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Park County **Community Journal** **FREE**

Serving Livingston, Emigrant, Gardiner, Clyde Park, Wilsall & Cooke City **SUNDAY EDITION • May 26, 2024**

Yellowstone Yellow Bus Tours Are Back!

by Patricia Grabow

The Yellowstone Bus Tours of Livingston's four Historic districts is on the summer slate once again, thanks to the generosity of Community Closet and others. Tours are scheduled for Friday and Saturday evenings, departing at 6 pm from the Depot Center, from Memorial Day to Labor Day.

A splash of color caught the eye of a restaurant operator in Livingston's downtown as he watched a woman wave to a familiar, yet odd, sight—the polished, bright-yellow, restored 1937 Yellowstone Park bus weaving its way through the streets and four historic districts. The docent (volunteer guide) and the passengers aboard waved back. He smiled, because he loved watching that piece of history



drive by, having grown fond of this emblem over the last thirteen years. So why did it seem odd? This took a minute—oh, yes, those thirteen years hit a three-year pause during COVID, when people in close proximity was discouraged. Well, it's good to be back!

The docent had been talking about the era when Livingston was busy as the original rail-based "Gateway to Yellowstone" the world's first national park, and about of the town's architectural centerpiece, the Depot Center, along with the 400+ buildings on the National Historic Register. He pointed out the hotels that accommodated as many as 30,000 visitors disembarking from six trains a day on their way to the magic of Yellowstone. He mentioned the infamous red-light district, Chinatown, and of course,

See Yellow Bus Tours, Page 4

Livingston Art Walks



late, offer light appetizers, socializing, and a lot of great art. Save the dates for the downtown strolls from 5:30 to 8 pm.

- June 28
- July 26
- August 23
- September 27

LGA believes that a healthy community has access to and engagement with art.

More than most small western towns, Livingston has a large selection of fine art galleries. You'll find most of them in the historic downtown district and within walking distance of each other.

Many of these galleries have joined together to form the Livingston Gallery Association (LGA), which is dedicated to promoting and supporting the art and culture of the area. On the fourth Friday of the summer months starting in June, they host the popular Art Walks in downtown Livingston.

At the art walks, people stream through downtown and Livingston is abuzz with life. The galleries stay open

They continue to increase their online presence with streaming exhibits, artists' talks, demonstrations, and more.

Visit LivingstonGalleryAssociation.com or find them on Facebook. Keep updated on their website especially for the Holiday Art Walk in late November/early December.



Special Olympics Montana Receives \$400,000 Donation from First Interstate Bank

Special Olympics Montana (SOMT) is celebrating a game-changing donation of \$400,000 from First Interstate Bank and the First Interstate BancSystem Foundation. This generous gift, made possible by the Member Impact Fund grant program, includes a 3-to-1 funding match from the Federal Home Loan Bank (FHLB) of Des Moines.

Rhonda McCarty, CEO of Special Olympics Montana, expressed profound gratitude, "On behalf of more than 3,500 Special Olympics Montana athletes served annually, I want to

express our gratitude for this generous gift. This significant donation from First Interstate Bank will enable us to further transform lives through the joy of sport, each and every day."

This donation marks the final distribution in 2024 granted as part of First Interstate's Member Impact Fund partnership, supporting SOMT's mission to empower individuals with intellectual disabilities through athletic training and competition.



Special Olympics Montana

First Interstate President and CEO Kevin Riley emphasized the bank's commitment to community impact, "As a premier sponsor of Special Olympics Montana's State Summer Games for many years, we've seen firsthand how the organization's mission transforms the lives of the athletes, their families, and our communities."

The Member Impact Fund, introduced in 2023 by FHLB Des Moines, aims to bolster affordable housing and community development initiatives. First Interstate's collaboration with FHLB Des Moines resulted in nearly \$2.6 million in philanthropic support this year to 125 eligible organizations across Montana, North Dakota, and Oregon.

For more information on First Interstate's philanthropic initiatives, visit firstinterstate.com, and to learn more about Special Olympics Montana, visit www.somt.org.



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VOTE CARL BERNTSEN FOR COUNTY COMMISSIONER
VOTE JUNE 4TH OR RETURN YOUR ABSENTEE BALLOT

“IN A COMMUNITY WHERE PRIVATE PROPERTY RIGHTS ARE RESPECTED, FREEDOM THRIVES, AND PROSPERITY FOLLOWS. AS YOUR COUNTY COMMISSIONER, I’M COMMITTED TO SAFEGUARDING THESE RIGHTS, ENSURING THAT GOVERNMENT SERVES THE PEOPLE, NOT THE OTHER WAY AROUND.”

~ CARL BERNTSEN

CARL BERNTSEN
FOR COUNTY COMMISSIONER

Paid for by Carl for Commissioner
Nels Swandal, Treasurer 305 E. Lewis St, Livingston, MT 59047

We Need A Community Roadmap-Vote No on Referendum One!

By eliminating our community roadmap, backers of Referendum 1 would have us lose all control over our future. By scrapping the Park County Growth Policy, Referendum 1 would eliminate the very policy that ensures local input into growth decisions. We think Park County is worth fighting for. And that we—not out-of-state developers—know

I'm also eternally thankful for all the local residents who have stepped up to help us raise money, make phone calls, and talk to their neighbors about this issue. This is about staying in control of our future. Please join me in voting NO on Referendum 1.

LETTERS TO THE EDITOR



Dear Editor,

We are endorsing Christina Nelson for Park County Commissioner District 3.

Christina is a lifelong resident of Park County, an accountant, business owner and rental property owner. She has served on the Park County Planning Board and multiple non-profit, government and military boards.

Don't be fooled by her quieter demeanor. To prove her commitment to being a great County Commissioner, she has been attending the Park County Commissioner and other board meetings for over the past two years! She knows Park County and

the struggles facing our county. In addition, being an accountant will prove invaluable in helping the County with its current budget crisis. With her extensive and varied background, she is knowledgeable, approachable and wants transparency and accountability in the county government.

We have known Christina and her family for many years and she would be one of the hardest working, committed and honest county commissioners we could have. **Vote Christina Nelson for Park County Commissioner District 3!**

Myron & Bev Kovash
Livingston, MT

As we all know, Livingston has a commission-manager form of government. Therefore, whether the county has a growth policy or not, under Montana Code the city has no power over the county.

Additionally, to clarify for those who have confused zoning with annexation. A growth policy has nothing to do with annexation. You will, note Park County has had a growth policy in place for at least 10 years during which time several annexations by the city have taken place. Having a growth policy has been irrelevant to the annexations.

Most interesting to me was Mr. DeVault's opening statement quoting George Washington, "Freedom and property rights are inseparable. You can't have one without the other." He then goes on to say the best way to preserve your property rights is to let the county commissioners decide for

you how you will use your property utilizing commissioner-only adoption of a county growth policy.

How extraordinary to say giving up your right to vote and giving over control of your property rights to others preserves your property rights. This is the most backwards thing I have ever heard. While I respect Mr. DeVault's right to his own opinion, I most certainly do not agree with it.

I will vote FOR Referenda R-1 and R-2 to preserve my property rights. I do not trust our commissioners, their staff or any of the non-profits that hunger for my property rights and my freedom. I will vote FOR both referenda to preserve my right to vote in a free and open society.

Sincerely,
Ann Hallowell
Livingston, Montana

Dear Editor,

Mr. DeVault's op-ed representing the MY LAND non-profit, which states his fear that the city will extend its power if the Growth Policy is repealed, is unfounded. He has made a glaring omission. Citing statute 76-2-310, he left out the first, most relevant, part of the statute. It reads: "76-2-310 Extension of municipal zoning and subdivision

regulations beyond municipal boundaries. (1) Except as provide in 76-2-312."

"76-2-312 Exclusion for commission-manager plan municipalities. A city or town which has as its plan of government commission-manager plan shall be excluded from the provisions of 76-2-310 and 76-2-311 which define extraterritorial authority to review subdivisions."

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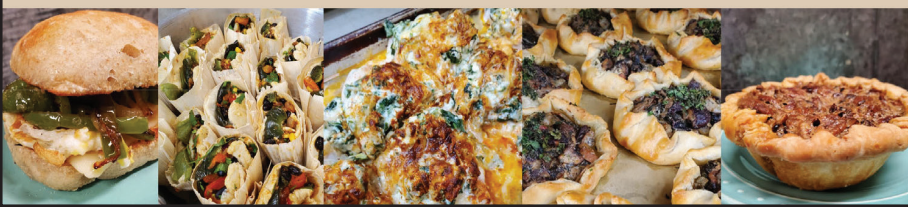
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OP-ED FORUM

by Patricia Grabow

To Thrive or Not to Thrive

Let's talk for a second about what a former president used to call "the vision thing."

The fork in our road could not be much clearer. Is downtown Livingston going to move increasingly into the direction of sketchy public housing under the control of the Bozeman HRDC office, with their reputation for unkindness, with murky autonomy over funding, and even a homeless shelter at our heart. Or is it going to instead flourish economically with people working together to revive our rich history as the first rail entrance to the first national park in the world, Yellowstone?

I'll do you one better. I not only want option two, I want us to explore becoming a UNESCO World Heritage Site, with potentially up to \$3 million a year in assistance, growth, and a new deserved respect. But we'd have to lay the groundwork work sane planning first.

In a world that today enjoys over 6555 national parks worldwide, it is almost hard to fathom the entire park visitation practice took its first toehold here in Livingston, Montana among the lives of historic people and buildings you see daily, including what remains of 20+ hotel structures anchoring this grand national park idea. These and our beautiful Northern Pacific Depot were actually built around the same time as Old Faithful Inn and the late great and lamented Canyon Hotel. The families of many around you were central to this boom's takeoff. We are not a slum for accidental creation by a Bozeman bureaucracy like its HRDC. Livingston is unique. Nothing can change that. It is set in historic stone.

Do we value this enough? Could we take more seriously the historic and economic well-being of our core, constructively resolving differences, working together in leadership and moral courage at which our record has been patchy? It's enough to make you invoke the spirits of your ancestors. But we have to take a hard look at the repercussions of our choices.

We have to reclaim control over our own future, including saying no to bad ideas and greater control by HRDC Bozeman. We have a promising local HRDC director, local steering committee, and supportive city manager and commissioners, but they may need encouragement and consciousness raising. And the Bozeman HRDC entity is kind of the proverbial

elephant in the room and needs to be removed before it does further harm to the environment it does not belong in.

The mantra for this Bozone dominance of Livingston has been that we need affordable housing. Well, as my cowboy grandfather on my mother's side used to say, there is a big hitch in their giddy-up. They already operate two of our largest buildings, one of which used to be workforce housing and one that was affordable, now as public housing, and ever since the old Montanan staffers disappeared from their operation in recent memory, it's become a very mixed bag.

The Sherwood was workforce housing. When Bozeman's HRDC took it over, that ended, since under public housing rules few can work, and to make things worse, it was taken off the city's tax rolls, so other businesses had to shoulder more weight. Even though at first glance in the Park County Clerk and Records Office, HRDC owns the Sherwood, it does not (a subject I would like to understand better). The Miles Building could have been affordable housing, but it too became public housing. And both with intelligent planning probably would not have been so designated in the commercial areas. That is not to say that we should not have public housing, but it should have been built as new construction designed for the needs of the population it serves and outside of the commercial district of Livingston.

And Bozeman's HRDC wants more, and in our downtown's upper spaces, once vital accommodation areas. Other Montana cities today can now tell you from bad experience what a mistake that move would be. One important consideration is our historic structures are expensive to maintain and really need to go back to mixed use including, in our case, some as the park hotels that they were designed to be instead of becoming eternal piglets dependent on the unpredictable public and grant-funding mother.

I've mentioned in the past Bozeman's HRDC wrote a grant for \$7 million, equal to roughly a third of the city's entire annual budget—to renovate those two Livingston buildings. That money, as was normal for them, went through the Bozeman office. The problem is not only that it was implemented and badly managed, according to the residents, but, in my

judgment, the Bozeman office failed to prioritize tasks intelligently, as in their failure to first address residents' health and safety in removing its asbestos laden popcorn ceiling, as well as disregarding fire alarm issues in the hall (only put in place after Livingston's acting fire chief insisted), or sprinkler systems in the units (never happened), since many residents are handicapped people in a five-story building (elevators drop during alarms), or uprinking ongoing plumbing issues. I'd bet local people would have handled all of it better from start to finish. And I know of residents who raised questions the Bozeman HRDC refused to take seriously throughout the process and loaded Sherwood residents with veiled threats.

