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Before, During and After...

# **Livingston Chamber Calls for Parade Volunteers**

It's time to sign up to volunteer for the 100th Anniversary Livingston Roundup Parade! It's perfect for civic, sports teams, school groups/clubs, and businesses to rally around the community and be a part of this historic parade. You are needed! There are many opportunities before the parade, as well as on the day of, and the days

The Chamber is looking for groups and individuals for the following:

• Banner carriers: Ideal for civic groups, school sports groups, and businesses. If you are already in a parade entry, you can be placed far enough apart that you can circle back.

- Fixed parade banners/signs maintenance: The regular banners need to be inspected, cleaned, and repaired. Some are signs to be placed around town.
- Parade judges: There are three categories: Most Patriotic, Best Western Heritage, Best Automobiles.
- Safety monitors: Will walk the chalk line sections to ensure



& Visitors Center

people are behind safety lines.

• Road blockers: Will monitor a road blockade and complete barricade movement when necessary.

As with any event of this magnitude, there will be assistance needed at the Chamber for office

functions and keeping things organized. If you have the desire to serve either behind the scenes or in the middle of



things, they can put you to work happily! Contact the Chamber at 406-222-0850, stop by at 303 East Park Street, or by email them at info@livingston-chamber.com.

#### **Livingston Earns 2024 Montana Main Street Certification**

for Community Revitalization and Organizational Excellence

The City of Livingston has been recertified as a 2024 Montana Main Street community by the Montana Main Street Program (MMS). This recognition celebrates our

collective efforts towards revitalizing and preserving the unique character

of Livingston. The MMS Program, initiated by the Montana Department of Commerce, supports

towns across the state in their downtown revitalization and historic preservation efforts. It's about enhancing economic, historic, and cultural vitality through community collaboration and planning.

Our city's dedication to these

goals has made this recertification possible. It's a nod to our ongoing work in making Livingston not just a place of historical beauty, but a vibrant community ready

> for future growth. This achievement underlines the importance of our local businesses, the preservation of our cultural heritage, and the strength of our

this moment and continue working together to make our downtown area a place where history and progress meet. Here's new opportunities and success.

## Gardiner's Sentinel Team 2 Takes First Place **Academic World Quest** Competition

Montana recently held state competitions of the Academic World Quest (AWQ) program in Missoula.

Congratulations to the winning team of four students from Gardiner (pictured from left to right), Alexa Woods, Abigail Tidlow-Tranel, Megan Keller, and Lance Larsen

who brought home the first-place honor.

The AWQ is a widely recognized, immersive multi-day conference of global experiences and opportunities to engage students in interactive, international, education programs. Montana's AWQ is one of the nation's best and largest competitions in the country. The event provides students

with the opportunity to engage with global experts, including ambassadors, international thought leaders, policy

experts, and practitioners, covering a wide range of economic, conservation efforts, global affairs, and responsible global citizenship. The Gardiner team, coached by Christina Cote, will be traveling

to Washington D.C in mid-April for the national competition.

The Montana AWQ is completely free and offers schools scholarships to help cover the cost of transportation, lodging, and for substitute teachers.

Learn more about this amazing program by visiting, MontanaWorldAffairs.org.



#### **TESTIMONIAL**



Lt. Col. Nelson Allen, Livingston

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Mon.-Fri. 9:00-5:00

Community Journal - 2 Sunday, March 31, 2024

# There's Another Day of Rodeo Action to Cover! FLAG-TEAM MEMBERS NEEDED



Do you wish to be a volunteer member of the Flag Team this year? Each member must apply, regardless if they have been on a flag team previously. Flag Team Members are ambassadors of the Livingston Roundup Association (LRA). They will be known and respected for their dedication, work ethic, horsemanship, and accountability. The purpose of this application process is to build a team to present each flag sponsor with the highest dignity and synchronization.

Livingston Roundup is looking to fill 28 positions with alternates in case an assigned horse or rider combination cannot fulfill their duties. Shirts will be provided each night and will be required to wear until the end of the performance each night. All

## FOR 100TH ANNIVERSARY LIVINGSTON ROUNDUP

team members must conduct themselves in a professional and appropriate manner.

Eligibility: All Applicants must sign a release form for LRA and the Park County Fairgrounds, as well as signing the LRA Code of Conduct and Ethics form. Riders must be 14 or older. (If a rider is under

18, parental consent is mandatory. Additionally, a parent/legal guardian must be present throughout the scheduled events and a waiver must be



signed by the parent/legal guardian.)

Riders and horses must be capable and commit to riding all four nights and during the parade. Riders must become a member of the Livingston Roundup

Association (with a \$5 annual fee) to participate as a Flag Team Member. The practices are mandatory with dates and times to be determined. Rodeo Performance dates are: July 1st through the 4th. The parade date is July 2nd. The rodeo venue is the Park County Fairgrounds, at 46 View Vista Drive.

You can apply online at LivingstonRoundupRodeo.org.The application process began March 19th and ends May 1st. Successful Team Members will be notified on May 15th.

For questions or clarification, contact Jane Tecca at (406) 223-0453, Claree Tecca at (406) 223-0309, or Kayla Seaman at (406) 253-3122.

# **ASPEN's Annual End the Silence Event**

## Engaging Men in Violence Prevention."

Join in the conversation April 12th at the Livingston Depot Center. ASPEN will be hosting its End the Silence event with the topic of the evening, "Engaging Men in Violence Prevention." The evening begins at 5:30 pm with food, music, refreshments, and a silent auction featuring local businesses. Clinical psychologist and ASPEN Board Member, Dr. Chris Spromberg, will be speaking and furthering this discussion on how

we engage men in violence prevention.

According to the U.S. Bureau of Labor Statistics in 2021, approximately 78% of the healthcare and helping professions workforce is occupied by women. On the other hand, the proportion of prime-age men not participating in the overall labor force has risen for decades, from 5.8% in 1976 to 11.4% in 2022. This coupled with a significant drop in college enrollment among young men,

indicates a broader societal shift of male disengagement that extends beyond the workplace.

In the ongoing Education Network battle against violence and the support of those in need, we continue to see a lack of male engagement, as allies in the prevention efforts. Long seen as perpetrators or bystanders in discussions of genderbased violence, men are increasingly recognized as essential partners in fostering safer communities. Leveraging some traditional masculine traits such as, leadership and protectiveness, we need to call more men up to further help with and address the complex dynamics of gender violence.

This paradigm shift has been championed by experts like Jackson Katz and Ronald Levant, who have dedicated their careers to understanding the intersection of masculinity and gender violence. Jackson Katz, a pioneering figure in the field of gender violence prevention, has emphasized the importance of involving men in the conversation. Katz argues that violence prevention cannot be effective without challenging the traditional notions of masculinity that often contribute to aggression and dominance. Through his work, Katz advocates for engaging men not as part of the problem, but as key agents of change.

Ronald Levant, a psychologist known for his research on masculinity, echoes Katz's sentiments. Levant emphasizes that traditional rigid masculine norms, such as the expectation of toughness, dominance, and emotional stoicism, can foster a sense of entitlement or superiority that can create a breeding ground for violent behavior. By promoting more expansive, healthier forms of masculinity, Levant believes society can break the cycle of violence and create safer environments for all.

