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SUNDAY EDITION • July 7, 2024

Big Brothers Big Sisters, Get Involved

By Tony Crowder

It takes a village to raise a child is a widely touted proverb with alleged origins in Africa, one of the cradles of human civilization. In various African cultures, the saying roughly translates from one of many dialectical and linguistic variations to phrases like *regardless of a child's biological parents, its upbringing belongs to the community*, or *a child does not grow up only in a single home*, and *a child belongs not to one parent or home*.

Though not explicit, this is the core philosophy underlying the mission of Big Brothers Big Sisters of America, a nationwide non-profit organization serving over two million children through 235 agencies and 400,000 volunteers by creating and supporting one-to-one mentoring relationships that ignite the power and promise of youth. Through a variety of free programs, Big Brothers Big Sisters (BBBS) pairs a child, or a "Little", with an adult or adolescent mentor, a "Big", to create connections with transformative potential for individuals, families, and communities.



BBBS got its start during the early 20th century in New York City, commencing with 39 volunteers committed to mentoring young boys with a penchant for mischief. These pioneers were recruited by a court clerk who observed the basic notion that troubled boys from broken homes could benefit from a little guidance. In only eight years it spread like wildfire to 26 cities across the United States and held its first national conference in 1917, 13 years following its inauguration.

Subsequently, it would be the subject of a film released by Paramount Pictures in 1923, receive chartership by congress in 1958, and garner bipartisan support from several United States presidents, including Calvin Coolidge, F.D.R., Clinton, George W. Bush, and Obama. Initially formed to serve young boys,

the organization would eventually merge with Catholic Big Sisters in 1977, a similar movement with early 20th century origins erected by a faction of the New York City Catholic church called the Ladies of Charity, whose intention was to support young girls from the children's court.

Today, they operate in all 50 states and 12 countries worldwide,

including southwest Montana. Lydia Islas has been the Livingston program manager since 2022 and has three and half years of experience volunteering with the program as a Big Sister. Before joining the cause Lydia worked in community nutrition until she came across a posting for her current position. She's

now responsible for recruiting, enrolling, and matching Bigs and Littles, an



Big Brother Mark and Little Brother Nevin



Little Sister Gracee and Big Sister Nicole

intricate process part investigation, part intuition— standardized but with a subjective twist.

Lydia conducts interviews with Bigs, Littles and parents alike to form matches based on personality, life experiences, preferences, and interests. Interviews are deeply personal for all parties involved, resembling a therapy intake, wherein

See Big Brothers Big Sisters, Page 9

The 6th Annual GIVE A HOOT Campaign Launches With Largest Ever Matching Pool



Monday, July 1st, kicked off of the sixth annual GIVE A HOOT campaign, hosted by the Park County Community Foundation. GIVE A HOOT is Park County's month-long community-giving challenge that inspires people to support their community by donating to local nonprofits. From July 1st to July 31st, people can give to their favorite Park County nonprofits and unlock partial matching grants—making their gifts go further. In its first five years, the campaign has raised over \$7.8 million from nearly 16,000 donations in support of 97 participating nonprofit organizations.

"As housing prices rise, it's become much more expensive for locals to live in

Park County, and this has only amplified the need for a well-funded and high-capacity nonprofit sector, explains Gavin Clark, executive director of the Park County Community Foundation.

"GIVE-A-HOOT is really a fun celebration of our nonprofit sector. It's not just about raising money—it's about praising and highlighting



the work that nonprofits do year-round for 12 months, 365 days, nonstop."

Thanks to the generosity of a core group of committed philanthropists and businesses, all gifts made by the public to participating nonprofits will be

eligible for partial matching funds. GIVE A HOOT Matching Pool Supporters not only provide partial matching funds but also

ensure participation is free for nonprofits, allowing for 100 percent of all donations to go to the donor-designated nonprofits.

The 2024 campaign is opening with a record-breaking \$430,000 in the Matching Pool and community members are invited to make additional gifts into the matching pool throughout the campaign. As a further incentive, the JAKET Foundation has agreed to match additional donations directly to the Matching Pool dollar-for-dollar, up to \$50,000.

"GIVE A HOOT was created to inspire people from across Park County to support and celebrate our local nonprofits," said Clark.

See GIVE A HOOT, Page 5

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Famous Montana Dinos and Prehistoric Heroes...

by Joyce Johnson

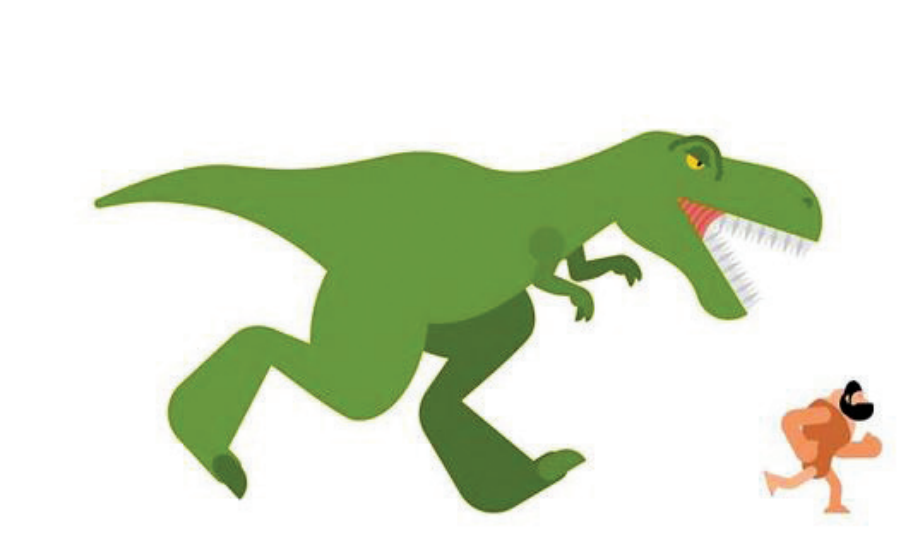
Before I wrote this tale, I checked the internet for facts,... and, ahem, ended up in the tumble dryer of conflicting info as usual. One source stated "Dinos went extinct 62 million years before man arrived." (Another source said 65.) Then I happily found, "A study says that early mammals were evolving *before* a massive asteroid hit the planet 66 million years ago and therefore lived briefly with dinosaurs." Also, a new study published in the journal, *Current Biology*, says that our "Human ancestors *did live* with dinosaurs for a short time before the beasts went extinct," which explains ancient rock art that shows man drew dinos, and though eye-popping, riding one but which "science" poo-pooos even evidence, for some reason. So I tell the tale anyway, and in *my* way:

The History of Civilization happened in a simple series of poignant *First*s: One day in what is now Montana, our great great, etc, grandfather, Neanderthal man, and friends, saw a growling, slobbering T Rex the size of a mountain as the story was later told, and was about to pounce on an unknown caveman for lunch. But instead of running like heck the other way, our brave Neanderthal made a pivotal decision and said to his fellow cave-



dwellers, "[grunt] Ooga gak ugh mookaga guhpooey!" It sounded like he had a frog in his throat, but the translation was, "Hey guys, if we work together, we could take that thing down." It was the birth of **T**-eam work! *Get it?* Anyway, they pulled the poor guy to safety just in time and together threw all their spears, clubs and assorted stuff laying around at it, and one of the rocks hit the big bully on the noggin just right, and its eyes rolled and it went down with a thunderous ka-boom! They took the grateful stranger to their cave nearby where he locked eyes with a pretty young female,... and stayed. That was the next step in the civilizing thing—the romancing of other tribe members, instead of clubbing each other and stealing women. They decided to talk things over instead or at least grunt and act out their thoughts which was the first game of charades, well, really. The next step to our ancient civilizing was they befriended and fed a doglike creature because it was following them and helped them hunt. The wild thing hung around the cave too, and the women and kids tamed it. You know the rest.

Finally, one day, exhausted and stressed out, our hero Neanderthal with stinging eyes and a heaviness in his chest, dragged himself to a remote corner of the cave, and threw a mammoth skin over his head. He then slumped down into what became the first lotus position, and went inside himself to the mysterious unknown, or perhaps there met the Nagual, his guardian animal spirit. After a while the burdens of violent daily survival,



and the disturbing moving pictures behind his eyes went away. He felt forgetful of it all—the first Inner Peace. So, he got under the mammoth skin daily at dawn, and became the chief.

Cobras, super surviving, limbless dinos (sez me), are however sacred in Asia, and admired because they... (gulp)... swallow rats whole and don't choke. But also, the formidable snake, in cycles, feels uncomfortable in its own skin as it outgrows it, so a few times a year it finds a cave and curls up in a corner, loses its sight, and sheds its skin. It grows a new skin, and it's sight comes back, and of course then slithers happily back out into the sunshine with "new clothes." Humans shed their body cells regularly too, and our outdated attitudes if smart, when "*uncomfortable in our own skin.*"

Our Ancients watched and respected many animals, in fact wore their skins

for decoration and power as well as survival warmth. They worshiped nature in general. The sunrises and sunsets were mesmerizing and humbling and he was awestruck by the lights in the night sky (we still are). And when fire was mysteriously "captured," or the secret to making it was revealed, paleo experts suggest that our ancestors hit a new level of growth. Interpretations, epic legends and myths are old and unending around it all. But slam-dunk down to Earth, mankind still must just daily deal with what is in front of him, whether it is a stubbed toe or a T Rex, who still exists in various forms and man's "creations." The Dino's existence ended on earth, sure as the sunrise, but that day our ancient kin acted on a timeless spark waiting in the heart, lit by the Light that will always transcend the Dark.