But here's the bigger problem with the Bozeman run homeless facilities. I covered in a previous Op Ed. And it's more than just resources. Bozeman built a homeless shelter to "improve" things, but the nation's homeless population is astonishingly mobile. If word gets out, people come. They quickly strained adjacent businesses and destroyed a constructive, inviting interstate rest stop. Bad move, Charlie. You taught us well-meaning social service administrators can make things worse instead of better. Who doesn't get that solutions need to be smaller-scale and specifically focused on Montanans. A lot of local groups handle social needs well, like local social services here in Livingston, instead of forcing clients to occupy the commercial area of our beautiful city, or if paid to keep people warm, do it overnight only at certain minimum temperatures. They address their long-term goals or ask what brought individuals to them in the first place.

And the Bozeman HRDC are lousy urban planners to boot. What downtown gallery, for example, that asks \$6000 for a painting, can survive for long with a shelter close by with people camping out front? I don't care what ideals they profess, economics and survival are reality, and downward spirals are pretty hard to reverse once people realize competence is in short supply.

A Bozeman-centered HRDC entity will simply never be seriously attuned to people here. At the Sherwood there are people on a two-year waiting list to get in. But homeless people are the priority. So, the word is, if they flout the no-smoking rules, they don't get kicked out like normal residents. A homeless drug dealer can

move in from out of state and offend repeatedly, but never get booted to let in the patient, ever hopeful, 2-year waitlisted Montanan.

On the other hand, revealingly, a respected community member living at the Sherwood merely suggested once at a Livingston City Commission meeting when \$25,000 was allocated for shelter use, that there should be a local accounting for local tax allocation instead of it just foggily going over into the Bozeman HRDC accounts. Well surprise, surprise, it seems that it might be an evictable offense, as she not long afterwards received notice that her lease will mysteriously not be renewed because she could not get along with management. Of course, I have only the STRONGEST confidence *cough, cough, cough* that this was merely coincidence, and in no way based on untrue claims, and in no way a possibly illegal retaliatory action for daring to question HRDC administrators *COUGH, cough, choke, gasp, cough*.

It's like colonial America. The farther the transoceanic remove from those affected, the more miniscule the credible care for people's wellbeing. HRDC's real constituents today are grantors like Jeff Bezos, not frightened people on fixed incomes living in fear to voice real concerns.

Want to kill the goose that lays the golden eggs? Lofly agencies claiming to shape downtowns to "help" such people, but living for their own self-interests instead, just could do it.

Or you could shoot for the moon and find that Livingston, as it has been in the past, is in the leadership position relevant to today's needs. We already have put locals back in real control of their own lives as with some local models, and with our remarkable Growth Policy and local city leadership dedicated to its implementation. Our city manager and city commission are working well to implement "smart growth," intelligent growth from the center outward. Committed local downtown groups seem to be finally working together and revive a dynamic economy, and maybe even gain world recognition of our unique, rich heritage.

It could be that old railroad vision of Wonderland all over again. I'd buy a ticket for that.

Yellow Bus Tours

from page 1

Livingston's famed underground. The passengers were having a wonderful time and it showed.

Yellowstone bus #437 has made itself a fitting symbol of Livingston's historic relationship with the Park. While motorized park travel opened in 1917, the White Motor Company's Yellowstone buses didn't start until the 1930s, and would number a total of 98 at their peak. At one point, Yellowstone Park Company was the second largest bus company in the world (making a proud owner of Harry Childs Sr.), second only to Greyhound. Both buses and drivers were famously known as "jammers," since without synchronized transmission, even double clutching could not eliminate the

trademark gear-shifting noise.

The first driver of Yellowstone Park bus #437 in 1937 was Charles Nahrgang. The photo shows Charles leaving the Union Pacific Depot in West Yellowstone. In the early 1960s, the White Touring Buses began to be sold off, and #437 went to a Yellowstone concessionaire family. During one winter, bus #437 was damaged when accumulated snow caused a roof collapse where it was being stored. It was not until 2001 that Bruce Austin purchased the bus, which was taken to North Star Auto Body in Billings and spent



the next two years being completely restored.

It was eighteen years ago this summer that Bruce Austin of the non-profit Jammer Trust agreed to lend Livingston the original Yellowstone Bus #437, with a few minor conditions, the most important being its use for educational purposes.

Patricia Grabow, the Livingston Downtown Building Owners and Business Association (LDBOBA) president, and the Friends of Historic Preservation had published the Livingston Historic District Walking Tour and the group wanted something

for people to experience Livingston's amazing history in a more up-close-and-personal way. During these years, several core individuals devoted serious time and energy, like Jack Luther, the bus's constant supporter, and multiple memorial drivers and docents, by Patricia and the LDBOBA board, and other volunteers. The entire community including the Chamber, the Depot, and the Yellowstone Gateway Museum helped make this project a success.

The Yellowstone Bus Tours of Livingston's four Historic districts is happening on Friday and Saturday evenings, departing from the Depot Center at 6 pm starting Memorial Day through Labor Day. If something unforeseen comes up, the schedule for the bus will also be posted on the LDBOBA's website: LivingstonDowntown.org.

New Orleans-style Funk Band Swamp Dawg Kick Off Free Summer Outdoor Concert Series



The Shane Center's free and family-friendly **Summer Outdoor Concert Series** kicks off the season with **Swamp Dawg** on Thursday, June 6th. Concessions are available for purchase beginning at 4 pm. The event runs from 5-8 pm.

SWAMP DAWG was the hit of the 2023 season, keeping the dance floor packed. Attendees can expect to dance to "swampy" Southern Soul music with some new band members to continue the multicultural rhythmic explosion of funk, rhythm and blues, second line New Orleans classics and more. This band was so much fun at last year's SOCS show that they were booked before the show was over for the 2024 season. They are the ONLY band who has performed all three years of this series.

Erika Adams is the Executive Director of the Shane Center and spoke of the return of SOCS, "We've added more weeks of music this year and of course, having the Pavilion is so exciting. A little rain or too much sun—no problem! We'll have beer

and wine, food from Bad Burger and Hot Dog Champion and can't wait to see you all again at the Shane Center."

Guests are encouraged to enjoy the food trucks and not to bring in outside food and drink. The


community is also reminded to bring lawn chairs as seating is not provided. Bike parking is available at the Shane Center and additional parking is available at the Lincoln School.

On June 13th, SOCS will present **Hooligans**, bringing a mix of Dead and good old rock and roll. Hooligans core lineup has been intact since the early 1990's and includes Rich Robiscoe on bass, Tom Garnsey on guitars/vocals, Betsy Wise on vocals, Ron Craighead on drums/vocals, Ryan Garnsey on keyboards and Bob Britten on electric guitar/vocals. Genre-bending flexibility has provided countless opportunities for Hooligans to share the stage with some of America's finest performers: The Band, Burning Spear, The Wailers, Michael Franti, Rodney Crowell, Dave Mason, String Cheese Incident, Widespread Panic, Inner Circle, Alabama Shakes, Sonny Landreth, JJ Cale, Jefferson Starship, Hot Tuna, Charlie Musselwhite, John Mayall's Bluesbreakers,

Toots and the Maytals, Leftover Salmon, Black Uhuru, David Bromberg and many more.

The Shane Center's **Summer Outdoor Concert Series** is generously sponsored

by Livingston HealthCare, Marcia McCrum In Memory of Bliss McCrum, and Donald B. Gimbel. Special thanks to Mighty Fine Time Live Events for their partnership in making this event happen.



Poetry Spotlight

POEMS FOR THE COMMON MAN
Written by: Robert Nehls

He wrote poems for the common man,
That everyone could understand.
Gave us life in rhyming works of art.
Brought smiles that could lead to tears.
Made us face our hidden fears.
Touched our souls then led us to our heart.

He painted skies with blues and grays.
With images that danced in haze,
To songs that whispered through the winds of time.
He touched the source that guides us all.
Felt life's essence, heard the call.
Filled our glass so we could sip the wine.



CONGRATULATIONS

on your retirement!

After 11 years of directing the choir, Mark Mills and his wife Stacy are retiring and moving out of state. The choir is grateful for your leadership and we wish you the very best!

We will miss you!

Livingston
community choir



THANK YOU!



I'M DRIVEN TO
IMPROVE YOUR QUALITY OF LIFE!

Qualifications for the Job:

- Life Long Resident
- Accountant
- Own Local Rental Properties
- Volunteer of the Year Award for 2023
- Been Attending Commissioner Meetings & Other Board Meeting for Over 2 Years
- Served on Multiple Non-Profit, Government/Military Boards

Focus Areas:

- Roads
- Budget
- Growth Policy
- Property Rights
- Community Collaboration
- Constitution
- Local Government Communication

I am Christina Nelson. I have lived in Park County all my life. I am married and have a daughter in college. I own a bookkeeping business, am part owner of a local Electrical Company and own multiple rental properties in Park County.

I have been attending the weekly County Commissioner meetings, and serving on the planning board, and a variety of other local boards for over two years. I am involved with many local non-profit organizations and have served on a school board. I have a wide perspective of what we need to change.

I was in charge of the Military Family Readiness Group for my husband's unit while they were activated. During that time the Military Families of Park County placed the yellow ribbons on the trees down Park Street in Livingston. We were the group that was responsible for the military monument at Sacagawea Park.

While there are many issues to be addressed, here is my top three:

- Budget: Our county's budget is in the negative. We need to cut costs and think outside the box.
- Roads: We do not have any more miles of roads but cannot keep up like we have in the past. Road maintenance repairs and rebuilds needs to be organized better.
- Growth Policy: I can see the use and importance of a growth policy if it is one that the community wants. But the state makes it difficult to have with their guidelines of a Growth Policy. I ask that you look at the Montana Growth Policy Resource Book. We are danged if you do and danged if you don't.

With all of these issues and more, I believe that if we got a handle on the budget and started holding people accountable, the other issues would fall into place. The tourists' need to more directly help pay for what they use. The State needs to ease up the reins and let the local spending be left to the locals. We need to bring back some basic accounting and not as much government type accounting.

I believe with my experience and motivation that I am ready to do everything I can to get us back to the basics and Montana Way of Life. We need to protect our property rights, our family values, and our constitution.

- Christina Nelson

ChristinaNelsonForParkCounty.com
406-223-8518 • nelsonparkc406@gmail.com



Artful Adventures in Park County:
A Journey Through
Creativity and Connection

In the heart of Park County, a rich tapestry of community-led initiatives is not just changing landscapes but transforming lives. From



innovative art nights to collaborative educational efforts and dedicated mentorship programs, our community stands as a beacon of proactive engagement and creative enrichment. I'm so stoked and grateful to be a part of it.

Unleashing Creativity: Tuesday Art Night

Every Tuesday evening at 129 S Main Street in the Educatio building, the vibrant pulse of creativity beats strongly at a local no-cost Art Night, where children and adults alike come together to express themselves through creativity. This initiative is not just about art; it's about building confidence, fostering creativity, and creating community ties. One parent had this to say: "Tuesday Art Night isn't just a class; it's a blank canvas where my kids' imaginations run wild and cultivate friendships. As a parent, seeing my child light up with creativity and confidence is priceless. It's not just about the art; it's about the joy of creating together, the friendships formed, and the memories made. In a world where schedules often dictate our lives, this free, fun, and creative space is a breath of fresh air for our community, reminding us of the beauty found in simply creating and connecting. I am so grateful for this wonderful program and everything Brett Ozment and Alison Vicenzi (Vicenzi Designs) put into it." - Gavin Clark

Educational Synergy: Community School Collaborative

The Community School Collaborative is a pillar of our educational landscape, integrating community resources with educational goals to provide enriched learning experiences. This initiative brings together educators, students, and community members to create a learning environment that extends beyond traditional classroom walls. "At Community School Collaborative, we hold a steadfast belief in the power of collaboration to drive positive change within our community, particularly for the benefit of our youth. Our core tenets, Community and Collaboration, underpin our mission: Collaboration, as we unite for the greater good, recognizing that our collective strength far surpasses individual efforts. Community, as we foster interconnectedness among youth, educational institutions, businesses, and the broader community fabric. Brett stands as a representative of our values, a dedicated volunteer whose involvement spans multiple initiatives aligned with our shared goal of youth empowerment and community service," said Emily Kempe Executive Director of the Community School Collaborative.

Mentorship and Guidance: Big Brothers Big Sisters

The local chapter of Big Brothers Big Sisters stands as a testament to the power of mentorship. By pairing young individuals with caring adult mentors, this program has made significant strides in guiding the youth of Park County towards brighter futures. Lydia Islas of BBBS in Livingston had this to say, "Brett Ozment volunteers with BBBS in several capacities. He has been a Big for over a year now, and he provides wildly creative, fun, and free art classes for our Bigs and Littles. These art classes have been a huge hit among our matches and Brett has been great at making art accessible for Bigs and Littles that question their creativity. BBBS is thrilled to have this partnership with Brett and we look forward to connecting more of our matches with opportunities to build their confidence through art!"