This approach acknowledges that violence is not just a result of individual actions but is deeply rooted in societal structures and attitudes. One of the critical aspects of engaging men in violence prevention emphasizes the importance of addressing the root causes of violence rather than

merely treating its symptoms. I frequently state that we would not Abuse Support & Prevention have as many women's "issues,"

> if we addressed how we raised boys (considering that a disproportionate amount of violence continues to be committed by men). By challenging the rigid traditional masculine norms and promoting greater equality and respect, communities can create environments where violence is

> Using traditional masculine traits to help in gender violence prevention requires a nuanced approach that acknowledges both the positive and negative aspects of these traits. Traditional masculine norms often value leadership and influence. By engaging men who embody these traits as advocates for gender equality and violence prevention, communities can leverage their influence to challenge harmful behaviors and promote positive change. These men can serve as role models, demonstrating that strength and assertiveness can be used to support and protect others rather than exert power over them.

less likely to occur.

Another traditional masculine norm emphasizes the role of men as protectors. By reframing this trait to include protecting all members of society from violence, including women, children, and marginalized groups, men can be encouraged to take an active role in preventing gender-based

As the conversation around violence prevention continues to evolve, one thing remains clear, the involvement of men is not just desirable—but essential. By embracing a more inclusive and holistic approach that recognizes the role of gender norms and power dynamics, communities can move closer to the goal of creating a safer and more equitable world for everyone.

To purchase tickets to ASPEN's End the Silence event, visit https://www. aspenmt.org/end-the-silence or call 406-222-5902.

"Waste no more time arguing what a good man should be. Be one." - Marcus Aurelius



#### Area Deaths

Heather Shandy, Lalita Crick, Jerome Schleier III, LoAnne Frisk, Stephen Bickwermert, Frederick Howie, John Halonen

Our dedicated staff is devoted to serve the families of our community with honesty, integrity, respect and compassion.

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# **LETTERS**

The Vote Yes for Rec campaign, a grassroots Livingston group that was formed at the end of January, would like to thank the community for their support for the creation of the Recreation Facility District.

We are proud of our local Vote Yes For Rec group who believed and worked tirelessly on this campaign. Thank you to those who donated to the campaign's publicity efforts, to those who attempted to stick Vote Yes vard signs in the ground while there were record breaking 92 mile an hour winds blowing the signs to Big Timber, along with repeated snow storms flattening the signs. Thank you to everyone who worked hard to educate the public on

the issues at hand.

And lastly, but most importantly, thank-you Livingston residents for believing in creating a space for indoor recreation and wellness for

With the passage of the Recreation Facility District and generous donations from the Arthur Blank Foundation and other area individuals and foundations, Livingston will be the beneficiary of a wonderful new 25-million-dollar Recreation and Wellness Center within the next couple of years.

#### Stacy Jovick,

Livingston Coordinator Livingston Vote Yes For Rec Campaign

# AKC S.T.A.R. Puppy

Starting Tuesday, April 9th at 5:30PM

AKC S.T.A.R. Puppy – This is a sixweek class that is a puppy

kindergarten of sorts. We go over basic commands such as sit, down, heel, and come. There will be lots of socialization opportunities. Positive

reinforcement is used along with treat-based rewards. This class does have an optional exam and

when passed a certificate is given by the American Kennel Club. Puppy play time and socialization opportunities

are given and encouraged during the class. This class is open to dogs between 13 weeks to one year-old. Any and all breeds, pure, and mixed are welcome. Class fee \$80/

Contact us to sign

Text or Call!

Spots are limited. Prepayment is required and is offered thru drop off of cash/check, Venmo, or PayPal. Just a

one of our previous classes you do get a discount of \$10 if you have taken a Puppy class, a \$20 discount





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# **Park County Community Journal**

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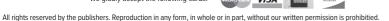
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Community Journal - 4 Sunday, March 31, 2024

# Health and Wellness Cougar Career Day

On Thursday, March 21st, Livingston HealthCare welcomed all 7th-grade students from Sleeping Giant Middle School (SGMS) for an immersive Health and Wellness Cougar Career Day. The event, designed to inspire and educate young minds about potential career



paths in the healthcare industry, proved to be an enlightening experience for the students.

The day began with

eager students boarding buses headed for Livingston HealthCare, one of the town's prominent employers. Upon arrival, they were greeted with enthusiasm by the hospital staff who hosted the event. Throughout the day, students engaged in hands-on workshops and rotated through eight different stations, each representing various departments within the hospital.

From Cardiac Rehab to Surgical Services, students had the opportunity to explore a wide array of careers, ranging from those

requiring on-the-job training to positions demanding advanced degrees such as a PhD. The event aimed to showcase the diversity of career paths available within the healthcare sector and emphasized the importance of education and skill



development.

The participating students were exposed to various career clusters including Medical Science Trades, Health Science, Human Services, Information Technology, and STEM (Science, Technology, Engineering, and Mathematics). This comprehensive approach provided students with a holistic

understanding of the healthcare industry and its interconnectedness with other fields.

"We are grateful to Livingston HealthCare for organizing such an informative and engaging event," said Emily Kempe, Executive Director of Community School Collaborative. "Events like these play a crucial role in shaping the career aspirations of our students and empowering them to make informed decisions about their future."

Livingston HealthCare's Health and Wellness Festival Cougar Career Day served as a valuable opportunity for students to gain insight into potential

and fostered a sense of excitement and curiosity about the possibilities that lie ahead in the healthcare industry.

career paths



#### The Shane Center Presents

# Mollie O'Brien And Rich Moore

The Shane Lalani Center for the Arts presents the second installation in its world-class concert series, *The Shane Center Presents*. This series will continue

to present an eclectic roster of musicians in the Dulcie Theatre. On Saturday,

April 20th,
Grammy awardwinning singer,
Mollie O'Brien,
and her husband,
guitarist Rich
Moore, will

amaze you as they have made it their mission to find and reinvent other artists' songs. They are geniuses at the craft of interpretation in the way that great singers, since the beginning of popular American music, have made the songs of an era entirely their own.

Audiences love Mollie's fluid ability to make herself at home in any genre while

never sacrificing the essence of the song. Rich, while known for his stage banter, is also a powerhouse rock, blues, folk, and jazz guitar player who can keep up with O'Brien's twists

and turns. They have released fifteen albums—including three as a duo on their label Remington Road Records; a record with their daughters, Brigid and Lucy Moore; and Rich's solo album, "Voiceless," recorded

in the early months of the pandemic. For more information visit their website at: MollieObrien.com.

Host Larry Groce, of Mountain Stage says, "Mollie O'Brien first performed on Mountain Stage in 1985, our second year. She was the best singer we had ever had on the show. She kept coming back and now, 27 years later, she's still one of the top three best singers ever to perform on the show and I can't think of the other two

at the moment. Keep in mind, we have had over 1,800 guests on Mountain Stage.

The Washington Post adds, "The precision of her phrasing, the smooth flow of her delivery and the sheer beauty of her alto make her one of the best interpretive singers in American pop today."

