It's My Land, LLC Vote NO on R-001 & R-002

It's more than just the Doughnut now!!

We need to keep our growth policy and we will update it together!

SEE PAGE 3



Serving Livingston, Emigrant, Gardiner, Clyde Park, Wilsall & Cooke City

SUNDAY EDITION • May 12, 2024

Gardiner Horse Drive for Veterans

Come on down to Gardiner on May 25th for a celebration of the Wild West! This horse drive has been bringing horses from the Gardiner rodeo grounds to the Jardine rodeo grounds since 1982. The horses, cowbovs,

and cowgirls race

through town and up 2000 feet in elevation to the town of Jardine. There is plenty of opportunity for live action photography. Or you may just want to enjoy watching the herd run by.

In 2014, Warren and Susan Johnson turned this fun, annual drive into the fundraiser, as it is known today. Bring



your camera, dancing boots, and help them raise money for veterans at this family-fun event. Here are the times for each event:

- 12–2 pm: Horse viewing at Gardiner rodeo grounds
- 2 pm:The horses leave the rodeo grounds and head for Jardine
- 4 pm: Open bar and BBQ available

- 5 pm: Live auction, silent auction (cash or checks only), and raffle. Some fabulous items have been donated this year.
- 7–10 pm: The dancing begins! Jeff Menuey, an American original, from Cooke City will be performing. This gifted singer plays the best. old-time country music out there. Join us for an entertaining night of listening and dancing to his classic covers.

Watching the horses is awesome, but the real fun begins with the Jardine events. Tickets are \$25 for adults, and \$20 for kids 16 and under, sold at the

gate. Children under 5 are free and welcome. There's plenty of space for parking.

All of the net proceeds go to fund Action Trackchairs for disabled veterans.



but would like to donate, checks can be mailed to: Hellsaroarin' Horse Drive, P.O. Box 399, Gardiner, MT 59030. Visit HellsARoarinOutfitter.com or call 406-



848-7578.

The Depot Museum Opens for the Season Saturday, May 25th



The Livingston Depot is a historic building that represents a thriving exploration of the West during the early 1900s.

Livingston Depot Museum presents an exhibition of vintage imagery from curator and historian Lee Silliman's print collection for the 2024 season. Wondrous West: Art, Tourism

& National Pride features advertising campaigns from railroads and travel bureaus spanning nearly a century of America's romance with Western

The vast and dramatic landscapes of the Rocky Mountain West came to symbolize the American identity. Presented as its counterpoint to the

ancient and richly cultured past of Europe, Americans could point to their unique, diverse, and beautiful national parks as emblematic of the country's

greatness. Vintage travel books, railroad brochures, illustrated newspapers, and more encouraged a nation to "See America First." Even as rail travel gave way to automobiles, readers were invited to come see what the American West has to offer.

Wondrous West: Art, Tourism & National Pride will be on display at the Depot Museum May 25th through September 7, 2024.

Curator Lee Silliman will offer a unique presentation entitled, "Searching for the Golden West: A

History of Western Tourism" on Thursday, June 6th at 5-6 pm with reception to follow from 6-8 pm at the Depot. Both are free and open to the public.

The popular ongoing main exhibit "Rails Across the Rockies: A Century of People and Places" introduces visitors to the rich history of railroading in Montana. It gives

special attention to the Northern Pacific and its central role in the opening of Yellowstone, America's first national park, through Livingston beginning in the 1880s.

In addition to its main and special

exhibit, the museum also presents "Remarkable Migrations," an adaptation of the groundbreaking exhibit by the Buffalo Bill Center

of the West in Cody, Wyoming. The exhibit uses art, science, and multimedia to delve into the challenges and triumphs of herds as they cross geographic, cultural, ecological, and political boundaries.

Operated by the Livingston Depot Foundation and located at 200 West Park, the Depot is open

Monday through Saturday from 10 am to 5 pm. There is a nominal admission, and group visits are also welcome by special arrangement. Additional information can be obtained by visiting www.livingstondepot.org.



The Depot Museum is a space for the community and all are encouraged to attend exhibit receptions.

Performance Engineered • Sustainably Designed

Highlander® AR Shingles



LIVINGSTON · BOZEMAN · BELGRADE

Community Journal - 2 Sunday, May 12, 2024

Obituaries

Clifford James "Jim" Larkin

One of the last great cowboys saddled up today to go round up his herd and move them to new pastures.

Jim Larkin, proud 5th generation Park County Pioneer, Husband, Father, & Grandpa passed away peacefully with the love of his family and in the comfort of his home. He was born 6-weeks premature, to Clifford E and Virginia (Anderson) Larkin at the Park Hospital in Livingston on the evening of April 13, 1940. Jim tied the record for being the smallest baby born in Park County at 2 pounds and 4 ounces.

As a young boy full of adventure, there were no ends to the roads and trails he traveled and the people he met. One summer day on an outing in McLeod, Mt, 9-year-old Jim, hiding behind his father's leg, met a shy 5-year-old girl who was hiding behind her grandfather's leg. Having exchanged looks at each other, after departing Jim told his father later he was going to marry that girl. And so he did on July 22, 1963, they were wed. Mrs. Lela E Mathias-Larkin and he celebrated the next 60 years together as partners and best

Jim attended St. Bernard Catholic School in Roundup, Mt., for a short period of time and then came home to finish grade school at Gordon School and Beaver Creek Schools. During his Gordon School days, Jim stayed in a small cabin with his grandmother at the bottom of Wolfs Hill (now 12 Springs Ranch). On weekends, his father would come up over the mountain by horseback and bring him home for family time. He graduated from Park High School in the spring of 1958.

He started adult life as most of the boys to men of the day and joined the Montana National Guard in Missouri. Jim liked to play the guitar and he was forever playing "A Burning Ring of Fire." One of his journeys led him to the Grand Ole Opry in Tennessee. A friend of Jim's introduced him to a up-andcoming new artist by saying, "Jim, meet my uncle, Mr. Johnny Cash." Jim was delighted not only to meet the man in black, but was honored to be asked by Johnny to sit down and play the song with him several times.

Being very dedicated to not only his family, Jim was very dedicated and proud of his work with the U.S. Forest Service serving 35 years ranging from Trail boss to Forest fire liaison ending as the last spark was out during the 1988 historic Yellowstone National Park fires. He took countless trips out of state to fight forest fires. And also to lead a successful firefighting program in which he took great pride in training young men from various Montana Indian reservations to learn the skills of fighting Wildfires. Most of those young men had



a high respect for Jim often calling him "Dad" and many kept in contact with him for years. One job that kept him on his toes (and very hot) was the roll of "Smokey the Bear" during the numerous July Round Up Parades, the Park County Fair and many other events.

After his father's unexpected death at 59-years-old, Jim fell into the role of running the family ranch on Mission Creek while he was working for the Forest Service. Long days and long nights he taught the sixth generation how to have a respectful work ethic and to finish the job you started.

Jim has crossed over to be with his Parents Clifford and Virginia (Anderson) Larkin, his maternal Grandparents, Jim and Grace (Gildroy) Anderson and his Paternal Grandparents, Tom and Mary (Simes) Larkin. His uncle Donald W. and Annie (Busby) Larkin and Aunt Gladys (Harry) Larkin West.

Jim is survived by his best friend and wife Lela Larkin; Sons, Dan, Tim (Becka) Larkin & Kevin (Jane) Larkin, his 7th generation-proud grandsons; Tristan, Cody, Landon and McKennon Larkin all of the Family ranch. Sister-in-law; Lala Mathias and her families of Livingston, Cousins; Bonnie Larkin and families of Livingston and Pattie Ligas and families of Napes Fl. Along with many cousins in Washington, California & Wyoming.

Even though Jim was an only child he had so many wonderful friends and family around him but a lifelong big brother was found in Johnny Hoiland and the brotherly bond of 84 years was as rewarding as they were always there for each other through thick and thin. Most days talking to each other at night wrapping up the day and solving the days issues and analyzing tomorrow's challenges.

Special friends; Dick Rath, Bob Jolly and Shane Flanagan, to whom he spoke faithfully at least once-a-week and cherished the friendships of his Forest Service families along with his many

See Larkin, Page 4



James L. Parrow

James Louis Parrow of Livingston Montana passed away while mowing his lawn on April 24, 2024. He was 78 years old and truly living his best life. The sun was out, the lawn was probably not even very tall, and God had decided to bring him home. What a blessing.

Jim was born on September 9, 1946, in Graceville, MN, to Walter and Edna Parrow. He started life on the family farm in the neighboring community of Clinton with his three sisters and a plentitude of cousins and family friends. In 1953, Walt and Edna, after droughts and too many harsh winters, packed up their family and moved to Anaconda, MT. Walt went to work at the Smelter and Jim settled into growing up. He loved sports, along with hunting and fishing with his Dad, cousins and friends. After graduating from high school, he attended MSU where he played football for the Bobcats. In 1965, Jim's path shifted and he joined the Navy. After traveling abroad, he was stationed at Pearl Harbor, where he and his wife Karen welcomed their first child Vern. In 1970, they left Hawaii and the Navy and returned to Montana to settle in the Gallatin Valley where they welcomed their daughter, Ressa.

Jim moved to Livingston as he worked for the railroad. He loved to golf, hunt and play softball. He passionately followed his kids in sports. He loved hunting and fishing with Vern. They went on epic adventures that included Northern Saskatchewan. the Northwest Territories and even Alaska chasing fish and caribou. He loved watching Ressa with her horses, always making sure she had a good one to ride.

When grandkids entered the picture, Jim was the best Grandpa. He followed his grandsons Colter and Clay as they played football, basketball and even coached their baseball team. He became a prominent fan for the Shields Valley Rebels. There wasn't



a game he missed no matter how far he had to drive and in what sort of weather. Jim loved watching his granddaughter Willow play softball and bragged about her hunting skills. Going to the Bobcat games with her and her parents was one of his favorite things to do. He loved his kids so

Jim's infectious smile and easy-going personality will be greatly missed. He had a heart of gold and loved his son and daughter more than anything. He was so proud of them. He bragged about the incredible business Vern founded and always said that Ressa was the best teacher ever. His fellow softball teammates called him Moose, but to his children, he was just dad, and to his grandkids just grandpa, and to the community grandpa

Jim is survived by his son Vern Parrow (Eve), his daughter Ressa Herta, his grandsons Colter Scidmore (Katie), and Clay Scidmore, his granddaughter Willow Laine (Jordan) and great-grandchildren Gus and Ada Scidmore.

A Celebration of Life will be held at the Elks Lodge in Livingston Montana, May 31st

Mahlon Neale Peterson

Mahlon Neale Peterson of Livingston, MT, died peacefully in his home with support from Enhabit Home Hospice and with his wife next to him on April 29, 2024. He was 86 years old.

Mahlon was born on June 10, 1937, in Swedona, IL, to Milton Theodore & Ferne Stromquist Peterson. He was raised on the family farm. From a young age he knew how to milk a cow, gather eggs and raise beef. Along with his older sister, Gloria Jean, he attended a one-room schoolhouse and graduated from Orion High School. He then worked on the Rock Island Railway before beginning Augustana College in Rock Island, IL. He went on to complete his Master's degree in Library Science at the University of Illinois. While in college, he married Helga Jendrosch and had three children, Gigi, Kai and Nils. The marriage ended in divorce.

Pete began his librarian career at Lafayette College in PA, followed by Wartburg College in Iowa, and then 15 years at St. Lawrence University in Canton, NY. His career was highlighted by building two new university libraries, one in Iowa and one in New York. While in New York he met Elaine Rangus Schmitz and they married in 1983. He took early retirement to follow her career to Washington and eventually to Montana in 1989. His work did not end upon retirement. He continued his translation of the philosopher Nicolai Hartmann from German. He also filled in at various library jobs. He raised cattle on Wall Rock Road and assisted



his best friend installing water systems on ranches in Park and Meagher County.