Reflecting on the impact of initiatives like Tuesday Art Night, the Community School Collaborative, and Big Brothers Big Sisters, it's crucial to acknowledge the foundation upon which their success is built—the community of Park County. Your active participation and unwavering support have been pivotal. From parents and educators to local businesses and volunteers, each contribution has fueled these programs, helping them flourish and grow. I'm deeply grateful for your commitment and enthusiasm, which not only inspire and drive these efforts forward, but provide accessible platforms for folks like myself to get involved.

Looking to the future, the potential to expand these programs and introduce new ones is boundless. I invite every resident of Park County to join in this journey of community development and personal growth. Whether by participating, volunteering, or simply spreading the word, your involvement is crucial and appreciated.

This article is the first in a series designed to delve deeper into the heart of some of our community's initiatives. In the coming weeks, look forward to more in-depth features on these programs and others like it, highlighting their unique impacts and the stories of individuals who are making a difference. We'll explore the successes, the challenges, and the profound effects these initiatives have on individuals and our community as a whole.

Together, we are not just dreaming of a better future—we are actively building it. Let's keep the stoke up and continue making Park County a place where education, creativity, and mentorship thrive. Stay tuned for more inspiring stories from our vibrant community!

The Choice for Positive

by Joyce Johnson

"The world is quiet and dark outside. The sun and me not awake yet. I stand at the sink watching the crystalline water softly flow into the glass coffee decanter. I see for the first time its beauty and life-sustaining energy. It gives me a sense of peace in my heart to just watch it. And then to myself, I think, "Hey! I can choose to go to that state of mind whenever I want!"

That was in my essay of same title, Oct 2017, here in the PCCJ. Seven years later, I trip over the file by accident, which coincidence there is not. It feels even more potent now. Here's my game plan—I've decided to again monitor my negative thoughts and pull weeds. I hear my shadow mutter, "Weeding a 50-acre garden by yourself would be easier, sistah." [oh bug off!] I shall pivot. Wouldn't it be cool if when we weed gardens—we weed our inner weeds too? Maybe I'm on to something. Cleaning the clutter out of my home sure feels good. Getting my hair cut off was freeing, though breezy.

Anyway, regarding inner weeds, or negatives, when I think or say out loud something a little critical, snide

or deflating, it is too easy to ignore the subtle twist of the tummy that comes with it. And it's not from the baby snickers I got out of the jar at the Main Print Shop. That tummy twinge is catching the weedy thought in the act! And to stop, pivot, and choose a more positive view—that's all. [Gulp] It takes discipline to step away from myself and observe me, like a bird watching me from her perch high up on the tall old cottonwood outside. She teaches me how smartly she flaps the dust out her wings, and flies away, in search of a better view? Anyway, I have learned, from just living, that us wingless, uptight, upright two-leggeds are afflicted with dusty negatives. But I admire those silent friends who can shrug off the weight of our negatives; and still love us, can listen to our views, and nod with respect for the journey.

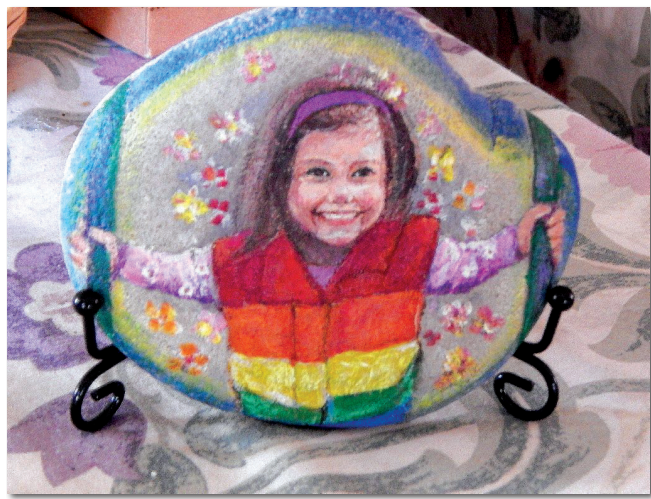
I write about positive thinking (whether I mention the word or not) because I believe it is a powerful tool/weapon in defense of life on our planet. Positive thought and its talk,

and walking the talk, is a hard spiritual path. It requires that you become self-responsible, and Nature-caring. But positive thinking is creative, powerful, and includes humor. You can practice "tweaking thought into positives" on clerks, friends, neighbors, that dear friend, and your dog. This is fun, but where the work is, I think, is in front of our noses, "in the kitchen" of our inner life—those loved ones, and close friends, whom we dare share our real self and life with—the classroom.

The Shadow whispers, "that's all just a buncha sniveling Pollyanna stuff." (I hear Dad laugh and say "Ah go jump in the lake!") Many various voices argue that positive thinking is delusional in a world so full of gross wrongs and um...near extinction. Then

on the edge of consciousness, it is often with fear, we sense a dark force messing with us. But, we are powerful opponents when we catch that negative inner voice, the Shadow, that fears it's own demise if it doesn't feed us with subtle fears, whining criticisms and the "ain't-it-awfuls." Which it is, darn, but just don't put it on auto-play. Flick that shadow off your shoulder. I will now practice what I preach and flick the shadow off my shoulder, and pivot to positive:

With hope, trust and prayer, dare to free in each other the courage of positive acts of Heart. Seek to bring up the gems in your friends, as shining crystals hidden in the Earth. Unbeatable Champions born are we with the power to sculpt thought and feeling. Dare to practice love we must! It is the least we can do, or is it God in us?



"Rainbow Girl" rock portrait for Barbara of Windy Way Rock shop, by JJ."



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by Dalonda Rockafellow
doTERRA Wellness Advocate

Essential Herbs for Health & Wellbeing

By Dalonda Rockafellow

According to [Wikipedia](#), herbs are plants with savory or aromatic properties that are used for flavoring and garnishing food, for medicinal purposes or for fragrances. The essential oils of these herbs are a much more powerful choice when it comes to using herbs for various health benefits. I want to educate you on the medicinal properties and purposes of the doTERRA herbal essential oil line.

An herb comes from the leafy green part of a low-growing plant. doTERRA has the following to offer for your health and well being; Cilantro, Lemongrass, Oregano, Peppermint, Rosemary and Spearmint aid in digestion. Marjoram, Melissa, Oregano and Thyme support a healthy immune system. Below is more information on each individual oil and their unique benefits.

Basil: Historically, it has been and is still used for respiratory problems, digestive ailments and fevers. It also promotes mental alertness and lessens anxious feelings.

Cilantro: Internal use of this oil promotes healthy digestion and supports healthy immune and nervous system functions. Its aroma helps with anxiety and insomnia.

Lemongrass: Has been used historically for infectious illnesses and fever. As mentioned above, it supports a healthy digestive system. It is also a great oil to reach for to soothe sore muscles after a long run or hard workout.

Marjoram: Has been used for rheumatism, sprains, stiff joints, and respiratory congestions. This oil supports a healthy immune and cardiovascular system. It is also a very calming oil with positive effects for your nervous system.

Melissa: (Lemon Balm)-Can be used for viral infections, but is also very calming and balancing to the emotions. Melissa can calm tension and nerves just by putting a few drops

in your palms, cupping them over your nose and inhaling deeply. Use this oil internally for a healthy immune system.

Oregano: This oil may help viral and bacterial infections, digestive issues and fungal problems. This powerful and potent oil is helpful against antibiotic-resistant bacteria. One drop a day, internally can help maintain a healthy immune and respiratory function.

Patchouli: Helps fight infection and is a digester of toxic materials in the body. It is also beneficial to the skin in many ways. Used topically, it can help reduce the appearance of wrinkles and small skin imperfections.

Peppermint: Use this essential oil internally to soothe digestive problems from the mouth to the bum. It helps to open airways and helps alleviate head tension, as well.

Rosemary: Historically, was used to protect against infectious illnesses. Use this oil to support healthy digestion, respiratory function, internal organ function and to reduce nervous tension and occasional fatigue.

Spearmint: Can aid the respiratory and digestive systems. It also promotes a sense of focus and can uplift your mood.

Thyme: Thyme means to fumigate. This highly antibacterial herb can help fight against infectious illnesses, respiratory problems and digestive issues. It is one of the most potent antioxidant essential oils.

All 12 oils can be taken internally and therefore can also be used in cooking. You know they are safe to ingest when they have supplemental facts on their labels. A few drops of these potent oils is all you really need, whether for cooking, supplementation or medicinal uses. If you will be ingesting oils you can add them to a

veggie cap or add them to a little water and drink them down.

Other ways to use doTERRA essential oils is by putting drops into a diffuser so their beneficial qualities can permeate the air for the benefit of all in the room. You can mix and match the oils to your desire. I would recommend 4-8 drops of oil depending on the size of the room and diffuser.

Topically is another way to use essential oils. I recommend that you dilute your oil choice in a carrier oil such as, fractionated coconut oil, almond oil, jojoba oil, olive oil, or any oil that works for you or that you have on hand.

I would like to give you an experience with an essential oil I highlighted in this article. This, of course, is at no cost or obligation. You can contact me at dalonda@bigskyoils.com or mydoterra.com/dalondarockafellow and we'll make plans to get them to you. Thank you for your time!!

Dalonda Rockafellow has been using and educating about health and doTERRA essential oils for 10+ years. She maintains a website and has an active Facebook page; Lavender, Lemon & Learning that she uses to keep people up to date on the benefits of using CPTG (Certified Pure Tested Grade) essential oils for their health and well-being. You can contact her at dalonda@bigskyoils.com or mydoterra.com/dalondarockafellow.

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The Blue Slipper Theatre Presents "The Boat, Providence"

On June 28th and 29th at 8 pm, The Blue Slipper Theatre will present *The Boat, Providence*, written by Dalton Brink and directed by Ted Robinson.



The Boat, Providence is a collection of testimonials from passengers on a riverboat traveling to no place in particular. The performance consists of monologues interspersed with multimedia elements to create an oral history of a world where when you're traveling on the river you age, and when you're on the shore, you don't. Reserve tickets at www.blueslipper.org or call the box office at 406-222-7720.



CANINE CORNER



Recently my pup and I went downtown and she seemed really nervous meeting other dogs on her leash, any suggestions?

It's no surprise, what we are feeling can travel down the leash to the pup. With this in mind, the leash can also be seen as an extension of the human and the dog in turn can feel the increased need to protect. While it may seem ok to encourage social behaviors for your pup, by having them meet strange or even familiar pups while on leashes in public areas. Make no mistake, this is doing a disservice to allow this.

We need to keep in mind a couple of things for good canine manners. First off, your dog doesn't need to meet every dog out there. This is a good training opportunity for you and Fido. Some dogs are a little skittish and using a leash should help build confidence skills. By you allowing an overly friendly dog to invade their space it can be negatively preceived by your dog.

by: **Kylie Purcell**

Kylie has been actively training Livingstons dogs since 2009. She began teaching dog obedience with the late, great Jo Sykes, and the rest is history!

Montana Dog Company is proud to offer retail, 24-hour self dog wash, dog training, and so much more. Kylie has competed with North American Dog Agility Council for over 25 years and with many different breeds of dogs. Even though training is her passion, she enjoys the outdoors with her husband, toddler, and baby boy. Livingston is her home and she is here to work for you and your pup! Contact her today!

A skittish dog is doing as they are told and trying to stay next to their human but all their instinct may be telling them to run. Therefore you are left with a pup that is almost cornered in a sense and feels very unsafe. Yes, I know there are some pups that are perfectly fine with leash meetings and that's great! Let's keep in mind that all dogs (and humans for that matter) are different and respecting their personal space is just common decency.

On-leash meetings should consist of the pups sitting calmly beside their owners and the owners engage with each other. All dogs with practice can achieve this. While at first this may be daunting, it is best to practice this in an area with little to no distractions and without the other pup. Have another person walk up to you

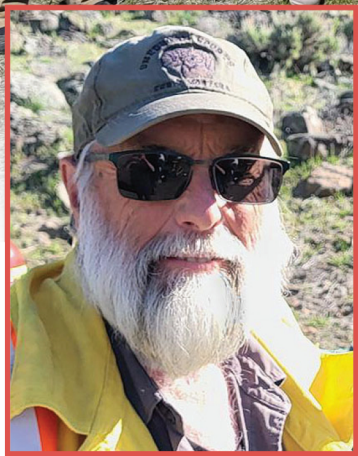
while you are walking toward them; stop about two feet from each other, tell your dog to sit, then to stay. Then step forward and shake each other's hands excitedly. Then step back to your pup, praise them "Good, Stay and Good, Sit," and heel past the other person.

It's important to keep the first couple "meetings" short and sweet. Then once you're able to calmly complete this exercise have the other person bring a pup with them. This is the same for both handlers; walk up to each other, stop two feet from each other and have the pups "sit" and "stay" and shake hands. When they return back to the pups and heel past, make sure you are walking by person-to-person and not dog-to-dog. Practicing this in mock situations is important to be able to apply this in real life. If you attempt this in public and the second dog handler team is not under control, make sure and keep your pup behind you so that you are able to act as a block between the second handlers pup and yours. Again keep in mind dogs don't need to meet every dog they see—if we met every human we saw we would be exhausted!