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The Absaroka-Beartooth Wilderness Area, with its four mountain ranges and 900,000+ acres, is part of the vast Greater Yellowstone Gateway ecosystem—one of the last unspoiled ecosystems in the country. This Wilderness Area was created by an act of Congress in 1978, in order to preserve the beauty of the area that borders Yellowstone National Park (YNP).

After two private companies proposed gold mines in the area north of Yellowstone in 2015, local efforts created an additional law that permanently bans mining on 30,000 acres of Custer-

Gallatin National Forest. This was signed into law in March of 2019.

As the names indicate, the Absaroka-Beartooth Wilderness is made up of these two mountain ranges, where there are 28 peaks at over 12,000 feet in elevation. Although the ranges parallel each other, they are very distinct. Steep, forested valleys and craggy peaks mark the Absarokas. The Beartooths have amazing, high plateaus dotted with many lakes. The tallest mountain in the Beartooth range—Granite Peak—is also the state’s highest, with an elevation of 12,799. It’s located



in Park County.

The Absaroka Range’s most frequented trails to choose from are: Suce Creek, Deep Creek, Pine Creek, Mill Creek, Emigrant Gulch, Sixmile, Joe Brown, Eagle Creek, Cooke City, Boulder River, West Boulder River, and Livingston Peak.

To the east, toward Big Timber, are the beautiful and diverse Crazy Mountains. Their most frequently traversed trails are: Cottonwood Creek, Bennett Canyon, and Big Timber Canyon. Some of these offer Forest Service cabins and campgrounds.

The Gallatin Range’s most frequented trails are: Trail/Newman Creek, West Pine Creek, Big Creek, Rock Creek, Tom Miner Creek, and Sphinx Creek. A number of

these trails will connect you to a network of other trails.

As you can imagine, there are hiking trails offering many skill levels. From taking a simple walk around the Natural Bridge Falls Park, or making your way up with little ones and a dog to the waterfall at Pine Creek. For more professional hikers, the Absarokas, Crazies, and Gallatin Ranges will have just what you are looking for.

So, if hiking is your thing, head to the Forest Service office to plan your trip. Or visit the Yellowstone Ranger District office, located south of Livingston at 5242 U.S. Highway 89 South, or call them at 406-222-1892. This office serves the Big Timber area as well. They have all the hiking brochures, maps, and up-to-date information on trails, cabin rentals, and campgrounds. You can also visit Recreation.gov, or call 877-444-6777. The Gardiner Ranger Station is on 805 Scott Street in Gardiner, off U.S. Highway 89 South. Call 406-848-7375.

Life Lessons

Great truths about life that Adults have learned:

1. Raising teenagers is like nailing jello to a tree.
2. Wrinkles don’t hurt.
3. Families are like fudge... mostly sweet, with a few nuts.
4. Today’s mighty oak is just yesterday’s nut that held its ground.
5. Laughing is good exercise like jogging on the inside.
6. Middle age is when you choose your cereal for the fiber and not the joy.
2. Forget the health food, I need all the preservatives I can get.
3. When you fall down, you wonder what else you can do while you’re down there.
4. You’re getting old when you get the same sensation from a rocking chair that you once got from a roller coaster.
5. It’s frustrating when you know all the answers, but nobody bothers to ask you the questions.
6. Time may be a great healer, but it’s a lousy beautician.
7. Wisdom comes with age, but sometimes age comes alone.

Great truths about growing old:

1. Growing old is mandatory, growing up is optional.

Quick One Liners

How do you catch a tame rabbit?

Tame way, unique up on it.

What lies at the bottom of the ocean and twitches?

A nervous wreck.

What do you call a boomerang that doesn’t work?

A stick.

What do you call cheese that isn’t yours?

Nacho cheese.

What do you get from a pampered cow?

Spoiled milk.

What's the difference between roast beef and pea soup?

Anyone can roast beef.



Why do gorillas have big nostrils?

Because they have big fingers.

What’s the difference between a bad golfer and a bad skydiver?

*A bad golfer goes; whack, dang!
A skydiver goes; dang, whack.*

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Elk River Books Presents Chérie Newman

Bozeman-based public radio producer, Chérie Newman visits Elk River Books to discuss her new memoir, *Other People's Pets: Critters, Careers, and Capitalism in Yellowstone Country*, on Thursday, July 25th at 7 pm.

When most of her freelance income disappears during the recent world-wide Covid shut down, Newman falls back on an old skill—pet sitting. But she soon realizes that everything has changed. The town of Bozeman has changed. She has changed. A side-hustle that used to be simple has become complicated.

Fans of the series 'Yellowstone,' as well as thousands of pandemic refugees, have swarmed Bozeman,

wreaking havoc on the environment, local culture, and the economy. Many of her new clients are self-centered and thoughtless.

Most of the pets are unruly and needy. After a few crazy experiences, she begins to wonder if she should continue accepting critter-sitter gigs. But then she has to face the hard truth: She needs the money.

This entertaining memoir weaves humorous tales about dogs, cats, chickens, and a turkey with Newman's personal stories of her



life-long quest to earn a bare-bones income in a place called 'The Treasure State,' and to survive in a town where the privileged few park their private

jets at the airport and then hurry off to spacious multi-million-dollar homes, while locals struggle to afford a studio apartment.

Newman is a writer, musician, audio producer and editor. For 12 years she worked at Montana Public Radio, where she created hundreds of programs, news stories and podcasts. Chérie may be remembered as the former host of

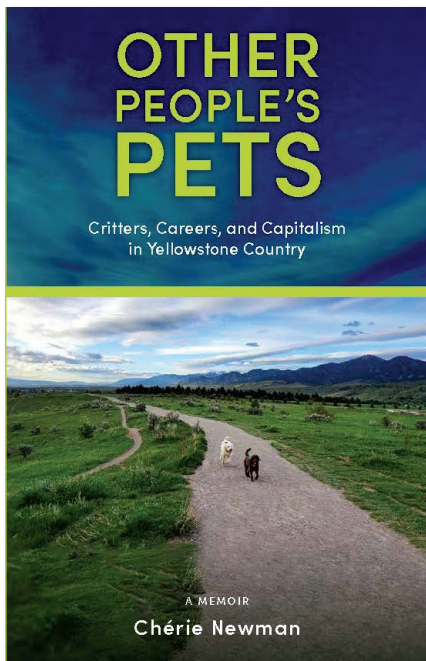
MPR's "The Write Question."

She has recorded interviews in

studios located in Bozeman, Missoula, Spokane, Billings, Burbank and Los Angeles, as well as in coat closets, farm fields, libraries and hotel rooms. Her articles, profiles, essays and book reviews have been published in numerous magazines, newspapers, literary journals and newsletters, and

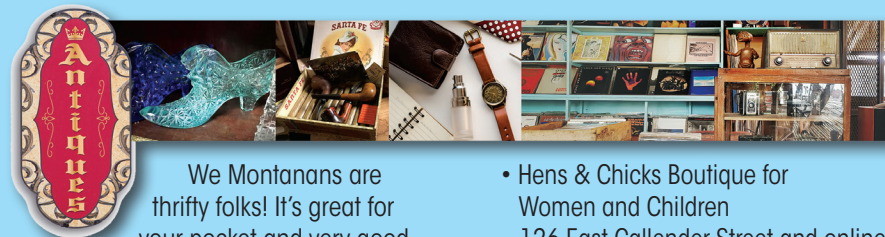
she blogs at MagpieAudioProductions.com and cheriewrites.com.

Elk River Books is located at 122 S. 2nd St. in downtown Livingston. The free event is followed by a book signing and reception. For more information, send an email to info@elkriverbooks.com or call (406) 333-2330.



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- Junk and Disorderly, 619 East Park Street, 406-224-5258
- Montana Roots Secondhand Store, 219 South Main Street, 406-222-9225
- Out of the Blue Antiques, 211 South Main Street, 406-223-4015

- Hens & Chicks Boutique for Women and Children
126 East Callender Street and online
406-930-3148

Big Timber

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- Country Crossroads Antiques, 406 East 1st Avenue, 406-932-4649
- Petal Pushers Florist & Vintage Antiques
216 McLeod St., 406-932-4857
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Thursday, July 11th - Tomato soup, grilled cheese, fruit, milk

Friday, July 12th - Cook's choice

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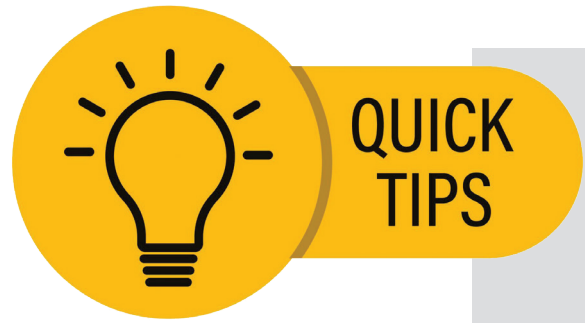
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Insurance Tips

with Daryn Hendrickson

Insurance Pricing Got You Down?