His life was full of sports. A Chicago Cubs fan for 75 years, he himself played softball wherever he lived, well into his sixties. Until his health declined in the last two years, Pete and Elaine loved to travel and twice lived abroad in New Zealand and in Croatia. They traveled overseas nearly twenty times, as well as visiting every state in the US, except Alaska.

Mahlon (Pete) is survived by his wife Elaine Peterson, his sister Gloria Peterson Lawson (Rock Island, IL), his children Gigi A. Peterson (Cortland, NY), Kai I. Peterson (Potsdam, NY), Nils I. Peterson (Canton, NY), and numerous grandchildren, great grandchildren, nieces, and nephews.

A celebration of Mahlon's life will take place in the future.

118 N. 3rd Street / P.O. Box 638, Livingston, MT 59047 Website: www.franzen-davis.com Email: franzen-davis@franzen-davis.com

x<mark>anzen-</mark>Davis Funeral Home

Funeral Home, Crematory & Monument Company

Area Deaths

Gregory Lynch, Edwin Mitchell,

Gilbert Robinson, James Parrow, Rita Blair

James Hickel, Mahlon Peterson,

Therese Baures, Clifford "Jim" Larkin

Our dedicated staff is devoted to serve the families of our

community with honesty, integrity, respect and compassion.

406-222-2531

Sunday, May 12, 2024 Community Journal - 3

OP-ED FORUM by George DeVault It's My Land, LLC

Referendums R-001 & R-002—Throwing the Baby Out With the Bath Water

"Freedom and property rights are inseparable. You can't have one without the other." These words written by George Washington more than 200 years ago still ring true today, especially in Montana. In many cases ranches or farms have remained within a single family for generations. In other cases, first generation Montanans have purchased their piece of the Big Sky with hopes to pass it own to their children and grandchildren. Regardless, we are merely custodians of the land. As a proverb attributed alternatively to the Haida indigenous people and to Chief Sealth (Seattle) of the Suquamish and Duwamish tribes states, "We do not inherit the earth from our ancestors, we borrow it from our children."Thus, landowners in Park County must be caretakers of their own property as well as the resources of the county

We find ourselves less than one month from an election that will decide how the residents of Park County can best preserve their individual property rights while also serving as custodians of the land for generations to come. We will be doing this in two ways. First, we will be electing two of three County Commissioners who oversee all aspects of Park County government. Although each Commissioner represents one of three districts in the county, each Commissioner is elected on an at large basis; thus, the entirety of Park County will be voting for the two Commissioner seats. However, of greater importance from the standpoint of land use are Referendums R-001 and R-002 which will determine if the current Park County Growth Policy is abolished and how future County Growth Policies will be approved. To better understand the implications of these initiatives, we need to review several basic

1) What exactly is a Growth Policy? A Growth Policy is an official, nonregulatory public document, adopted and used by municipalities and counties as a comprehensive guide for making decisions regarding their future. Montana Code Annotated (MCA) 2023 76-1-601 outlines in detail what a Growth Policy should contain. However, typically a county Growth Policy contains:

- the goals and objectives of the countya description of existing characteristics
- a description of existing characteristics and features of the county; economics, population, housing, land use, natural resources, infrastructure
- a projection of trends within the county during the next five years
- a strategy for achieving the goals and objectives
- a timeline for implementation
- a statement describing how the county will coordinate and cooperate with municipal and state governments As noted above, a Growth Policy is

a nonregulatory guide. It achieves its legal authority through the enactment of regulations which address zoning,

subdivisions, and infrastructure.

2) Does a Growth Policy affect the property rights of private citizens?

As noted above, a Growth Policy is a nonregulatory document used as a guide for future growth and development. As such a county Growth Policy does not affect your property ownership or rights. It does not enable the County to take your land or regulate the use of your property. MCA 2023 76-1-601-2b states that "a governing body may not withhold, deny, or impose conditions on any land use approval ... based solely on compliance with a Growth

a) Is Park County required to have a Growth Policy? Local governments, including municipalities and counties, are not required by MCA 2023 to have a Growth Policy. However, more than 80% of Montana counties have growth policies.

4) Then why does Park County need a Growth Policy? A Growth Policy provides a long-range vision of Park County for the ensuing 5 to 10 years across multiple future County Commissions. It permits county planners to identify areas where residential and commercial development is likely to occur. It also identifies areas where ranching/agriculture and natural grasslands should be preserved.

Without a Growth Policy, Park County cannot establish new subdivision regulations or county-initiated (part 2) zoning. However, the mere presence of a Growth Policy does not mean that the county will be zoned. Despite the fact Park County has had a Growth Policy for more than 15 years, much of the unincorporated County remains unzoned.

The absence of a Growth Policy does not prevent citizen-induced zoning (part 1). This form of voluntary zoning provides a group of landowners within a specified area the opportunity to direct future development through the development of their own land use policy. The plan must be approved by the Board of County Commissioners and overseen by an appointed zoning district committee. The process may take 1 to 2 years to complete and can be expensive. There are currently six citizen-initiated zoning districts in Park County.

Without county subdivision and zoning regulations, the City of Livingston can extend its own regulations for two miles beyond the city limits in all directions. **MCA 2023 76-2-310** states that "... except in locations where a county has adopted zoning and subdivision regulations, a city or town council or other legislative body that has adopted a Growth Policy for the area to be affected by the regulations may extend the application of it's zoning or subdivision regulations beyond the limits in any direction... up to two miles beyond the limits of a city of second class (population 5,000 – 10,000)."

5) How does Referendum R-001 affect county land use? If approved, Referendum R-001 would repeal the Park County Growth Policy adopted on 04.20.2017 and the addendum adopted on 11.29.2022. This would leave Park County without a Growth Policy until a new one could be drafted and approved—an undertaking not to be taken lightly. A new Growth Policy would be drafted by the Park County Planning Board under the direction of the Board of County Commissioners. The ultimate success of a Growth Policy is determined by the degree of public involvement in the drafting process. This is achieved by utilizing local experts and soliciting public input through open board meetings, online questionnaires, and public hearings. While this may result in a more widely accepted policy in our county, the process could very well have unintended consequences and considerable time delays. After incorporating the public suggestions into the document, the final draft would be presented to the Board of County Commissioners for their approval. The overall process typically takes a year and a half to two years from inception to final approval. If outside consultants are used, the cost of developing a new growth policy can be several hundred thousand dollars.

Those supporting Referendum R-001 argue that the 2017 Park County Growth

Policy is obsolete as it was written in 2017 with information from 2010 – 2016. Well, of course, it has become outdated as the environment in which we live has changed during the past decade. Growth policies are intended to be living documents. Why repeal a policy when you can simply update and revise it over a shorter period and at a lower cost? Indeed, MCA 2023 suggests that a Growth Policy be reviewed every five years.

Proponents of R-001 complain that the existing Park County Growth Policy is nonregulatory and has never been implemented as intended by the MCA. By definition, a Growth Policy is a nonregulatory document that serves as a guide for future development. Its implementation is achieved through zoning and subdivision regulations which arise from the Growth Policy. Failure to implement a Growth Policy to its fullest extent is not attributable to the policy itself; rather, it is due to unrealistic goals or to those overseeing the policy, namely the County Commissioners and the County Planning Board.

Those supporting Referendum R-001 fail to consider the protective value of a Growth Policy for individuals living within the two mile area surrounding Livingston. In the absence of a County Growth Policy, a city may extend its regulations into the surrounding Extra-Territorial Jurisdiction (ETJ). **MCA 2023 76-2-311** states that "A city or town council or other legislative body may enforce regulations adopted pursuant to 76-2-310 as if the property were situated within its corporate limits, until the county board adopts a Growth Policy pursuant to chapter 1 and accompanying zoning or subdivision resolutions that include the area.

Thus, repealing the Park County Growth Policy as advocated by those supporting Referendum R-001 effectively paralyzes systematic county land use for an undetermined period of time, increases the cost of our financially strapped county government, and provides the City with the opportunity to extend its land use policies into surrounding unincorporated Park County

6) How does Referendum R-002 affect county land use? If approved, Referendum R-002 would require the Board of County Commissioners to submit any approved Growth Policy to the qualified voters in the area affected by the policy for their approval. This vote would occur at the next general or primary election or at a special election. Proponents of Referendum R-002 state that we can no longer rely upon the Commissioners that we elect, or

the individuals employed by the County to represent the citizens of Park County. Consequently, our only recourse is to have the electorate decide on the adoption of any new Growth Policy, be it completely rewritten or merely amended. This referendum literally opens Pandora's box. If we cannot trust our elected officials to represent us on issues of land use, can we trust them to represent us on the budget or healthcare or emergency services? Can we rely on our elected state representatives to vote the will of the citizens or should the affected electorate vote on every state senate and house bill? And what would happen if this reasoning were extended to Congress? It is our duty as responsible citizens to vet and elect county, state, and federal representatives that truly

Under the current system, the Board of County Commissioners vote to adopt or reject a new or amended Growth Policy when provided the final draft. Proponents of Referendum R-002 would have us wait until the next scheduled election or hold a special election so that the electorate could adopt or reject the proposed Growth Policy. When combined with Referendum R-001, this referendum would delay the adoption of the initial County Growth Policy by an additional six months—increasing the total time period from development through adoption to two to three years. This would create a vacuum in land use policy that could permit unplanned and unwanted development in the County as well as the imposition of City regulations upon the surrounding ETJ.

In summary, Referendums R-001 and R-002 impose unnecessary obstacles to establishment and implementation of effective land use policies in Park County. While the existing Park County Growth Policy is outdated, the appropriate answer is to revise the policy not repeal it. This approach is more practical, less time consuming, and less costly. The answer to the failure of County officials to implement the Growth Policy is not to demand that electorate vote on every change in the Growth Policy. The more appropriate response is to vet and elect County Commissioners who truly represent your interests. Commissioners who will use a Growth Policy to further effective land use in Park County. Commissioners who will appoint/employ individuals who will carry out the expressed wishes of the residents of Park County.

Don't throw the baby out with the bath water. VOTE NO ON REFERENDUMS R-001 AND R-002.





124 West Lewis, Livingston, MT
Office 406.222.0944
montanainsurance.net
alice@montanainsurance.net

Community Journal - 4 Sunday, May 12, 2024

Barry Molina and Terry Canady Bring YBC's "Pinocchio" to Life

In 2010 Yellowstone Ballet Company (YBC) Artistic Director, Kathleen Rakela choreographed an original ballet of Pinocchio with narration by Terry Canady and original music by Dean Anderson. YBC presents Pinocchio in Bozeman at the Willson Auditorium, June 2nd at 4:30 pm. Rakela invited Barry Molina, the son of

Livingston/Bozeman residents Marianne and Eric Molina to perform the leading role. Barry had studied at the School of American Ballet in New York City and had just been accepted as a trainee at the Milwaukee Ballet (MB). A year later Molina was unsure if he was going

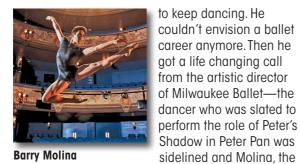


Photo credit: Aliza Baron

last minute.

"It was a little bit of a surprise to me," Molina says. "We walked through the steps right before the show, and they put me on stage. That moment was a turning point. It pushed me to want to do ballet as a career."

understudy, needed to

jump into the role at the

Fourteen years after Molina's original debut with YBC, Molina, now a leading artist of Milwaukee Ballet, is once again dancing the title role of Pinocchio with YBC. Joining Molina is another Milwaukee Ballet principal dancer Elizabeth Tripp, Molina's wife, as Luara the Sea Queen.