Happy Tails!



VOLUNTEER SPOTLIGHT



Chief Bob Kopland

Chief Kopland was born in Gardiner (a while back, that is). At the age of 18, he began giving back to the community he loves by working for the Forest Service as a smoke chaser. When Bob turned 21 years old, he joined the Gateway Hose Company, beginning his lifelong, volunteer firefighting career. The department has 25 active

volunteers ranging in experience from beginners to 45+ years of service. Kopland's favorite thing about being Chief is watching young folks step up to be trained, improve their techniques, and mature into the Volunteer Fire and Emergency Services environment.



Gateway Hose Co.'s Mission *To protect the lives and property of our fellow citizens by supplying quality emergency services, achieved through training and personal dedication to the wellbeing of others. To aid in the promotion of public welfare and the welfare of the department membership.*



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The dedicated all-volunteer fire and ambulance service offers 24/7 services to the community and visitors; protecting from wildland fire, providing vehicle extrication and free-service ambulance transports to Livingston.

If your organization would like a **Volunteer Spotlight**, contact Jill Ouellette by email at jill@pccjournal.com.

Be 'Bear Aware' while exploring

For more information about WMAs, visit fwp.mt.gov/conservation/wildlife-management-areas.

For more information, contact FWP Fisheries
Pollution Biologist Trevor Selch at 406-444-5686 or
tselch@mt.gov.



Healthy Summer Snacking

by Jill-Ann Ouellette

Do you find yourself hungry between meals? Enjoying smaller-portioned snacks and healthier choices can help. Opt for snacks high in protein, fiber, and healthy fats to help you feel full throughout the day and to stay fit and trim for those summer shorts. But is snacking good for you? Some evidence suggests that increasing your meal frequency through snacking can manage hunger while improving blood-sugar regulation. [Healthline]. Since most

people are not eating enough fresh produce, snacking can also help you increase your intake of nutrient-rich fruits and vegetables. If you plan ahead with your summer excursions and focus on nutrient-rich foods, the right snacks can keep you looking slim and satisfied between meals.

Here are ten healthy and delicious snacks. Give them a try!

1. **Mixed nuts:** Nuts are an ideal, nutritious snack, providing the perfect balance of healthy fats, protein, and fiber. They're linked to numerous health benefits and are quite filling. Studies suggest that eating nuts in moderation may help you lose weight. They are high in calories, so measure ahead of time and portion them in 1-ounce or 1/4-cup servings.

2. **Red bell pepper with guacamole:** Although all bell peppers are nutritious, the red varieties are highest in antioxidants. Guacamole is also a rich source of nutrients and minerals. Pairing 1 large red bell pepper with 1/4 cup of guacamole combines the best of both foods, while keeping the calorie count under 200.

3. **Greek yogurt and mixed berries:** Greek yogurt is high in protein, and berries are one of the best sources of antioxidants around. Add a mixture of differently colored berries to your yogurt to get an array of nutrients—and mix it up with a variety of sweet and tart. It's best to pack them separately and mix right before consuming.

4. **Apple slices with nut butter:** Apples are a fiber-rich fruit. Peanuts provide healthy fats, plant-based protein, and fiber—pretty much all of the filling nutrients you should look for in a snack. I would suggest almond butter, too. By combining apples with nut butter, you'll enjoy a crisp and creamy snack. Just look for one that only contains peanuts and salt, with no added sugars or oils. Bring a knife to slice up your apple right before consuming.

5. **Cottage cheese and fruit:** Cottage cheese is high in filling protein, boasting 25 grams in just 1 cup. Pairing cottage cheese with fruit complements the cheese's protein and fat content with fiber, resulting in a sweet, creamy, and filling snack. Try it with tropical fruits such as pineapple, papaya, or watermelon.

6. Celery sticks with cream cheese:

Celery sticks with cream cheese are a classic, low- carb snack that can help keep you feeling full. This duo will have you enjoying a fiber-packed snack that combines the crunchy texture from the celery with the creaminess



from the cheese. Five small celery sticks combined with about 1 ounce (30 grams) of cream cheese provides roughly 100 calories.

7. **Kale chips:** Kale is incredibly healthy, it's loaded with fiber, antioxidants, and minerals and has a lower level of oxalic acid (an anti-nutrient that impairs calcium absorption), than many other leafy greens. Baking kale with olive oil makes it not only more delicious and crispier, but also a more balanced and filling snack.

8. **Dark chocolate and almonds:** Dark chocolate and almonds are a fantastic duo. Dark chocolate contains antioxidants, and almonds are a rich source of healthy fats. Try a couple of teaspoons of dark chocolate chips or a square of dark chocolate with a handful of nuts. Keep the portions small due to the calories in the nuts.

9. **Cucumber slices with hummus:** Cucumber's fresh flavor and crunchy texture go very well with the rich creaminess of hummus. Hummus is typically made from chickpeas, tahini (sesame seeds), olive oil, and garlic. Thus, it provides a mix of plant-based protein, fiber, and heart-healthy fats. Enjoying 1 cup of sliced cucumbers dipped in 2 tablespoons of hummus will help keep you full for under 100 calories.

10. **A piece of fruit:** Fruit contains fiber and minerals and makes a great small snack. A piece of fruit can be an incredibly satisfying snack. Portable, easy-to-eat fruits include apples, pears, grapes, grapefruit, and oranges. A small container of berries can be a great, satisfying snack when you're on the go. To make it more satisfying, pair your fruit with nuts or yogurt.

Skip the chips, cookies, brownie bites, and mini-pies! Remember snacks should be yummy, easy to grab, and portable for summer-fun activities. If you're going to be out enjoying a river float, a soccer game, some corn hole, or relaxing in the sun, plan ahead and grab a healthy snack or two, with something sweet and something salty—you never know which one you'll want. And remember to stay hydrated with lots of water—adding zesty, fresh-squeezed lemon will boost that vitamin C!

Recipe by
Carla Williams

RECIPE CORNER

Lemon Meringue Pie Bars

Ingredients:

For the crust:

- 1 1/2 cups all-purpose flour
- 1/2 cup powdered sugar
- 3/4 cup unsalted butter, softened

For the lemon filling:

- 1 1/2 cups granulated sugar
- 1/4 cup all-purpose flour
- 4 large eggs
- 2/3 cup freshly squeezed lemon juice
- Zest of 2 lemons

For the meringue topping:

- 4 large egg whites
- 1/4 teaspoon cream of tartar
- 1/2 cup granulated sugar

Instructions:

1. Preheat your oven to 350°F (175°C).
2. In a mixing bowl, combine the flour, powdered sugar, and softened butter. Press the mixture into the bottom of a 9x13 inch baking pan. Bake for 20 minutes or until lightly golden.
3. Meanwhile, prepare the lemon filling. In another bowl, whisk together granulated sugar, flour, eggs, lemon juice, and lemon zest until well combined. Pour the mixture over the baked crust. Return to the oven and bake for

an additional 20 minutes.

4. While the bars are baking, prepare the meringue topping. In a clean mixing bowl, beat the egg whites and cream of tartar until soft peaks form. Gradually add the sugar, beating until stiff peaks form and the sugar is dissolved. Spread the meringue over the hot lemon filling, making sure to seal the edges.
5. Return the pan to the oven and bake for an additional 15 minutes or until the meringue is golden brown.
6. Allow the bars to cool completely before cutting into squares and serving. Enjoy!

Notes :

- For best results, use freshly squeezed lemon juice for a vibrant flavor.
- Be careful not to overbake the meringue, as it can become dry and brittle. Keep an eye on it during the final baking stage.
- Store any leftover bars in an airtight container in the refrigerator for up to 3 days. They may soften slightly, but they'll still be delicious!

Now Hiring!

Meals for May 27th– May 31st

May 27th– CLOSED

May 28th– Scalloped potatoes & Ham, veggie, fruit

May 29th– Polish sausage on bun, sauerkraut, fries, fruit, dessert

May 30th– Chicken noodle soup, crackers, fruit
In-house salad bar starting 11:30am

May 31st– Fish fillet, fries, fruit, coleslaw, dessert



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Opportunity Bank Partners with FHLB to Award \$10K to Park County Housing Coalition

Opportunity Bank of Montana, a member of the Federal Home Loan Bank of Des Moines (FHLB Des Moines), is pleased to announce a \$10,000 grant to the Human Resource Development Council of District IX (HRDC) to support the Park County Housing Coalition (PCHC).

"We're thrilled to be able to provide these much-needed funds to support the PCHC's Housing Action plan and support opening doors for our neighbors across Park County," said Megan Watts, Opportunity Bank Livingston Branch President. "As a Montana-born community bank, we understand that affordable housing is crucial for healthy communities."

The PCHC is a community-based, collaborative program of HRDC that aims to increase opportunities for Park

County residents to access housing where they can afford to live and thrive. The grant, distributed to the HRDC for use by the PCHC, will provide the last 20% of the local investment required to fund the Coalition for a second year. The funds were presented on Tuesday, May 14th.

Opportunity Bank Mortgage Loan Officer Becky Miller sits on the organization's Steering Committee. For more information on the Park



Megan Watts, Opportunity Bank Livingston Branch President, (at left), presents a check to Lila Fleishman, HRDC District IX Community Development Director, (middle), and Katherine Daly, Park County Housing Coalition Program Manager.

County Housing Coalition, visit parkcountyhousing.com.

The funding was part of a matching program with FHLB Des Moines. For every dollar provided by Opportunity Bank, FHLB Des Moines provided additional support, maximizing the impact of the grants. These grants are part of a larger effort by FHLB Des Moines

contributions to stretch further, enhancing our support for our communities," said Laura Clark, President and CEO of Opportunity Bank. "Montana thrives on the strength of its communities. Through this partnership, we are continuing our mission of contributing to strong futures for Montanans."

About Opportunity Bank of Montana

Proudly the fourth-largest Montana-based bank, Opportunity Bank of Montana offers a full range of loan and deposit services to small businesses and individuals throughout Montana. With a more than century-long commitment to its customers and surrounding communities, Opportunity Bank's mission is to provide strong financial futures for Montanans.

Opportunity Bank of Montana, NMLS #412554, Member FDIC, Equal Housing Lender

About Federal Home Loan Bank of Des Moines

The Federal Home Loan Bank of Des Moines is deeply committed to strengthening communities, serving thirteen states and three U.S. Pacific territories as a member-owned cooperative. We work together with over 1,200 member institutions to support affordable housing, economic development and community improvement.

FHLB Des Moines is one of eleven regional Banks that make up the Federal Home Loan Bank System. Members include community and commercial banks, credit unions, insurance companies, thrifts, and community development financial institutions. FHLB Des Moines is wholly owned by its members and receives no taxpayer funding. For additional information about FHLB Des Moines, please visit www.fhlbdm.com.

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Published & Created by former
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AAUW Scholarship Opportunity

In the U.S., women hold nearly two-thirds of the student debt. The American Association of University Women is an organization that helps fight for gender equity and fair pay for women. Providing scholarships to women is one way the AAUW is helping women obtain their educational and pay equity goals. This year the Park County Branch of AAUW is providing an opportunity for obtaining a scholarship.

Female students, who are at the Sophomore, Junior or Senior level at a college or university, or are enrolled in a graduate program with established residency in Park County, Montana or Mammoth Hot Springs are eligible to apply for this year's scholarship. This year the Scholarship



available is worth \$1850.00. Women from Park County and Mammoth Hot Springs are encouraged to apply.

Students who are interested can obtain information from institutions of higher learning located in Montana - Financial Aid Office or designated location. Students are encouraged to reach out to a member of the Scholarship Committee if they have questions about applying for this Scholarship.

DJ Robb - robb_inn@yahoo.com
Vicki Zeman - vicki.zeman@gmail.com

Free Advice from an Attorney (Back in the Early 90s)

by Jill-Ann Ouellette

From an email received decades ago, some of the advice is funny and some still rings true. Of course, nowadays we have everything digital and hardly anyone uses a checkbook or credit cards.

The message begins: Read this and make a copy for your files in case you need to refer to it someday. Maybe we should all take some of this advice!

A corporate attorney emailed the following information to the employees of his company:

- The next time you order checks; omit your first name from the preprinted address. Use your first and second initial. If someone finds or steals your checkbook, they will not know how to sign the check. This makes is easier for you and the bank to spot a forged signature.
- When you are writing payments to your credit card accounts, NEVER put the complete credit card account on the memo line (like they request). Instead, just put the last four numbers. Whoever is in the payment-processing channels can't steal your full card number.
- Never have your social security number printed on your checks. Put your work number on your checks instead of your home phone. If you have a P.O. Box, use that. You don't want someone finding a check

and using your info to apply for a loan.