In the past year or so, I bet you have received your insurance renewal notices on your auto or homeowners’ policies and have noticed an increase in your pricing.

Based on a S&P Global study earlier this year, insurance companies on average increased their homeowners’ insurance premiums by more than 11% last year and Auto insurance premiums are climbing even faster, far outpacing overall inflation. What can insurance consumers do to combat these rate hikes?

DEDUCTIBLE: If you have a vehicle that requires “full coverage”, ask your insurance company or agent to run you quotes with higher deductibles. Many companies have a lot of options for deductible changes, and these changes can have a substantial impact on lowering your insurance cost. This is also true with homeowners’ insurance. Just make sure you can afford that deductible, when and if it comes to having a claim.

WHO’S DRIVING & USAGE: The way you use your vehicle and the mileage you drive effects your insurance pricing. Make sure to review how your insurance



Daryn Hendrickson
R. Dean Hendrickson Ins Agy Inc.
Born and raised in the Livingston area, Daryn has been helping customers with their insurance needs since 2002. He enjoys bike rides with his family, fishing, and barbecuing on the weekends. Daryn is dedicated in providing Auto Insurance, Home Insurance, Life Insurance and Business Lines products to customers and residents of Park and Sweet Grass counties.

company has the policy rated in terms of who is driving and how many miles you drive. Age is also a factor, so make sure your insurance company has the correct driver rated on the policy.

DISCOUNTS: Each insurance company has a handful of discounts that can have a substantial savings potential. Go to your company’s website or talk to your agent and see if any of the discounts they offer are available to you. One of the biggest discounts we see is the bundling concept, combining your



autos and homeowners’ insurance coverage with the same company.

REMOVING COMP & COLLISION: When your vehicle gets older and your vehicle value has depreciated, it might be worth finding out how your pricing can change by removing comprehensive and collision coverage on your auto policy. The insurance experts recommend that when your vehicle value is under \$5000, it may be time to go with a good liability package policy vs. full coverage.

GIVE A HOOT

from page 1

"This year’s Matching Pool supporters not only amplify the impact of every donation but also inspire a profound culture of community philanthropy. Together, we are building a stronger, more resilient Park County."

Last summer’s GIVE A HOOT closed with \$427,000 in the Matching Pool, ensuring that participating organizations received \$0.41 for every dollar they raised, with five organizations receiving the maximum partial match of \$15,000 and an additional fourteen organizations receiving a partial match of \$10,000.

The 2024 Matching Pool Supporters are the Dennis & Phyllis Washington Foundation, in conjunction with Montana Rail Link, Willow Creek Ranch, the JAKET Foundation, the Solso Family Foundation, the Arthur M. Blank Family Foundation, John & Bernice Gillespie, the Harvey & Carol Massey Foundation, Diana & Bruce Rauner, Fishcamp Custom, Frontline Ag Solutions, Donald B. Gimbel, Livingston’s Ace Hardware, HighCamp Compliance, Community Closet, First Interstate Bank, glassybaby foundation, Sal & Carol Lalani, Opportunity Bank of Montana, Joe Phelps, Printing For Less, Sibanye Stillwater, and The Office in Livingston.

This year’s GIVE A HOOT includes a record 94 nonprofits. Ten of these organizations are participating for the first time, including the Artemis Institute and Friends of Park County Search and Rescue Team.

The Artemis Institute supports cultural projects focused on our connection to nature, including community constructions such as the Pine Creek Pavilion, and they plan to use the money raised during GIVE A HOOT to expand coverage through their new publication “Yellowstonian.”

Friends of Park County Search and Rescue Team is a recently founded organization that supports the Sheriff's dedicated volunteer Search and Rescue Team in performing its mission of performing search and rescue operations for the citizens and visitors to Park County. A full list of participating nonprofits and additional information can be found at www.give-a-hoot.org.

“With 94 organizations, this year’s

campaign offers a wide range of choices for where to direct your donation, explains Barb Oldershaw, program director of the Park County Community Foundation. “Gifts can be as small as \$5 and are a great way to show your support for the vital contributions made by Park County’s nonprofit organizations.

Gifts can be made online with a credit card at www.give-a-hoot.org. Donations can also be made by check payable to “Park County Community Foundation” and mailed with a donation form to PO Box 2199, Livingston, MT 59047 or dropped off at GIVE A HOOT Headquarters located in the Park County Community Foundation’s office at 104 S. Main St. in Livingston. The public is also invited to stop by GIVE A HOOT Headquarters Monday - Friday from 9 am to 5 pm during the month of July to learn more about participating organizations or to donate in person.

Note that the office is closed on the 4th of July but will be open during the Livingston Roundup Parade on Tuesday, July 2nd and during Art Walk on the evening of Friday, July 26th. The Park County Community Foundation will also be sponsoring the July 31st Livingston Farmers Market featuring representatives from sixteen participating nonprofit organizations.

Please call the Park County Community Foundation at 406-224-3920 with any questions about how to contribute during the 6th annual GIVE A HOOT community giving challenge.

Donation brochures were mailed this week to homes and post office boxes county-wide and more information can be found online at give-a-hoot.org. GIVE A HOOT is made possible thanks to the long-term support and generosity of the Dennis & Phyllis Washington Foundation, in conjunction with Montana Rail Link, and Willow Creek Ranch.

“Locals supporting locals is central to the spirit of GIVE-A-HOOT but it’s much bigger than that, as is the sense of community many feel, clarifies Clark. “Seasonal residents who are here for the summer have an opportunity to support the things they value which is present in the local non-profit groups advocating for them. You also have millions of people passing through on their way to Yellowstone and who fall in love with Park County along the way. This is their opportunity to give back to a place that has left a positive

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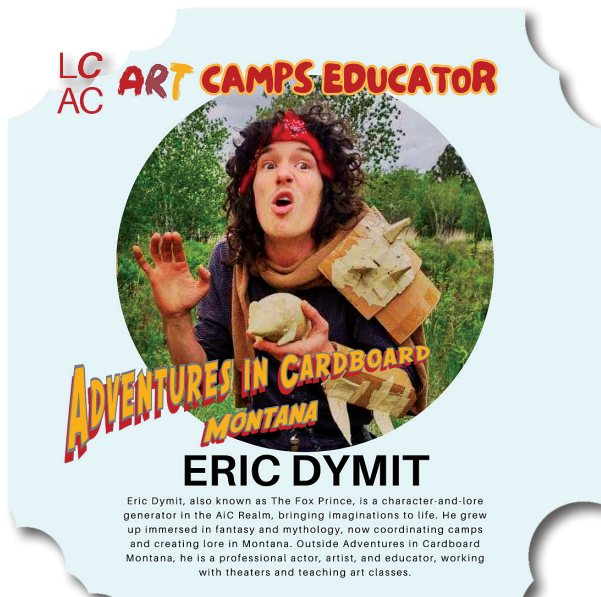
Livingston Center for Art & Culture Presents Adventures in Cardboard Summer Camps

Adventures in Cardboard Montana and the Livingston Center for Art and Culture (LCAC) are teaming up with Youth Summer Camps to offer two fantastical camp experiences. Art Camp Educator, The Fox Prince (aka Eric Dymit) brings imagination to life.

The first summer program hosted by the Academy for Young Witches, Wizards, and Knights for children aged 5-7 is at Sacajawea Park from July 15-19th from 9 am to 12 pm. Tuition is \$140 per child, discounted to \$130 for LCAC members.

This program includes sword-tag games, crafting, improvised role-play, and tactical competitions in a fantasy setting. Campers will create props, and costumes. The participants will be divided into two factions, Chickens and Possums, engaging in collaborative and competitive games to develop virtues and teamwork skills.

For children ages 8-16, the Cardboard Armory Extravaganza event at the Livingston Center for Arts and Culture at 119 South Main Street is



scheduled from July 15-19th from 1-4 pm. The tuition is \$140 per child, discounted to \$130 for LCAC members. Activities include designing and crafting cardboard creations, fantasy storytelling, props, costumes, arms & armor, and building a village. The camp will maintain a staff ratio of 1:5-6 campers, led by artists and teachers, and there will be opportunities for creative outdoor play and fantasy exploration.

Sign up online at LivingstonCenter.org or call 406-222-5222 for more information.

Looking Back...

Sax & Fryer's

with Lindie

My parents, Sterling and Jody Fink, bought the house in 1957. It was my home until 1999, when we sold it for \$169,000. It had six bedrooms and three bathrooms. I can only imagine its value today in 2024...



John Sax, co-owner of Sax and Fryer Bookstore, pictured in front of his home at 222 South 6th Street.

At this time, John Fryer became a partner in the business and the store was relocated to 109 West Callender. The store was renamed Sax and Fryer.

In 1925, Sax sold his interest to Mr. Fryer and Mr. John Haberstroh. John Fryer's son, Frank, and later grandson Johnny Fryer continued operating the store.

It was truly a

mainstay in the community for over 140 years. As you entered the Sax and Fryer store it felt like you were stepping back in time. That signature musk of books and paper products, the antique, mechanical cash registers—they only accepted cash and checks—and even the old-fashioned typewriter on the back counter, served as reminders of Livingston days gone by...