The Shane Center Presents series is generously sponsored by Chico Hot Springs. This part of the series was made possible by Joanne Gardner and John Lowell of Mighty Fine Time Live Events. Tickets for Mollie O'Brien and Rich Moore, are currently available online or by contacting the Box Office at (406) 222-1420. Learn more about the 2024 Shane Center Presents concert series at www.theshanecenter.org

# Update for Livingston 2023 Water Quality

Incorporated 1889

The focus of the City's Water Division is delivering safe and clean water from our six groundwater wells. Based on the results of our 2023 Annual Drinking

Water Quality Report, it's clear that we did that once

again last year. A highlight of

our testing was
the monitoring
for Perfluoroalkyl
and Polyfluoroalkyl
Substances (PFAS) and
Perfluorooctanoic Acid

(PFOA), chemicals of increasing concern due to their persistence in the environment ("forever chemicals").

We're relieved to report that our tests, conducted in March and September 2023, showed no detection of these substances in our water, with levels below the detection limit of 2 PPT.

The health and safety of our water are paramount. Alongside our PFAS/PFOA findings, we've also diligently monitored for other potential contaminants. Our tests have covered everything from microbial to radioactive materials, and we're pleased with the results. Our compliance with the Lead and Copper Rule, and safe levels

of fluoride, nitrate, barium, arsenic, and uranium, demonstrate our commitment to maintaining a top-quality water supply.

This achievement would not be possible without the

City Water Division's consistent efforts in testing, maintenance and performance of necessary upgrades to our water treatment processes. In 2023, we treated over 768 million gallons of water, ensuring it

was safe and clean for every tap in Livingston.

We encourage everyone to look over the full report for more detailed information about our water quality efforts. If you have questions or would like to discuss our water further, Water Division Superintendent Ryan Townsend is available to chat. If you have questions, please contact the Public Works Department at (406)222-5667 or visit our website

Protecting and preserving our water resources is a team effort, and we're grateful for the community's support in keeping Livingston's water safe and clean.



Whenever my dogs hear the doorbell ring, they go absolutely nuts, charging my guess, and trying to bolt out the door. What can I do to help stop this?

Like with all dog training, we want to make sure that we are using a routine and sticking to it. The first couple times that you do this set up mock situations in which a house member will go and ring the doorbell, designate a place for your dogs to go and name it. Something such as place, bed, spot, etc. It's very important that when you hear the doorbell ring or knock that you stay calm. You don't bolt up and race to the door because your dogs will pick up on that energy. So, in this scenario the doorbell rings, calmly tell the dogs to go to the place, stay and then we would go answer the door. Obviously, it's gonna take some time to build this command and this position. Before we're ready to use it in it's entirety, we first lure the dog(s) with a treat to the designated area, talking frequently about what that place is called such as,

#### by: Kylie Purcell

Kylie has been actively training Livingstons dogs since 2009. She began teaching dog obedience with the late, great Jo Sykes, and the rest is history!

Montana Dog Company is proud to offer retail, 24-hour self dog wash, dog training, and so much more. Kylie has competed with North American Dog Agility Council for over 25 years and with many different breeds of dogs. Even though training is her passion, she enjoys the outdoors with her husband, toddler, and baby boy. Livingston is her home and she is here to work for you and your pup! Contact her today!

"let's go to your bed, bed, bed," once the dog is on the bed, say "good bed, good bed." Then we are starting to get your dog to stay on the bed. So, again we're going to lure them to the bed. We're gonna say, "let's go to your bed, bed, bed, bed." Once the dog is on the bed say, "good bed" followed by the command "stay." Take a couple steps back and then return back to your dog and praise as good stay. Start slowly building up your distance and duration that the dog is staying in place. This will take time but with this routine created, you have a lasting behavior that your dogs understand when the doorbell rings this is what their job is, they go to this place.

#### Happy training!

To submit your questions Text or call 406-333-1980 or email kylie@montanadogcompany.com

# WALKIN' WENDI

by Joyce Johnson

The old photo shows me sitting in a tree watching my little sister in the playpen below. Wendi, short for Winifred Louise, sat among toys but in my memory, always seemed mesmerized by nature. She offten was looking wide-eyed with her little mouth gaping at the sky, or watching a bird nearby, or listening to the sound of the eucalyptus leaves in the breeze. She might have thought I was a big bird that lived in the tree. She always seemed "somewhere else," even then. "Feet off the ground," we all agreed. When Wendi grew to adolescence, the family doctor, an Osteopath, said, "wacky wonderful Wendi and not a bad bone in her body." Soon at

an impossible early age she was drawing amazing horses out of her imagination (see image). But her childhood was physically and emotionally



challenging. She was the middle kid, which can be hard. I look back only now and wonder that she might have been carrying the burden of the family challenges in her form, but was blessed to be born into the good heart of our parent's happy nest, and supported in those painful trials of her childhood. Anyway, Wendi overcame it all because Grandpa and Mom were artists as well. Wendi and I found the path of art as we grew up. Wendi was accepted into the prestigious Chouinard Art Institute of Calif., now CalArt, but before she got established in a career, she dropped out and got



married. Soon with child and on a tight budget, she and husband lived the first 5 years in the ground floor apt. at home with us, until they inherited a two-story 200 year-old house and some land, in Wisconsin.

Often family stories repeat. During the Great Depression, Mom left a promising career in the arts (which is at best a hard industry to enter for a young woman) to work as sales clerk at Van De Camp's Bakery and Restaurant in L.A. But there, met and married our Dad in the 30's, who brought two small children to the marriage—who told us in later years that he had "prayed for an angel." So Mom's marriage started with step-motherhood, but it became a wild and happy sevenkid tribe. Dad somehow found the time to help build a house, two additions, and a tree house, with endless fun places to explore under the jungle of trees that he had planted on the lot. Three of us seven lived at home til we were in our 30s or

returned for various reasons. We had many dogs and other people's dogs, and young friends and relatives lived with us

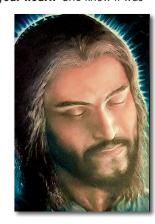
at times, because Mom to be honest, was love, and we had enough space and always enough on the stove to share with drop-ins. The ground floor apartment was always occupied. Dad had to work in his market 365 days a year to support it all, as did my brothers. Thus, Mom somehow ran the "nest" mostly by herself, and though we were good kids, free roaming and not very disciplined. But it was all Norman Rockwellian, and I feel such huge gratitude. Time to knock your socks off, house and lot cost a total of \$5,000.(Pass the smelling salts). No kidding. Yes, those were the days.

My sister is at present a grandma of five, living in that same house in Wisconsin. Also living with her is her youngest daughter and children of a former relationship, as well as her daughter's new one, and his children, and a new baby between them. In total, though the shifts, there is six or seven teenage boys, one with special needs, three adults and a two year-old baby girl. This arrangement is because it's hard as heck to "get by" out there in the world now—as we all know. Wendi wouldn't say no to her child, (neither would many moms these days). She is known around her town as "Walkin' Wendi," because she is seen by everyone while walking at least five miles a day with her dog of the time. She smiles and waves at friends and strangers, passing cars, and everyone's dogs, and chats up people in shops or wherever she is. Safe to say she's a cheerful "outee" however, sadly, doesn't have time to make much art.

Wendi's husband left her after 40 years of marriage. Somewhere along the line her hair fell out. One day, distraught and hopeless, she feared she could not carry on. It looked like she would lose her home. She heard a soft voice inside that stunned her and changed her life. "You are always at home where ever you are when you let me into your heart." She knew it was the voice of

the voice of Jesus.