- Take the contents of your wallet and make photocopies; print both sides of your license, each credit card, etc. This way you will know what you had in your wallet and have all the account numbers with phone numbers, so you can call if your wallet is stolen. Keep the photocopy in a safe place.
- When traveling, make two copies of your passport in case it's misplaced. Keep one copy in your suitcase and carry one with you.

We've all heard horror stories about fraud that is committed in stealing a name, address, social security number, and credit cards. When and if you do lose one of these items, it only takes a few hours before the credit cards are used, or a credit application is filed in your name, or a credit line started and used heavily, or a PIN changed, and your whole world is radically changed. Try to limit the damage. Cancel the cards immediately. Having the toll-free phone numbers from the back



of each card will get you to the right people right away. File a police report immediately, which will come in handy when trying to deal with creditors.

What is perhaps the most important... call the three, national credit-reporting agencies immediately to place a fraud alert on your name and social security number. The alert tells anyone who runs a credit report that you have been compromised.

That will shut down many problems. The top main credit bureaus are Equifax: 1-800-685-1111, Experian (formerly TRW): 1-888-397-3742, and

Trans Union: 1-800-680-7289. The Social Security fraud line is 1-800-269-0271.

We pass along jokes on the Internet—really almost everything. Pass this on because it could really help someone you care about.

Sent from: Deborah Pafford@earthlink.net.

Identity theft is a growing concern, but there are many Better Business Bureau rated companies that offer personal protection, credit monitoring with alerts and recovery assistance. Some even have dark web monitoring, anti-virus, payday monitoring, and WiFi security VPN. Think about researching your options before a problem arises. Here are a few more up-to-date ideas to protect your identity:



- Change your passwords often and use combinations of numbers, letters and punctuation.
 - Use a direct banking app instead of a mobile browser.
 - Choose the double-authentication process for your phone and web accounts.
 - Use a password protection or your fingerprint to unlock your phone.
 - Back up your personal photos and videos to the cloud or on a flash drive.
 - Sign up for transaction alerts from your bank.
 - Sign up for informed delivery of your personal mail from USPS.
 - Shred, shred, shred your personal information instead of throwing papers away that may have your social security number or date of birth.
 - Use a digital wallet for online transactions.
 - Check your credit reports regularly.
- Making a few simple changes like these can reduce your chances of identity theft, if you don't want to purchase one of the protection services. Stay safe.



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"Enjoying the Journey"

by Lois Olmstead

The note to me said, "You may have won the battle... but the war has just begun." Scary words. But I'm not frightened. I practically danced a jig. I had won a battle. That one anyway.

Have you ever participated in a prank? I certainly have. A favorite prank was in Colstrip. Four of us gals worked in an office together. John was on the outside crew. We got the idea to fill John's pickup cab with Styrofoam peanuts which we did clear to the top of the windows. Two days later we came to work to discover each of our top desk drawers (the ones with pens, paper clips, erasers, rubber bands, etc.) totally stuck together. He used caulk!



However, you can see by the seriousness of the note above, I have a formidable opponent. This time, I know who it is. Jon Durgan and I have been friends since he was six. He loves God and so do I. He is the Student Body President and a junior at Park High. He is the one who started this battle of wits.

We've worked together before, doing comedy for a local event together. If I am doing an event that is big, Jon is top on my list to headline with me. This time it is a competition and he started it. I came into my office in the church one morning and all my paper clips were strung together forming a chain tying my scissors to my phone to the lamp on my desk.

Right away I knew it was Jon. When I got back from my trip to California, ten feet of strung-together paper clips were wound

across the arms of my desk chair. "A seat belt so I'd be safe," I was told.

I sent Jon a note. "Watch your back. You are in danger." I needed some help though. Tuesday Coffee at 9 is one of the groups I lead at church each week. It's a great bunch of people. They helped me. Four boxes of 100 paper clips each were linked together. It was like a city block long when they got done.

My next step took extreme careful planning. I picked an accomplice who is in my family, is taller than me, and should not be able to testify against his mother in court in case this plan turned bad.

Alerted by secret sources that Jon would be at a track meet in Laurel and would be riding the bus to said track meet, it was time to attack. His Chevy Silverado pickup was easy to spot in the high school parking lot. The finely crafted paper clip chain looped several times around the door handles and then were wound around each windshield wiper and thanks to my tall accomplice, threaded onto the antenna and then two loops around the entire

pickup finishing with all door handles safely secured.

Sure enough, I got him!! The next morning, I got the 'battle has just begun' note. I did mess up a bit. Now Jon was in possession of my ammunition!

He used them. A few days ago, my office door looked like it had one of those beaded doorway curtains. The entire doorway was glistening with thirty silver hanging chains of paper clips. Yup, he got me. (All I'd done a day earlier was loop some paper clips on his door handle to keep it safe for him.) This Sunday my snack drawer was ransacked. A mobile hung in my window made of cracker packs, looped together with paper clips!

But now I have won! I am telling the world, newspapers and online, Time Out has claimed victory! This is even better than a sign on your back, Jon Durgan, you've been clipped!!

And I found a spiritual lesson for this - Gideon's secretive plot in the Bible. It is in Judges 7. Read it this week. And if you see Jon—tell him Lois has won.



Local Church Services

American Lutheran Church (ELCA)

129 South F Street
Pastor Melissa Johansen
Sunday worship 9:00 am
Livingston, MT
Elevator available.
406-222-0512
alclivingston.org

Church of Christ

919 W Park St
Sunday worship 10:30 am
Livingston, MT
406-222-2017
church-of-christ.org

Church of Jesus Christ of Latter-Day Saints

12 White Lane
David Gilbert branch President
Sunday worship 10:00 am
Gardiner, MT
406-848-7509
lds.org

Church of Jesus Christ of Latter-Day Saints

110 West Summit Street
Bishop Trevor Strupp
Sunday worship 10:00 am
Livingston, MT
406-222-3570
lds.org

Emmaus Lutheran church (LCMS)

801 East Park Street
Reverend Daniel Merz
Livingston, MT
email at emmauslutheranmt@gmail.com
emmauslutheranmt.org

Expedition Church

27 Merrill Lane
Pastor Darryl Brunson
Sunday worship 10:00 am
Livingston, MT
406-224-1774
expeditionmt.org

First Baptist Church (C3)

Crossing Community Church
202 East Lewis Street
Pastor Bryce Maurer
Sunday worship 10:45 am
Livingston, MT
406-222-1603
fbclivingston.org

Gardiner Community Church

318 Main Street
Reverend Jeff Ballard
Sunday worship 10:15 am
Gardiner, MT
406-848-4060

Gardiner Baptist Fellowship

802 Scott Street
Pastor Britton Gray
Sunday worship 11:00 am
Gardiner, MT
406-223-4478

Grace Methodist Church

302 South 9th Street
Pastor Mari-Emilie Anderson
Call or visit website for Sunday worship times
Livingston, MT
406-222-1041
www.methodistsontheyellowstone.org

Holbrook United Methodist Church

424 Lewis Street
Call or visit website for Sunday worship times
Livingston, MT
406-222-1041
www.methodistsontheyellowstone.org

Kingdom Hall of Jehovah's Witnesses

1505 E Gallatin Street
Sunday Public talk and Watchtower 10:00 am
Livingston, MT
406-222-2012
jw.org

Livingston Hope Church

226 South 3rd Street
Senior Pastor Shad Durgan
Sunday worship 8:00, 9:30 and 11:00 am
Livingston, MT
406-222-1577
livinghope.church

Livingston Bible Church

329 North 5th Street
Pastor Monte Casebolt
Sunday worship 10:30 am
Livingston, MT
406-222-2714
livingstonbible.org

Livingston Christian Center

(Assemblies of God)
1400 Mount Baldy Drive
Pastor Dave Brakke
(Sunday worship 10:00 am
Livingston, MT
406-222-3144
livingstonchristiancenter.com

Livingston Church Of God

101 South O Street
Pastor Ed Parrent
Sunday worship 10:30 am
Livingston, MT
406-220-0620

Mountain Bible Church

18 Pine Meadow Road
(off Pine Creek Rd and Hwy 89)
Pastor Brandon Reagor
Sunday Worship 10:00 am
Livingston, MT
406-219-7628
www.mtbible.org

Mount Republic Chapel

240 US Hwy 212
Reverend Don Taylor
Sunday worship 9:30 am
Check the website for seasonal worship times
Cooke City/Silver Gate, MT
(406) 838-2397
mtrepublicchapel.org

Mountain Springs Baptist Church

626 North 13th Street
Pastor Justin Sutherland
Sunday worship 11:00 am
Livingston, MT
406-222-1240
mountainspringsbaptist.com

Paradise Valley Community Church

1772 East River Rd
Pastor Andrew Alberda
Sunday worship 10:30 am
Livingston, MT
406-333-4905
paradisevalleychurch.org

Pine Creek United Methodist Church

2470 East River Road
Pastor Mari-Emilie Anderson
Call or visit website for Sunday worship times
Livingston, MT
406-222-1041
www.methodistsontheyellowstone.org

Redeemer Lutheran Church

425 West Lewis Street
Sunday worship 11:00 am
Livingston, MT
406-222-1175
www.rclivingston.wordpress.com

The Summit Lighthouse

Contact us for worship service and conference times
63 Summit Way
Gardiner, MT
406-848-9200
SummitLighthouse.org

Seventh-Day Adventist Church

1 Guthrie Lane
Pastor Rene Marquez
Livingston, MT
406-222-7598
livingstonmt.adventistchurch.org

Shields River Lutheran Church

105 Ordway Street South
Sunday worship 9:00 am
Wilsall, MT
406-578-2212
srcwilsall.wordpress.com

Shields Valley Bible Church

405 Fifth Street West
Pastor Glen Helig
Sunday worship 11:00 am
Clyde Park, MT
406-686-4708

St. Andrew's Episcopal Church

310 West Lewis Street
Reverend Kristin Orr
Sunday worship 10:30 am
Livingston, MT
406-222-0222
saintandrewsepiscopalchurch.org

St. John's Episcopal Church

8 Story Road
Reverend Kristin Orr
Sunday worship 8:00 am
Emigrant, MT
stjohnspv.org

St. Joseph's Catholic Church

910 McLeod Street
Father Garrett Nelson
Big timber, MT
Sunday worship 2:00 pm
406-932-4728

St. Margaret's Catholic Church

206 1st Avenue North
Father Garrett Nelson
Service Saturdays 4:00pm
Clyde Park, MT
406-222-1393
stmaryscommunity.org

St Mark's Church Universal And Triumphant

130 South D Street
Sunday worship 10:15 am
Livingston, MT
406-222-2675

St. Mary's Catholic Church

511 South F Street
Father Garrett Nelson, Pastor
Saturday 6:00 pm year-round
Holding Services since 1891.
Sunday at 10:30 am April thru Sept.
Sunday 8:00 am October to March
Livingston, MT
406-222-1393
stmaryscommunity.org

St Paul's Evangelical Lutheran Church

1116 W Geyser Street
Pastor Paul Stern
Sunday worship 10:15 am
Livingston, MT
406-222-3372
stpaulslivingston.org

St. William's Catholic Church

705 West Scott Street
Father Garrett Nelson
Sunday worship 8:00 am April-Sept
Sunday 11:00am October to March
Gardiner, MT
406-222-1393
stmaryscommunity.org

Valley Shepard Church of the Nazarene

Services are presently online.
Please call for instructions to view a service.
Reverend Christie American Horse
Livingston, MT
406-223-1072

Wilsall Community Church

112 Liquin Hill Road
(west of Hwy 89 North; take Clark St to Liquin)
Pastor Stephen Fanning
Sunday worship 10:45 am
Wilsall, MT
406-578-2004
wilsallchurch.com

United Methodist Grace Church

302 South 9th Street
Pastor Mari-Emilie Anderson
Sunday worship 5:00 pm
Livingston, MT
406-222-1041
www.methodistsontheyellowstone.org

Montana Statehood and the Number 41

“President Abraham Lincoln signed the Organic Act of 1864,” Hans Stumper said. “This was the action that led Montana into becoming a... Anybody?” Hans pointed to the girl with both hands raised.

“A territory.”

“Thank you Brenda. So, about that new territorial status of Montana, share seven facts about it, preferably number related or astronomically related.”

Brenda raised one hand this time. “Yes!” Hans said.

“How much time do we have?”

“Seven facts in *five* minutes. Begin now! I will arrange for a prize to be awarded for original, unlimited thinking on this.”

David, an engineering student, raised his hand from the top tier of the lecture hall. “Is this a test?” Hans considered the question for a beat.

“...No, not a test *but* a task.”

David said. “Well, in the name “Montana” the number 41 is interesting.”

Hans said, “I’ll play, what do you have?”

