 2.5 baths | 2,362 sq ft
#392744 | \$675,000
Jon Ellen Snyder | 406-223-8700



121 E Montana Street
3 beds 1 bath | 2,350 sq ft
#394257 | \$399,000
Jessie Sarrazin | 406-223-5881



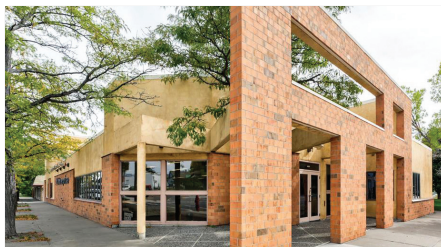
TBD Moose Meadows Rd
Land Listing | 19+ acres
#394183 | \$395,000
Ernie Meador | 406-220-0231



8 Proghorn Trail
3 beds 3.5 baths | 3,268 sq ft
#391724 | \$1,650,000
Julie Kennedy | 406-223-7753



31 Story Road
4 beds 3 baths | 3,396 sq ft
#393111 | \$625,000
Jon Ellen Snyder | 406-223-8700



401 S Main Street
Commercial Sale | 10,375 sq ft
#384182 | \$2,200,000
Ernie Meador | 406-220-0231



7 Clear Springs Road
Land Listing | 22+ acres
#388239 | \$599,000
Julie Kennedy | 406-223-7753



1223 W Crawford Street
4 beds 1 bath | 2,082 sq ft
#392322 | \$479,000
Baylor Carter | 406-223-7903



93 Balfour Loop Road
Land Listing | 20+ acres
#392067 | \$335,000
Aurora Fritz | 406-224-2501



321 Stone Street W #1-4
Multi-Family | Fourplex
#392381 | \$1,200,000
Tom Gierhan | 406-220-0229



48 O'Halloran Road
2 beds 3 baths | 2,112 sq ft
#386989 | \$825,000
Julie Kennedy | 406-223-7753

Meet the Team...

He and his wife, Shelley, met while Tom worked as the accounting manager for Yellowstone National Park's concessionaire. In 1997, Tom received his real estate license, and he and Shelley made the decision to move away from Yellowstone and join the "real world." Leaving Montana was never considered an option, and they found Livingston the perfect fit. "Our departure from the Park has been met with both

joy and reminiscence – we are delighted to call Livingston, Montana our home!"

1998 was especially kind with the September arrival of their adorable son, Josh. The Gierhans have chosen to settle in Livingston, Montana because of the wonderful people within the area and the proximity to

Tom Gierhan

Broker

CRS, GRI, Distinctive Properties, RENE
406-220-0229 • tom@eralivingston.com

the mountains they love. If you're new to this area, they sincerely hope you fall in love with it as they have. If you're one of the locals, thank you for your continued kindness, as well as for your efforts in the making and keeping of this special place.

"It's been three years since Tom Gierhan assisted me in locating and purchasing my property and home just south of Livingston, Montana. I am so pleased with the results that I to this day refer acquaintances to his ERA office in Livingston! On a scale of 1 to 10 - Tom Gierhan rates a 12! -Verlyn Grange



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Robyn Erlenbush CRB Broker Owner | Each office independently owned & operated.