Wendi was able to stay in the house and painted this image shown here. She began to heal. Today, she's healthy as a horse at 75,



still a little bald but doesn't care—walks at least five miles a day, still! Wendi has the form and metabolism of a 30-year old. Forever on a budget, without a car, teens live in her studio now. (She has claimed the enclosed porch as her own.) She said softly to me on the phone the other day, "But the few acres behind the house are cultivated by a green-thumb neighbor and I have all I want to eat. I get up every day before the kids and I light a candle and pray. I have love in my heart. Why else

I spoke with her only three days ago, and it occurred to me that she is literally walking the talk... and it is, I just realized, with stinging eyes, a perfect story for Easter.

[Prints have been made of her painting if anyone would like one. Email me at 2jaysplace @gmail.com]

# VOLUNTEER SPOTLIGHT

# **Livingston's Meals on Wheels**

Cynthia Hills has lived in Park County for over 10 years. She is a driver for one of seven rotating delivery teams for Meals on Wheels (MOW) in Livingston on Monday, Wednesday and Friday, which takes about an hour. She personally delivers about ten meals each shift. She heard about the need for drivers while attending a Senior Center board meeting. When

Cynthia isn't on the delivery schedule, you can find her on Fridays at the meal check-in at the Park County Senior Center. Her favorite thing about volunteering for MOW is meeting folks. She says, "It's great to get to know people. It's fun helping people who are appreciative. I enjoy building friendships and driving around town to neighborhoods I otherwise wouldn't see."







Meals on Wheels —The core of the Meals on Wheels service is to provide nutritious meals, to foster companionship, and to keep a watchful eye on the health and safety of our seniors. For those who have trouble getting around, volunteers bring your meal to your door. For those who can still venture out, MOW serves lunches. The cafeteria-style line is open from 12–12:15 pm, Monday through Friday, but people can stay as long as they like. The suggested donation is \$5 per meal if you're 60 and older. It's \$7 if you're 59 and younger. No membership is needed.

**VOLUNTEERS NEEDED!** Meals on Wheels is looking for volunteers to help with both meal delivery around town and also to help with lunch-time service at the Senior Center. MOW is located at 206 South Main St, Livingston. Email: livingstonmow22@gmail.com. Call (406) 333-2490.

If your organization would like a Volunteer Spotlight, contact Jill Ouellette by email at jill@pccjournal.com.

Community Journal - 6 Sunday, March 31, 2024



from Lindie Gibson

Once upon a time, a russet potato and sweet Potato met and fell in love. In a few years' time, they had a bunch of tater tots. Given more time, the russet potato became a couch potato. The time came when their oldest tater tot graduated from high school and went



on to college. When she came home on a break-she happily announced that she was in love. And dad and mom said, "So who is this guy?" And their darling tot said, "It's Tom Brokaw." Dad and mom looked at each other, turned to their daughter and said, "You know you can't marry him... he's just a common tater"

# **Spring Fling Graft Show** Sat. April 6 Park Gounty Fairgrounds

Arts & Grafts Gonfections & Baked Goods **Eclectic Gurated Items** 

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Folks like to tell us what we should do next... Ok, let's see what you got. SOULEBURGER







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# \$2000 Scholarships in Support of Vocational Training **Deadline** is Extended

The David Gibson Memorial Scholarship is available to students who have graduated from a Park County High School or were homeschooled in Park County, as well as young people aged 21 or younger. Two scholarships will be awarded this spring, providing \$1,000 per student to assist with the costs of enrolling in a career or technical education program.

The application deadline has been extended to April 16th and requires one letter of recommendation.

The scholarship is administered by the Park County Community Foundation, and additional application details are available on their website at https://find. pccf-montana.org/gibson-scholarship or by calling the Community Foundation's office: 406-224-3920.

# Compost Making with Annalisa;

#### **Making Biologically Active Compost**

Saturday April 6, 2024 10 to Noon - \$24

Regenerative farming depends on nurturing the soil microbiome and supporting beneficial microbes (they build soil structure and mine minerals from rocks/sand/silt/clay).

- · Learn how to compost deliberately to build a "mother pile" of beneficial microbes.
- Find out the importance of choosing the best starter materials.

- Receive a recipe to build the population of the right kind of microbes.
- Learn to maintain the proper levels of heat, how to turn & cure

This class will be split between classroom time and handson compost building!

> Please plan on a half day and possibly longer, bring water, snacks and work gloves. Dress for the weather, plus wear long pants with boots.

Sign up via our website: www. paradisepermaculture.org



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**Open Daily** 7:30am to 8pm



Bring this postcard in for a free 12oz bowl of soup or breakfast sandwich (valid through 3/31/24)



 $We \ believe \ your \ food \ is \ your \ fuel... and \ this \ incredible \ Montana \ life \ deserves \ good \ fuel!$ Our organic farmers and ranchers give us amazing tools to work with, and we are grateful to them and this community of hard working, hard playing people. Mission If you like our food...thank a farmer or rancher.

Good food. Good for you. OMNIVORE, VEGETARIAN, VEGAN, GF EVERYONE COMES TO OUR TAIL

**EVERYONE COMES TO OUR TABLE** 

#### breakfast

Sandwiches **Burritos** Oatmeal Quiches Frittata Fruit & Veggie Smoothies Coffee

Tea & More

#### Lunch & dinner

Soups & Chili Panini **Rotating Daily Hot Bar** Pot Pies & Pasties International Explorations **Rotisserie Chickens** Healthful Salad Bar Beer & Wine

#### baked goods

Organic & GF Sourdough Bread Cakes **Sweet Breads** Muffins Cheesecakes & Tarts **Cookies Gaiore** Special Orders (No Problem)



Sunday, March 31, 2024 Community Journal - 7



# Two Harvests Out of the Garden This Year? Start Early!



#### With Jon Albert

We just had an exceptionally warm winter. If you're into gardening, how about using that to your advantage? This may be a good year to get two

harvests out of your garden space. While it's not guaranteed to work, this as good a year as any

If you plant winter crops now, you'll have enough time to use the same plot for a summer crop. Kale, Brussel sprouts, and broccoli are hardy plants that can handle below-freezing temperatures. It's always wise to approach this project assuming that extreme weather is just around the corner—it's Montana! Be ready to cover your plants at a moment's notice. A cloth around the plant can keep it ten degrees warmer than the ambient temperature. (Make sure the cloth doesn't touch the plant.) You can also use a row cover, a wall-of-water (a plastic

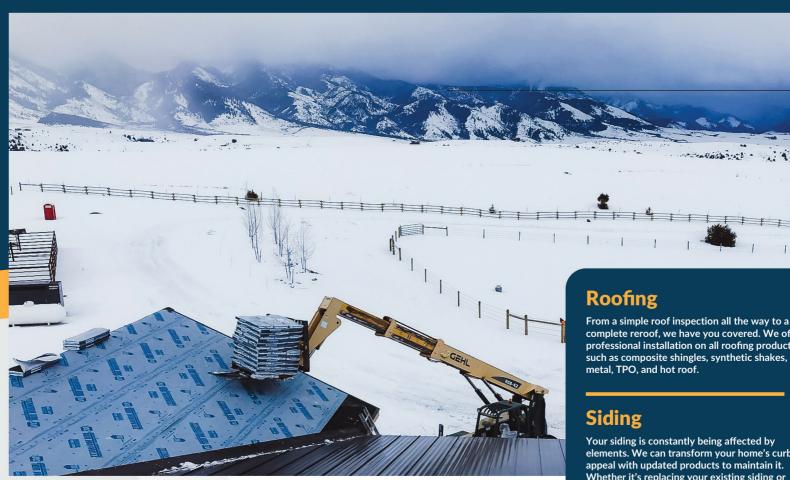
shield that can be filled with water) or a cold frame, if you have one, but a simple cloth held by either stakes or a tomato cage can do the job.