“Well the letter M, in **Montana**, is the 13th letter of the alphabet and 1 plus 3 is 4. The last letter A, which is the first letter of the alphabet, adds to 1. **M=13/4 --- A = 1”**

Hans said. “So the first and last letter of *Montana* references numbers 4 and 1. Would you demonstrate its significance?”

“Montana is the 41st state of the union.”

“Ah...okay, very good, David,” Hans turned to the board and jotted down the first fact.



“Can you relate a few more of these types of synchronicities?”

“Yes, I can. President Abraham Lincoln signed the *Organic Act of 1864*, establishing Montana as an incorporated territory of the United Sates. Now 1864 and the name Montana also have something in common with that 4 and 1.” Hans finished writing and faced the class.

David said. “Montana became an organized territory of the United States in 1864.

The first and last numbers for that year are 1 and 4 or 14. Also the middle numbers of that year, 8 and 6, also amount to 14. But they are reversed from the 4 and 1 contained in the first and last letters of the name Montana.”

Hans said. “Have you settled on what

that could mean?”

“Only that the 1 and 4 were represented as 41 when Montana Territory changed to the state of Montana. I have another example too.”

“Great, this is clear and very simple, good, very good stuff! Your speed in capturing three facts is noteworthy.” Hans lifts his voice a bit. “So, Montana’s territorial number is symbolically established as 14. This number denoting it as a territory is based on the year 1864. We can see that when statehood arrived, Montana was called the 41st state. This happened when Montana’s political status shifted out of federal control. The virtual reordering of those numbers *do* reflect the event.”

Just then Jeff, a 2nd sting QB, lifted his hand as Hans said. “What else do you have David? Oh, Jeff, hold your thought please but you will be next alright?”

“Thanks, Mr. Stumper.”

“Hans, if you please.”

“Will do, sir.”

“David, your up.” Hans meanders around the lectern with marker in hand.

“Here is a forth fact. Benjamin Harrison issued the formal proclamation that certified Montana’s admission into the union. Some newspapers had 10:45 but most had 10:40 in the morning, as the time he signed the proclamation. The numbers 1 and 4, in that order, show up in the reported time, which is the reverse of Montana’s 41st state status. I thought there was a meaningful reference here. The 1 and 4, in **10:40**, represented Montana’s territorial condition, and the 4 and 1, referenced Montana’s new status as the 41st state. This reflected Montana’s shifting political reality as the president was signing the proclamation that led to statehood.”

Hans turned from the board. “I see, as Montana’s conditions changed, so did the numbers presented. Great David, now let’s hand off to Jeff and give him a turn eh?”

Jeff said. “The numbers 1 and 4 add to 5, so if you add the 5th month, the 26th day and 1864, when Lincoln signed The Organic Act, you come up with 1895.

5
26
1864=
1895

“The numbers **1+8+9+5** add to 23.”

“By Plato, you’re right, *that* is intriguing, Jeff, now class, we’ve been at this for three minutes and this new information was culled quickly and neatly. I may be a pretty good teacher after all eh?”

Students chuckle at the remark while Jeff said. “Benjamin Harrison was the 23rd president of the U.S. His proclamation made Montana the 41st state. So, the Organic act held within itself the promise of Montana’s changing prestige, astonishingly in concordance with a president who was 23rd in line.”

“To add to that, Brenda said, “Abraham Lincoln’s birthdate is 12 February 1809. If we add the day, month and year the same way we get,

2
12
1809=
1823

“So, in fact number six, the numbers are **1+8+2+3 =14**. Both presidents played important roles in the evolution of Montana as a state. And, in fact seven, I found that if you add together the numerical values of the first and last names of *Abraham Lincoln* and *Benjamin Harrison*, using the number for each letter, you arrive at 293. 2+9+3 =14.”

“Very good” Hans’ said. “It appears that the whole point of this unusual exercise was the interplay of meaningful coincidences between 1 and 4, Lincoln, Harrison and Montana. Now, I have an 8th fact. In *The Independent Record*, a newspaper out of Helena, Montana, for 9 November 1889, the reporter wrote: ‘Montana is the brightest gem in the constellation of stars that is known throughout the globe as the greatest nation on earth’. The number 5 can be drawn as a five-pointed star.

“In Sir Alan Gardiner’s list of Egyptian Hieroglyphs the star symbol is listed in position N14. Is it meaningful that Montana has all of these references to the number 5, namely, the 41, the 14, the 5 and the N14? I am sure there’s a multitude more, which could be discovered yet these examples are indicative of something. That something is you and me. By the way N is the 14th letter of the alphabet.

“We are all examples of this number, standing for spirit plus the four elements of fire, air, water and earth. And Montana has huge elemental resources.” Hans checks the clock. “Right! Our *five* minutes are up. We’ll come back to this later. Now class, who has something meaningful interesting to say about the names *Park County* or *Livingston*?”

The class gets to work.

...to be continued

By the Special Computations Group
www.theastrologyconsultant.com

Rangers Win 2nd Place at Eastern A Divisionals

Park County Dugout | Livingston
By: Jeff Schlapp

Park High sophomore Camden Fenton had tried the Long Jump during four meets this track season. His best jump before Saturday (18’3”) would have earned him an “atta boy” for effort as well as 15th place at the Eastern A Divisionals held at Laurel High School in Laurel.

He’d be out of running since the top 10 finishers qualified from each event for the State Track and Field Championships this weekend. So what did he do? He put on his cape and leaped 21’6 to not only auto-qualify for the state, but he won the Long Jump competition. Across the state in Class “A” schools, Fenton now has the fourth-best jump of the season. Atta Boy.

As expected, Laurel won the Eastern Divisional title with 112 team points, but Park High surprised a lot of teams, winning second place with 69 points over third place Hardin with 67 points.

“It came down to the last event, the 4x400 relay,” KJ Schretenthaler told me in an email. “With Hardin only behind Park by eight points for 2nd place on team score (Laurel was far ahead in first, as expected.) Consequently, if Hardin won the relay and we didn’t place, they would beat us by two, or if they took 2nd, it would be a tie! Fortunately, our boys ran a huge PR. They took an unexpected 4th place in the relay, so even though Hardin won the relay, we still beat them by two in the team score. It was very exciting, and our girls’ 4x400 relay also unexpectedly took 6th place, so they also got to go to state. It was a great day to be a Ranger fan, and I am excited for the state meet next weekend!”

KJ’s son, Finn Schretenthaler, won the



boy’s 1600-meter race (4:22.09) when he outpaced his two rivals, Ben Bird (Hardin) and Grey Piseno (Billings Central).

In the 800-meter race, Schretenthaler ran his second sub 2:00 in two weeks and set a personal best time of 1:57.49 to finish second. And in the 3200-meter run, he finished third behind Bird and Piseno.

Asa Duncan brought back first place in the Pole Vault event. The number one-ranked vaulter in the state vaulted over the bar set at a height of 13’6 in fewer attempts than Carter Gage (Laurel) and Daniel Stevens (Sidney) to claim first.

Alec Dalby ran a PR in the 200-meter race (23.71) and 400-meter race (51.71) to qualify for state in both races, finishing ninth in the 200 and third in the 400.

Cole Bartz is going back to compete at state in the Shot Put event for the second year in a row as he took home a fifth-place medal with a personal best heave of 47’2.

Chance Marshall fell two inches short in his attempt to qualify for the Shot Put, but he has to know he gave it his all as he threw a personal best 44’1. Likewise, Cameron Sestrich and Warren Lee just missed out as well. Sestrich ran a personal best but just missed qualifying for state, finishing 11th in the



Duncan won the Pole Vault competition, and Kimball Smith (far left) won fourth place on Saturday at the Eastern A Divisionals at Laurel High School in Laurel. Photo credit: KJ Schretenthaler.

800-meter race, and Lee missed despite a PR in the 3200-meter race as he also finished 11th. Jon Durgan finished 11th in the Long Jump (18’9.25), missing out barely as Kevin Hutzenbiler from Sidney snatched the 10th spot with a jump of 18’11.

Kimball Smith qualified for state by clearing 13’0 in the Pole Vault event for fourth place. He’ll look to better his finish last year, at Laurel this weekend than last year when he finished in the top 10 (9th) with a vault of 12’0. Peter Currie will be joining Smith and Duncan as he earned his ticket to Laurel in the Pole Vault event with a vault of 11’0, which was good enough for 10th place.

Tyler Grenier ran an 11.60 100-meter sprint to claim fourth place and beat out teammate Magnus Huss (11.61), who medaled in sixth place.

Ryan Miller lept 5’10 in the High Jump event to qualify for state, taking home seventh place on Saturday. Tristan Watts finished in seventh place in the Long Jump (19’1.75), punching his ticket to state as well.

Tyler Grenier, Alec Dalby, Nicolas Smith, and Magnus Huss teamed up to win fourth in the 4x100 relay, and Asa Duncan, Kimball Smith, Ryan Miller, and Alec Dalby earned a fourth-place finish in the 4x400 relay as the Rangers qualified both teams for state.

The Lady Rangers’ Ashley Strupp ran

her fastest time ever in the 300-meter hurdle race (50.46) for sixth place and a ticket to state.

Molly Arterburn jumped a foot farther than her previous best in the girl’s Long Jump event, taking fourth place by jumping 15’0. Vay Obrien earned her way to state in the Pole Vault, and Sophie Sestrich ran a PR in the 3200-meter race (12:32.24) to claim sixth place.

Park High Sophie Sestrich holds off Laurels Ruby Smith as she finishes in sixth place on Saturday in the 3200-meter race to qualify for the state Track & Field championships next weekend in Laurel.

The girls’ 4x400 team of Annabelle Smith, Veronica Glenn, Ashley Strupp, and Sabra Wilton ran a PR and took sixth place, earning a return trip to Laurel this weekend at state.

An impressive showing by the Rangers at the Eastern A Divisionals. The state meet is May 24-25 at Laurel Sports Complex in Laurel.

“Along with the kids dedicating their time and efforts, the Rangers also have benefitted from a committed team of coaches,” Coach Joey Lane wrote via email. “Volunteering their expertise were Olga Mogen with javelin, Quinten Counts with shot and discus, and Michael Kokot, who worked with high jumpers. Track and Field consists of so many events that our team would not have reached new heights without these coaches lending their knowledge. The results earned throughout the season would not be possible without our talented team of coaches: Shad Durgan coaching horizontal jumps and distance runners, Matt Schad leading the throwing events, and Casey Bartz our pole vault specialist.”

For more photos and great articles, check out the ParkCountyDugout.com.

Norman Huynh Extends Contract as Bozeman Symphony's Music Director and Unveils Five-Year Growth Plan

Norman Huynh today announced his commitment to the Greater Yellowstone region by extending his tenure as the Bozeman Symphony's Music Director through the 2028-29 season, marking a significant continuation of his transformative influence on the organization.

To reinforce the momentum of this flourishing artistic partnership, the Bozeman Symphony unveiled "Music that Moves Us," a new, strategic growth plan for the next five years. Key initiatives include expanding classical and popular programming, investing in musicians and staff, increasing education and community engagement programs, and expanding live performances beyond Bozeman.

Since Norman was appointed the Symphony's Music Director in 2020, the organization has celebrated record success, growing from 881 to more than 1,300 subscribers in just two seasons, with over 200 percent growth in ticket revenue, and numerous sold-out shows. The Symphony also extended its performance season with a sixth classical concert in 2021 and now a seventh in 2024. Norman has welcomed a wide and diverse range of special guests and created artistic partnerships with several local artists and arts organizations, establishing himself as an invaluable collaborative partner in Bozeman.

"It gives me great joy to continue the artistic partnership with my wonderful colleagues at the Bozeman Symphony and Symphonic Choir," said Norman. "It is a privilege to work with our amazing musicians, dedicated Board and staff, and this incredible community. I am so thankful and proud of the many things that we've

been able to share with our growing audiences in my first four seasons. I'm looking forward to the programs ahead that will continue to celebrate the breadth of talent and arts support within our vibrant community."

"We're thrilled that Norman will be with us through at least the next five years," said Bozeman Symphony Board Chair Ben Phinney. "Norman's upbeat energy and artistic acumen have elevated the Symphony to new heights, breathing fresh energy into the concert hall with extraordinary music and outstanding artistry. Norman's commitment sends a message of dedication to our supporters, musicians, and staff, and is the foundation of our strategic growth plan. We are grateful that Norman will stay in Bozeman, the future of the Bozeman Symphony is bright."

Recognized for his dynamic and authoritative conducting style and enthusiastic advocacy for the arts, Norman has played a pivotal role in redefining the Bozeman Symphony's artistic direction, focusing on innovative programming that blends traditional symphonic works with contemporary pieces to reflect the diverse community it serves. Audiences love how welcoming and approachable Norman is from the podium—he has a unique ability to connect audiences with classical music, creating a richer listening experience.