Rakela's Pinocchio is a 21st century adaptation in which Pinocchio faces the challenges of our times. Guided by Jiminy Cricket, Geppeto, Figaro and the Blue Fairy, Pinocchio grows in wisdom, love and courage. He convince his Pleasure Island friends to leave their video games and help him save the earth. Thus he earns a heart and becomes a real boy. All ages will enjoy the magical and colorful characters and

outstanding sets.

"Pinocchio" includes original music by Dean Anderson and narration by Terry Canady. Talented groups of local dancers as dolls, festival entertainers, puppets, acrobats, video game dancers, mermaids, sea horses – and more fill the stage!

CHILD GOES FREE with each adult ticket purchase. Children can dress up as story characters and be included in a COSTUME CONTEST WITH PRIZES. Reserved tickets for YBC's Pinocchio are available online at www. yellowstoneballet.info or by cash or check at the door. For questions email: YellowstoneBalletCo@gmail.com or phone 406-222-0430.

VOTE

ERICA STRICKLAND

FOR PARK
COUNTY
COMMISSIONER
DEDICATED

EXPERIENCE MATTERS! PUBLIC SERVICE DEDICATED



Over 8 years as Park County Finance Director and 20 years as a local business owner.

email: ericastrickland49@gmail.com • phone: 406-223-9728

Paid for by the Campaign to Elect Erica Strickland, 80 Willow Creek Rd, Livingston, MT 59047



THE 10th ANNUAL TAP INTO MONTANA BREWFEST

SATURDAY JUNE 22, 2024 AT MILES PARK IN LIVINGTON, MT ALONG THE YELLOWSTONE RIVER

FEATURING MONTANA BEER & CIDER SAMPLING, LIVE MUSIC, LOCAL FOOD TRUCKS, ARTS & CRAFTS VENDORS, THE BREWERS OLYMPICS AND MORE!

LIVE MUSIC FROM

BAND OF DRIFTERS
QUENBY AND THE WEST OF WAYLAND BAND



COME OUT AND SUPPORT YOUR COMMUNITY!
A PORTION OF THE PROCEEDS FROM THE EVENT WILL
BENEFIT THE LIVINGSTON CENTER FOR ART AND CULTURE.

TICKETS & INFO AT TAPINTOMT.COM

Larkin

from page 2

ranching buddies.

As dad would say, "Saddle Up Daylight is Burning." Until we meet again, Thanks for everything you did and provided to us. You will always be in our hearts and memories.

Special thanks to Livingston Hospice, Alex and Sue for your dedication and professional caring not only for Jim but for us as a family. You both are very dear to us! Thanks to Livingston Heath Care and staff for always providing us guidance and support during this difficult time, you are all very much appreciated.

A memorial service will be held at 1 pm, on Thursday, May 16, 2024, at Franzen-Davis Funeral Home. A reception will follow at the American Legion in Livingston.

In lieu of flowers memorials can be directed to St. Labre Indian School, 112 St. Labre Campus Drive, Ashland Mt 59003 or Livingston Hospice, 320 Alpenglow Lane, Livingston Mt 59047.

CANIZ CORNER



My dog is very scared to ride in the car. Is there a way to put him at ease?

Not to worry. This is a common situation with dogs and usually an easy fix. A little practice will do wonders. You can start by being excited when you are walking to the car. You can encourage him by saying, "Lets go for a ride!" When you are excited and happy, your dog will mirror the feeling. It's good to have a couple toys in the car that your pup likes and consider adding a chewing treat or bone. This affirms to the dog that riding in the car is great!

So go ahead, load up the pup, start the car, put it in reverse, and then back in park. Unload the pup with the same excitement, "Yes, we are home!" Go inside and give your pup a treat. The next time add to the routine by backing out of your driveway or driving a couple feet and then go back in the house. Next time go around the block. Do each step for a couple days and then progress to the next step.

All too often, we load the dogs up for a reason, whether to go the vet

by: Kylie Purcell

Kylie has been actively training Livingstons dogs since 2009. She began teaching dog obedience with the late, great Jo Sykes, and the rest is history!

Montana Dog Company is proud to offer retail, 24-hour self dog wash, dog training, and so much more. Kylie has competed with North American Dog Agility Council for over 25 years and with many different breeds of dogs. Even though training is her passion, she enjoys the outdoors with her husband, toddler, and baby boy. Livingston is her home and she is here to work for you and your pup! Contact her today!

or something boring for the pup. Try driving for short durations to a fun place that your pup can go to like the park. In Livingston we are lucky to have Ace Hardware, Spur Line, and Murdoch's, which are all dog friendly areas and exciting for your pup.

If your dog does not seem to progress successfully, take things slower. If that still does not work, it may be time to consider some pharmaceutical intervention. Check with your vet for suggestions and dosages of different calming meds.

CBD is another alternative for easing car stress. On another note, some dogs like to see out the windows and some prefer not to. Make it a point to observe which of these makes your dog seem calmer. You can also put a kennel in your car to secure your pup or look into a harness or dog seat belt for safety. Best of luck!

To submit your questions Text or call 406-333-1980 or email kylie@montanadogcompany.com

The Voiceless—Trapping, Part

by Joyce Johnson

I asked the Journal Editor if I could write about this. I balk, worried that people don't want to hear



about animal abuse. I fear to draw anger or naturally repel our readers. We are, after all, sentient creatures also who feel things, but I will try to present this in a way that frees thought and asks for compassion and a waking to what we don't see in our daily

A relatively small percentage of people at present in our state and most of the USA, have a right to slaughter our wildlife freely, almost anywhere, without any regulation for humane treatment or desire to curb the massive loss of wildlife in the six figures

annually. They have taken the long past ancestral survival traditions for food and warmth, to a present level of trophy killing; skinning for clothing or accessories sold out of the country, the lopping off of antlers and heads for wall decoration, and more. It's big money. You do not want to hear about animal cruelty. Either do I. But a current court case is under way regarding cruelty and deliberate torture, and is the reason why I am writing this. Killing and abuse of life is just about on all levels up for judgment right now on Earth.

"Well, but this is Montana." I have used that fun, one-liner a thousand times with pride, love of the land, and respect for the best of the wild west—a bright star of courage and respect that shines in the

The hunter/trapper tradition is also "very Montana." The present trapping and snaring is numbered annually at six figures and it is not okay. A total of 129,000

raccoons alone are trapped year-round in MT for their fur. Trappers don't want you to hear that according to Born Free USA, who oppose trapping, "advice for killing trapped animals found in commercially available trapping guides, suggest that drowning or using wooden clubs to beat trapped animals to death is standard practice." If we knew the facts about

trapping, and voted on it—it would end. We are centuries ahead in industry

and expanded consciousnesses. The respect for life is a fast rising tide that opposes the present destruction trend. Our voiceless, evolving sentient creatures, who are actually purer in connection with nature than we are—help hold a positive vibratory balance for the planet. I will just



slip this in too—that I know many brave, real, men who will not kill innocent life...unless they need to defend life. Animal abuse reflects our abuse of each other.

"For most of history, man has had to fight nature to survive; in this century he is beginning to realize that, in order to survive, he must protect it." -Jacques Cousteau-

If all the beasts were gone, men

would die from a great loneliness of spirit, for whatever happens to the beast also happens to the man. All things are connected. Whatever befalls the earth befalls the son of the earth. -Chief Seattle -

Please do the research. The people fighting for humane treatment need us. Two of many resources: Trap Free Montana. Born Free USA. Thank you.

Man Approached Bison Too Closely in Yellowstone National Park and Was Injured

Visitors: Protect wildlife and respect safety regulations

Incident details

- A 40-year-old male, Clarence Yoder, of Idaho Falls, Idaho, approached a bison too closely (within 25 yards) on the afternoon of April 21, 2024, and was injured by the bison.
- The incident occurred on the West Entrance Road near the Seven Mile Bridge, located seven miles east of the park's West Entrance.
- Rangers responded to the area after

receiving a report of an individual who harassed a herd of bison and kicked a bison in the leg. They located the suspect's vehicle near the West Entrance and stopped it in the town of West Yellowstone, Montana.

- Yoder was arrested and charged with 1) being under the influence of alcohol to a degree that may endanger oneself,
- 2) disorderly conduct as to create or maintain a hazardous condition,
- 3) approaching wildlife, and

- The driver of the vehicle Yoder traveled in, 37-year-old McKenna Bass, of Idaho Falls, Idaho, was also arrested and cited for
- 1) driving under the influence,
- 2) interference for failure to yield to emergency light activation, and
- Yoder sustained minor injuries from
- Rangers transported Yoder to a nearby medical facility where he was
- medically evaluated, treated and released from medical care. He then was transported to the Gallatin County Detention Center.
- Yoder and Bass appeared in court on April 22nd and pleaded not guilty to the charges. At this point, these are merely allegations, and every defendant is presumed innocent unless and until proven guilty.
- Each violation can result in fines up to \$5,000 and six months in jail.



Proud to support the neighborhood

Being a good neighbor means being there for my community. As your local State Farm® agent, I'm ready to help whenever you need me. Give me a call.

Our wonderful team is ready to help you with your insurance needs.

- 3) disturbing wildlife.
- the encounter with the bison.

See Man Approached Bison, Page 6



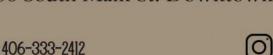
goods, clothing, candy, gifts & more.



106 South Main St. Downtown Livingston

@WOLFS.MERCANTILE





R Dean Hendrickson Ins Agy I Dean Hendrickson, Agent 224 W Lewis

Bus: 406-222-2250

dean.hendrickson.b615@statefarm.com www.deanhendrickson.com

Like a good neighbor, State Farm is there.



What Are the Healthiest Juices?

by Jill-Ann Ouellette

Juices are a popular way to eat fruits and vegetables without actually eating whole fruits and vegetables. But depending on the product—they're also controversial. Juices can either be nutritious, with significant amounts of vitamins and minerals, or they can be full of sugar. Is it better to simply eat whole fruit? Is it good to drink juice? Is homemade better than storebought? So, which are the healthiest juices?

When compared to eating whole fruits and vegetables, juice is not any healthier, according to the Mayo Clinic. But drinking juice can be the right move if you wouldn't consume any fruits or vegetable otherwise. Blending whole fruits and vegetables produces a drink with more healthy plant nutrition and fiber than juicing them.

You should keep these factors in mind when making or buying juice:

- Fiber: Fruit juice contains less fiber than the whole fruit, because fruit flesh or skin holds fiber. Without fiber, sugar easily enters your blood and leads to a rapid spike in blood sugar. If fiber is not your friend, then juicing is a good way to get the nutritional value fruit has to offer.
- Sugar: Fruit contains natural sugars.

But the added sugars (like high-fructose corn-syrup or sugar substitutes) in some store bought juices contribute to a higher risk of obesity and heart disease—even a small amount. Juice may be a healthier alternative to sodas or energy drinks, but only if they don't contain added sugar.

If you want to lower your blood pressure, fight off viruses, or simply get more vitamins and antioxidants, these juice options can help. Here are five of the most nutritious juices:

- Açaí berry: While research is limited, Açaí juice has been found to offer some health benefits. Açaí juice holds a ton of antioxidants—such as chlorogenic acid, ferulic acid and flavonoids—that are associated with a lower risk of mental decline and heart disease. [Healthline] In addition, these berries may increase good cholesterol (HDL), and lower bad cholesterol (LDL). [WebMD]
- 2. **Cranberry:** Cranberry juice can promote digestive health, support heart health and fight off certain viruses and bacteria. [Medical News Today]. Cranberry juice may be beneficial for urinary-tract infections, although research has been mixed

on this

3. **Beet:** Beet juice contains a significant number of nitrates that help to improve blood flow. [WebMD] Beets hold betalains, the pigments that give them their red color. Betalains act as antioxidants and can potentially lower the risk of certain types of cancer. Beet juice is lower in natural sugar than most other juices.