If you plant your winter crop now, you should be able to harvest it in May or June. After Memorial Day, it's still a good time to plant summer crops, like fruiting plants, such as tomatoes, cucumbers, and peppers. It would be too late to start them from seed at that point, so either start your seedlings indoors a few weeks prior or buy grown seedlings. Add a fertilizer that reduces transplant shock and promotes root growth.

If your soil is silty and hard, mix in some compost before you plant your winter crop, or grow your crop in raised beds. Once the plants flower, add more fertilizer that is high in phosphorus and potassium. Make sure you don't overfertilize at any point.

Here's to a great double harvest this year!

ROOFING IS OUR HERITAGE AND QUALITY IS OUR TRADITION.



# Briceno & Co. **Contracting, LLC**

#### Why Choose Us?

Briceno & Co. Contracting is committed to helping residents of Park and Gallatin counties with all of their roofing, siding, and remodeling needs. We strive to execute projects with excellence and in a timely manner. In a market with wait times usually several months out, we aim for honest time frames and hard work to keep our projects efficiently moving forward.

We offer expertise in composite shingles, metal, synthetic shakes, and membrane roofs. We have the skills and equipment to make your roonng project a success. We want to make sure our customers are well-educated on the materials they're purchasing and informed of the roofing process every step of the way.

As a family-owned and operated business, serving the area since 2017, our hope is to gain more than just your business but also your trust and friendship.

complete reroof, we have you covered. We offer professional installation on all roofing products such as composite shingles, synthetic shakes,

elements. We can transform your home's curb appeal with updated products to maintain it. Whether it's replacing your existing siding or simply installing your product of choice on your newly built dream home, we have you covered.

#### Renovation

One thing that sets us apart is that we are a small local company so no job is too small. If we can't do it in house, trust us that we can find you the help you need with your project through our network.





Contact us:

406-223-7555

bricenocontracting@gmail.com www.bricenoandco.com



# **Healthy Honesty**

#### by Nurse Fill

If you have ever purchased a used car then you probably know the risks of not knowing history. Not knowing the history of a vehicle can put you in a position to foot a big bill for repairs that you did not anticipate. This is such a big risk that there are companies devoted to finding the history of repairs or accidents on your potential purchase's VIN.

Imagine being the mechanic that has to work on the vehicle that has no known history. You may think that it wouldn't be so hard. Just look under the hood, right?

But without knowing what fluids have been used, or parts replaced, or mechanisms damaged it can be difficult to get a vehicle up and running with no outside knowledge of what is right under the mechanic's hands.

This is even more true in the human world. If your doctor doesn't know the whole truth about where you've been and what you've been doing it can be extremely difficult for them to prescribe effective treatments.

At the very least, this can cause some frustration but at its worst, this withholding information or misleading your healthcare provider, can complicate your condition or keep you from getting the help you need.

Different surveys done by different organizations have shown that anywhere from 47-86% of people have lied to their doctor at some point. This

is astonishing but also understanable.

The most frequently lied about topics have to do with health habits (many of which have been addressed in this series). Naturally people are embarrassed to admit to their doctor when they have failed to keep healthy habits or neglected to keep current on their prescribed treatment. It is perhaps comparable to making confession to your pastor.

But be reassured that your doctor (while perhaps a little quick to lecture) isn't trying to pin you down or call you out to make you feel bad or manipulate you with shame. They truly want to see good outcomes for you. They want you to not only feel better and avoid complications.

Think of a time when you tried to mentor someone in a skill that you are truly good at. Did it frustrate you when they didn't have the foresight to avoid mistakes? Did you get a little short when they forgot the process and didn't remember what you taught them? Did you have to remind them why you do things the way that you do things?

Doctors are skilled in their trade. They have seen similar situations such as yours time and time again.

They can see ten years into your health condition because they already helped patients ten years (and more) with different complications of health conditions. They can see what is likely going to happen if you don't heed their advice. This is why they are a



little quick to lecture. They want you to avoid the mistakes that they have seen others burdened with.

Withholding information from your doctor means you are limiting the knowledge they have to make decisions for your best health. This is akin to not giving the mechanic all the information they need to fix your car. Lying to your doctor can be especially risky.

All of the questions healthcare providers ask you when you visit the clinic, the hospital, or go in for surgery have a reason behind them. Your answers to these questions affect what decisions are made for your treatment, your medication, even your procedure. If you are dishonest, (such as not disclosing that you ate breakfast the morning of surgery) it can negatively impact the outcomes you were hoping for. It can also significantly increase your risk of complications from procedures, medication therapy,

or conditions gone unaddressed.

The take away is this—tell your healthcare providers what they ask about. If you don't want a lecture just tell them. It's ok to admit when you haven't done as well with your health habits as you would have liked.

If you haven't been taking a medication, tell them. If you skipped out on physical therapy because the weather was bad for weeks on end, tell them. They have heard it before from more than one person. Nothing much surprises them anymore. Once you tell them, they can work with you on what your goals are and how to achieve those health goals together. Once you're honest with your challenges they can begin to make a plan that will be effective and practical.

All your healthcare providers want is to get you up and running smoothly. But they can only do that if you both practice health honesty.

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Healing Mantras for the EYES—Increasing Flow to a Most Precious Sense Organ

Kathleen Karlsen • Vocal Medicine KathleenKarlsen.com

The *Mountains of Courage* 2024 Conference ON DEATH & DYING: *Bozeman, April 6th* 

> Arlene Hoag MountainsOfCourage.com





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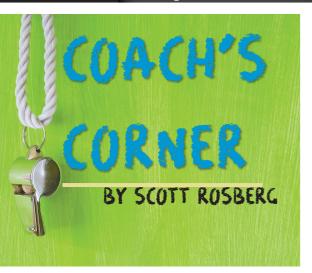
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Sunday, March 31, 2024 Community Journal - 9

#### Park county montana

Livingston • Gardiner • Shields Valley



## **Egoless Ego**

"Ego" is an interesting word. In Webster's Dictionary there are two definitions of ego.

One is "the self especially as contrasted with another self or the world" and the other deals with the three divisions of the psyche in psychoanalytic theory. However, when most of us think of the word "ego," we think of something quite different than these two definitions.



We think of Webster's definition

of *egotism*, "excessive use of the first-person singular personal pronoun; the practice of talking about oneself too much; an exaggerated sense of self-importance." AHH! There's what we think of when we think of someone having an ego.

The reason ego is such an interesting and sometimes tricky word is because there is variation in the definitions and in the way people view the definitions. Also, there is a variation in how people feel about someone having an ego.

Those who struggle with the word are usually struggling with the concept of ego as being conceited, cocky, or arrogant. While all of those may exist for someone with what is considered an ego, actually everyone in the world has an ego. It's just a question of how they portray their ego to the world.