While Johnny left working at the store over a decade ago, the three ladies working for him—Kathleen, Debbie and Marge—kept things running smoothly. He passed away in December of 2023. The store officially closed earlier this year. Many items were donated to the Yellowstone Gateway Museum to preserve this rich history...

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Food Poisoning - Don't eat food left out of refrigeration for more than one hour when the temperature is about 90° F.

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Are You **COOL** For Cucumbers?

By Jill-Ann Ouellette

Cucumbers are a key part of the Mediterranean Diet, a primarily plant-based style of eating that is recommended by the American Heart Association for its ability to help prevent a range of chronic conditions, such as heart disease, stroke and diabetes. A true superfood, cucumbers add flavor and crunch to any meal—no matter what diet you are on, or not!

Let's start by looking at their nutrient richness. Cucumbers contain vitamins and minerals that your body needs to function at its best including: magnesium, potassium, and vitamins K, A and C, supporting everything from bone health to immune strength. WebMD touts that vitamin K helps minimize blood clots and keeps your bones healthy. Vitamin A has many jobs, like helping with vision, the immune system, and the reproduction system.

Cucumbers are hydrating. Because our bodies are more than two-thirds water, adequate hydration is necessary to digest food, regulate body temperature, and keep organs and joints working smoothly. Water also helps you feel full, which can be important to maintaining healthy body weight.

While drinking good-quality water is the best way to stay hydrated, eating



water-rich foods is essential, too. Cucumbers top the list of hydrating foods at nearly 96% water, followed by iceberg lettuce, celery, radishes, and tomatoes. Add some parsley, a dash of olive oil, and a pinch of salt, and you have a wonderful, nutritious summer salad in a snap! You can also add cucumber slices to your water to give it a refreshing flavor and nutrient boost—a win/win!

Cucumbers contain several types of antioxidants, including beta-carotene, fisetin and cucurbitacins. Antioxidants protect your cells and help fight free radicals, which can lead to inflammation, and chronic disease over time. To get the most antioxidant power from your cucumbers, scrub off any coating (wax or otherwise), but leave some of the skin on. No need to scrub cucumbers if you

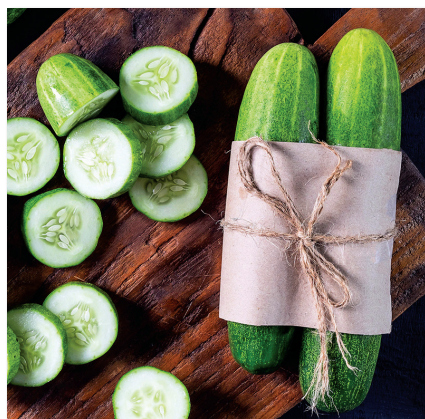
buy them organic, as the healthiest choice, unless you grow them in your own back yard.

As a super bonus, their general antioxidant properties, cucurbitacins have shown promise as a potential cancer therapy in several recent studies, according the Houston Healthcare. And researchers are looking into how fisetin may help prevent and treat neurological disorders like Alzheimer's disease. Wow, that's good news!

The not-so good news is cucurbitacins can taste bitter—we've all tasted a bitter cuke—and they cause gas in some people. "Burpless" cucumbers are bred to have less of these antioxidants for easier digestion.

Cucumbers are blood-sugar friendly, low in calories and carbohydrates, and high in fiber and water, which means they're unlikely to raise blood-sugar levels if you have, or are at risk for, diabetes. Cucumbers can be part of a healthy diet for anyone, but they're especially helpful if you're managing your blood sugar.

Another great benefit of cucumbers is their versatility. You can easily add them to salads and sandwiches for a satisfying crunch, make a cold soup, or pickle them. Plus, their versatility goes beyond eating—



you can even use cucumber slices to cool or moisturize your skin.

WebMD reminds us that eating cucumbers will keep you hydrated all day long. And getting extra water through fruits and vegetables ensures that cells get better nutrition to fight off exhaustion and stay energized throughout the day. Hence, cucumbers make for a good snacking option. Plus, the fiber boost helps you stay regular.

While you can easily pick up cucumbers at your local store, farm stand, or farmers market, you can also reap the benefits of cucumbers when you grow them yourself. All you need is a sunny patch of earth, some cucumber seeds, and a little patience. Whatever way you choose, be sure to get cucumbers on your plate!

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local food matters

by Mary Rosewood

Shopping at the farmers market is an adventure of the best kind. You meet new people, find fun foods to taste/try, find interesting crafts to admire and buy. And we hope plenty of sunshine.

I’ve been exploring Montana farmers markets. There are big ones (like Missoula and Helena) and tiny ones (only one vendor showed up at Wibaux market). Some struggle to be called a “farmers” market, having mostly crafts to offer, while others enforce rules that allow only food items to be sold (such as Yellowstone Valley Farmers Market in Billings, with most of the food grown within 120 miles of the market).

At all of the markets are growers and food producers and artists who are proud of what they do.

Each market has a manager who keeps things running smoothly. The rules they put in place are meant to maintain safety and happiness for everyone. If you have any questions about the market you’re visiting, look for the manager, who often has a central headquarters booth.

Jessica Harvey-Lilley is the assistant manager at the Livingston Farmers Market. She emphasized the posted market rule that says no dogs allowed. Farmers markets get crowded, with people looking at the items for sale. Having pets underfoot can create an uncomfortable if not dangerous situation. Please leave your dog at home and not in your car.

Be a thoughtful market visitor and pick up anything you may drop on the ground. Livingston, like many markets, has a place to deposit trash. If you don’t see it, ask.

Parking varies at markets, but remember that vendors have priority parking near their booths. Keep in mind general access to the market area and don’t block off places where people enter or exit.

Vendors do their best to provide bags, but sometimes they run out or forget them in the rush to get to market. They appreciate when customers bring their own. At the market headquarters booth, you can buy a shopping bag imprinted with the market logo. Since the money goes to support the market, everyone wins. Colorful, reusable Livingston Farmers Market bags are only \$2.

I’ve learned that it’s a good idea to take several bags with you; one for general items, another for delicate purchases (after your much-anticipated jelly doughnut gets



Assistant market manager Jessica Harvey-Lilley shows off a Livingston Farmers Market bag

smashed by a pound of carrots, you’ll remember this tip), and perhaps a plastic one for wet items like flowers. A few small Ziploc bags can come in handy, too.

On hot days, a cooler in the car will help preserve and protect things like meat, fruit, and cupcakes you don’t want that frosting to melt, do you? For hot take-away items, extra containers will be useful.

While electronic payment is available at most markets, many vendors still prefer cash so they can avoid credit card fees. If you use cash, bring small bills so you can give an exact amount to vendors.

Check at the headquarters booth for other payment options, such as tokens, Supplemental Nutrition Assistance Program (SNAP) availability, and senior discounts.

And finally, a shopping strategy that I find helpful.

At a small market, you can scan the area to get a sense of what’s available. However, bigger places, like the Livingston Farmers Market, are more daunting. There’s so much to choose from!

So I begin by strolling through the market to look at everything. Sometimes I stop to ask questions, but mostly I’m taking inventory. Several vendors are selling potatoes; which kind do I want today? I hadn’t expected to get any tea, but wow, this gal has some interesting blends. Will my budget allow for that lovely wooden salad bowl?

You can wander around many times, of course, but when you’re ready to buy, you’ll be more efficient and less likely to run out of money before you have everything you want.

When you make a purchase, chat with the vendor. Several told me they love to talk to customers, and they’re happy to answer questions about what they sell.

So get out to your local market and support the local economy and your health!

But here’s the best tip of all: Have fun!

Recipe by
Carla Williams

RECIPE CORNER

No Bake Lemon Blueberry Dessert

Ingredients

- 3 cups graham cracker crumbs
- 3/4 cup butter, melted
- 2 - 8 oz. pkg. cream cheese, room temperature
- 1 cup granulated sugar
- 1/3 cup lemon juice
- 1 cup 2% milk
- 3.4 oz. box instant lemon pudding
- 21 oz. can blueberry pie filling
- 16 oz. tubs frozen whipped topping, thawed

Instructions

- Mix graham cracker crumbs with butter. Set aside 1/2 cup for optional topping. Press crumbs in bottom of a 13 x 9 dish, and let crust set up in the frig while you work on the next layer.
- In a large bowl, mix

cream cheese and sugar until light and fluffy. Add the lemon juice and milk, mix thoroughly. Add dry pudding last, beat until thoroughly mixed. Batter will be thick. Drop by dollops onto the crust and spread gently into an even layer.

- Drop pie filling on top of lemon layer by spoonfuls to reduce having to spread it. Gently spread into an even layer.
- Top with frozen whipped topping layer and optional reserved graham cracker crumbs.
- Allow dessert to set up in refrigerator for at least 2 hours. Keep refrigerated and enjoy!

CANINE CORNER



by: **Kylie Purcell**

Kylie has been actively training Livingstons dogs since 2009. She began teaching dog obedience with the late, great Jo Sykes, and the rest is history!

Montana Dog Company is proud to offer retail, 24-hour self dog wash, dog training, and so much more. Kylie has competed with North American Dog Agility Council for over 25 years and with many different breeds of dogs. Even though training is her passion, she enjoys the outdoors with her husband, toddler, and baby boy. Livingston is her home and she is here to work for you and your pup! Contact her today!

I would like to look for a new dog. Do you have any advice on where to start?

