



# MOTHER'S DAY PLANTER PROJECT

May 11, 2024 • 11:00 AM – 1:00 PM  
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# FREE Park County Community Journal

Serving Livingston, Emigrant, Gardiner, Clyde Park, Wilsall & Cooke City

SUNDAY EDITION • May 5, 2024

## MSU Film School— *Mending the Line*

The Shane Lalani Center for the Arts presents their Livingston Film Series (LFS) featuring the MSU Film School and the film, *Mending the Line*. The event is on Thursday, May 9th at the Dulcie Theater starting a 5 pm.



any other sport," comes early in *Mending the Line*, and it's true! Norman Maclean's *A River Runs Through It* is probably the most famous book-to-movie example of this, but there are libraries more. Why? That's an interesting question. And why fly-fishing inspires such passionate advocates is another. *Mending the Line*, sensitively directed by Joshua Caldwell and written by Stephen Camelio, tells the story of two veterans, one young and one old. A Marine wounded in Afghanistan (played by Sinqua Walls) is sent to a VA facility in

Montana where he meets a Vietnam vet (played by Brian Cox), who teaches him how to fly fish as a way of dealing with his emotional and physical trauma. They find healing for their combat traumas in fly fishing and in their unlikely friendship.

Join LFS for some good films, great food, and local personality Rob Bankston. The Dulcie Theater is at the Shane Lalani Center for the Arts in Livingston, at 415 East Lewis Street. (*Mending the Line* is rated R for language.)

Livingston Film Series is generously sponsored by Marilyn Clotz, Mary Ann Bearden, and Donald B. Gimbel. Don't hesitate to reach out if you have any questions. Call 406-222-1420, or visit [www.TheShaneCenter.org](http://www.TheShaneCenter.org).

**Showtime at 5 pm:** Talented filmmakers from the MSU Film Grad School will be sharing their master's degree films for the first time on the big screen at the Dulcie. Four films will be offered: *Sparks* by Jackie Ratliff, *(Wild)life* by Andrew Mott, *HoldFast* by Jack Lacalle, and *Model Citizen* by Kristopher Chinander. You will marvel at the creativity and technical skills of these young filmmakers. Who knows? You may be watching the creation of the next Spielberg!

**Barbeque at 6 pm:** Join the LFS team in celebrating nine months of great films/events as they transition to their new pavilion, the beginning of a new season of Thursday night concerts with a summer BBQ—free brats or burgers!

**Film at 7 pm:** LFS is proud to present *Mending the Line*. The words, "There's more great literature written about fly fishing than

## Block Printing Pop-Up Club Inspired by Earth Day

Livingston Center for Art and Culture was thrilled to host the Community School Collaborative with a captivating Block Printing Pop-Up Club on April 20th. The event, led by Traci and Jamie Isaly, provided an enriching experience for attendees of all ages.



Twelve Sleeping Giant Middle School students were among the enthusiastic participants who embarked on this creative journey.

During the workshop, participants had the opportunity to carve linoleum blocks with intricate patterns inspired by Earth Day, including trees, animals, flowers, and more. They brought their designs to life by inking the blocks and printing them onto hemp fabric squares. Each participant crafted their set of yard flags and a



collection of note cards with envelopes, perfect for spreading Earth Day messages. All necessary supplies were provided, ensuring an accessible and enjoyable experience for all involved.

The event was a celebration of creativity, fun, and the planet we call home! Participants had the opportunity to unleash their artistic flair while making a positive impact.

Thank you to all who joined CSC for the Earth Day Fun at Livingston Center for Art and Culture!

## Livingston's ACE Hardware Achieves Highest Level of Recognition from ACE Hardware Corporation for Exemplary Performance

Ace Hardware announce that Livingston's Ace Hardware achieved the designation as a "Pinnacle Performance Retailing" store for its outstanding performance. Developed as part of Ace's retail growth strategy, Higher Ground, Pinnacle Performance Retailing is focused

on customers to ensure that Ace stores deliver on its helpful brand promise.

For 100 years, Ace Hardware has been serving its neighbors with helpful service and quality products. With more than 5,800 stores in approximately 60 countries, the team at Livingston's

Ace Hardware is one of just a few hundred Ace retailers to achieve this elite Pinnacle status. To achieve Pinnacle Performance Retailing, the team at Livingston's Ace Hardware successfully completed a number of key performance drivers focused on quality, service and convenience,

helping them provide a better overall shopping experience in their local community.

One example of a proven performance driver is "Helpful Certification," the foundational element of Ace's "Certified Ace

See Award, Page 10



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### TESTIMONIAL

Lt. Col. (Ret.) Nelson Allen,  
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# Help Restore Young Racer's Stolen Dream

Lauren Kostoff is asking the Livingston community to help a local 6-year-old who's dreams were crushed by theft. The little boy in the photo was in Great Falls for a dirt bike race Saturday. For the first time in his young racing career he finished first and took home a trophy! On Sunday, he wanted to race again, but his dirt bike was stolen. Lauren is trying to raise \$3,500 to replace his race quality bike.

Here is the link to the fundraiser which has already raised more than \$600, <https://www.gofundme.com/f/help-restore-young-racers-stolen-dream>

On Facebook many people have reached out to Lauren saying they have spare bikes the boy can borrow until a new one can be bought. The bike was stolen from a truck parked at the Great Falls Holiday Inn.