#### Big Ego

Those with what some call a *big* ego often fall into the category in the last statement—conceited or cocky. But this is an unfair statement.

People with big egos are not necessarily cocky. In fact, I would argue that the most successful people in the world have had big egos. Are some of them cocky? You bet. But are all of them cocky? Not in the least.

A big ego means that you have a lot of confidence in yourself. You believe in yourself and that you can get

done whatever needs to be done in your endeavors. It means that you know your abilities, how to use your abilities, and how to maximize those abilities for success. What's wrong with that? Absolutely nothing.

Athletics is filled with people with large egos, some with VERY large egos. Of course, some of those people with large egos are also very cocky. Many of you are having faces of certain people flash before your eyes right now.

However, there are many people in the athletic world who have very large egos but who we would not classify as cocky or conceited. These are the great leaders of so many of the teams we watch. These are the coaches and players who don't shy away from the big moment or the big stage. They perform at their best when their best is needed. They don't talk about how great they will be prior to their performance, and they don't brag about themselves or their performance afterward. They carry themselves with a quiet confidence that says, "I know I am good. I know I am prepared for this moment. I will get the job done. I just don't have to tell you about it."

#### The Egoless Ego

These people have what I call an *Egoless Ego*. While they are very good at what they do, they do not tell you that with their words. They tell you that with their actions in the competitive arena. They do not taunt or trash talk or brag about their accomplishments. Rather, they handle success with class, grace, and dignity. They let their play do the talking.

These are also the players who, when things don't go the way they wanted, handle themselves the same way. They take all the questions, the commentaries, and the criticisms with class. They take responsibility for themselves and their actions. They are not pointing fingers of blame. Their ego allows them to recognize that, "while this was a setback and something that I need to work on to improve upon," it is not the end of the world. They approach it with the attitude that says, "I am still very good at what I do, but I have just learned something that has awakened in me a deficiency that must be worked on." Then, they figure out a plan of attack, and they get to work on fixing things.

Think of the athletes who you have seen in your life who handle themselves this way. I'm sure many of you have many different people who come to mind. Some may be world-class famous athletes competing at the highest levels of their sport. Some may be kids who you have coached or played with or against.

Now think of the players who have not handled themselves this way. Think of the players who seem to be constantly bragging about how great they are. Players who are often taunting opponents. Players who are quick to blame others for their failures and shortcomings. Players who, when the light shines

brightest, seem to come up short in some way time and time again. I'm sure you are also seeing a variety of faces as you are thinking of this description.

You will notice I used the term *players* in the last paragraph, not *athletes*. That is because I believe that being a true athlete means much more than the physical skill you possess. One of the elements of true athletes is their character and their class. One can be *athletic* without being an *athlete*. Athleticism is about a level of physical skill that one has. But being an "athlete" combines the physical with the mental, intellectual, emotional, spiritual, and psychological to become one's best in all aspects of human performance.

If you are an athlete (or seeking to be considered an athlete), think about the concept of having and *Egoless Ego*. Do your best to be your best. Prepare for every moment. Train hard. Be a great teammate. Have confidence in your skills and your preparation. Then handle yourself with class and grace. If you are truly a great athlete, you will never have to tell anyone. They will see it for themselves.

If you are a coach, seek to develop athletes with *Egoless Egos*. Stress the importance of character, effort, attention, and attitude over physical skills. Of course physical skills are critical to success, but embrace, empower, reward, and praise publicly those in your program who combine the physical elements with the character elements.

If you are a parent, help guide your child down the path of the *Egoless Ego*. Help them learn the value of a work ethic, selflessness, and humility. Help them see that when they do what they are supposed to do to the best of their abilities, they will be met with the kind of success that they seek, but even more importantly a satisfaction in knowing they did their best to be their best. Help them understand that when they do have success, let others do the talking about that success. The effort and the journey toward that success is its own reward

I will leave you with a final thought. An *Egoless Ego* is completely within our control. It merely requires that we make the choice to exhibit humility in all instances. The greatest teammates of all are those who carry themselves with this kind of ego. Make the right choice.





To check out more materials from Scott, go to his website SlamDunkSuccess.com. You can email Scott at scott@slamdunksuccess.com.

# Livingston Rec Youth Baseball League

Programs Begin: Week of April 22nd, 2024

Programs End: June 1st, 2024

#### 2024 Youth Tee Ball & Coach Pitch Programs

Welcome to the City of Livingston Parks & Recreation Department's Tee

Ball and Coach Pitch Leagues. We are looking forward to another great season! The Parks & Recreation Department's philosophy is to offer each child an opportunity to learn to play tee ball in a non-threatening, fun environment under the supervision



of competent and concerned adults. Tee ball & Coach Pitch are a skill-building, learning experience.

Tee ball & Coach Pitch should be an enjoyable experience for players, parents, and coaches. All volunteer coaches go through training and thorough background

checks.

**Registration:** Open March 7 - April 7, 2024

#### Scholarships are available:

https://www.livingstonmontana.org/rec/webform/livingstonrecreation-pool-scholarship-application



# **VENDORS WANTED**for the Arts & Crafts Spring Fling

Big Timber, MT • April 20th, 2024 • 9 am - 3pm



Contact Becky by email at: becky.todisco@ceterawealth.com

or call 406-930-1880

P.E.O. chapters support the educational and charitable funds of the P.E.O. Sisterhood, but are not classified as charitable by the IRS. Therefore, donations to individual chapters do not meet the IRS requirements for a charitable income tax deduction. P.E.O. shall not be liable in any way for any goods and services supplied by third-party vendors or public establishments.

Community Journal - 10 Sunday, March 31, 2024

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Crossword Puzzle Number 324														
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- 22 Note hastily
- 24 34th President 25 Moonshot program
- 28 Sound of a lion 29 Louse egg
- 30 Washed out
- 31 Watch --- step! 33 Not odd
- 35 Free
- 36 Settlement
- 37 Nudge repeatedly 38 Aloof 40 Conductive elements
- 43 Hoppy brew
- 44 Conforms 45 Blockhead
- 47 Pirate's plunder
- 49 Mischievous 50 Solitary

51 "L" operator

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- 54 Conjured up 56 Attila, e.g.
- 57 Aught
- 58 Political top dog (Abbr.) 59 Brief swim

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- 3 Bill dispenser 4 Hollow gas globule
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- 9 Pacific country
- 10 Speed measure 11 Seinfeld cohort --- Benes
- 12 Clicked
- 13 Valuable possession
- 21 Prius maker 23 Choice morsels
- 25 Interest charge
- 26 Two identical things 27 Shoppe adjective
- 28 Manage
- 32 Be in debt
- 34 Old kind of computer monitor
- 36 Fighter ace 37 Lower
- "Rosemary's Baby" actress --- Farrow 40 Provides input for an amp.
- 41 Observe 42 Levelheaded
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- 47 Artist's workshop
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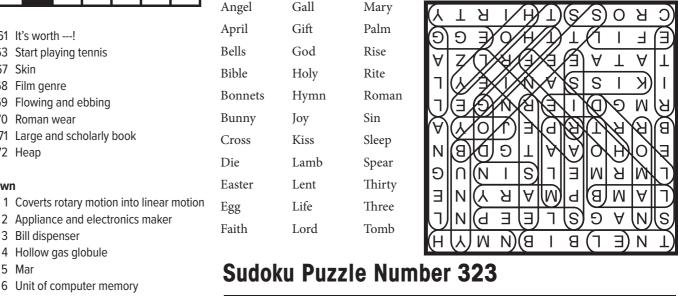
Ε S 55 Kevlar garments