It’s exciting to think about a new canine addition to your family. There are a few things to consider before jumping in.

Consider the crucial issue—a puppy or dog? Do you have the time a puppy requires versus getting a dog that is fully-trained? Sometimes unrealistic expectations let us think that once we get a dog, we are fine with making any changes in our lifestyle this is not something I recommend.

Find a dog breed that will fit in with your current life. So if you are already a physically-active person looking for an active dog breed to keep up with you, look for an active breed. If you have a family and want more of the family-type dog, etc. If you have a small home, you should consider a smaller breed. If you don’t have a yard, you should consider a breed that does well with limited outdoor time.

Knowing what you have to offer is a great starting point before you start shopping. There are lots of great dogs at our local shelters and rescues. If you’re looking for something they may have listed on their webpages or Facebook pages that’s always a great start.

I also highly recommend checking out purebred registries such as the American Kennel Club to do research to figure out what kind of dog may fit best in your life.

Once you’ve decided on a dog breed, look for breeders that offer genetic testing and structural testing. It’s also important to look for breeders that are producing offspring that should carry the same genetic make up of the breed standard itself, therefore not deviating from any color or structural make up of that breed. Purchasing a dog based on color is not recommended, look at the dog itself based on the breed.

Another great resource is looking for the parent clubs of the breed such as the Golden Retriever Club of America. You will find on most of the websites there’s lots of information regarding the breeds. Many clubs also offer information on rehoming dogs.

Also seek out local resources, such as local veterinarians or trainers as they may have up coming litters or puppies that will soon be available.

In the end, be prepared by having all the necessities ready to welcome the puppy/dog such as a crate, collar and leash, and adequate food for the type of dog that you’re getting, and any toys that you may want to incorporate.

Best of luck in this search and happy training!

Big Brother, Big Sister

from page 1

a plethora of information is collected to inform matching decisions. She shared, “We try to be really thorough with our process because the goal is to have these matches last as many years as possible, and the better Bigs and Littles connect, the more likely that’s going to be the case.” Lydia then uses her insights to make decisions about pairing Bigs and Littles with life changing potential in hand.

Beginning in 1995, the national office has contracted with Public/Private Ventures, an independent national research organization, to conduct studies demonstrating the positive effects of community-based mentoring on youth who have a Big Brother or Sister. The original study included a group of children from eight geographically diverse agencies throughout the United States. An experimental group containing approximately

950 children were matched with a Big Brother or Sister with whom they met three times monthly for one year. Children who had been placed on a waiting list comprised the control group.

Researchers surveyed children and parents from both groups at enrollment and again 18 months later.

Results revealed that those who participated were 46% less likely to begin using illegal drugs, 27% less likely to begin using alcohol, 52% less likely to skip school, 37% less likely to skip a class and 33% less likely to hit someone. The results from these studies have since been replicated and BBBS now releases an annual impact report available online. Additional research shows that mentorship has a positive impact on self-confidence, educational performance, and avoidance of risky behaviors. Results from all studies can be found on the Big Brothers Big Sisters website. What’s evident is that the program is tremendously effective for leveraging childhood and adolescent development.

Lydia has personally witnessed and experienced these success stories, and her devotion to the program is a testament to her belief in its potential. Unfortunately, Big Brothers Big Sisters of Big Sky Country has suffered a recent blow to enrollment numbers and is now seeking children, adolescents, and adults for both community and site-based mentorship programs. The agency currently serves 19 community-based and 9 site-based matches in Park County, yet Lydia is staunch about expanding both programs to children who want a positive role model in their life, including Littles who have enrolled during the current drought and are yet to be matched.

Community-based programs pair children and adolescents ages 5 to 18 with an adult. Matches typically spend four to six hours together per month engaged in activities on a personalized schedule. “It’s truly like two friends hanging out. If you are someone who

is thinking about enrolling and what you like to do is hike or fish or go grab coffee and play a board game with a friend, sign up to be a Big and bring a Little along on those excursions,” Lydia says. Site-based programs pair elementary LINKS students with high school-aged adolescents. Bigs and Littles spend one hour per week together during the academic year in a supervised setting, typically at the child’s school. Both programs require children and adult participants to commit to at least a full year of mentorship to ensure abundant time for building a connection.

For community-based programs, ideal mentors “don’t have to be perfect, they just need to be present,” according to Lydia. Bigs come from all walks of life but should be settled, communicative, flexible, patient, and excited to learn. Adult participants must submit at least three references and are subject to an extensive background check. Except crimes involving children, not all infractions are immediate disqualifiers;

minor offenses are evaluated according to severity and time elapsed. Rest assured child safety is of the highest priority.

Children from all backgrounds are encouraged to enroll though at minimum they must want to participate. She shared, “We have Littles that come from relatively stable home lives, and we have Littles that are currently living with foster parents and have had traumatic childhoods. So yes, we will take any child that wants to be in the program and has a

parent or guardian that’s willing to be in contact with us regularly so that we can make each match successful.”

Participants can expect to receive ample support from their local agency. “I think one of the things that really set our program apart is the support that Bigs, Littles and parents receive to make each match as successful as it can be,” says Lydia. Bigs, Littles, and parents must first complete a pre-match training to review program basics and child safety. Lydia also has two Match Support Specialists on staff who periodically connect with every match to monitor progress, answer questions, provide guidance, and address any issues or concerns. Just like any relationship in life, Bigs and Littles may sometimes struggle to relate, or, in rare cases, fail altogether at forming a meaningful long-term connection. Often times mentorships are salvaged with a dose of mediation, but not always. Even the best Big-Little combinations on paper may need to be closed and rematched.

Lydia also plans monthly match activities, free of cost opportunities for Bigs and Littles to partake in unique experiences like horseback riding at West Creek Ranch—this past month’s featured activity—and white-water rafting—next month’s upcoming expedition, otherwise expensive outings turned accessible through agency funding or sponsorships. The events are meant to foster connections between Bigs and Littles, as well as build community amongst matches. Matches

who click with other duos at these events may make future plans together.

If you’re interested in supporting Big Brothers Big Sisters of Big Sky Country without pursuing a mentorship, the program accepts monetary donations from both individuals and businesses. If you are a business owner, invite Lydia to speak at a staff meeting to recruit employees who may be interested in volunteering. If your business provides a match activity worthy service like those described above, offering free or reduced cost opportunities could also be helpful. Or become a dedicated partner by discounting goods and services for matches. Tru North Café in Livingston provides a free drink for Littles whose Bigs purchase a beverage. These special offers help alleviate costs, thereby removing barriers to and encouraging community engagement. In return, Lydia promotes partners through the agency’s social media accounts.

Lydia is currently recruiting from within the community and is interested in tabling at events or hosting lunch and learns at local businesses. Local artist Brett Ozmentis, a volunteer Big with the program, hosts recruitment-related art exhibitions at his studio on Main Street. These events aim to increase public awareness and educate families about programming using art



Little Brother Blake and Big Brother Brett

mediums like painting.

So, whether you want to enroll or mentor a child, organize a recruiting event with Lydia, or partner with the program as a business, there are many ways to defend the potential of youth in our community through BBBS. And sure, this is an opportunity to give back to your community and make it a better place to live, but don’t forget about yourself. I asked Lydia how Bigs can expect to benefit and received answers like, “meeting with my little is the highlight of my week, they’re so cool” and “I learned so much from them and learned so much about myself through this program.” But it’s how Lydia described her own journey that sums it up for me: “In my experiences as a Big, it’s just so cool to watch a kid become who they are and such an honor and a privilege to watch that happen.”

If you’d like to learn more, please reach out to Lydia at 406-823-0012 or lydia@bbbs-bigskycountry.org. You can also visit their website <https://bbbs-bigskycountry.org/> to apply.

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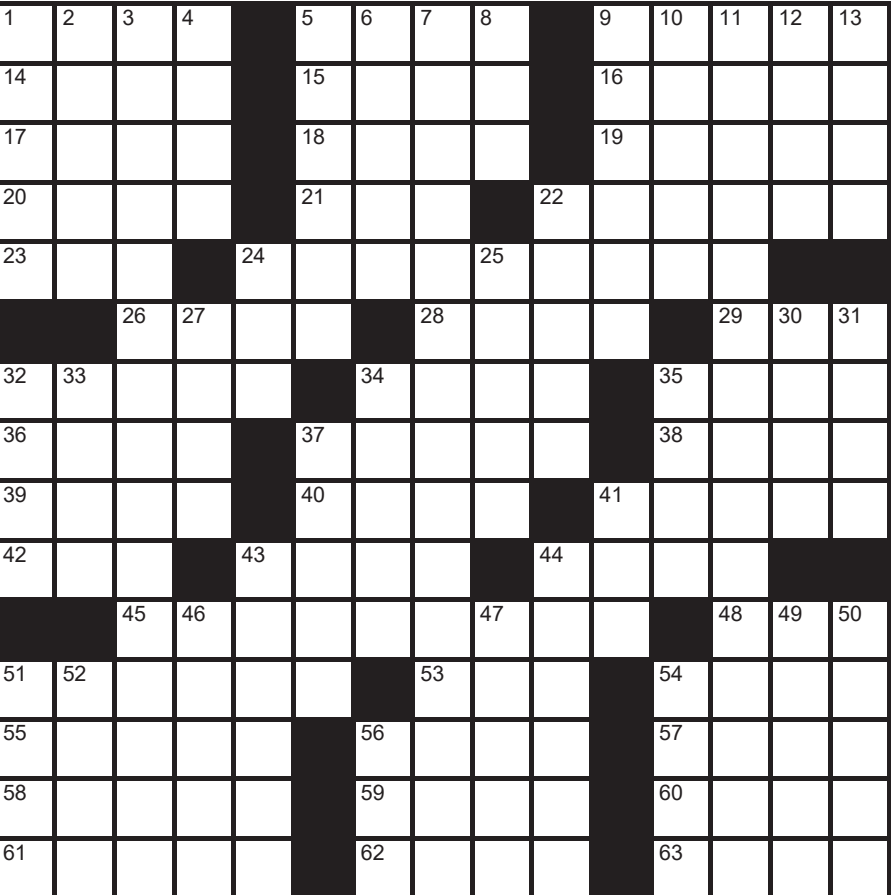
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Crossword Puzzle Number 338