4. Tomato: Tomato juice can be a

- healthy option when it's low in sodium. Tomatoes are a great source of lycopene—an antioxidant and carotenoid that may lower the risk of a stroke and heart disease. [Healthline] Tomato juice may also help with blood pressure. Food Science & Nutrition Journal recently published a study finding that participants who regularly drank unsalted tomato juice for a year had lower blood pressure levels.
- 5. **Grapefruit**: Grapefruit juice contains a good number of disease-fighting antioxidants. Plus, one cup of grapefruit juice has 96% of the recommended daily allowance of vitamin C. [Healthline] Be cautious, though, because grapefruits can interfere with some prescriptions and over-the-counter drugs. Some examples of affected drugs include Lipitor (to lower



cholesterol), Cordarone (for irregular heart rhythms) and Allegra (for allergy symptoms). Check with your pharmacist.

Healthy juice consumption can be an excellent source of nutrients, especially antioxidants. While the natural sugar content of juice is high, it's a much healthier option than other sugar-sweetened beverages, such as soda or energy drinks. So, be sure to read those labels!

Moderation is key, 1–2 cups of juice per day is the recommended limit and opt for whole fruits and vegetables instead, whenever possible. If you're looking for a quick, convenient source of nutrients, juice can be a part of a healthy diet. And, of course, the healthiest way to enjoy juiced fruits and vegetables is to do it yourself at home using organic produce in a smoothie using a blender or a juicer.

Man Approached Bison

from page 5

• The incident remains under investigation, and there is no additional information to share.

This is the first reported incident of a visitor being injured by a bison in 2024. The last reported incident occurred on July 17, 2023. There was one reported incident

in 2023 and three in 2022.

Visitors: It's your responsibility to respect safety regulations and view wildlife from a safe distance.

 Wildlife in Yellowstone National Park are wild and can be dangerous when approached.
 When an animal is near a campsite, trail, boardwalk, parking lot or in a developed area, give it space. Stay more than 25 yards (23 m) away from all large animals; bison, elk, bighorn sheep, deer, moose, and coyotes. And at least 100 yards (91m) away from bears and wolves. If need be, turn around and go the other way to avoid interacting with a wild animal in close proximity.

- The safety of these animals, as well as human safety, depends on everyone using good judgment and following these simple rules.
- Protect the park today and for future generations by taking the Yellowstone Pledge!

For information on the Yellowstone Pledge visit this link: https://www.nps.gov/yell/planyourvisit/yellowstonepledge.htm

For information for safety in the Park visit this link: https://www.nps.gov/yell/planyourvisit/ safety.htm



Natural Life News!

Subscribers Can Download or Print the Complete Issue Online.

It's full of links for deeper digging...

More Highlights from our May-June 2024 Issue

GRATITUDE for the SENSES— HEARING: Ancestral Gift of Nature and DNA Arnie Shapiro, M.D.





"Top Secret" Stories from an Astrologer's Notebook

Kevin D. Raphael Fitch
TheAstrologyConsultant.com

Subscribe to NaturalLifeNews.com
It's FREE!







Can You Use Essential Oils Around Animals?

There is a tremendous amount of misinformation out there—some of it written to scare the reader. I would guess that every one of you has heard rumors that you cannot use essential oils around animals. There are many urban legends that have circulated around the Internet for a long time.

We all know that animals have a sense of smell far more sophisticated and sensitive than ours. Did you know that animals like dogs and horses will use their sense of smell to choose plants to eat when they need them for medicinal purposes? They are smart and are literally made to know what they need from nature to help them feel better.

One thing I truly love about doTERRA is that they have convened the first Veterinary Panel for expert guidance on essential oil usage around and with animals. Each of these DVMs is someone who uses essential oils in their practices and with their clients; from cats and dogs to pigs, beef and dairy cattle, and horses. They have all seen the benefits of harnessing the power of nature via essential oils. One of the panel members is Dr. Janet Roark. I encourage you to locate her on Facebook at the Essential Oil Vet. She posts incredibly useful and educational information there. I have learned so much from her.

So, the question at hand is, "can you use essential oils around furry family members safely?"The answer is, YES. But you need to use common sense.

Furthermore, if you are considering internal use of essential oils with your animals, PLEASE always consult with vour veterinarian to insure you use them in a way that is safe for your animals.

And, as always, the quality of the oil is critically important. Make sure

you are buying oils that are pure, that have extensive testing done on them (and results are made public), etc. The only essential oils I use and trust are from doTERRA—their commitment to quality and purity is, in my opinion, unparalleled in the industry. All test results are available to the public and their oils are tested by a 3rd party as well to ensure that their product is of the highest purity and quality.

With essential oils, less is always more. That is true whether for humans or animals. Essential oils are very, very concentrated. For people, using a single drop of peppermint oil can be very effective for a variety of applications and you would have to drink nearly 30 cups of peppermint tea to reap the same benefits as that single drop of peppermint essential oil. And since animals' sense of smell is so much more sensitive than ours, that is definitely the case, one drop of an essential oil that is intense for human is magnified in intensity for your pets.

Essential oils are very concentrated and that is the most important thing to keep in mind when using essential oils with pets, especially smaller pets like small dogs and cats. Dilution is critical. For that reason, diffusing is a great way to have you, your family and your pets reap the advantages of essential oils. A few drops of essential oils in a diffuser filled with water means that those oils are highly diluted when released into the air in microdroplets of water.

And, since animals' sense of smell is so much more sensitive than ours, make sure your pets can get away from the aroma if they do not like it. I diffuse essential oils in my home but none of my pets are confined to any room with the diffuser. They are free to come and go and can always leave the room if they do not like the scent of the

essential oil I am diffusing.

A few oils to highlight that have been shown to be effective with animals.

LAVENDER: We humans use lavender for many reasons; help treat burns and bug bites, help us to calm and relax, help us to sleep, etc. It is also a very gentle oil. It can be used very effectively around dogs and cats and will function in much the same way it does for humans. It can help to calm animals who are exhibiting signs of stress or anxiousness.

CEDARWOOD & ROSEMARY: Think of cedar and how often we use it as shavings for animal bedding, in closets to repel bugs, etc. Around cats and

dogs, these essential oils may be very helpful in repelling pests like fleas.

At any time, if you want to try some samples of these essential oils or would like a scan, feel free to contact me directly. If you have question, please reach out - I would love to share what I have learned over the years and answer your questions.

Shannon Kirby doTERRA Wellness Advocate athena68@bresnan.net 406-930-2174

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ROCKY MOUNTAIN DESIGN INTERIORS



FURNITURE • RECLINERS • ACCESSORIES

www.rockymountaindesign.com M-F 9-5, SAT. 12-4 601 W. PARK ST. • 406-222-6292

Now Open!

Downtown Livingston

Open Daily 7:30am to 8pm



112 North Main Street

Bring this postcard in for a free 12oz bowi of soup or breakfast sandwich (valid through 5/31/24)



We believe your food is your fuel...and this incredible Montana life deserves good fuel! Our organic farmers and ranchers give us amazing tools to work with, and we are grateful to them and this community of hard working, hard playing people.

Mission If you like our food...thank a farmer or rancher.

Good food. Good for you. OMNIVORE, VEGETARIAN, VEGAN, GF

breakfast

Sandwiches Burritos Oatmeai **Ouiches**

Fruit & Veggie Smoothies Coffee Tea & More

lunch & dinner baked goods

Soups & Chili Panini **Rotating Daily Hot Bar** Pot Pies & Pasties International Explorations **Rotisserie Chickens** Healthful Salad Bar Beer & Wine

EVERYONE COMES TO OUR TABLE

Organic & GF Sourdough Bread Cakes **Sweet Breads** Muffins Cheesecakes & Tarts Cookies Gaiore Special Orders (No Problem)





Community Journal - 8 Sunday, May 12, 2024

Elk River Books Presents Author Stacy Peterson

Local author Stacy Peterson will read from and discuss her debut Western novel, The Lovely and Dangerous Launch of Lucy Cavanagh, at Elk River Books on Thursday,

May 23rd at 7 pm.

Set in 1867, the novel follows Lucy Cavanagh, a "New York City heiress, literary lover, and dreamer," as she leaves everything

travel to San Francisco, seeking answers to auestions that have haunted her since the death of her mother. Her stagecoach is attacked,

behind to

leaving her the only survivor, wandering the

wilderness of Colorado Territory until teaming up with an outlaw named Will Shanks, who has secrets of his own.

at Mount Royal University in Calgary, Alberta. She has always loved to read, write, and dive into new worlds. She travels often and has an affinity for the Mediterranean. She resides in Paradise Valley, Montana with her daughter and is currently adapting The Lovely and Dangerous Launch of Lucy Cavanagh into a screenplay for an upcoming production at the Yellowstone Film Ranch.

Elk River Books is located at 122 S. 2nd St. in downtown Livingston. The event is free and a book signing and reception will follow. For more information, send an email to info@elkriverbooks.com or call (406) 333-

Peterson studied English and literature

a king over biscuit, fruit

Monday May 13th- Chicken al

Meals for May 13th- May 17th

Tuesday May 14th- Hamburgers on a bun, fries, fruit

Wednesday May 15th- Egg bake, hashbrowns, fruit, juice

Thursday May 16th – Ham & bean soup, cornbread, fruit In-house salad bar at 11:30am

Friday May 17th- Pork Roast, gravy, potatoes, veggie, fruit, dessert, roll

MEALS 🐽 WHEELS

206 S Main St Livingston, MT 5604 406-333-2490

Check us out on Facebook Livingston Meals on Wheels

Lunch served cafeteria style Serving food until 12:15pm

SUGGESTED DONATION \$5 PER MEAL IF OVER AGE OF 60 NO MEMBERSHIP NEEDED \$7 if under 60

Salad bar included in meal price If you would like a to-go

meal please call before 9am

Fiber Of Being

The Livingston Center for Art and Culture will host Fiber of Being, an exhibition displaying the work of artists who use the binding of fibers to create art. Fiber art includes a variety of techniques including weaving, embroidery, knitting, sewing, beadwork, crocheting, felting, and quilting.

It uses plant, animal, or manmade fibers to make practical or decorative objects or a combination of both. Fiber arts range



Fragmentations by Barbara Tylke from the

functional to the thought provoking. Helen Harris, a participating artist noted "The woven fabric, as a base is my canvas and allows me to move threads within a structure. I wander the foothills of my Ennis, Montana home, looking for colors, patterns, and textures in nature to inspire my weavings. The woven pieces I'll be showing in the exhibit are meant to bring the viewer into my world of nature with a western flair." Fiber of Being will be on display from May 7th through June 1st. The public will have the opportunity to meet participating artists at a Reception on May 17th from 6 to 8 pm. The Center is located at 119 South Main Street in historic downtown Livingston. For more information contact the Center at (406) 222-5222 or visit http://www.livingstoncenter.org

VOTE CARL BERNTSEN FOR COUNTY COMMISSIONER VOTE JUNE 4TH OR RETURN YOUR ABSENTEE BALLOT

"IN A COMMUNITY WHERE PRIVATE PROPERTY RIGHTS ARE RESPECTED, FREEDOM THRIVES, AND PROSPERITY FOLLOWS. AS YOUR COUNTY COMMISSIONER, I'M COMMITTED TO SAFEGUARDING THESE RIGHTS, ENSURING THAT GOVERNMENT SERVES THE PEOPLE, NOT THE OTHER WAY AROUND."