## Symphony Storytime with a Cellist Offered at Bozeman Public Library

Area parents are encouraged to bring their young children to a dynamic, fun, and entertaining Symphony Storytime with a Cellist at the Bozeman Public Library's Community Room during their regular Toddler and Preschool Storytime on Wednesday, June 12th, at 10:15 am.

The free Bozeman Symphony program, especially designed for children ages 3 to 5, features Bozeman Symphony Principal Cellist Chandra Lind accompanying Music Director Norman Huynh as he reads a storybook. Following the story, Lind will also play a

brief piece highlighting the cello.

The goal of Symphony Storytime is to encourage a love of music, literacy, and discovery, according to Education and Community Engagement Coordinator Cierra Wallace. Collaborating with various community partners, the Symphony wants to expose children to diverse stories, cultures, authors, narrative styles, readers, instruments, music, and musicians.

For more information, visit [www.bozemannsymphony.org](http://www.bozemannsymphony.org) or call 406-585-9774.



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# OP-ED FORUM

by Ann Hallowell

## Vote FOR R-001 and R-002

A vote FOR R-001 and FOR R-002 is a vote for your voice to be heard. No out-of-town consultants, special-interest groups, or commissioners telling you they know better than you how you should use your land. Yes; your land not theirs. Did they pay your property tax for you? Certainly not. It's pretty clear—your land—your decisions.

We have all been getting quite an earful from Mr. Davis in these pages on county budget woes and on the wonders of the county growth policy. While I appreciate Mr. Davis's energy for his subject, I wish, when he seems to think the growth policy has been so instrumental and effective in guiding our future, that he had been coming to county planning board meetings over the last seven years to know the real story.

I wish, too, that he could have been using his considerable business skills to help guide so many of the county commissioner decisions which have resulted in our great budget deficit. Where was he when one and a half million was spent last summer on machinery we didn't have the manpower or skilled employees to run—so it sat for six months at the side of the road while loan payments accrued? Where was he when the county applied for a walking bridge over the Yellowstone from the dog park for a cool \$12 million. Thankfully that one failed. But I bet it hurt our reputation as a county when asking for grants for serious and necessary projects.

According to the budget preamble of that time, those roads were in bad shape 11 years ago when our commission chair came on board with the county. Unfortunately, bad budgets are the state of normal here. Many commissioners have stirred this pot over the years with many individual agendas. I hope Mr. Davis will actually apply his talents to looking into the real causes of budget woes and the possible solutions for our county.

Our 2017, so-called, long-range-plan growth policy that he gushes about has never guided our future. It was guided straight into a closet, onto a shelf to collect dust for the last seven years. Precisely what the MT Dept of Commerce says not to do. Keep it simple they say. Has a single one of its 198 plus pages ever been turned over?

No one knows.

If Mr. Davis had been at past planning board meetings, he would know that people have, over the years, asked to see reports of the goals and objectives in the rhetoric of our growth policy that have actually been completed. People have even requested PIR's (public information requests). These have all gone unanswered despite a previous commissioner replying to such a request at a candidate forum that the public simply had to post a PIR. Apparently, not so.

Many individuals and special interest groups have made a wide variety of requests over the years about planning aspects of our county—to no avail. Good ideas and bad have flowed under the bridge. The county planning department head replied in a public planning meeting that there didn't have to be such reports of progress on the goals and objectives. The county planning department was under no obligation to make such reports because the growth policy was not regulatory.

The 2017 growth policy was dead on arrival. We just didn't know it then. It was written by Missoula consultants with local city-centric over-sight. People who shared neither our strong respect for property rights nor our visions for our families. This was then followed by a commission only decision for adoption—not a vote by the people effected by said growth policy.

Only one growth policy goal in all this time comes to mind as completed. The amending of a special-interest group's housing plan to the growth policy. Unfortunately, this was accomplished under great public protest, both to the plan and to the vote of a commissioner whose membership in that very group was a conflict-of-interest. Not a good day for the county.

Ravalli County has not had a growth policy since repealing theirs sixteen years ago. This has not hampered them in receiving grants from a myriad of Federal and State agencies. They have 41 citizen-initiated zoning districts allowing very local control. Park County has only five. No new citizen-initiated zone has managed to get through the planning department since 2004. Our application process has been re-written to hog-tie citizens with good intentions.

Our planner has called citizen-initiated zones too much work to manage because they are individualized one from the other. (That's the point!) No local control by the people here; just bureaucracy and a king-of-the-mountain mentality.

This is precisely why the citizens have turned to our truly American solution, the citizen vote. We have learned that, only through a vote by the citizens can we truly have local control. The people we elect and/or employ soon forget they work for the people. So, there are no guarantees of citizen-centric plans.


This is why we have chosen the citizen initiative process, gathered signatures and placed referenda on the ballot for the June 4th election. R-001, to Repeal the current growth policy, and R-002, to adopt a future growth policy, only by a vote of the people in the district affected.


It all comes back to responsibility. County government is true only to itself and its unending appetite for expansion. Citizens are responsible for their homes, their lands and their families.

Vote FOR your voice to be heard. Vote FOR R-001 and FOR R-002.