- Across**

1 Hoist

5 Delhi duds

9 With regard to

14 "Give Love ---" (Jonas Brothers)

15 Scheme

16 Defense pact dissolved in 1977

17 Maintenance center

18 "Miss --- Regrets" (Cole Porter)

19 Reasons to call an exterminator

20 One of many dropped by climbers

21 Western Hemisphere discussion forum

22 Walk softly

23 Big bang producer

24 Backing

26 Cackleberry sources

28 Fruit and vegetable giant

29 "Messenger" molecule

32 Unsoiled

34 Great time

35 Letters

36 Handles

37 Holy water receptacles

38 Start of many fairy tales

39 NW Israeli port

40 X and Y, on a graph

41 Concordance

42 Equality St.

43 Three-spot

44 It's over your head

45 Introduced, he'd sure mess about in the end

48 Biochemical energy source, briefly

51 Seaport near Sao Paulo, Brazil

53 Auction nod

54 Federal workplace watchdog

55 Henry VIII's dynasty

56 1% of a right angle

57 Agitate
- 58 "--- ashore'll hurt nobody" (R L Stevenson, "Treasure Island")

59 First-rate

60 It follows Mardi Gras

61 Pith helmet

62 Wander aimlessly

63 Wild gathering
- Down**

1 He --- got a clue

2 "--- Frome" (Edith Wharton)

3 Completely

4 Class

5 Necks

6 Rite place

7 Expressed mild surprise

8 Connections

9 Seek ambitiously

10 Oozes

11 Ever-accelerating

12 Gasoline engine "cyclist"

13 "That which we call a ---, by any other name would smell as sweet" (Shakespeare)

22 Informs

24 "The --- of the Sixth Happiness" (Ingrid Bergman movie)

25 Potential units

27 Relaxation

30 French Riviera hotspot

31 "Jeopardy!" presenter Trebek

32 Hammer end

33 Peanuts crab

34 Lord of the Ring?

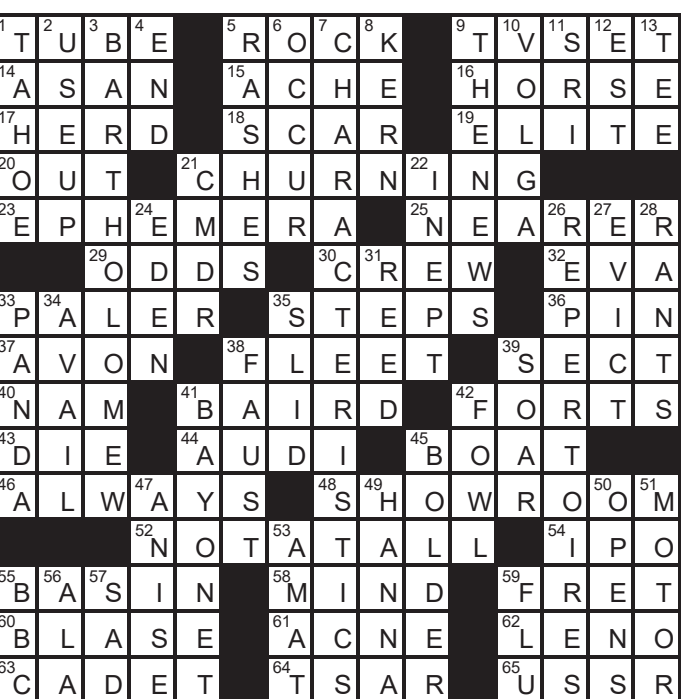
35 Kissing disease

37 Passengers, to a taxi-driver

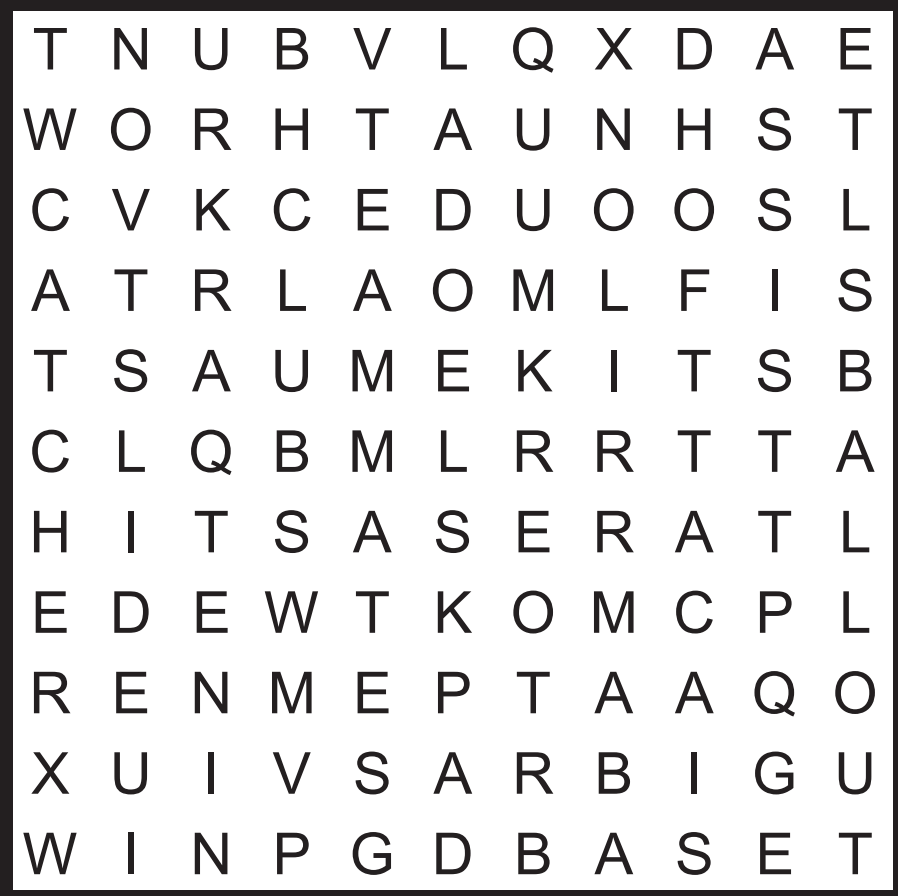
41 Electrically charged particle

43 "According to Jim" actress Courtney ---Smith

Crossword Puzzle Number 337 Solutions



- 44 Harassed
- 46 Pack away
- 47 Roman hunting goddess
- 49 Handy helper for the Addams family
- 50 Kind of line
- 51 "At once!"
- 52 Setting needing no human interference
- 54 "The Scream" was set here
- 56 Krypton is a noble one