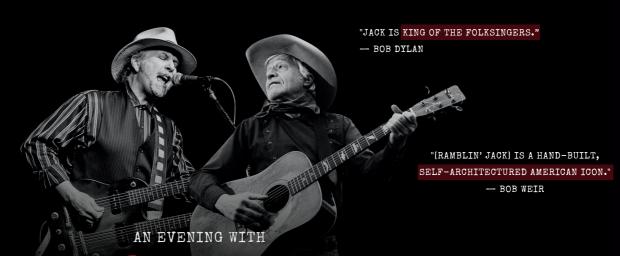
~ CARL BERNTSEN

Paid for by Carl for Commissioner, Nels Swandal, Treasurer, 305 E. Lewis St., Livingston, MT 59047

LIVE AT THE BLAKE PAVILION

AT THE SHANE LALANI CENTER FOR THE ARTS | 415 E LEWIS STREET, LIVINGSTON MT

"ROGERS IS AN EXCEPTIONALLY ARTICULATE SLIDE GUITARIST, ONE OF THE RARE GUITAR HEROES WHO VALUES FEELING OVER FLASH." -ROLLING STONE MAGAZINE



ROY ROCERS & RAMBLIN' JACK ELLIOTT

WITH SPECIAL GUESTS WYLIE AND THE WILD WEST

DOORS 6PM | SHOW 7PM

SATURDAY, JULY 20









EXPANDED BICYCLE PARKING ONSITE. ADDITIONAL VEHICLE PARKING AVAILABLE AT LINCOLN SCHOOL, 215 EAST LEWIS ST.

Making the Best Overnight Oats

by Jill-Ann Ouellette

With warm, summer weather approaching, it's time to change up your breakfast routine. Many folks switch from hot coffee to iced... How about swapping that warm bowl of oatmeal for a pre-packed jar of refreshing, creamy overnight oats?

Overnight oats are the easy, healthy breakfast you'll always feel good about eating. Remember, choosing organic makes this morning ritual safer and healthier (by reducing potential exposure to pesticides). Oats are high in protein and fiber, which will keep you full throughout the morning.

In a 2022 groundbreaking study, it revealed that oats may hold the key to reducing chronic inflammation, a major contributor to cardiovascular disease. How, you ask? Well oats contain 3 grams of B-Glucan, which improves low-density lipoprotein (LDL) cholesterol levels and reduces cardiovascular risk directly. It's great that they taste great and are great for you! Plus, they're perfect for taking on-the-go. Here's a formula for making the best overnight oats every time.

Unlike a bowl of warm oatmeal, overnight oats are meant to be eaten cold, straight from the refrigerator. They are soaked in milk and yogurt overnight (or non-dairy alternatives), which gives them a soft, texture that you'll find ultra-creamy and subtly sweet. In the morning, you can add your favorite toppings, such as fresh or dried fruit, nuts, seeds, or nut butters.

Overnight oats are simple to make, taking no more than five minutes of prep. You can throw a batch together during your weekend meal prep, making four grab-andgo breakfasts to eat throughout the week (the oats last about four days in the fridge). You can also scale this recipe down to make single servings.

David Institute Confidence

Base Ingredients for Overnight Oats:

- 1. Old-fashioned rolled oats. Oldfashioned rolled oats are the best choice for overnight oats. They soak up the liquid overnight, leaving you with a creamy (not mushy) texture. (Save the steel-cut and quick-cook oats for another time.)
- Milk: You can make overnight oats with any kind of milk—dairy or non-dairy. If using non-dairy milk, it's best to stick with an unsweetened version.
- Greek yogurt: Greek yogurt makes overnight oats more filling and gives them a super-creamy texture. To make the oats

vegan, swap in an equal amount of your favorite dairy-free yogurt.

4. Chia seeds: While chia seeds are an optional ingredient, they add a boost of fiber, protein, and omega-3's. The seeds plump as they soak, giving the oats a thicker consistency.

5. Flavorings: The part that makes your oats taste really good. A shake of Ceylon cinnamon is a classic add-in, maple syrup or honey, add a hint of sweetness, and a pinch of kosher salt is necessary for a balanced flavor.

Memorizing a simple ratio will have you making them without a recipe in no time.



Use equal parts old-fashioned (organic is best) rolled oats and milk, plus half as much yogurt. For example, the recipe below calls for 2 cups rolled oats, 2 cups milk, and 1 cup yogurt. From there, you can add whatever toppings you prefer (more on those below).

Overnight Oats Recipe

Yield: Serves 4, Prep Time: 5 minutes.

- 2 cups old-fashioned rolled oats
- 2 cups dairy milk or unsweetened non-dairy milk
- 1 cup plain Greek or non-dairy yogurt
- 3 tablespoons maple syrup or honey
- 1 tablespoon chia seeds (optional)1/4 teaspoon ground cinnamon
- 1/4 teaspoon kosher salt
- Optional toppings: fruits, nuts, seeds, nut butter

Instructions:

- 1. In a large bowl add all ingredients.
- 2. Stir together until well combined.
- 3. Cover and refrigerate overnight. You can divide the oats into individual jars at this point if desired. Cover and refrigerate for at least 4 hours, preferably overnight.
- 4. Give it a good stir before serving with desired toppings.



Stop in for flowing pots, hanging baskets or herb plants for



Check out our new items from Bounty Foods. Picking our own veggies daily!

OPEN MONDAY THRU SATURDAY, 10AM TO 6PM • CLOSED SUNDAY'S HIGHWAY 89 SOUTH • DDWESTGREENHOUSES.COM • 406-224-9880

Recipe by Carla Williams

RECIPE CORNER

Cheesecake Caramel Toffee Chocolate Chip Cookie Bars

Ingredients:

For the Cookie Dough Portion:

- 1cup (2 sticks) unsalted butter, softened
- 1 cup brown sugar
- 1/2 cup granulated sugar
- 2 teaspoons vanilla extract
- 3/4 teaspoon salt
- 1 egg
- 1 teaspoon baking soda
- 2 cups all-purpose flour
- 2/3 cup chocolate chips (mini chips recommended)
- 1/3 cup caramel bits
- 1/3 cup toffee bits

For the Cheesecake Portion:

- 8 oz. cream cheese, room temperature
- 1/2 cup granulated sugar
- 1 egg
- 1/2 teaspoon vanilla extract **Directions:**

• Prohoat oven to 3

- Preheat oven to 350°F (175°C).
- Line a 9x13 inch baking pan with parchment paper.

Cookie Dough:

Cream together butter, brown

sugar, granulated sugar, salt, and vanilla. Beat in the egg, then mix in baking soda and flour until well combined. Fold in chocolate chips, caramel bits, and toffee bits.

 Spread half of the cookie dough mixture evenly into the bottom of the prepared pan.

Cheesecake Mixture:

- In a separate bowl, blend cream cheese with sugar until smooth.
- Add egg and vanilla, mixing until fully incorporated.
- Pour the cheesecake mixture over the cookie dough layer in the pan.
- Take the remaining cookie dough, flatten pieces with your hands, and place over the cheesecake layer, covering as much or as little as desired.
- Bake for 20-30 minutes, or until the top is lightly golden and the center is set. Allow to cool before cutting into bars.

This breakfast is even better with toppings. Fresh fruit, dried fruit, nuts, seeds, and nut butter are all fair game. Keep in mind that nut butters, dried fruit, some fresh fruit (like blueberries, apples, and citrus) can be added before the overnight soak. You'll want to wait to add delicate or

crunchy toppings, such as nuts, seeds, and toasted coconut, until the morning you plan to eat them.

Overnight oats are great to serve your young ones before a school day, for anyone on the go or just because they are delicious. Give them a try!

Livingston HealthCare

Valley Lodge & Grill

ELLOWSTONE

415 EAST LEWIS ST, LIVINGSTON

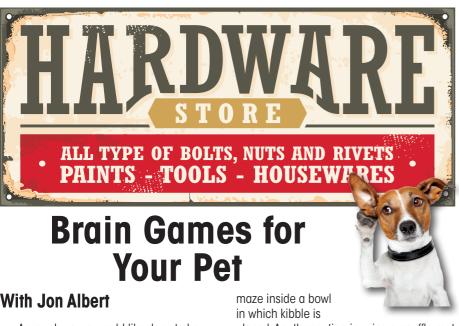
406-222-1420

SHANE LALANI CENTER FOR THE ARTS the shane center.org



CENTER

Community Journal - 10 Sunday, May 12, 2024



As much as we would like dogs to be members of our family, they still have wild instincts that we may ignore

to their detriment.
When I watch a dog chasing a ball in the park, it reminds me that before domestication, dogs hunted for a living. Did you know that foraging games are a way to let dogs and cats tap into their wild

instincts and improve their health and well being?

Instead of just serving their meals, you can use a brain game to let them express their foraging instincts. It can be as simple as making food a little harder to reach, like on a textured surface such as a LickiMat or a maze feeder. A LickiMat is a textured silicon or rubber mat with grooves and brittles that is ideal for wet food such as peanut butter. A maze feeder is literally a

placed. Another option is using a snuffle mat in which kibble is covered in fabric, forcing the dog to use their sense of smell to uncover kibble.

Brain games, just like playing fetch, help dogs and cats release their bottled-up energy, reduce their anxiety (including separation anxiety), and reduce destructive behaviors, such as digging up plants.

Exercising your pet's cognition in addition to

their bodies can also keep them more alert

in their senior years.

You may be surprised at how much those simple mind games can increase the contentment and reduce the frustration of your pet. Give them a try!







Scan for online ordering! 6am-7pm Daily

1226 Hwy 10 W.• Livingston, MT • (406) 222-6180



Livingston Loves Trees

We invite you to Livingston Loves Trees (LLT) planting week May 13th-17th, to join our mission to enhance the beauty, equity, and resilience of our community forest.

What to expect as a volunteer:

- You'll be part of the 'Tree Team' volunteers and landscaping professionals passionate about m
- passionate about making a positive impact on our community.
- Tasks include planting trees, mulching, watering, securing, tagging, documenting, taking photos and engaging with community members that have committed to caring for the new trees.
- No prior experience is required, as guidance and instructions will be provided on-site.
- Volunteers are encouraged to join for a morning, afternoon, or the day.
- You will help reach our goal of 20 trees a day over five days.

Benefits for Volunteers:

- A sense of accomplishment in contributing to the resilience and equity of our urban forest in Livingston.
- Opportunity to learn about how to plant a tree and the benefits of city trees.
- Build relationships with other community members who also care about and love trees.
- Lunch will be provided for volunteers joining us for the day!

Why We Plant Trees:

Livingston cherishes its trees! In our boulevards and public spaces, trees provide beauty, summer shade, wildlife habitat, and refuge from the heat and notorious winds. Despite this defining characteristic, many residents lack access to the well-documented human health, environmental, and economic benefits of trees.

The task of maintaining a healthy community forest has become more challenging, particularly with the threat posed to half of Livingston's trees—Ash trees—by the emerald ash borer, an invasive beetle responsible for the loss of millions of ash trees nationwide. As a community that values trees, this program provides opportunities for everyone to participate. From the planting, purchasing, watering, education and long-term care our tree friends need—it is up to us to give future generations these benefits!

Join Us:

Whether you're a longtime resident or new to Livingston, we invite you to join us



afternoon shifts
• Where: Various
Livingston public
parks and boulevards
We will provide the

What to bring;

address the evening

before.

gloves, closed-toe shoes, water, sunblock and rain jacket. A delicious lunch from various local businesses is provided!

The LLT program improves Livingston's tree population while engaging residents in the care and stewardship of our urban forest. We build community around the common value of planting and caring for trees. Because they give us, and future generations, so much in return.