### Soup & Salad Thursdays

**In-house Soup & Salad Bar starting May 2nd**  
**Suggested donation**  
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# Park County Community Journal




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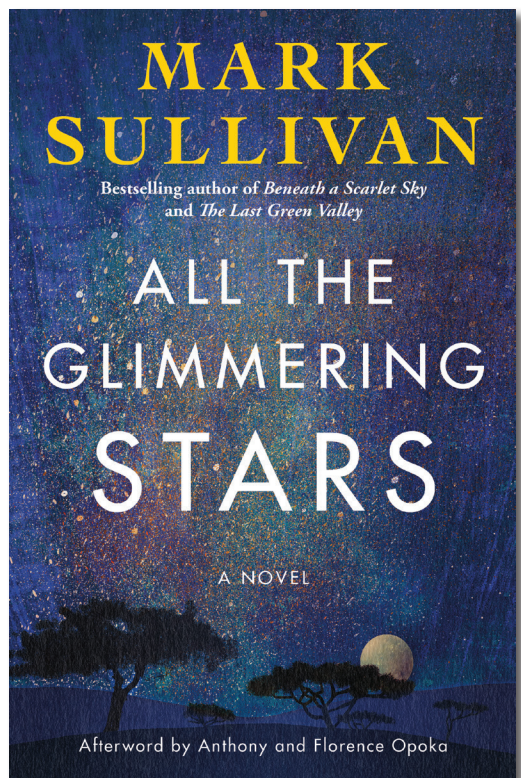


# Book Launch Tour Celebration

Wheatgrass Books will host a celebration for Mark Sullivan's *All The Glimmering Stars* book launch tour on Thursday May 9th at 6 pm. As many as 300,000 child soldiers are currently being forced to fight around the world. The UN deems it a global security issue because radicalized, militant, dehumanized children grow up to be radicalized, militant, dehumanized adults. One of the most egregious episodes in modern history was Joseph Kony's 30-year reign of terror in Uganda, southern Sudan, and Congo as his Lord's Resistance Army (LRA) kidnapped as many as 37,000 boys and girls, turning the males into fearsome, soulless soldiers and the girls into slaves,

sexual and otherwise. Two of those young people Anthony Opoka and Florence Okori escaped and survived to later bear witness at the LRA war crimes trial in the Hague. Their harrowing and triumphant story is the basis for #1 New York Times bestselling author Mark Sullivan's historical novel, *ALL THE GLIMMERING STARS* (Lake Union; May 7, 2024). Mark Sullivan is the acclaimed author of more than twenty novels, including the #1 Amazon Charts, Wall Street Journal and USA Today bestseller *Beneath a Scarlet Sky*, and the #1 New York Times bestselling *Private* series, which he writes with James Patterson. Mark has received numerous awards for his writing, including

the WHSmith Fresh Talent Award, and his works have been named a New York Times Notable Book and a Los Angeles Times Book of the Year. "The true story behind *ALL THE GLIMMERING STARS* was brought to me by a former squadron commander of SEAL Team 6 and the former CIA chief in Uganda, both of whom were so stunned hearing it they came to believe that if properly told it could help end child soldiering throughout the world," Sullivan says. "In an earlier life I was a Peace Corps volunteer in Africa, and I responded to the tale and the cause immediately. I went to Uganda and spent weeks with Anthony and Florence. I came away also believing that their story brought to life in a novel could have a dramatic impact on the way kids in war zones are treated. To that end, I wrote the novel with the intention that it would not only grip readers with a remarkable story well-told, but also contribute to End Child Soldiering, a non-profit that works to prevent kids being forced into combat and to rehabilitate youngsters who have already suffered that tragedy." - Mark Sullivan Wheatgrass Books is located at 120 N. Main St., in downtown Livingston. The free



event begins at 6 pm, and a book signing and reception will follow. WHEATGRASS BOOKS is a woman-owned independent bookshop that celebrates the beauty of the written word and the art of illustration. At Wheatgrass we place a strong emphasis on under-represented voices in literature, with a focus on new releases, regional authors, and children's authors, while maintaining an excellent selection of classics.



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## CANINE CORNER



### Door Manners and Why They Really Matter!

Recently I was out of town, and no surprise, traveling with my dogs. I was at a hotel and the pups and I were heading outside for the last potty break before bed. We left the hotel room and were heading towards the outer door when another dog was coming towards us only a few feet away. The owner had not even made it through the door. This dog was large and even if he weren't, the owner still would have had a hard time controlling any size dog from a few feet away. This is why entering and exiting through doors with your dog is important. When we walk through a doorway, it is important that the owner go first. As a pet owner, it's your responsibility to make sure there is nothing harmful on the other side of the door. Training your dog for a doorway routine and sticking to it is essential to their safety! Every time you and Fido go through a doorway follow the routine. My personal preference is walking up to the door, I swing the door open, while my dog sits and stays, I walk through the doorway and then call the dog. As you progress in this control exercise, you can begin by having the dog walk calmly next to you while walking through the doorway or slightly behind you is best. And in some cases the doors won't stay open so you will need to walk through together. Control! Slow and steady, don't be in a hurry when training this. Practice this going both in and out of places. Your

Some  
by: **Kylie Purcell**  
Kylie has been actively training Livingstons dogs since 2009. She began teaching dog obedience with the late, great Jo Sykes, and the rest is history! Montana Dog Company is proud to offer retail, 24-hour self dog wash, dog training, and so much more. Kylie has competed with North American Dog Agility Council for over 25 years and with many different breeds of dogs. Even though training is her passion, she enjoys the outdoors with her husband, toddler, and baby boy. Livingston is her home and she is here to work for you and your pup! Contact her today!