Aside from his contributions to the Symphony's artistic achievements, Norman is devoted to building connections in the community through education and outreach programs. Last season, Norman



secured a \$50,000 donation to launch the Symphony's first true education and outreach department—unleashing a host of musical activities throughout the region. Everyone, from toddlers to retired lifelong learners, is now connecting with the orchestra

and choir, inspiring passion for music and the arts.

Norman's influence extends beyond the local community, with a distinguished career as a guest conductor that most recently included his sold-out subscription debut with the New York Philharmonic, as well as regular appearances with the St. Louis Symphony Orchestra, San Diego Symphony, Seattle Symphony, Rochester

Philharmonic Orchestra, Minnesota Symphony Orchestra, Oregon Symphony, and the Detroit Symphony Orchestra.

"As the Bozeman Symphony and Norman embark on this extended journey together, the orchestra's trajectory is poised for further innovation and excellence," said Bozeman Symphony Executive Director Jacob Blaser. "Norman's tenure has left an indelible mark on musicians and audience members alike, and his contract extension promises to bring even more creative achievements and community connections. Now is an exciting time to be part of the performing arts in Southwest Montana."

For more information about the Bozeman Symphony, visit www.bozemansymphony.org.

Living History Day at Yellowstone Gateway Museum

On Saturday, June 1st, from 10 am to 4 pm, come over for a fun day at the museum with various activities inside and outside! You'll

enjoy artist demos, blacksmithing, flint knapping, Dutch oven cooking, knitting, cordage making, hat maker Forrest Ford; saddle maker and leather worker Dennis Harms, painting, primitive arts, and Native American games. The new and exciting rodeo exhibit also opens on this day.



Admission is free! You can catch the free wagon ride that routes to the downtown Livingston Wheels Car Show.

Everyone is welcome... AND they're serving free Wilcoxson's ice cream! The Yellowstone Gateway Museum is located at 118 West Chinook Street in Livingston. For more information call 406-222-4184, or email museum@parkcounty.org

HISTORIC LIVINGSTON SUMMER KICK-OFF SATURDAY JUNE 1



18TH ANNUAL LIVINGSTON WHEELS HISTORIC MAIN STREET CAR SHOW

9 AM – 1 PM

Callender St. to Clark St.

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CASH PRIZES! DOOR PRIZES!

CAR REGISTRATION starts at 8 AM \$20 entry fee for first car; additional cars \$10 TO REGISTER, CALL: DUSTIN 406-220-1584 Be respectful: No engine revving, No burnouts

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Blacksmithing, flint knapping, painting, primitive arts, and more. Learn how to play Native American traditional games. Everyone welcome!

FREE EVENT!

FREE ADMISSION!

FREE Wilcoxson's Ice Cream!



Crossword Puzzle Number 332

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
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Across

- 1 Old computer dial-up device
6 Adjust
10 Impertinent person
14 Fort Utah, formerly
15 Food scraps
16 Cheat
17 Go-ahead
19 Subject of study
20 Mazuma
21 Baseball scorecard listing
23 Scott Pelley’s employer
27 Into a state of decline
28 Melts together
29 Airline perks
32 Bankrupts
33 Turns on the waterworks
34 --- Arbor, MI
35 Utter a shrill cry
36 Panamanian singer --- Blades
37 Gumbo essential
38 Second sight
39 Point of a tale
40 Seen by those with 38 Across, perhaps?
41 Went home to disrupt a play with no men
43 Volkswagen classic
44 Prima donnas
45 Mischievous ones
46 Horse that has not won a race
48 Broadcasts
49 ‘It --- rocket science!’
50 The Martian --- (Ray Bradbury)
56 “Star Wars” monastic warriors
57 Send forth

- 58 GWTW’s Scarlett ---
59 New Mexico artists’ colony
60 In order
61 Course halves

Down

- 1 Auto efficiency measure
2 Boston Bruin great
3 Buck’s mate
4 First of her kind
5 Found in barrels, often
6 Labors long and hard
7 Compulsion
8 Degree in mathematics?
9 Steroid hormone
10 Cascades peak
11 Flickertail State
12 “How obvious!”
13 Seckel or Bartlett
18 Hill products
22 Bear in Brittany
23 Magic transport
24 Slightly off-color, I’m in red
25 Put on top, wavy lines dip badly
26 Not one
27 Pitch
29 Name of eight popes
30 Register
31 Winds
33 Prepares for keeping
36 Wines and dines
37 Crude cartel
39 Chess turn
40 Official sitting
42 Side-to-side measurements
43 Where the cows come home to
45 Commotions
46 Spray finely
47 Largest of seven, round the world
48 Any of 44

Crossword Puzzle Number 331 Solutions

1	P	A	T	S		5	N	U	D	E		9	R	O	U	G	H		
14	C	U	R	T		15	E	N	V	Y		16	A	N	N	I	E		
17	B	R	O	A	18	D	S	I	D	E		19	L	E	A	V	E		
20	S	A	D	D	E	S	T		21	R	22	E	L	A	T	E	D		
			23	I	B	I	S				24	L	I	L	T				
25	F	U	T	U	R	E		28	R	A	G	E		30	A	S	32	T	
33	O	S	A	M	A		34	T	E	P	I	D		35	C	P	I		
36	R	U	B	S		37	R	O	S	E	N		38	W	H	I	G		
39	G	A	L		40	F	E	W	E	R		41	P	I	E	C	E		
42	O	L	E		43	R	A	N	T		44	F	E	N	D	E	R		
		45	C	46	H	I	C			47	T	I	L	E					
48	E	49	N	L	I	S	T	50	S		51	O	N	T	R	52	I	A	L
55	L	O	O	N	S			56	L	O	U	I	S	I	A	N	A		
58	L	E	T	G	O			59	A	R	T	S		60	E	E	O	C	
61	A	S	H	E	N			62	M	E	S	H		63	S	A	N	E	

N	I	T	M	K	R	Y	P	T	O	N
I	D	J	B	Z	R	E	P	P	O	C
C	A	N	U	U	I	R	A	D	O	N
K	E	O	C	Z	O	X	Y	G	E	N
E	L	R	Z	S	D	G	O	L	D	B
L	E	I	M	S	I	K	P	N	L	I
M	N	I	X	A	N	L	O	Q	L	S
C	U	O	N	E	E	E	V	X	D	M
M	A	N	G	A	N	E	S	E	P	U
E	Y	C	A	R	B	O	N	H	R	T
W	O	L	F	R	A	M	N	L	C	H

- Argon
Bismuth
Carbon
Copper
Gold
Iodine
Iron
Krypton
Lead
Manganese
Mercury
- Neon
Nickel
Osmium
Oxygen
Radon
Silver
Tin
Wolfram
Xenon
Zinc

H	C	L	N	M	N	A	R	A	M	N	W	O	L	F	R	A	M	N	L	C	H																					
T	R	H	R	B	O	N	C	A	R	B	O	N	C	A	R	B	O	N	C	A	R	B	O	N	C	A	R	B	O	N	C	A	R	B	O	N						
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N	O	N	E	E	E	V	X	D	M	C	U	O	N	E	E	E	V	X	D	M	C	U	O	N	E	E	E	V	X	D	M	C	U	O	N	E	E	E	V	X	D	M
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N	O	N	E	E	E	V	X	D	M	C	U	O	N	E	E	E	V	X	D	M	C	U	O	N	E	E	E	V	X	D	M	C	U	O	N	E	E	E	V	X	D	M
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Classifieds

FOR SALE
2018 Keystone Hideout, 242LHS, one owner, new tires, only used a couple times a year. Complete with generator, air conditioning, outdoor kitchen, awning and fully loaded! \$15,900 Call Greg for more information at 336-337-4542.

HELP WANTED
St. Mary's Catholic School has two openings for the 2024-2025 school year. We are seeking a **full-time head cook/food service director** and a **full-time preschool teacher**. Please contact Melissa Beitel at (406) 222-3303 or mbeitel@stmaryscatholicsschool.net.

Key Insurance in Livingston is looking to hire a **Licensed Insurance Agent** to our team. We are dedicated to providing individuals, families, businesses and their employees with the very best in supplemental benefits. Working hand-in-hand with our customers, our dedicated sales force provides personal face-to-face service that is almost unheard of in today's business world. We are committed to providing our clients with the right protection, customized to their needs. We offer \$55K to start depending on qualifications. Please contact Alice at 406-222-0944 to schedule an interview or email resume to alice@montanainsurance.net.

Now Hiring at The Office!
Part-time retail sales position available at The Office, 128 South Main Street. E-mail resume to info@officeloungeandliquor.com, go online to our website, or stop by for an application today!

Experienced Auto Body Technician
Come work for a business where you are not just a number, but a team member. If you are an experienced auto body technician with a wide range of skills, we'd like to talk to you. Our technicians perform welding, framework, sheet metal straightening, aluminum repair and light mechanical to suspension replacement. The position requires directions from estimates and work orders to be completed perfectly. Must supply own tools and toolbox, a valid drivers license and have reliable attendance. Must be able to spend time on your feet and able to lift to 50 pounds. Equal opportunity employer. Pay is hourly and performance-based. Paid holidays, 5 paid personal days, 401K & Health Insurance after 1 year or probationary has been met. Schedule is Monday through Thursday 7 am to 6 pm. Apply by stopping in the shop, 908 East Park Street, Livingston, calling 406-222-0214 or email: bob@oconnorautobody.com. O'Conner's Auto Body is a busy shop, and has been making the community's autos look like new for over 50 years.

Come Join Our Kenyon Noble Team!
Kenyon Noble Lumber & Hardware's Livingston location is currently accepting applications & hiring for Warehouse Associates and Delivery Drivers. No experience necessary – we will train! Offering competitive wages and great benefits packages. For more information and to see the complete job listing visit us at kenyonnoble.com/jobs. You can also apply online!

Heavy Equipment Operator
The City of Livingston, Montana is seeking a highly motivated individual to perform the role of Heavy Equipment Operator within the Public Works Department. This is a full-time role in Public Works with primary duty assignment in Water/Sewer. Heavy Equipment Operators perform a variety of duties involved in the installation and repair of City infrastructure. This position performs highly skilled operations near gas, water, sewer, telecommunications infrastructure and also performs work in the public right of way. This position is a vital position working in consultation with the Superintendent and other public works staff and leadership. Please apply at <https://www.livingstonmontana.org/hr/page/heavy-equipment-operator>.

Public Works – Streets and Parks – Spring and Summer 2024 – Seasonal, Temporary. The City of Livingston, Montana is seeking multiple 2024 spring and summer seasonal employees to work in the Public Works department supporting tasks in the Parks Department (including Cemetery) and the Streets Department.
• Parks and Cemetery assists with performing maintenance on the City parks, mowing, weed removal, and minor repairs to playground repairs, pool maintenance, trails, and trees.
• Streets assists with street sweeping, pot hole patching, painting, chip sealing, and other street activities including alleys. Please apply at <https://www.livingstonmontana.org/jobs>.

Lifeguards and Swim Instructors
- Summer is almost here and the City of Livingston is now recruiting summer seasonal Swim Instructors and Lifeguards. We are looking for candidates who enjoy interacting with youth and who can commit to working the entire season starting in late May/early June 2024 with an end date of August 2024. This position will report to the Pool Manager and the Recreation Director. Qualifications, Knowledge, Skills, and Abilities:
• Lifeguard, CPR, First Aid, and AED certified or become certified upon hire.
• Aquatics/Lifeguarding experience is

desired, but not required.
• Ability to effectively and clearly communicate verbally and in writing.
• Ability to work independently, solve complex problems, and troubleshoot concerns while maintain positive relationships with employees and patrons. Please apply at <https://www.livingstonmontana.org/jobs>.

The **Gardiner School** has openings for the following coaches for the 2024-2025 school year: Head junior high volleyball & Head junior high football. The coach's responsibilities include developing practice plans and leading practices, providing motivation and advice during competitions, and fostering good mentorship with the Bruin athletes and staff. Outstanding candidates are highly motivated, committed, disciplined, and patient. Please send a letter of interest to Carmen Harbach at Carmen@gardiner.org or call the Gardiner school 406-848-7563.

Angel Line Relief Bus Driver -
This relief driver role is available for the Angel Line Transit department at Park County. Our Angel Line services provide prescheduled door-to-door transportation to Park County residents aged 60 and over and disabled individuals. This position safely and efficiently operates the bus while providing excellent, friendly service to the riders. The relief driver is scheduled only occasionally with limited and varied hours to provide coverage for the full-time driver in the event of scheduled or unscheduled absences. This role will be open until filled with preference given to applications received by May 7, 2024. <https://jobs.parkcounty.org/>.

Detention Officer - Are You Trustworthy, Self-Motivated and Community Minded? The Park County Sheriff's Office is looking for one new full-time team member interested in a career in a law enforcement capacity with our Detention Center in service to Park County residents and visitors. Open until filled. For more information and to apply online go to: https://jobs.parkcounty.org/jobs/37/Detention-Officer#job_37.