Can't volunteer? There are more ways to get involved.

Adopt a Tree:

Have an empty spot on your boulevard that could use a tree? We've given away all of our trees this year but sign up here for next year's planting.

Plant it Forward:

Searching for the perfect gift that will last for generations? Why not show your appreciation for someone by donating a tree on their behalf? For \$500, you can 'Plant it Forward' and pay for a tree to be planted in our community. The Tree Fund is a dedicated account at PCEC, utilized solely for purchasing, planting, and caring for new trees.

To volunteer for planting week, May 13th - 17th, please send your availability to Sarah Stands, sarah@pcecmt.org

About Livingston Loves Trees:

Livingston Loves Trees is a community-driven initiative launched by the Park County Environmental Council (PCEC) in 2021. Our goal is to plant 1,000 new trees of diverse varieties over the next decade. Through collaboration with volunteers, local businesses, the City of Livingston and donors, we aim to fund and create a more equitable and resilient urban forest for generations to come. We have planted 267 trees to date, and aim to plant 100 a year.

With the help of volunteers, we plant Montana-hardy maples, lindens, honeylocusts, flowering crabapples, elms, bur oaks, and Japanese tree lilacs and more. Each tree brings beauty and diversity to our community forest.



Sunday, May 12, 2024 Community Journal - 11

gioging the Journey

by Lois Olmstead

I think God spoke to me this week. I think He said, "Lois, you are whining.That's not good. Therefore, I need to speak to you."

If it wasn't His voice

I heard, it could have been. I rather think when you hear a 'therefore' it sounds like what God would say. People don't use that word much anymore. Just look in your Bible. God uses therefore lots.

And God tells us to pray. Jesus prayed. His disciples asked him to teach them how to pray. (Matthew 6:9-13)

God tells us He will answer our prayers. I believe in what He says. And I do. Most of the time. But I kinda want what I want when I want it. There have been many times in my life when I have 'whined' to God. Have you? Like "When God? When?"

I remember when we had our home out in the country north of Colstrip, Montana, for sale. We had named it "On Golden Pond." It was a beautiful place with a pond, huge shop, and house on ten acres. It was for sale for more than a year. We thought it would sell in a week. It did not. I prayed and prayed. Yes, and I whined then too.

Then it happened. I had painted a big (4' x 8' sheet of plywood) "For Sale"

sign down on the highway. A couple called us on their cell phone from the highway on a Sunday afternoon to ask if they could see it. Monday, they came back. We signed the Buy/Sell agreement. They paid cash. Friday they brought some of their furniture. After all those months of waiting, now it was a rush. They want to move in immediately. It turned out they were moving from Deep Creek Bench out of Livingston. We were moving to the ranch north of Livingston. They would bring a load of their stuff and take back a load of ours. So many things worked out perfectly. Perfect Timing.

I wish I could say that I had been waiting patiently. I wish I could say I trusted God through every false hope. That I walked purposefully in strides of faith throughout the wait. But I didn't. I already told you I didn't. Some days yes. Some days no. God says His timing and our timing are different. I was teaching

classes at retreats all over the country. My theme that year was "Hope for the Hard Times." It was a lesson on those long-haul prayers that seemingly go unanswered year after year. It was a really good message. For me too. I do know the truth behind it. God answers prayer. Not on my timetable, but on His. It is for all of us.

I do believe God uses therefore so many times because He knows us. He knows we can be impatient. Yes, you and me. He said, "I am the Good Shepherd. I know my sheep." (Psalm 23)

I wanted you to know as you read this column, I am not perfect. I do not have all the answers. Therefore, this column will be a fun journey through pages of my life—real, honest, interesting—on a journey of joy. And shall we pray for each other along the way? We just might have to learn about trusting God as our Shepherd again. Therefore, journey on... joyfully... He knows us.



American Lutheran Church (ELCA)

129 South F Street Pastor Melissa Johansen Sunday worship 9:00 am Livingston, MT Elevator available. 406-222-0512 alclivingston.org

Church of Christ

919 W Park St Sunday worship 10:30 am Livingston, MT 406-222-2017 church-of-christ.org

Church of Jesus Christ of Latter-Day Saints

12 White Lane David Gilbert branch President Sunday worship 10:00 am Gardiner, MT 406-848-7509 lds.org

Church of Jesus Christ of Latter-Day Saints

110 West Summit Street Bishop Trevor Strupp Sunday worship 10:00 am Livingston, MT 406-222-3570 lds.org

Emmaus Lutheran church (LCMS)

801 East Park Street Reverend Daniel Merz Livingston, MT email at emmauslutheranmt@gmail.com emmauslutheranmt.org

Expedition Church

27 Merrill Lane Pastor Darryl Brunson Sunday worship 10:00 am Livingston, MT 406-224-1774 expeditionmt.org

First Baptist Church (C3)

Crossing Community Church 202 East Lewis Street Pastor Bryce Maurer Sunday worship 10:45 am Livingston, MT 406-222-1603 fbclivingston.org

Gardiner Community Church

318 Main Street Reverend Jeff Ballard Sunday worship 10:15 am Gardiner, MT 406-848-4060

Gardiner Baptist Fellowship

802 Scott Street Pastor Britton Gray Sunday worship 11:00 am Gardiner, MT 406-223-4478

Grace Methodist Church

302 South 9th Street Pastor Mari-Emilie Anderson Call or visit website for Sunday worship times Livingston, MT 406-222-1041 www.methodistsontheyellowstone.org

Holbrook United Methodist Church

424 Lewis Street Call or visit website for Sunday worship times Livingston, MT 406-222-1041 www.methodistsontheyellowstone.org

Kingdom Hall of Jehovah's Witnesses

1505 E Gallatin Street Sunday Public talk and Watchtower 10:00 am Livingston, MT 406-222-2012 jw.org

Livingston Hope Church

226 South 3rd Street Senior Pastor Shad Durgan Sunday worship 8:00, 9:30 and 11:00 am Livingston, MT 406-222-1577 livinghope.church

Livingston Bible Church

329 North 5th Street Pastor Monte Casebolt Sunday worship 10:30 am Livingston, MT 406 222-2714 livingstonbible.org

Livingston Christian Center

(Assemblies of God) 1400 Mount Baldy Drive Pastor Dave Brakke (Sunday worship 10:00 am Livingston, MT 406 222-3144 livingstonchristiancenter.com

Livingston Church Of God

101 South O Street Pastor Ed Parrent Sunday worship 10:30 am Livingston, MT 406 220-0620

Mountain Bible Church

18 Pine Meadow Road (off Pine Creek Rd and Hwy 89) Pastor Brandon Reagor Sunday Worship 10:00 am Livingston, MT 406-219-7628 www.mtbible.org

Mount Republic Chapel

240 US Hwy 212 Reverend Don Taylor Sunday worship 9:30 am Check the website for seasonal worship times Cooke City/Silver Gate, MT (406) 838-2397 mtrepublicchapel.org

Mountain Springs Baptist Church

626 North 13th Street Pastor Justin Sutherland Sunday worship 11:00 am Livingston, MT 406 222-1240 mountainspringsbaptist.com

Paradise Valley Community Church

1772 East River Rd Pastor Andrew Alberda Sunday worship 10:30 am Livingston, MT 406 333-4905 paradisevalleychurch.org

Pine Creek United Methodist Church

2470 East River Road Pastor Mari-Emilie Anderson Call or visit website for Sunday worship times Livingston, MT 406-222-1041

www.methodistsontheyellowstone.org

Redeemer Lutheran Church

425 West Lewis Street Sunday worship 11:00 am Livingston, MT 406 222-1175 www.rlclivingston.wordpress.com

The Summit Lighthouse

Contact us for worship service and conference times 63 Summit Way Gardiner, MT 406 848-9200 SummitLighthouse.org

Seventh-Day Adventist Church

1 Guthrie Lane Pastor Rene Marquez Livingston, MT 406 222-7598 livingstonmt.adventistchurch.org

Shields River Lutheran Church

105 Ordway Street South Sunday worship 9:00 am Wilsall, MT 406 578-2212 srlcwilsall.wordpress.com

Shields Valley Bible Church

405 Fifth Street West Pastor Glen Helig Sunday worship 11:00 am Clyde Park, MT 406 686-4708

St. Andrew's Episcopal Church

310 West Lewis Street Reverend Kristin Orr Sunday worship 10:30 am Livingston, MT 406 222-0222 saintandrewsepiscopalchurch.org

St. John's Episcopal Church

8 Story Road Reverend Kristin Orr Sunday worship 8:00 am Emigrant, MT stjohnspv.org

St. Joseph's Catholic Church

910 McLeod Street Father Garrett Nelson Big timber, MT Sunday worship 2:00 pm 406-932-4728

St. Margaret's Catholic Church

206 1st Avenue North Father Garrett Nelson Service Saturdays 4:00pm Clyde Park, MT 406-222-1393 stmaryscommunity.org

St Mark's Church Universal **And Triumphant**

130 South D Street Sunday worship 10:15 am Livingston, MT 406 222-2675

St. Mary's Catholic Church

511 South F Street Father Garrett Nelson, Pastor Saturday 6:00 pm year-round Holding Services since 1891. Sunday at 10:30 am April thru Sept. Sunday 8:00 am October to March Livingston, MT 406 222-1393 stmaryscommunity.org

St Paul's Evangelical Lutheran Church

1116 W Geyser Street Pastor Paul Stern Sunday worship 10:15 am Livingston, MT 406 222-3372 stpaulslivingston.org

St. William's Catholic Church

705 West Scott Street Father Garrett Nelson Sunday worship 8:00 am April-Sept Sunday 11:00am October to March Gardiner, MT 406-222-1393 stmaryscommunity.org

Valley Shepard Church of the Nazarene

Services are presently online. Please call for instructions to view a service. Reverend Christie American Horse Livingston, Mt 406-223-1072

Wilsall Community Church

112 Liquin Hill Road (west of Hwy 89 North; take Clark St to Liquin) Pastor Stephen Fanning Sunday worship 10:45 am Wilsall, MT 406-578-2004

United Methodist Grace Church

wilsallcchurch.com

302 South 9th Street Pastor Mari-Emilie Anderson Sunday worship 5:00 pm Livingston, MT 406 222-1041

www.methodistsontheyellowstone.org

Community Journal - 12 Sunday, May 12, 2024

Danforth Museum of Art (DMA) Presents Ray Campeau: Art, Friends, and Community

The first exhibit of Livingston's summer art season will be a retrospective of famed artist and Bozeman High art teacher, Ray Campeau. Ray was an arts advocate, gallery director, entrepreneur, and force of nature. His work will be shown alongside art from his personal collection, including his mentors and friends, early Montana modernists Robert DeWeese, Frances Senska, Jessie Wilber, and Hilton Leech.

Ray started the Danforth Gallery in 1971 before turning it over to the Park County Friends of the Arts in 1974. After a tour in the navy, Ray earned first a bachelors then a masters from Montana State College in Bozeman and taught art at Bozeman High School for thirty-three years.

He started the Bozeman High art collection, and conducted art classes around Southwest Montana throughout the 1960s, 70s, 80s, and 90s. Ray opened a dozen galleries around Montana, tying the state's art communities together in a "network of pods."

At 90 years young, Ray is a living icon of Montana art history. Ray and his wife Kay live in Bozeman and are still active in the Butte gallery scene. His

extensive art collection covers over 60 years of Montana's history and includes many Livingston-related artists, some of whom are in the DMA's permanent collection.

Ray's recognitions and accolades include the Montana Art Teacher of the Year, 1982; the Governor's Award for Service to the Arts, 1987; the Pacific Region Art

Educator of the Year from the National



Ray Campeau,watercolor,

Art Education Association, 1990; and the Herald McGrath Award from the Butte-Silverbow Chamber of Commerce, 2011.