own doors at home are great, don't just do the doors that lead outside, practice on the doors that go into bedrooms, bathrooms, everywhere. Once you have training success with doors at home, go to a public place and practice. Again, you have to be consistent with this—but it is easy to train! Some of my favorite commands for this training are: Behind (this means the dog will walk directly behind me), I teach this by using the leash to maneuver him behind me. Wait (this is a modified stay, think of it as just a pause). Ok (this is the release word), instead of the come command, saying ok and continuing movement. This is an exercise any and every dog can benefit from. At some point in that pup's life whether they are going to the vet clinic or hardware store, they will meet a door and possibly another dog. Having this established routine will set them up for success! Remember stay positive, reward with lots of praise and constructive commands, and keep your training sessions short (15 minutes twice a day). Happy Training! To submit your questions Text or call 406-333-1980 or email kylie@montanadogcompany.com



# Make Em Laugh!

by Joyce Johnson

The post war humor and talent of 1950s Donald O'Connor was made immortal in his famous classic "song and dance" of this column title. You can search it on YouTube and watch this ageless goofy performer. I laughed til I almost cried. There was a subtle sadness beneath the laughter because gone is that best of Hollywood—wisdom and creative talent within that joyful, positive humor.

**But to laugh or not to laugh,** that is the question now. Much is going on that ain't funny. But just try to hold back laughter say for example in church or a courtroom, or any public place. The giggle cork pops and the bubbly gets all over the place. Been a long time since I've rolled on the floor laughing til I cried, or, cried til I laughed actually. You? In the 50s, comedy series on TV were prime time. Funny actors were loved and adored: Laugh In, MASH, Carol Burnett, Happy Days, and the ingenious satire of George Carlin just off the top of my mind. Our freed world seemed to stimulate the birth of the individual, and different (and funny) views on life were actual antidotes. We at present have the bold fear-busting satire reborn in JP Sears.

**We once laughed at ourselves.** Even politicians smile at this great funny quote of the Indian Guru: "Politics are like a tree full of chattering monkeys." But I think of trees as the homes of birds who ingeniously and joyously

welcome the dawn of spring and the sunrise with chirping, trilling song. The whole flock, each member, gets a few seconds of solo, then trios, interspersed by choirs of multi-level harmony celebrating the new day of life-giving light. My one time guest from Hong Kong was awakened by dawn's birdsong and was enchanted because she was not used to hearing it in the great Asian metropolis.

I like to imagine how the birds see us "hoomans" from their, in more ways than one, higher view. They watched a kind old man put an extension ladder against the trunk of the cottonwood tree and who climbed up about 30 feet to rescue someone's young cat who clung terrified when it stopped and finally looked down at how far it had come. We held the ladder.

**To birds, maybe we look like an ant farm** from their safe perches high up in trees. Certainly our roads full of cars looks like an orderly highway of ants going from anthill to site of food, on a two-way community food reconnaissance maneuver. Entertaining to watch like TV? Because humans, gifted with...uh..."intelligence?" are so unpredictable. Time after time us two-leggeds get into slug fests to control, oppose, or extract money and steal stuff from each other. How primitive we are still. It gets sparked by the dark side and fanned to global levels of killing fields. Rarely if never do animals go to war against each other. Though like a tree full of chattering moneys we chirp, fib, plead, and rant on about everything on instant digital media. A wise man once said that Earth is a zoo, which is painfully funny and true, stimulating insight re: who's the animal?

Make Em Laugh! is a tool I guess. A refreshing, free, hugely healing, room-clearing, game-changing choice of



reaction to things. Like my husband, Ron, very serious on the inside and a foolish, incurable punster on the outside, (or is it the other way around? Shrug.) He puns people until they loose composure. But their smiles and laughter is so beautiful to poke. Deploy free, non-violent "funny stuff" now and then, all of you. Look for it, wait for it, but start with laughing at yourself. One chuckle at a time.

We are free to choose a path, and stick to it,... until it doesn't pan out or until another view appears to be more true. Thus we strive, thrive and grow, I find. A sailor sees bad weather coming

this best of our wise prose, from a very old and far-seeing prophecy, and it's divine humor, joy and hope.

*For evil men will be cut off, but those who hope in the Lord will inherit the land. A little while, and the wicked will be no more; though you look for them, they will not be found. But the meek will inherit the land and enjoy great peace. The wicked plot against the righteous and gnash their teeth at them; but the Lord laughs at the wicked, for he knows their day is coming.*

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# I have an oil for that

by Dalonda Rockafellow  
doTERRA Wellness Advocate



## I Have Essentials Oils, Now What?

By Dalonda Rockafellow

So you made the investment in yourself and your family and now you have a supply of essential oils to detoxify and fix what ails you. Do you even remember why you bought that certain oil? It sounded good when it was presented to you or you read about it, but now you have them sitting in front of you and you aren't sure which one to grab for that smooth, glowing skin or that headache that is coming on, or to soothe those anxious feelings inside, or to help you get to sleep, etc., etc., etc. . .