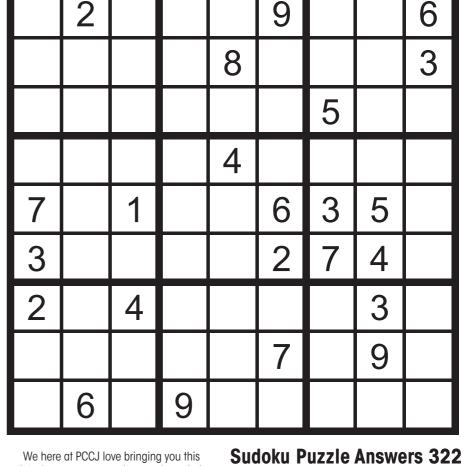
58 Funeral

- woodpile
- 60 Electronic helper just for you 62 Border
- 64 Old food label

letters 65 Carpet cleaner (Abbr.) 66 Moose

# В S





outlet where our community can share their ideas, thoughts and events to everyone in Park County. Our main goal is to keep this paper, and the website access, FREE to everyone!

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Sunday, March 31, 2024 Community Journal - 11



















#### **ANNOUNCEMENTS**

#### Trash Talk

Join us the first Tuesday of the month for a conversation about working towards living zero waste in your household and community. What actions do you take that help reduce overall waste and impact on the planet? We want to hear them! Come share your habits, objectives. ideas, and questions in a structured, education, open conversation. Dates, Locations, Time: April 2nd, 5:30pm-7pm Neptune's Brewery Subject: Yard and Garden Presented by Yellowstone Bend

For need to know information during a disaster or emergency, sign up for Nixle. Text your zip code to 888777 or sign up online at www.parkcounty.org.

Citizens Council.

#### **Pork Chop Dinner**

Join us for a delicious family style dinner! April 6th at The American Legion, seating available 5:30, 6, 6:30 & 7pm. Cost is \$30/plate. For tickets visit Sagecampfarm.com. Sage Camp Farm + Heart for Living will be serving a pastured raised pork chop (9-13 oz.), apple sauce, broccoli, potatoes, Creme Brulee, Coffee & water. Includes Full Cash Bar

#### **FOR SALE**

Lab Puppies 4 Sale; Yellow AKC registered litter, 7 weeks ready to go. 1st set of shots, wormed, weaned, very socialized, strong hunting pedigrees, attentive, inquisitive, outdoor kenneled, inside manners, english and american 4 males and 1 special female left, going fast. 406-537-2333 land line leave message or text 907-419-8801 for pixs. Melville, Montana, Open Spear Ranch. Will deliver or ship. Registered AKC breeder 20 years. Open Spear Ranch

PO Box 196,

Melville, Mt. 59055

AKC Miniature Schnauzer puppies! 2 males available. They will be ready to go April 14th and will be vet checked, 1 st shots, microchipped.

Text or call 406-220-1946 for more

#### **HELP WANTED**

Key Insurance in Livingston is looking to hire a Licensed Insurance Agent to our team. We are dedicated to providing individuals, families, businesses and their employees with the very best in supplemental benefits. Working hand-in-hand with our customers, our dedicated sales force provides personal face-to-face service that is almost unheard of in todays

business world. We are committed to providing our clients with the right protection, customized to their needs. We offer \$55K to start depending on qualifications. Please contact Alice at 406-222-0944 to schedule an interview or email resume to alice@ montanginsurance.net.

#### Now Hiring at The Office!

Part-time retail sales position available at The Office, 128 South Main Street. E-mail resume to info@ officeloungeandliquor.com, go online to our website, or stop by for an application today!

**Park County Community Journal** 

is looking for a general assignment reporter. We are looking for a individual willing to get involved in the local community with writing briefs to in-depth stories about people, events and issues facing the community. May require evening and/or weekend work. Schedule is very flexible. Please email your resume to Steph at community@ pccjournal.com to schedule an interview.

Livingston Community Bakery is seeking a baker to join their dynamic team. We create delicious... amazing pastries, cookies, cakes, bread and much more. To apply, email your resume and cover letter to careers@ livingstonfrc.org.

**Experienced Auto Body Technician** 

Come work for a business where you are not just a number, but a team member. If you are an experienced auto body technician with a wide range of skills, we'd like to talk to you. Our technicians perform welding, framework, sheet metal straightening, aluminum repair and light mechanical to suspension replacement. The position requires directions from estimates and work orders to be completed perfectly. Must supply own tools and toolbox, a valid drivers license and have reliable attendance. Must be able to spend time on your feet and able to lift to 50 pounds. Equal opportunity employer. Pay is hourly and performance-based. Paid holidays, 5 paid personal days, 401 K & Health Insurance after 1 year or probationary has been met. Schedule is Monday through Thursday 7 am to 6 pm. Apply by stopping in the shop, 908 East Park Street, Livingston, calling 406-222-0214 or email: bob@ oconnorautobody.com. O'Conner's Auto Body is a busy shop, and has been making the community's autos look like new for over 50 years.

**Prep/Applicator for Rhino Linings** of Livingston Requires physical labor, no previous experience necessary, training available, \$20/hour DOE. Stop by 320 ½ N. Main Street and speak with Helena for more information.

is looking for kitchen volunteers. If you would like to join a team to cook, serve, and/or clean up, please

Loaves & Fishes Soup Kitchen

call the kitchen. You can sign up individually or as a group with a few of your friends to make it more fun! Call and ask for Rosa, 406-222-4824.

#### 911 Communications Officer

The City of Livingston, Montana is seeking a highly motivated individual to perform role of 911 Communications Officer in the Livingston Police Department. Please apply at www. livingstonmontana.org/jobs.

**Heavy Equipment Operator** 

The City of Livingston, Montana is seeking a highly motivated individual to perform the role of Heavy Equipment Operator within the Public Works Department. This is a full-time role in Public Works with primary duty assignment in Water/Sewer. Heavy Equipment Operators perform a variety of duties involved in the installation and repair of City infrastructure. This position performs highly skilled operations near gas, water, sewer, telecommunications infrastructure and also performs work in the public right of way. This position is a vital position working in consultation with the Superintendent and other public works staff and leadership. Please apply at https://www.livingstonmontana.org/hr/ page/heavy-equipment-operator.

#### City Pool Manager – Summer 2024

- Seasonal, Temporary. The Seasonal Pool Manager is responsible for the overall daily operations of the municipal swimming pool, associated aquatic programs, activities, employee training and supervision. This position will report to the Recreation Director. The Pool Manager will serve as the Manageron-duty at the City of Livingston City Pool. This position will supervise approximately 12 part-time, seasonal pool attendants. Please apply at https://www.livingstonmontana.org/hr/ page/city-pool-manager.

Public Works - Streets and Parks Spring and Summer 2024 – Seasonal, Temporary. The City of Livingston, Montana is seeking multiple 2024 spring and summer seasonal employees to work in the Public Works department supporting tasks in the Parks Department (including Cemetery) and the Streets Department.