- Assist

Ball

Base

Bat

Bunt

Card

Catcher

Club

Deck

First

Foul
- Game

Hits

Home

Lose

Mitt

Mound

MVP

Nine

Out

Park

RBI
- Run

Slide

Sport

Tag

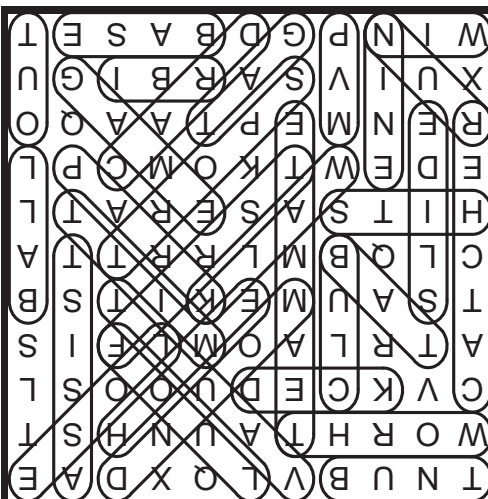
Teammate

Throw

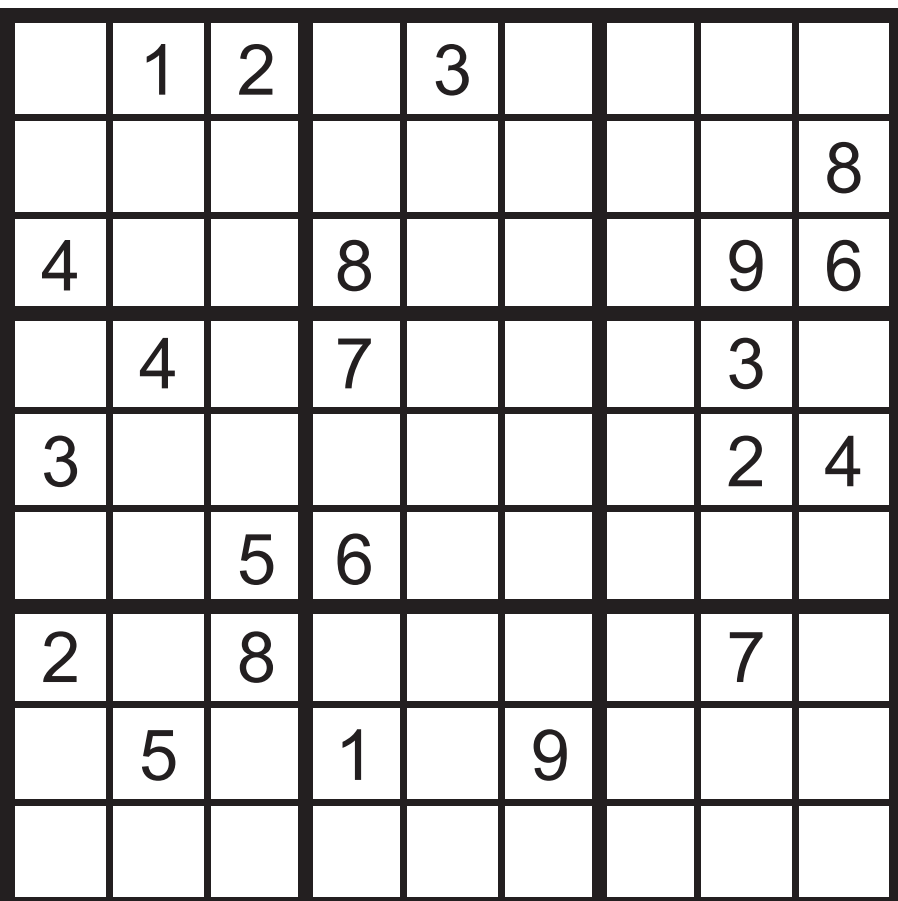
Vault

Walk

Win



Sudoku Puzzle Number 337



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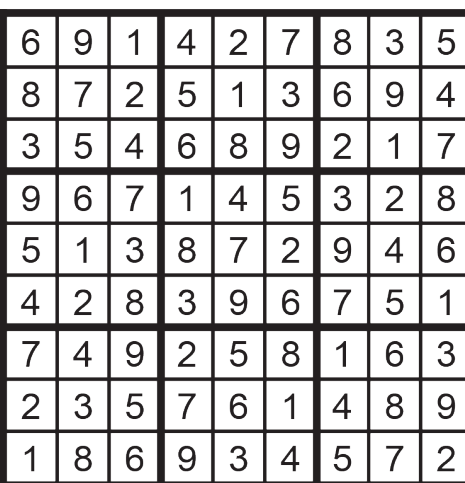
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Sudoku Puzzle Answers 336



Classifieds

ANNOUNCEMENTS

Emigrant People's Market, located at 8 Story Road, Emigrant, MT 59027, on the lawn of St John's Church. Saturdays 9-1 pm. June -October, weather permitting. Locally created goods and eclectic curated items. New vendors welcome. Email emigrantpeoplesmarket@gmail.com for information.

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Part-time retail sales position available at The Office, 128 South Main Street. E-mail resume to info@officeloungeandliquor.com, go online to our website, or stop by for an application today!

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Come work for a business where you are not just a number, but a team member. If you are an experienced auto body technician with a wide range of skills, we'd like to talk to you. Our technicians perform welding, framework, sheet metal straightening, aluminum repair and light mechanical to suspension replacement. The position requires directions from estimates and work orders to be completed perfectly. Must supply own tools and toolbox, a valid drivers license and have reliable attendance. Must be able to spend time on your feet and able to lift to 50 pounds. Equal opportunity employer.

Pay is hourly and performance-based. Paid holidays, five paid personal days, 401K & Health Insurance after 1 year or probationary has been met. Schedule is Monday through Thursday 7 am to 6 pm. Apply by stopping in the shop, 908 East Park Street, Livingston, calling 406-222-0214 or email: bob@oconnorautobody.com. O'Conner's Auto Body is a busy shop, and has been making the community's autos look like new for over 50 years.

Come Join Our Kenyon Noble Team!

Kenyon Noble Lumber & Hardware's Livingston location is currently accepting applications & hiring for Warehouse Associates and Delivery Drivers. No experience necessary—we will train! Offering competitive wages and great benefits packages. For more information and to see the complete job listing visit us at kenyonnoble.com/jobs. You can also apply online!



911 Communications Officer

The City of Livingston, Montana, is hiring for two full-time 911 Communications Officers who will be responsible for performing dispatch duties for first responders throughout Park County. The most important qualities for success are: ability to work well under pressure and ability to communicate effectively with callers and emergency responders. High attention to detail, strong customer service skills, familiarity with city and county geography and locations and the ability to type 40 WPM. The ability to multitask, work with frequent interruptions, handle complex customer calls, and maintain highest standards of confidentiality and integrity. Benefits include health insurance, paid time off, retirement, holidays and ongoing professional training and development. Join an amazing team of first responders and serve your community! Apply online at <https://www.livingstonmontana.org/jobs>

Firefighter/Paramedic – Full-time

The City of Livingston, Montana is seeking a highly motivated individual to perform the role of Probationary Firefighter/Paramedic within the Livingston Fire Rescue (LFR). This is a full-time, benefit eligible role in LFR with the primary duty assignment in a shift staff role participating in and making a positive contribution to the operations of your assigned shift. This position reports to the Shift Captain, under the direction of the Fire Chief and helps with cross staffing and performs other duties as assigned. Livingston Fire Rescue is a unique fire

department nestled in the mountains of Southern Montana with one of the most advanced EMS systems in the state. We are a growing city situated along the Yellowstone River with our own unique challenges in the Montana rural/urban interface. We offer structural fire suppression, all-hazard rescue response, advanced EMS (Critical Care Paramedic and Community Paramedic services), technical rescue opportunities, airport ARFF, HAZMAT, and wildland response teams. Come join our team and live and work in one of the most beautiful places in America. Less than one hour from Yellowstone National Park and the Bozeman Yellowstone International Airport. For outdoor enthusiasts this is an amazing destination for hiking, hunting, fishing, skiing and other outdoor winter or summer sports!

Public Works Maintenance 1 and Maintenance 2 – Full-time Year-round

The City of Livingston Public Works division is seeking several highly motivated individuals to perform the role of Maintenance 1 or Maintenance 2 in the Streets and Water and Sewer departments. These are full-time roles and works under the direction of the Superintendent and Lead and performs tasks associated with the daily operation of the City infrastructures. This role is a vital position performing repair and maintenance work in our City infrastructure. Role requires work in any outdoor weather conditions and includes work in confined spaces and trenches. Apply online at <https://www.livingstonmontana.org/jobs>

The **Gardiner School** has openings for the following coaches for the 2024-2025 school year: Head junior high volleyball & Head junior high football. The coach's responsibilities include developing practice plans and leading practices, providing motivation and advice during competitions, and fostering good mentorship with the Bruin athletes and staff. Outstanding candidates are highly motivated, committed, disciplined, and patient. Please send a letter of interest to Carmen Harbach at Carmen@gardiner.org or call the Gardiner school 406-848-7563.

Gardiner Public School is seeking applicants who possess or are willing to obtain a Class B CDL license w/passenger endorsement and air brakes endorsement. Anyone interested, please contact Mike Baer (mbaer@gardiner.org) or call the school @ 406-848-7563.

Positions
CDL Drivers
Contact Person: Mike Baer

Phone: 406-848-7563
Email: mbaer@gardiner.org

Gardiner Public School is looking for a part time classroom aide for teacher support

and other studentcentered activities. Hours will be from 10:00-3:00, Monday through Thursday, beginning August 21, 2024. Our school is a great place to work, email Laurie Smith at lsmith@gardiner.org if you have any questions or call 406-848-7563. Job applications can be found on our website at www.gardiner.org or at the front desk of the school (510 Stone Street, Gardiner, MT, 59030).