Maybe you do remember what they are for, or which one to grab when an ailment comes on. . . BUT do you know how to use them? How many drops? Do I dilute or not? If so, with what do I dilute them with and how much?? Where do I apply them? How often do I

apply them? Can I ingest them? I can't ingest them? It's a vicious cycle, but I assure you, I am here to help and offer a suggestion or two.

In this article I'm going to cover the top 10 basic doTERRA essential oils, how to use them and some other ideas to help you get started, engaged and reaching for your oils on a regular basis.

Lemon is made from the rind of the lemon itself. It is refreshing in your water (a drop or two) and helps to cleanse & detoxify your body. It is very uplifting, so put some in your diffuser or inhale a drop directly from the palms of your hands. It is also good for digestive help. Drink some down with a little water or dilute and apply directly to your belly. Lemon is photosensitive, so don't apply to an area that will get direct sun. Lemon is a wonderful disinfectant. Add drops to a spray bottle with water and use to disinfect countertops.

doTERRA's Lavender is a therapeutic grade essential oil and has many, many uses. It is a sleep aid, so apply to the

bottoms of your feet before bed, add to a diffuser at your bedside and/or add a drop to your pillow case. It also is very calming, so add 10 drops to a 10ml roller bottle, fill with fractionated coconut oil (FCO) and apply to your heart, wrists, behind your ears and on the palms of your hands and inhale deeply a few times and feel the stress melt away. It is a natural pain reliever, so use that roller bottle that you just made and apply to wherever it hurts. It is a natural histamine, as well. Place a few drops under your tongue for almost instant relief.

Peppermint is a very versatile essential oil, too. It is very energizing, like Lemon, so add some to that diffuser. You could also add a drop to your palms in the afternoon and inhale deeply for that much needed pick-me-up! When you feel a headache coming on, dilute a drop or two in some FCO and apply where it hurts. This works well for sore muscles, as well. Peppermint is great for digestive issues. You could simply add a drop or two to a little water and swallow it down. Use Peppermint for hot flashes and fevering. Add some drops to a spray bottle with distilled water, shake well and apply to area of concern.

Tea Tree is great for the skin and any issues that you may have with it; cuts, scrapes, blemishes, canker or cold sores, hives or rashes and warts. Use also for athlete's feet. Apply directly to area of concern. Add several drops to your shampoo to help with hair growth and dandruff. Tea Tree is helpful with sore throats (add a few drops to some water and gargle then swallow when you are done) and ear infections (apply, diluted around, but not in your ears).

Frankincense is the king of all essential oils, and like Lavender, has many uses. Its top use is for cellular health. Ingesting Frankincense for cellular health is the best way to use it. I suggest a drop under the tongue or to the roof of your mouth each morning. You could also add 2-3 drops to a veggie capsule and swallow it down. Frankincense is a great oil to reach for for brain health. Make a roller bottle, as mentioned above and apply where your neck meets your skull. This oil is also very calming and can be used for mental or physical reasons, such as skin conditions. Add a drop to your daily face cream to improve wrinkles and skin health.

Oregano works well against antibiotic-resistant bacteria. Take in a veggie capsule to help get the oil deep into your system. Take internally to support healthy immune, digestion and respiratory function. Oregano is a powerful cleansing agent. Add drops to a spray bottle with water. Add to water and gargle for a sore throat. Use for Athlete's Foot, inflammation and joint pain, apply directly to area of concern.

The Breathe blend is good for any breathing difficulties you may have. Simply diffuse, inhale from the bottle or directly from the palms of your hands. It is also great in a diffuser to open up the airways, as well as at nighttime for sleep. Use, diluted, directly on your chest for constricted breathing. Enjoy a more energized day and restful sleep with this blend.

DigestZen is great to take internally to help reduce gas and occasional indigestion. Use while traveling for motion sickness. You would simply inhale directly from the bottle, apply

under the nose or add a few drops to water and drink. Other uses are food poisoning, queasiness and stomach upset. Use DigestZen for any issues from the mouth to the bum.

On Guard is your natural defense to stay healthy when seasonal threats are high. For immune support, add 2-3 drops to a veggie capsule each day. Diffuse at home or the office to purify the air. Dilute in a spray bottle to disinfect door knobs, telephones, and all community surfaces. Gargle with a few drops and water for oral health.

Deep Blue is soothing and cooling and is used for muscle and joint aches and pains. Use before and after exercise or a hard day's work. Massage, diluted onto growing kids' legs before bedtime. Deep Blue blend is great for bruising and broken bones. The oils in this blend are very healing.

What do I mean by diluting? You could put a quarter size amount of FCO or any carrier oil you choose and a few drops of your chosen essential oil. Mix well then apply to the area of concern. A roller bottle is another option for dilution. Put 10-20 drops of essential oil into the roller and fill the rest of the way with FCO. You now have a quick and easy way to apply your oils on the go.

Should you use essential oils diluted or undiluted? It depends. . . most essential oils are safe to use directly, but not on children, the elderly or people with sensitivities. There are a few "hot" oils that should always be diluted. These include Deep Blue, Wintergreen, Oregano, and Cinnamon, to name a few. I always recommend that you start with diluted oils then you could experiment to see what works best for you. If a sensitivity appears, simply apply FCO, to dilute the oil on your skin and take note.

Can you ingest doTERRA essential oils? Yes, if they have a supplemental fact on their label. Most of doTERRA's oils are safe to consume.