- Parks and Cemetery assists with performing maintenance on the City parks, mowing, weed removal, and minor repairs to playground repairs, pool maintenance, trails, and trees.
- Streets assists with street sweeping, pot hole patching, painting, chip sealing, and other street activities including alleys. Please apply at https:// www.livingstonmontana.org/jobs.

Project Manager - Public Works -Full-time Year-round - Performs as an experienced professional working in the Public Works department. Responsible for the management of the City's capital projects, as well as coordinating with private utility infrastructure projects. Work is performed under the direction of the Director of Public Works. Position relies on advanced level construction and engineering experience and exercises independent judgment to determine best approaches by using and interpreting City policies and procedures.Please apply at https:// www.livingstonmontana.org/jobs.

**Gardiner Public School** is looking to hire a qualified candidate to fill the position of Director of Maintenance and Supervisor of Grounds. Applications are on our website at www.gardiner.org and can be emailed to Super@gardiner. org or at the school (510 Stone St, Gardiner, MT, 59030). This position is greatly needed to assure the District's buildings and grounds are in such a state of operating excellence that they present no problems or interruptions to the educational program.

**Gardiner Public School** is desperately seeking applicants who possess or are willing to obtain a Class B CDL license w/passenger endorsement and air brakes endorsement. Anyone interested, please contact Patricia Baltzley, Board Chair, baltzleyp@gardiner.org or call the school @ 406-848-7563.

Outlaw's Pizza is currently hiring for various positions, including in the kitchen, front of the house and bar. Full-time or part-time. Please contact Erin by phone at 406.848.7220 or by email at jkempenterprises@gmail.com to apply.

Frontier Mercantile, Bugling Elk and High Country Gallery are currently hiring for sales associates positions. Full-time or part-time.

Please contact Erin by phone at 406.848.7220 or by email at jkempenterprises@gmail.com to

**Detention Officer** - Are You Trustworthy, Self-Motivated and Community Minded? The Park County Sheriff's Office is looking for one new full-time team member interested in a career in a law enforcement capacity with our Detention Center in service to Park County residents and visitors. Open until filled. For more information and to apply online go to https://jobs.parkcounty.org/jobs/37/ Detention-Officer#job\_37.

Sheriff Deputy - Are You Trustworthy, Self-Motivated and Community Minded? The Park County Sheriff's Office is looking for one new full-time team member interested in a career in a law enforcement capacity in service to Park County residents and visitors. To apply go online to: https:// jobs.parkcounty.org/jobs/7/Sheriff-Deputy-JOB-10301019-open-untilfilled#job 7.

Green Box Caretaker, Chico/ **Trail Creek** - Are you passionate about environmental stewardship and community service? Join our team as a Green Box Caretaker in the Public Works Department's Refuse Division. In this role, you'll play a vital part in maintaining cleanliness and orderliness at Green Box sites, ensuring proper refuse handling, and providing excellent customer service to citizens. With opportunities to operate equipment like excavators and engage with the public, this position offers a fulfilling way to make a positive impact on Park County's environmental sustainability efforts. Apply now to become an essential member of our dedicated team! This position will be open until filled with priority given to applications received by April 4, 2024. To apply go online to: https://jobs.parkcounty.org/jobs

Meals for April 1st- April 5th

April 1st– Ham and bean soup, cornbread, fruit

April 2nd– Salisbury steak, gravy, potatoes, veggie, fruit

April 3rd– Chicken salad, crackers, cucumber salad, fruit, dessert

April 4th- Taco on soft shell, fixings, refried beans, fruit In-house salad bar 11:30am

April 5th- Fish Fillet, coleslaw, fries, fruit, dessert

LIVINGSTON MEALS • WHEELS 206 S Main St Livingston, MT 5604 406-333-2490

Check us out on Facebook Livingston Meals on Wheels

Lunch served cafeteria style

SUGGESTED DONATION \$5 PER MEAL IF OVER AGE OF 60 NO MEMBERSHIP NEEDED \$7 if under 60

Salad bar included in meal price

If you would like a to-go meal please call before 9am

How to place your Classifed Ad!



We have three classified ad packages to choose from, your ad will be displayed for 7 days, will also be added to the Park County Community Journal website AND the Park County Dugout website.

1-40 words \$10 • 41-50 words \$12 • 51-70 words \$15

To place your ad go online at www.pccjournal.com or email community@pccjournal. com and someone will call you back for payment.

If you need more space, please call Steph at 406-220-0919 or email Steph at community@pccjournal.com for more information on placing a larger classified ad.

# Landmark

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#### **FEATURED LISTINGS**

ERALivingston.com | 406.222.8700



**TBD Grandview Blvd** 

Land Listing | 0.16 acres #390559 | \$120,000

Jon Ellen Snyder | 406-223-8700



**TBD Chestnut Lane** 

Land Listing | 0.16 acres #390558 | \$130,000



512 North K Street

2 beds 1 bath | 896 sq ft | #390201 | \$399,500

Jon Ellen Snyder | 406-223-8700



401S Main Street

Commercial Sale | 10,375 sq ft \$384182 | \$2,200,000

Ernie Meador | 406-220-0231



48 O'Halloran Road

2 beds 3 baths | 2,112 sq ft #386989 | \$860,000

Julie Kennedy | 406-223-7753



416 N 3rd Street

4 beds 2 baths | 2,074 sq ft #390051 | \$619,000 Deb Kelly | 406-220-0801



3 beds 2 baths | 2,112 sq ft #390575 | \$925,000

Julie Kennedy | 406-223-7753



101 Hannaford Street N

1bed 1bath | 570 sq ft #386276 | \$239,000

Jon Ellen Snyder | 406-223-8700 Tammy Berendts | 406-220-0159



132 Balfour Loop Road

Land Listing | 20+ acres #384597 | \$300,000

Aurora Fritz | 406-224-2501



90 Paradise Found Drive

Land Listing | 10+ acres #389634 | \$435,000

Theresa Coleman | 406-223-1405



**16 Wild Horse** 

3 beds 2 baths | 2,016 sq ft #390156 | \$1,400,000 Tammy Berendts | 406-220-0159



1296 US Highway 10 W

Commercial Sale | 10,160 sq ft #381239 | \$2,500,000 Ernie Meador | 406-220-0231

#### **REALTORS®**

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# Symphony Storytime With Percussion

## Offered at Bozeman Public Library

Area parents are encouraged to bring their young children to a dynamic, fun, and entertaining Symphony Storytime with Percussion at the Bozeman Public Library's Community Room during their regular Toddler and Preschool Storytime on Wednesday, April 10th, at 10:15 am.

Sunday, March 31, 2024

The free Bozeman Symphony program, especially designed for children ages 3 to 5,

features Bozeman Symphony Principal Timpanist, Jeffrey Vick, playing a variety of percussion instruments to accompany Montana Shakespeare in the Parks actor Emma Rathe as she reads a storybook. Following the story, Vick will also play a brief piece highlighting the snare drum.

"The goal of Symphony Storytime is to encourage a love of music, literacy, and discovery," says Cierra Wallace, the Education and

"Collaborating with various community partners, the Symphony wants to expose children to diverse stories, cultures, authors, narrative styles, readers, instruments, music, and musicians." Bozeman HRDC Head Start students will hear the story the same

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The next Symphony Storytime program is scheduled at the Library on June 12th. For more information, visit www.bozemansymphony.org or call