"Remember, the grass is not green and the sky is not blue." Ray Campeau on color theory. The DMA will host an

opening reception for Ray Campeau: Art, Friends, and Community

- 5:30–8 pm on Friday, May 17, 2024
- Admission to the Danforth Museum of Art is always free.
- The DMA is open Tuesdays— Saturdays, Noon to 4 pm.

The mission of the DMA is to celebrate the legacy of Livingston's arts community and expand engagement with art through exhibitions, education and the permanent collection.

The Danforth Museum of Art is located at 106 North Main Street, Livingston, Montana. www.thedanforth.org

Gardiner Library Needs Volunteers



The Gardiner Community Library is seeking volunteers! Can you spare three hours a week, every other week, or even just two hours a month? As a small community library, they rely on volunteers in order to be open every Tuesday and Thursday from 10 to 6 pm. Without additional volunteers,

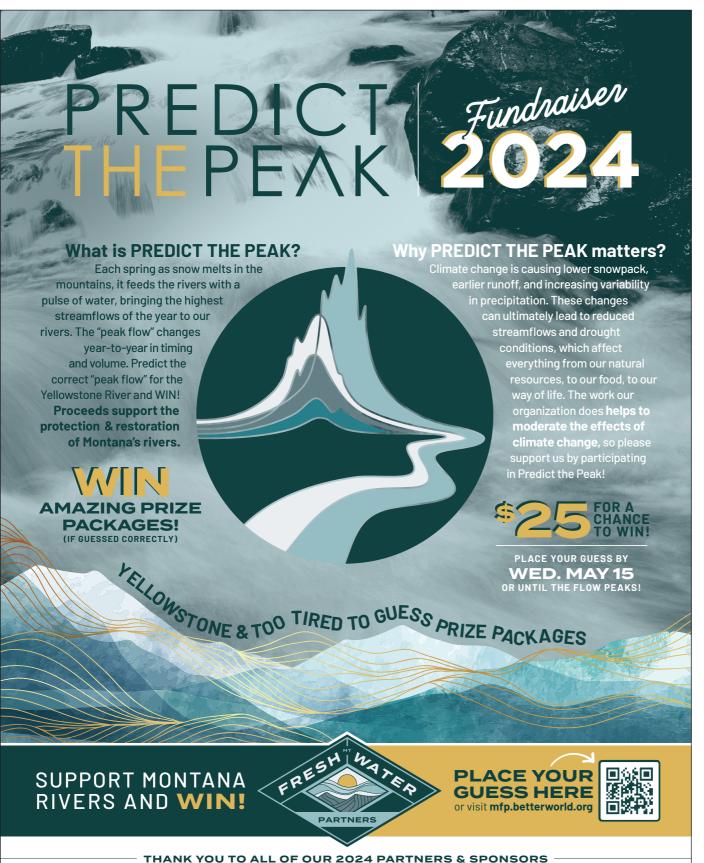
library hours
may need to be
reduced, but
with more
volunteers
there is the

potential to have the library open more days per

The library is a valuable resource for the community, having almost 7,500 titles to choose from, audio books, DVD rentals, children's books, computers, 10 cent printing, and free WiFi.

Annual Membership is only \$5 and keep an eye out for random free membership drives on Facebook! If you or someone you know might be interested in volunteer opportunities with the Gardiner Community Library, please call or text (406) 539-2390 today!













[ellowstone





_ODGE



Sunday, May 12, 2024 Community Journal - 13

Crossword Puzzle Number 330 14 15 16 17 18 19 20 22 30 33 34 35 36 37 38 39 40 43 41 42 44 45 48 46 47 49 50 53 54 58 56 57 59 60 63 64 62 65 66 67 Across Stravinsky 1 Unorthodox religion 65 Personal set of cards

14 "Houston, we've had a problem ... " 15 To pray, to Ovid 16 Israeli prime minister, 1969 - 1974 17 Test or boob? 18 Giver 19 "Terrible" leader

10 Fashion and lifestyle magazine

20 Chop Springsteen into pieces for many retailers 23 Fly ball trajectories

24 Hate 25 --- Smith, Empress of the Blues

28 Compel

48 Topes

5 Whip

30 Boiling mad 31 Harmless simpleton

32 Janes, who could be anyone 36 Comedian's date

37 Spreads into a battle line

40 Winter bug 41 Suddenly lose it

43 Filth

46 Pass into disuse

44 "--- Body?" (Dorothy L Sayers)

49 Don't take chances

52 Ipanema stroller?

53 Kind of field 59 Egyptian opera

60 In plain sight

61 Indifferent

62 Nicholas was the last

63 Lead character in "First Blood" 64 "The Rite of Spring" composer --- 66 Single-masted sailboat 67 "And Then There Were --- " (Agatha Christie)

1 Budgetary reductions

Down

2 "I refuse!" 3 Gray wolf

4 "--- is a foreign country ..." (L P Hartley, "The Go-Between")

5 Dress top

6 Smooths

7 Summoned the servants 8 Foam clog

9 Tendency of like to beget like

10 Gave off

11 Pre-lunch reception

12 All Cretans, according to Epimenides

13 Physicist --- Mach 21 Asked nosy questions

22 Middle of wine vat is a dry area

25 Major Leagues 26 The Emerald Isle

27 Narrative of heroic exploits

28 Fellini's "La --- Vita" 29 Castle

31 PCs' "brains"

33 Baum's Land ---

34 Otherwise 35 Goes to law

38 Maximilian and Charlemagne

39 Avowed

42 Poster

47 Astern

49 Strand 50 Professor Henry's prot g 51 Portable chair 52 Star who

alone

option

54 Elliptical

55 Reminder

56 Fast-food

(Glenn Frey)

58 Crux

57 "The Heat ---"

wanted to be let

45 --- one: golfers' dreams

Crossword Puzzle Number 329 Solutions 48 Circus center

¹ U	² T	³ A	⁴ H	⁵ A	⁶ T	⁷ M	⁸ S		⁹ S	¹⁰ H	¹¹	13
13_)		14_	Г.			15_	Г. —			Г

U	I	Α	H		A		M	S			S	Н		2	ı
¹³ S	-	R	Е		¹⁴ P	L	Е	Α		¹⁵ B	L	Α	S	Е	
16 E	Ν	Т	R	¹⁷ A	Ν	С	Е	S		18 R	U	В	Е	Ν	
¹⁹ S	Т	Υ	М	Ι	E		²⁰ T	Н	²¹ E	0	R	Ι	Е	S	
			²² A	D	Α	²³ M			²⁴ M	Α	S	Т			
²⁵ C	²⁶ L	²⁷ O	N	Е		²⁸ A	^{29}V	³⁰ O	Ι	D		³¹ A	³² G	³³ E	1
³⁴ E	Α	R	Ν		³⁵ B	R	-	D	G	Е		³⁶ T	Α	Х	1
³⁷ L	U	G		³⁸ L	Е	С	Т	Е	R	Ν		³⁹	М	Р	1
⁴⁰ E	R	Α		⁴¹ A	Н	0	R	S	Е		⁴² R	0	М	Е	1
⁴³ B	Α	Ν		⁴⁴ P	Е	S	0	S		⁴⁵ C	Α	Ν	Α	L	1
		46 	⁴⁷ D	0	L			⁴⁸ A	⁴⁹ S	Α	Р				
50 W	⁵¹	Z	Α	R	D	⁵² R	⁵³ Y		⁵⁴ P	L	Ī	⁵⁵ G	⁵⁶ H	⁵⁷ T	1
58 	Ν	Е	R	Т		⁵⁹ O	U	⁶⁰ T	0	F	D	Α	Т	Е	1

Alamo Juno Tobruk 0 H)(O) Marengo **Anzio** Verdun Η (M) U el(o)(b) |W||B|| Waterloo Arnhem Midway allwlo)(r) |E||D| Bulge Nile **Ypres** $\|M\| \cap \|K\|$

> 0 (N)

> > Ζ Ν

 \exists

d Z

Α

M O

C

A

S

M

Ν

Α

Ε

Sudoku Puzzle Number 329

Okinawa

Omaha

Shiloh

Somme

Dieppe

Gaines

Iwo Jima

Mill

3	4							1
	2			6				
					8			
	1			7		4		5
6								
5				1	2		6	
4	3	1	9					7
	9	5				2	3	
		7						

outlet where our community can share their ideas, thoughts and events to everyone in Park County. Our main goal is to keep this paper, and the website access, FREE to everyone!

We here at PCCJ love bringing you this

Our generous advertisers are the main reason we can keep this going, so please, visit them and tell them Thank You! We are also asking if you feel this

publication has real value to you, and it is not a hardship, to consider signing up for a monthly donation...we sure would appreciate all the help we can get to keep this publication free and available to everyone!

You can make donations online at www pccjournal.com - Thank you!

Sudoku Puzzle Answers 328

٠.			
	4	6	9
d	3	5	2
	7	8	1
	8	9	7
	2	1	3
	5	4	6
	1	7	4
/ .	6	3	5

2 8

5 8 2 9 4 7 1

4 8

2 3 5 6 4 9 6 1 3 4 5 2 5 7 4 6 9 8 2 8 9 7 3 1 3 9 2 8 6 5

> 6 5

1 9 2

3

8 6 Community Journal - 14 Sunday, May 12, 2024



















FOR SALE

2018 Keystone Hideout, 242LHS, one owner, new tires, only used a couple times a year. Complete with generator, air conditioning, outdoor kitchen, awning and fully loaded! \$15,900 Call Greg for more information at 336-337-4542

FREE

5 Nigerian Dwarf Goats - 3 weathers with horns, 1 doe without horns, 1 buck. Also, 1 pig named Petunia who loves to play ball, is very friendly and could be housebroken! Must go to a good home. Call Greg at 336-337-4542 for more information.

HELP WANTED

Key Insurance in Livingston is looking to hire a **Licensed Insurance Agent** to our team. We are dedicated to providing individuals, families, businesses and their employees with the very best in supplemental benefits. Working hand-in-hand with our customers, our dedicated sales force provides personal face-to-face service that is almost unheard of in todays business world. We are committed to providing our clients with the right protection, customized to their needs. We offer \$55K to start depending on qualifications. Please contact Alice at 406-222-0944 to schedule an interview or email resume to alice@

Now Hiring at The Office!

Part-time retail sales position available at The Office, 128 South Main Street. E-mail resume to info@ officeloungeandliquor.com, go online to our website, or stop by for an application today!

Experienced Auto Body Technician

Come work for a business where you are not just a number, but a team member. If you are an experienced auto body technician with a wide range of skills, we'd like to talk to you. Our technicians perform welding, framework, sheet metal straightening, aluminum repair and light mechanical to suspension replacement. The position requires directions from estimates and work orders to be completed perfectly. Must supply own tools and toolbox, a valid drivers license and have reliable attendance. Must be able to spend time on your feet and able to lift to 50 pounds. Equal opportunity employer. Pay is hourly and performance-based. Paid holidays. 5 paid personal days, 401 K & Health Insurance after 1 year or probationary has been met. Schedule is Monday through Thursday 7 am to 6 pm. Apply by stopping in the shop, 908 East Park Street, Livingston, calling 406-222-0214 or email: bob@oconnorautobody.com. O'Conner's Auto Body is a busy shop, and has been making the community's autos look like new for over 50 years.

Loaves & Fishes Soup Kitchen

is looking for kitchen volunteers. If you would like to join a team to cook, serve, and/or clean up, please call the kitchen. You can sign up individually or as a group with a few of your friends to make it more fun! Call and ask for Rosa, 406-222-4824.