How do I consume them? A drop under the tongue, a few drops in a little bit of water, drops in a veggie capsule. . . these are all useful ways.

What happens if I get essential oils in my eyes? DO NOT USE WATER. Use a little bit of any kind of carrier oil, my suggestion is FCO directly in the affected eye.

I would love to help you better understand your essential oils and answer more questions you may have. I am offering to consult with you in person or over the phone, complimentary, about any and all oils that you may have (even ones that are not doTERRA brand). These tiny bottles are truly full of miracles for all of your ailments and concerns. I personally think everyone should be using them. Remember to put your essential oils where you use them. I have mine all over my house; bathroom, bedside, desk, kitchen, reading chair, etc. Thank you for joining me!!

*Dalonda Rockafellow has been using and educating about health and doTERRA essential oils for 10+ years. She maintains a website and has an active Facebook page; Lavender, Lemon & Learning that she uses to keep people up to date on the benefits of using CPTG (Certified Pure Tested Grade) essential oils for their health and well-being. You can contact her at dalonda@bigskyoils.com or mydoterra.com/dalondarockafellow.*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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# Don't Believe Everything You See

by Nurse Jill

Americans have been fascinated by medical drama since Dr. Kildare in the 1930s. Perhaps people are mesmerized when they watch a team fight for the life of another human. Or perhaps there is a little bit of satisfaction in virtually sharing the medical victory with the heroes on the screen. Or perhaps there is just curiosity about the unknown of the medical world.

However, just as Hollywood has put their own dramatic spin on romantic love they have also twisted the world of medicine to garner interest in their product. And just as you wouldn't get all your relationship advice from RomComs it is equally wise to not believe everything you see in your favorite medical drama.

There are four things to watch out for when watching medical dramas that may negatively impact your understanding of the medical world.

**First:The rarest diseases.** It seems that many popular series scour the medical texts for the rarest of rare medical situations. Then they take you on a wild ride of crazy symptoms and wonky test results only to arrive at a one-in-a-million diagnosis. These stories are extremely fascinating but it can develop a strong sense of "what if" in the subconscious. "What if I, too, have that extremely rare disease?!" This can

lead to some fear of even the littlest twinge.

You have to keep perspective. Two symptoms in common with a Hollywood tale is not necessarily a strong indication of a parallel problem. Many symptoms are applicable to many illnesses. A symptom on TV that leads to discovery of one specific problem does not mean that same symptom always signifies that same problem.

## Second:The do-it-all doctors.

Most medical dramas show the main character doctors doing a lot of tasks. Starting IVs, doing surgery, doing radiology tests, going to the patient's house to look for clues... this is a severe misrepresentation of the true collaboration that takes place in the hospital.

There are a lot of roles in the medical world and each one is specialized. A doctor that would take out your appendix would not also fix your broken bone. A doctor that guided a specialized radiology test would not also start your IV. A hospital takes many different types of staff members to carry out all the necessary skills to take care for patients. Radiology techs, nurses, respiratory therapists, physical therapists, nursing aides, environmental services... these are just a few of the roles that support people healing. Each person has practiced their specialized skill for countless hours. If a doctor

refers you to someone else for a certain task trust that they are sending you to someone who is practiced in that skill. One doctor can't do it all.

**Third:The code.** When someone's heart stops and healthcare providers leap into action to provide life-saving measures, it is called a "code." In medical dramas the codes that they portray often have more drama than life-saving in them. They will also often have incorrect treatments for the situation presented. When the drama shows a flatline heart rhythm during a situation and then the characters proceed to grab the paddles and administer a shock they are demonstrating incorrect practice.

All healthcare providers that have a possibility to encounter these emergency situations are specially trained in advanced life saving algorithms that guide their actions. The algorithms are science-based and very clear in what to do. Many codes look somewhat similar because of these algorithms.

**Fourth:The quick turnaround.** Many of the characters in these shows are run through the medical ringer with serious health problems and/or trauma. Then they have a quick turn around. Regardless of how much they have endured, by the end of the show they are up and talking and well on their way

to getting out of the hospital.

While some medical issues are resolved fairly quickly, a lot of issues take a significant amount of time to clear up. In real life, to be as sick as what these shows present often times means days to weeks or even months of recovering. Sometimes it is even a lifetime of a chronic condition.

There have been some studies done on whether or not you can actually learn something helpful from these types of shows. The results aren't conclusive and are somewhat conflicting. As a healthcare worker who has engaged with folks whose understanding of the medical world is influenced by Hollywood, I am urging you to watch with skepticism. Enjoy the story and be entertained but make sure you keep your own symptoms in perspective. When you do go to the hospital let all the staff at the hospital serve you in their own specialty. Let your healthcare providers educate you on reality, including during emergent situations. Be realistic in your expectations for your own return to health.

Americans will likely continue to be fascinated with the fictional medical world and Hollywood will likely continue to create content that entertains but make sure you're getting your facts from the healthcare workers who help you in real life and not from the actors who play doctors on TV.