Sheriff Deputy - Are You Trustworthy, Self-Motivated and Community Minded? The Park County Sheriff's Office is looking for one new full-time team member interested in a career in a law enforcement capacity in service to Park County residents and visitors. To apply go online to: https://jobs.parkcounty.org/jobs/7/Sheriff-Deputy-JOB-10301019-open-until-filled#job_7.

Green Box Caretaker, Chico/Trail Creek - Are you passionate

about environmental stewardship and community service? Join our team as a Green Box Caretaker in the Public Works Department's Refuse Division. In this role, you'll play a vital part in maintaining cleanliness and orderliness at Green Box sites, ensuring proper refuse handling, and providing excellent customer service to citizens. With opportunities to operate equipment like excavators and engage with the public, this position offers a fulfilling way to make a positive impact on Park County's environmental sustainability efforts. Apply now to become an essential member of our dedicated team! This position will be open until filled with priority given to applications received by April 4, 2024. To apply go online to: <https://jobs.parkcounty.org/jobs>

Public Health Nurse/Prevention Specialist - Join the dynamic team at Park County Health Department as a Public Health Nurse/Prevention Specialist! With flexible part-time or full-time options available, this multifaceted role offers a diverse range of responsibilities tailored to meet the ever-changing needs of our community. From organizing and conducting immunization clinics to coordinating chronic disease prevention programs and conducting home visits for maternal and child health, this position provides an opportunity to make a real difference in public health. Enjoy the chance to work with diverse populations, and the satisfaction of contributing to innovative approaches aimed at improving community health outcomes. Apply now to be part of this vital public health initiative! This position will be open until filled with preference for applications received by April 10, 2024. <https://jobs.parkcounty.org/>

Deputy County Attorney - Join our team at the Park County Attorney's Office as a Deputy County Attorney, where you'll play a vital role in prosecuting criminal offenses and providing legal counsel to County government, including all agencies and boards. This is part-time position, equivalent to 0.6 FTE or 24 hours per week. As a Deputy County Attorney, you'll handle a diverse range of responsibilities including legal research, drafting pleadings, conducting investigations, presenting to a court or jury, participating in mediations and settlement conferences, and oral argument. If you're a skilled attorney with a passion for public service and making a difference in your community, apply now! The job will be open until filled with preference for applications received by April 23, 2024. <https://jobs.parkcounty.org/>

Registered Sanitarian
Become a vital part of the Park County Health Department Team as a Registered Sanitarian! Under the guidance of the Health Department Director, you'll play a crucial role in safeguarding public health and the environment. From conducting compliance inspections to responding to emergencies, we're looking for someone who can apply their expertise in regulatory oversight and meticulous attention to detail. If you're a Montana Registered Sanitarian with a passion for environmental protection and public health, apply now to make a difference in your community! This position will be open until filled. <https://jobs.parkcounty.org/>.

Notice of Filing Dates for Justice of the Peace
On March 26, 2024 the Park County Commission appointed an interim Justice of the Peace. This nonpartisan office will appear on the November 5, 2024 General Election Ballot as an unexpired term to begin on January 1, 2025 and to be completed at the end of 2026.
As stated in MCA Section 13-14-118 (2) If a vacancy for a nonpartisan nomination cannot be filled as provided in subsection (1) and the vacancy occurs no later than 85 days before the general election, a 10-day period for accepting declarations for nomination or statements of candidacy and nominating petitions for the office must be declared by: (a) the governor for national, state, judicial district, legislative, or any multicounty district office; (b) the governing body of the appropriate political subdivision for all other offices.
The Park County Commission has declared a 10-day filing period in a public meeting held on April 16, 2024, where they voted to set the 10-day filing period from June 17 – June 26, 2024.

City of Livingston

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How to place your Classified Ad!



We have three classified ad packages to choose from, your ad will be displayed for 7 days, will also be added to the Park County Community Journal website AND the Park County Dugout website.
1-40 words \$10 • 41-50 words \$12 • 51-70 words \$15
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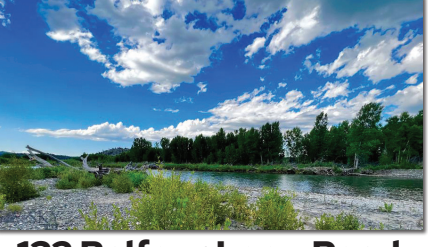
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TBD Frank Street
Land W/ Mobile | 0.172 acres
#392152 | \$130,000
Jon Ellen Snyder | 406-223-8700



132 Balfour Loop Road
Land Listing | 20+ acres
#382124 | \$275,000
Aurora Fritz | 406-224-2501



303 1st Street E
3 beds 2.5 baths | 1,888 sq ft
#390264 | \$695,000
Tammy Berendts | 406-220-0159



512 Miles
Commercial Sale | 4,212 sq ft
#389433 | \$540,000
Tammy Berendts | 406-220-0159



858 Flanders Creek Ave
4 beds 2 baths | 1,576 sq ft
#391110 | \$649,000
Gillian Swanson | 406-220-4340



16 9th Street Island Dr
4 beds 2 baths | 2,451 sq ft
#391597 | \$1,195,000
Theresa Coleman | 406-223-1405



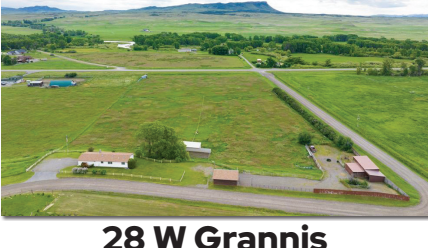
416 N 3rd Street
4 beds 2 baths | 2,074 sq ft
#390051 | \$599,000
Deb Kelly | 406-220-0801



118 N Main Street
Commercial Sale | 6,250 sq ft
#388767 | \$1,500,000
Jon Ellen Snyder | 406-223-8700



7 Clear Springs Road
Land Listing | 22.3 acres
#388239 | \$599,000
Julie Kennedy | 406-223-7753



28 W Grannis
3 beds 2 baths | 2,112 sq ft
#390575 | \$925,000
Julie Kennedy | 406-223-7753



30 S Woodard Ave, Absarokee
Commercial Sale | 2,560 sq ft
#388822 | \$275,000
Jessie Sarrazin | 406-223-5881



27 Royal Wulff
3 beds 2.5 baths | 2,668 sq ft
#390722 | \$1,799,000
Gillian Swanson | 406-220-4340

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Bozeman Symphony Reveals 2024-25 Season

A Celebration of Music that Moves Us . . .

Music Director Norman Huynh and the Bozeman Symphony announce its 2024-25 concert season: a celebration of Music that Moves Us. The season is teeming with incredible programming showcasing the orchestra's talented musicians, choristers, and revered symphonic works that will move you to places only music can reach.



- KORNGOLD'S VIOLIN CONCERTO
- March 22 & 23, 2025: BEETHOVEN'S VIOLIN CONCERTO WITH CARRIE KRAUSE
 - April 26 & 27, 2025: PICTURES AT AN EXHIBITION
 - May 17 & 18, 2025: A SPIRITUAL AWAKENING: VERDI, SIMON, IVES
 - June 7 & 8, 2025: PABLO RETURNS AND COPLAND'S THIRD SYMPHONY

Bozeman Symphony Presents Series concerts include:

- December 13-15, 2024: HOLIDAY SPECTACULAR
- February 14-16, 2025: KISHI BASHI AND THE BOZEMAN SYMPHONY

Bozeman Symphonic Choir Series concerts include:

- November 14-16, 2024: MOZART'S REQUIEM
- April 4 & 5, 2025: THE STONES SANG: CELEBRATING THE LAND

Details about concert programming and featured guest artists are available at bozemansymphony.org.

Featured guest artists include guitarist Pablo Sáinz-Villegas; soprano Janai Brugger; internationally celebrated singer, multi-instrumentalist, songwriter Kishi Bashi; and local singer and songwriter Paige Rasmussen.

This season has something for seasoned symphonic music enthusiasts and brand-new orchestra-goers alike. An expanded seven-concert Classical Series promises to take listeners on an extraordinary musical voyage from timeless symphonic masterpieces to fresh and innovative compositions. Popular musical genres alongside classical favorites will be offered at two Bozeman Symphony Presents concerts and choral repertoire from all eras will be brought to life at two new Symphonic Choir series concerts.

- Classical Series concerts include:**
- September 21 & 22, 2024: OPENING WEEKEND: RACHMANINOFF'S THIRD PIANO CONCERTO
 - October 12 & 13, 2024: THE RHYTHMS OF BEETHOVEN, ROSSINI, AND AKIHO
 - January 18 & 19, 2025:

To experience the journey of the Bozeman Symphony's 2024-25 concert season to the fullest, patrons are encouraged to subscribe to the entire season. Subscribers receive the lowest ticket prices and the first opportunity to retain seats year after year. They also have the first chance to reserve discounted tickets to the high-demand Bozeman Symphony Presents Series and new Symphonic Choir performances.

Season tickets are now available at bozemansymphony.org/subscribe or 406-585-9774. Individual concert tickets will be available to purchase starting August 5, 2024.


Soup & Salad Thursdays

In-house Soup & Salad Bar starting May 2nd

Suggested donation
Over 60 - \$5 per meal
Under 60 - \$7 per meal

Salad bar starts at 11:30am and Soup at 12pm

Dining room located at

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Livingston, MT
406-333-2490

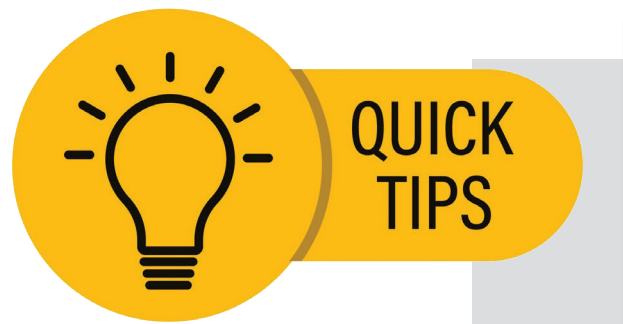
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Insurance Tips

with Daryn Hendrickson

The Thin Line Between Personal & Commercial Insurance

Purchasing insurance may seem daunting, and finding the time to 'shop around' to find more affordable rates or better coverage can get in the way of our busy lives. You will need to have your VIN numbers, loan numbers, and drivers-license numbers ready, and go through a series of questions and answers with each company you get a quote from.

Can I just get the bottom line on what the cost will be? As an insurance representative running multiple quotes daily, the discovery process is what determines the best policy choice and most appropriate coverage for a new or existing customer. It is critical to make sure the policy will adequately cover your particular asset. Customers are



Daryn Hendrickson
R. Dean Hendrickson Insurance Agency, Inc.

Daryn's goal as an insurance professional is to educate and provide peace-of-mind solutions to his clients. He is dedicated in providing Auto, Home, Life and Business Lines insurance products to customers and residents of Park and Sweet Grass Counties. Born and raised in the Livingston area, Daryn has been helping customers with their insurance needs since 2002. He enjoys bike rides with his family, fishing, and barbecuing on the weekends. Call him at (406) 222-2250 today.

often rushed for time and are vague in providing information for quoting purposes, but the importance of giving your insurance professional the "big picture" may be a determining factor in whether you will be adequately covered in the event of a claim. No one wants bad news when they have to file a claim. There is a thin line between personal and business lines risk exposure. You may need one or the other, or a combination of both. It is



very important that you notify your insurance professional on what exactly your exposure is for usage or occupancy to determining an appropriate policy fit. Here are some examples of what I'm referring too:

- You use your personal vehicle to go to and from work, but in the summer, you shuttle fisherman and floaters up and down the river as a side job.
- At your primary residence, you have a workshop set up in your detached garage to build and sell furniture.
- You own a house and have decided to set up a day-care center in the basement.
- You rent out your home or rooms as a vacation rental, a common

situation in our area.

Having a personal lines insurance policy is normally not designed to accommodate an exposure of a business, and such an exposure may warrant an exclusion in your coverage. Don't get caught on the wrong side of these situations. Call your agent and get the correct coverage.

Insurance professionals are open to assess your risk and determine the best policy for you, whether it's a personal or commercial policy. Your exposure to a particular risk is going to determine the price for that insurance coverage. Your willingness to share and to help your insurance professional gather information about your risk will more than likely ensure an adequate policy for you.



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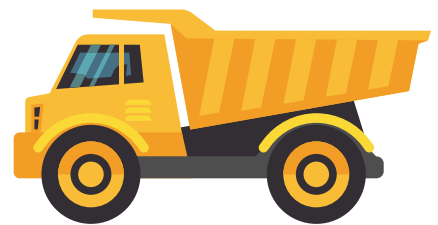


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