911 Communications Officer

The City of Livingston, Montana is seeking a highly motivated individual to perform role of 911 Communications Officer in the Livingston Police Department. Please apply at www. livingstonmontana.org/jobs.

Heavy Equipment Operator

The City of Livingston, Montana is seeking a highly motivated individual to perform the role of Heavy Equipment Operator within the Public Works Department. This is a full-time role in Public Works with primary duty assignment in Water/Sewer. Heavy Equipment Operators perform a variety of duties involved in the installation and repair of City infrastructure. This position performs highly skilled operations near gas, water, sewer, telecommunications infrastructure and also performs work in the public right of way. This position is a vital position working in consultation with the Superintendent and other public works staff and leadership. Please apply at https://www.livingstonmontana.org/hr/ page/heavy-equipment-operator.

Public Works – Streets and Parks - Spring and Summer 2024 -Seasonal, Temporary. The City of Livingston, Montana is seeking multiple 2024 spring and summer seasonal employees to work in the Public Works department supporting tasks in the Parks Department (including Cemetery) and the Streets Department.

- Parks and Cemetery assists with performing maintenance on the City parks, mowing, weed removal, and minor repairs to playground repairs, pool maintenance, trails, and trees
- Streets assists with street sweeping, pot hole patching, painting, chip sealing, and other street activities including alleys. Please apply at https:// www.livingstonmontana.org/jobs.

Police Patrol Officer - Is a rewarding career in law enforcement your dream? Do you appreciate a fantastic team of coworkers, market competitive pay and benefits, job security, and a traditional retirement pension? Do you want to get away from the problems plaguing bigger communities and enjoy true community policing? If you answered YES to these questions - Livingston Police Department in beautiful South-Central Montana could be your next career adventure! Please apply at https://www. livingstonmontana.org/jobs.

Lifeguards and Swim Instructors

- Summer is almost here and the City of Livingston is now recruiting summer seasonal Swim Instructors and Lifeguards. We are looking for candidates who enjoy interacting with youth and who can commit to working the entire season starting in late May/early June 2024 with an end date of August 2024. This position will report to the Pool Manager and the Recreation Director. Qualifications, Knowledge, Skills, and
- Lifeguard, CPR, First Aid, and AED certified or become certified upon
- Aquatics/Lifeguarding experience is desired, but not required.
- Ability to effectively and clearly communicate verbally and in writing.
- · Ability to work independently, solve complex problems, and troubleshoot concerns while maintain positive relationships with employees and patrons. Please apply at https://www. livingstonmontana.org/jobs.

The **Gardiner School** has openings for the following coaches for the 2024-2025 school year: Head junior high volleyball & Head junior high football. The coach's responsibilities include developing practice plans and leading practices, providing motivation and advice during competitions, and fostering good mentorship with the Bruin athletes and staff. Outstanding candidates are highly motivated, committed, disciplined. and patient. Please send a letter of interest to Carmen Harbach at Carmen@gardiner.org or call the Gardiner school 406-848-7563.

Gardiner Public School is desperately seeking applicants who possess or are willing to obtain a Class B CDL license w/passenger endorsement and air brakes endorsement. Anyone interested, please contact Patricia Baltzley,

Board Chair, baltzleyp@gardiner.org

or call the school @ 406-848-7563.

Angel Line Relief Bus Driver -

This relief driver role is available for the Angel Line Transit department at Park County. Our Angel Line services provide prescheduled door-todoor transportation to Park County residents aged 60 and over and disabled individuals. This position safely and efficiently operates the bus while providing excellent, friendly service to the riders. The relief driver is scheduled only occasionally with limited and varied hours to provide coverage for the full-time driver in the event of scheduled or unscheduled absences. This role will be open until filled with preference given to applications received by May 7, 2024. https://jobs.parkcounty.org/.

Detention Officer - Are You Trustworthy, Self-Motivated and Community Minded? The Park County Sheriff's Office is looking for one new full-time team member interested in a career in a law enforcement capacity with our Detention Center in service to Park County residents and visitors. Open until filled. For more information and to apply online go to: https://jobs. parkcounty.org/jobs/37/Detention-Officer#job_37.

Sheriff Deputy - Are You Trustworthy, Self-Motivated and Community Minded? The Park County Sheriff's Office is looking for one new full-time team member interested in a career in a law enforcement capacity in service to Park County residents and visitors. To apply go online to: https:// jobs.parkcounty.org/jobs/7/Sheriff-Deputy-JOB-10301019-open-untilfilled#job 7.

Green Box Caretaker, Chico/ Trail Creek - Are you passionate about environmental stewardship and community service? Join our team as a Green Box Caretaker in the Public Works Department's Refuse Division. In this role, you'll play a vital part in maintaining cleanliness and orderliness at Green Box sites, ensuring proper refuse handling, and providing excellent customer service to citizens. With opportunities to operate equipment like excavators and engage with the public, this position offers a fulfilling way to make a positive impact on Park County's environmental sustainability efforts. Apply now to become an essential member of our dedicated team! This position will be open until filled with priority given to applications received by April 4, 2024. To apply go online to: https:// jobs.parkcounty.org/jobs

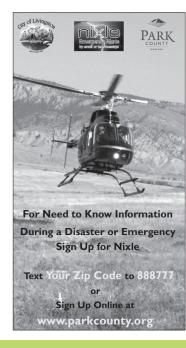
Public Health Nurse/Prevention Specialist - Join the dynamic team at Park County Health Department as a Public Health Nurse/Prevention Specialist! With flexible part-time or full-time options available, this multifaceted role offers a diverse range of responsibilities tailored to meet the ever-changing needs of our community. From organizing and conducting immunization clinics to coordinating chronic disease prevention programs and conducting home visits for maternal and child health, this position provides an opportunity to make a real difference in public health. Enjoy the chance to work with diverse populations, and the satisfaction of contributing to innovative approaches aimed at improving community health outcomes. Apply now to be part of this vital public health initiative! This position will be open until filled with

preference for applications received by April 10, 2024. https://jobs. parkcounty.org/

Deputy County Attorney - Join our team at the Park County Attorney's Office as a Deputy County Attorney, where you'll play a vital role in prosecuting criminal offenses and providing legal counsel to County government, including all agencies and boards. This is parttime position, equivalent to 0.6 FTE or 24 hours per week. As a Deputy County Attorney, you'll handle a diverse range of responsibilities including legal research, drafting pleadings, conducting investigations, presenting to a court or jury, participating in mediations and settlement conferences, and oral argument. If you're a skilled attorney with a passion for public service and making a difference in your community, apply now! The job will be open until filled with preference for applications received by April 23, 2024. https://jobs. parkcounty.org/

Registered Sanitarian

Become a vital part of the Park County Health Department Team as a Registered Sanitarian! Under the guidance of the Health Department Director, you'll play a crucial role in safeguarding public health and the environment. From conducting compliance inspections to responding to emergencies, we're looking for someone who can apply their expertise in regulatory oversight and meticulous attention to detail. If you're a Montana Registered Sanitarian with a passion for environmental protection and public health, apply now to make a difference in your community! This position will be open until filled. https://jobs. parkcounty.org/.



How to place your Classifed Ad!



We have three classified ad packages to choose from, your ad will be displayed for 7 days, will also be added to the Park County Community Journal website AND the Park County Dugout website.

1-40 words \$10 • 41-50 words \$12 • 51-70 words \$15

To place your ad go online at www.pccjournal.com or email community@pccjournal. com and someone will call you back for payment.

If you need more space, please call Steph at 406-220-0919 or email Steph at community@pccjournal.com for more information on placing a larger classified ad.

Landmark REAL ESTATE

Your Local Real Estate Market Experts

FEATURED LISTINGS

ERALivingston.com | 406.222.8700



27 Royal Wulff

3 beds 2.5 baths | 2,668 sq ft #390722 | \$1,799,000 Gillian Swanson | 406-220-4340



73 Shy Road

2 beds 1 bath | 1,380 sq ft #391786 | \$520,000 Deb Kelly | 406-220-0801



858 Flanders Creek Ave

4 beds 2 baths | 1,576 sq ft #391110 | \$649,000

Gillian Swanson | 406-220-4340



93 Balfour Loop Road

Land Listing | 20+ acres #384647 | \$300,000

Aurora Fritz | 406-224-2501



401S Main Street

Commercial Sale | 10,375 sq ft \$384182 | \$2,200,000

Ernie Meador | 406-220-0231



TBD Chestnut Lane

Land Listing | 0.16 acres #390558 | \$130,000



8 Pronghorn Trail

3 beds 3.5 baths | 3,268 sq ft #391724 | \$1,650,000 Julie Kennedy | 406-223-7753



16 9th Street Island Dr

4 beds 2 baths | 2,451 sq ft #391597 | \$1,195,000

Theresa Coleman | 406-223-1405



30 S Woodard Ave, Absarokee

Commercial Sale | 2,560 sq ft #388822 | \$275,000

Jessie Sarrazin | 406-223-5881



78 Arcturus Drive

Land Listing | 7.06 acres #378949 | \$280,000

Deb Kelly | 406-220-0801



28 W Grannis

3 beds 2 baths | 2,112 sq ft #390575 | \$925,000

Julie Kennedy | 406-223-7753



16 Wild Horse

3 beds 2 baths | 2,016 sq ft #390156 | \$1,400,000

Jon Ellen Snyder | 406-223-8700 Tammy Berendts | 406-220-0159

REALTORS®

in Livingston, Bozeman, Big Sky & Ennis

ERA Landmark Real Estate | eralivingston.com 406.222.8700 | 215 S. Main Street | Livingston, MT

Robyn Erlenbush CRB Broker Owner | Each office independently owned & operated

Community Journal - 15 Sunday, May 12, 2024 Top Three SouleBurger Project Burgers are...

The Contest Enters Year Two

In February 2023, The Office Livingston started featuring a weekly burger special. It was originally called a project—because it was experimental. Seems like everyone has a burger topping suggestion or a favorite ingredient, so the contest was born. They were not sure if it would take off. Over the course of the year it did! It was a regular occurrence to be asked, "What is the SouleBurger of the week?" They have sold over 1505 pounds of burgers, and have created some really fun and interesting recipes seven ounces at a time.

The project continues, currently they have a tab on their website for people to submit their idea for SouleBurger Project at OfficeLoungeandLiquor.com/souleburgercontest. If they use your submission you will receive a SouleBurger tee shirt and get a SouleBurger for free. The contestants are scored by how many of their burgers are sold in their week. When the contest is finished, whoever has the highest score wins a free SouleBurger Project each week for a year. They do require that new submissions are not a previous Project (repeat) and that the ingredients are all available locally in Livinaston.

The top 3 burgers from the first year of competition:

- The Irish Burger (crispy bacon, Irish Cheddar, grilled onions, and Irish whiskey aioli)
- The Oklahoma Smash Onion Burger (two 3.5 oz. hand-pattied beef burgers with diced onions cooked inside the meat with gooey melted American cheese)

• The Smash Grilled Cheeseburger (with caramelized onions, apple butter, American cheese, special sauce pressed between two slices of potatoe

So, perhaps you can give up your secret family recipe for the best burger ever and see how it stacks up in the community.

The Office Lounge and Liquor is located at 128 South Main Street in Livingston. Their website for SouleBurger submissions is OfficeLoungeandLiquor/SouleBurger-Contest. We encourage everyone to come in and discover the what the weekly SouleBurger Project is!





Fairy Tea for the Arts 2024



May 19, 2024

2-4 pm

Venue

Sage Lodge, Paradise Valley, Montana

To buy tickets: https://www.yellowstoneinternationalartsfestival.org/

A Twinkle of Mirth is needed on

Earth

