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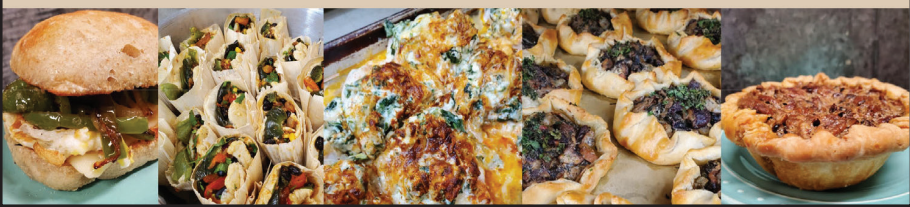
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Monday May 6th– orange chicken over rice, eggroll, fruit

Tuesday May 7th– Stuffed peppers, roll, fruit

Wednesday May 8th– Lemon pepper chicken, potatoes, veggie, dessert, fruit

Thursday May 9th– Tomato soup, grilled cheese, fruit In-house salad bar at 11:30am

Friday May 10th– Hot dogs on bun, baked beans, fries, fruit, dessert



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# ASPEN Revives Lunch and Learn Series

*Hannah Wilson, Foundress OH Hi Collective Talks Gender and More*


ASPEN recently held its annual *End the Silence* event at the Depot and now looks forward to meeting regularly, in person, with members of our community for its Lunch & Learn series. On Tuesday, May 14th, from noon until 1 pm in the community room at the city-county building, ASPEN invites the public to gather and enjoy free lunch and a talk with Hannah Wilson, PhD, LCPC-S, CST. Some Livingstonians may be familiar with Hannah from her previous work at Community Health Partners. Hannah founded OH Hi

Collective in Bozeman and is the owner of Prickly Peach Sex Therapy there. She is an AASECT Certified Sex Therapist and Sex and Relationship Educator. Hannah is a foremost expert on wide-ranging topics, and her approach, according to the OH Hi website,




aims to take shame and confusion out of what may be uncomfortable or unfamiliar conversations. Education and accurate information are part of the therapy and training available there and what ASPEN hopes to bring to the Lunch & Learn May 14th. The talk with Hannah may take

different directions with an engaged group, but the main topic will be facts about gender. The lunch is intended for those who want to expand their understanding and to be part of an open, inclusive conversation. In order to prepare lunch and the meeting space, ASPEN asks those interested in attending the Lunch & Learn to RSVP to [info@aspenmt.org](mailto:info@aspenmt.org) by Friday, May 10th. Questions and requests for more information may be sent to the same address.



### VOTER LEVY INFORMATION

ELECTION DATE:  
May 7, 2024



**WHAT IS A LEVY?**  
A local property tax passed by voters of a school district that generates revenue for the local school district.

**WHY DO WE ASK FOR LEVIES?**  
Current state funding does not provide for the growing needs of the district


**WHAT ARE WE ASKING FOR MAY 7TH?**  
Three levies: Elementary Building Reserve Levy, Elementary Technology Levy, and High School Technology Levy

**WHY ARE WE ASKING?**

- To provide our students with an upgraded secure learning environment
- Expand cybersecurity
- Replace outdated tech



Upgrade Security at Elementary Schools



Increase Cybersecurity across the district




Replace aging equipment

### ELEMENTARY TECHNOLOGY LEVY

Current elementary tech levy was set at a fixed amount and has not increased in 21 years

- Create and implement a sustainable replacement schedule for 1 to 1 student devices (grades K-8)
- Deploy upgraded device management software



### HIGH SCHOOL TECHNOLOGY LEVY


Current high school tech levy was set at a fixed amount and has not increased in 21 years

- Implement 1 to 1 student devices
- Upgrade Career and Technology Education (CTE) computer labs
- Upgrade wireless network
- Sustain software purchases
- Replace obsolete technology- average age of student and staff desktop computers is 12 years


### ELEMENTARY BUILDING RESERVE LEVY

This levy will not increase taxes as it is a renewal of the current levy expiring this year

- Addresses further facility and building maintenance needs throughout the elementary district
  - Replace aging windows, doors, & floors
  - Safety: Upgrade intercom & security systems



Scan here for more information regarding the levies



### COST

**ELEMENTARY TECHNOLOGY LEVY**




This displays the annual and monthly breakdown for the tax increases for the **Elementary District Technology Levy**. This levy will run for 10 years.

Impact on	\$100K Home	\$300K Home	\$600K Home
Annually	\$5.39	\$16.17	\$32.34
Monthly	\$0.45	\$1.35	\$2.70

**HIGH SCHOOL TECHNOLOGY LEVY**

This displays the annual and monthly breakdown for the tax increases for the **High School District Technology Levy**. This levy will run for 10 years.

Impact on	\$100K Home	\$300K Home	\$600K Home
Annually	\$3.63	\$10.89	\$21.78
Monthly	\$0.30	\$0.91	\$1.81





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Recipe by  
Carla Williams

## RECIPE CORNER

### Strawberry Cheesecake Dump Cake

#### Ingredients

42 ounces strawberry pie filling  
8 ounces cream cheese, softened  
¼ cup sour cream  
½ cup powdered sugar  
1 teaspoon vanilla extract  
15.25 ounces white cake mix. It is best to pick one that doesn't have pudding mix in it, check the label to be sure.  
1 cup salted butter, cold

#### Instructions

1. Preheat the oven to 350°F.
2. Spread the strawberry filling into the bottom of a 9×13-inch baking dish.
3. In a medium bowl, use a hand mixer to combine cream cheese, sour cream, powdered sugar, and vanilla extract until smooth and combined.
4. Drop spoonfuls of the cream cheese mixture over the strawberry filling.
5. Sprinkle the cake mix evenly over the first two layers.
6. Slice very thin pats of butter and spread over the entire top of the dry

cake mix. Cover as much of the cake mix as possible. Cold butter is much easier to slice and to maintain square pats for covering the top of the dump cake.