Legal Administrative Assistant

Park County's County Attorney's Office seeks an Administrative/ Legal Assistant to join their team! This position involves providing comprehensive administrative support to the County Attorney and Deputy Attorneys, including paperwork preparation, schedule maintenance, legal document drafting, and conducting independent research. Ideal candidates will have a strong understanding of legal terminology, exceptional multitasking abilities, and proficiency in customer service. This is a full-time role but part-time arrangements considered for experienced candidates. Apply now to become a valued member of our team! This position will be open until filled. To apply go online to: <https://jobs.parkcounty.org/jobs>

Fairgrounds & Parks Office Support – Short Term or Seasonal

Join the vibrant team at Park County Fairgrounds & Parks Department (PCFP) as a Short Term or Seasonal Fairgrounds & Parks Office Support. Be part of creating a safe, clean, and welcoming environment while assisting customers with inquiries, organizing paperwork for events, managing inventory, and engaging with social media. This role offers a dynamic experience in a lively atmosphere. Apply now to be part of our dedicated team! This position will be open until filled. To apply go online to: <https://jobs.parkcounty.org/jobs>

Windrider Transit Relief Bus Driver

Park County is seeking a Transit Relief Bus Driver to join the Windrider Transit team. This part-time position (10-15 hours/week) involves safely operating buses, providing excellent customer service to passengers, and ensuring compliance with safety regulations. Ideal for those who enjoy interacting with diverse community members. Candidates must have a valid Montana Driver's license and will be subject to comprehensive drug testing. Join us in serving the community

with friendly, reliable transportation services! This job will be open until filled with priority given to applications received by July 2, 2024. To apply go online to: <https://jobs.parkcounty.org/jobs>

Museum Curator

Immerse yourself in the captivating world of history and culture as the Museum Curator at Yellowstone Gateway Museum. Join our dedicated team in preserving and showcasing Park County's rich heritage through artifact collections, engaging exhibits, and educational programs. With a dynamic work environment and opportunities to collaborate with passionate individuals, this role allows you to make a meaningful impact on our community's understanding and appreciation of its past. Apply now to embark on a fulfilling journey with us! This position will be open until filled. To apply go online to: <https://jobs.parkcounty.org/jobs>

Short Term Road Worker

Join our dynamic Public Works Department as a Short Term Road Worker, where you'll be at the forefront of maintaining county roads and bridges. From operating patching equipment to mowing scenic routes, your days will be filled with diverse tasks. With opportunities to work independently and collaborate with various stakeholders, including the public and governmental agencies, this role offers a blend of autonomy and community engagement. Embrace the challenge and make a tangible impact on the infrastructure that shapes our county's landscape. Apply now to drive change, quite literally, in Park County! There are multiple short term or seasonal positions available and this job will be open until all are filled. To apply go online to: <https://jobs.parkcounty.org/jobs>

For Need to Know Information During a Disaster or Emergency Sign Up for Nixle

Text Your Zip Code to 888777 or Sign Up Online at www.parkcounty.org

How to place your Classified Ad!



We have three classified ad packages to choose from, your ad will be displayed for 7 days, will also be added to the Park County Community Journal website AND the Park County Dugout website.
1-40 words \$10 • 41-50 words \$12 • 51-70 words \$15
To place your ad go online at www.pccjournal.com or email community@pccjournal.com and someone will call you back for payment.
If you need more space, please call Steph at 406-220-0919 or email Steph at community@pccjournal.com for more information on placing a larger classified ad.



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111 S 9th Street

3 beds 2 baths | 1,746 sq ft
#393677 | \$335,000

Jon Ellen Snyder | 406-223-8700



16 9th Street Island Drive

4 beds 2 baths | 2,451 sq ft
#391597 | \$999,000

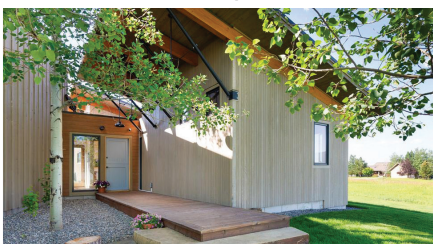
Theresa Coleman | 406-223-1405



48 O'Halloran Road

2 beds 3 baths | 2,112 sq ft
#386989 | \$825,000

Julie Kennedy | 406-223-7753



27 Royal Wulff

3 beds 2.5 baths | 2,668 sq ft
#390722 | \$1,825,000

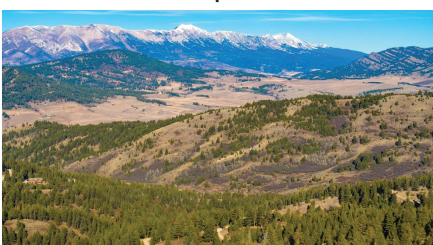
Gillian Swanson | 406-220-4340



30 S Woodard Ave, Absarokee

Commercial Sale | 2,560 sq ft
#388822 | \$275,000

Jessie Sarrazin | 406-223-5881



7 Clear Springs Road

Land Listing | 22.3 acres
#388239 | \$599,000

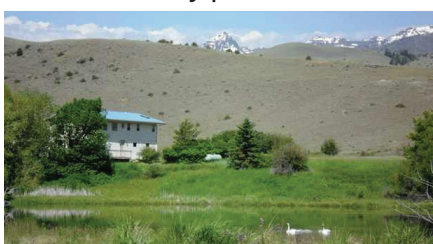
Julie Kennedy | 406-223-7753



907 Meriwether Drive E

5 beds 3 baths | 2,800 sq ft
#391568 | \$685,000

Tom Gierhan | 406-220-0229



31 Story Road

4 beds 3 baths | 3,396 sq ft
#393111 | \$645,000

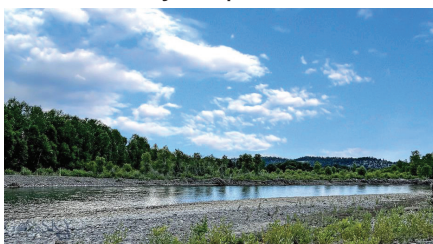
Jon Ellen Snyder | 406-223-8700



320 South C Street

1 bed 1 bath | 440 sq ft
#385422 | \$320,000

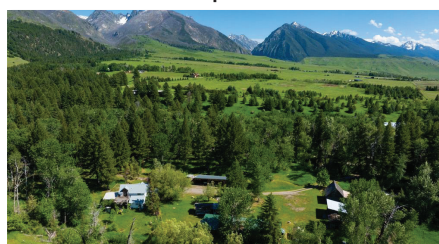
Ernie Meador | 406-220-0231



93 Balfour Loop Road

Land Listing | 20+ acres
#392067 | \$275,000

Aurora Fritz | 406-224-2501



89 Deep Creek Road

3 beds 2 baths | 1,771 sq ft
#388136 | \$3,195,000

Amanda Murphy | 406-220-4848



12 Lovers Lane

3 beds 3 baths | 2,800 sq ft
#390978 | \$865,000

Jessie Sarrazin | 406-223-5881

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Yellowstone Forever July Summer Speaker Series

Join Yellowstone Forever (YF) for the July Summer Speakers as they bring in expert speakers to delve into the wonders of Yellowstone National Park and its surrounding ecosystem.

YF will be hosting a guest speaker twice a month this summer (June through September) at their headquarters building located just across from the Roosevelt Arch in Gardiner, MT. Each of these captivating events are free, family friendly, and open to the public, offering unique insights and perspectives from a diverse array of specialists. Each speaker session promises to be an engaging and enriching experience, providing attendees with a deeper appreciation for Yellowstone's natural



and cultural heritage.

Don't miss the opportunity to connect with experts, fellow nature lovers, and the awe-inspiring landscape.

On July 18th, Chris Geremia, PhD will be there from 7-8 pm enlightening folks on the ever-important topic of Yellowstone Bison Management.

On July 31st, Alicia Murphy, M.A. will be there from 7-8 pm taking folks through the incredible Yellowstone History.

Yellowstone Forever is a 501c3 organization. Visit yellowstone.org. Find them on Facebook, Insta, X, You tube and LinkedIn.

Tom Catmull's Last Resort Performs Original Americana Songs at Free Shane Center Summer Outdoor Concert Series

The Shane Center's free and family-friendly Summer Outdoor Concert Series (SOCS) continues the fun with Tom Catmull's Last Resort on Thursday, July 11th. Concessions are available for purchase beginning at 4 pm; the event is from 5-8 pm.

Tom Catmull is a word enthusiast. They are the larger part of what makes his world go round. He's spent the last twenty-five years in his adopted hometown of Missoula, MT, presenting words in ways to make them as alluring as possible to people who crave such things. The tricks useful to achieving this feat include infectious melody, thoughtful arrangement, storytelling, some finger picking and a clean shirt. The last couple of decades have included seven full-length albums, a few television appearances (Montana PBS - 11th and Grant), a hundred theaters performances (The Wilma, The Rex, The Roxy, The Dennison, etc.), dozens of festivals, countless honkytonks and two ridiculously fun national anthems. He's been the supporting act for Robert Earl Keen, Charlie Musselwhite, Junior Brown, Asleep at the Wheel and a dozen others. There exists some confidence that his roots driven Americana songs are worthy of

your time. Don't be fooled, though. The acoustic guitar, harmonica and hat are just cheap ploys to get the words out in front of you. He'll be in concert with his trio the Last Resort.

Next week, SOCS will present rock and roller's Montana Deluxe, bringing two sets of Roots/Blues/classic rock and roll for your listening and dancing pleasure. You will need your dancing shoes for an entertaining mix of Rockabilly, Surf, Blues, Roots and good old rock and roll. Bill Dwyer and



Bryant McGregory have been throwing it down for decades, for this show they will be joined by drummer Ron Craighead.

Bring along a chair and find a spot close to the stage while enjoying a selection of beer, wine, and other refreshments by the Shane Center and grab a delicious meal from Bad Burger or Hot Dog Champion. Please no outside food or drink. Bike parking is available at the Shane and additional

parking available at the Lincoln School.

The Summer Outdoor Concert Series is sponsored by Donald B. Gimbel, Livingston Healthcare and

Marcia McCrum, in Memory of Bliss McCrum. The July 25th show will be sponsored by the Park County Community Foundation.

The Shane Center thanks Mighty Fine Time Live Events for their partnership in procuring talent for this concert series.

For more information on the Shane Lalani Center for the Arts, please go to www.theshanecenter.org.