7. Bake for 40 minutes or until the topping is browned and the strawberry filling is bubbling around the edges.

8. Allow dump cake to rest for 15 minutes before serving it.

#### Side Note:

You may end up with a few dry cake mix spots on the top. This is normal and is just where the butter did not saturate into the cake mix. If you prefer, you can add additional pats of butter over the dry area. Check the dump cake after about 30 minutes to determine if the melted butter missed any areas. The dump cake is made correctly and tastes delicious even with some dry spots on the top. Do try to cover as much of the top as possible with butter. The pats of butter need to be VERY thin to cover the whole top of the cake.

# local food matters

by Mary Rosewood

Now is the ideal time to buy some special chocolates. Yes, Mother's Day is May 12th, but even if you don't celebrate that day, how about special chocolates for yourself?

The La Chatelaine Chocolat Co. store in Bozeman is the perfect place to find high-quality chocolates and other French treats. When you're there, ask about their charming afternoon tea or chocolat chaud (hot chocolate) and enjoy a peaceful moment wrapped in the scent of chocolate.

Wlady Grochowski and his wife, Shannon, owners of La Chatelaine, each have a long, love affair with French cooking.

Wlady described his grandmother's house in France as a place where chocolate was always flowing. "We had access to chocolate any time, and usually before dinner we could have a piece of chocolate. She baked chocolate cakes, and all summer we stayed with her and made jams and cooked other things."

When Wlady needed to make ends meet after he moved to Bozeman, he successfully sold desserts by word of mouth.

Shannon is self-taught. When she was about 10, she told her mother she wanted to bake a cake, so her mother bought a cake mix. But Shannon was determined to make it from scratch. Later, while she attended university in Bozeman, she sold tarts at the farmers market to help pay for school. Now she produces lovely French pastries at La Chatelaine.

In 2005, Wlady and Shannon met, and it was inevitable that they decided to make chocolates for a living and thus pursued specialized training in France and San Francisco.

As they worked out of rented kitchens in Bozeman, business picked up pace, beginning with a newspaper ad and their first wholesale order at Joe's Parkway Market. Soon they needed their own space, then outgrew that, and in 2013, they settled into their current shop on Rouse Avenue.

They wanted a French name for their business, "something elegant," Wlady said, "so we came up with Chatelaine, which means the lady of the castle. We thought it would be a good representation of our French-inspired chocolates."

This vision of La Chatelaine is evident when you see the chocolates lined up. "They are of many shapes, sizes, and colors because we wanted to create an elegant box with chocolates that look like jewels."



Wlady and Shannon Grochowski.

Wlady loves his job. "Working with chocolate is extremely rewarding. It's very temperamental, you cannot rush the process. You need to put it at the right temperature to work with it. If it's too hot, it doesn't work, if it's too cold, it doesn't work, because there's a chemical reaction that happens during tempering. It keeps you on your toes. There's always something happening with chocolate."

For Wlady, working in a successful chocolate business means he can see his

family in France around retreats he and Shannon run. He also enjoys sharing his knowledge of chocolate at a workshop during each retreat.

"We teach how to do a ganache and how to do chocolates at home, by hand. That's how we started, that's how we learned. We made everything by hand."

Each French countryside retreat in Burgundy is limited to six people so that a



Jewel-like chocolates will delight.

personal experience is assured.

"We don't tell too much to our clients because we want them to be surprised," Wlady explained. But he did say each person is picked up at the train "because we don't want them to worry about anything during the five days they are with us."

During those five days, you'll stay in an 11th-century abbey, visit a farmers market, taste wine, and see places only the local French residents know about.

In addition, Wlady and Shannon will teach you how to make chocolates and French pastries so you'll be able to recreate a bit of France in your own home kitchen.

The La Chatelaine shop is delightful, but you can also order online at [chatelainechocolate.com](http://chatelainechocolate.com). My experience has been fast delivery.

For information about the French retreat, go to [frenchcountrysidecompanion.com](http://frenchcountrysidecompanion.com).

If you have any questions, email [wlady@chatelainechocolate.com](mailto:wlady@chatelainechocolate.com).

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# Looking Back

## Hearing the Lyrics Wrong?

How many of us have heard a song and even sung along but got the lyrics wrong? Take for instance, Jose Feliciano's famous Spanish-language Christmas song, "There's flees on my dog..."

I remember, as a young girl, singing Christmas songs in church and not understanding why Joseph's name changed to "Round John Virgin." You know, we are looking at the nativity scene while singing, "Round John Virgin, mother and child." Then there's Elton John's, "Hold me closer, Tony Danza," or how about Credence Clearwater Revival's "There's a bathroom on the right," and Bob Dylan's "Knock, knock,

knockin' on Kevin's door." "Give me summer lovin'" by the Spencer Davis Group is another song I misunderstood for years.

And then, probably the most misunderstood lyric of all time (and borderline inappropriate), from 1973, which made absolutely no sense, but this is what we thought we heard: "Blinded by the light, wrapped up like a douche, another runner in the night," by Manfred Mann's Earth Band.

What are some misunderstood lyrics that you have sung that come to mind? Can you think of any?

with *Lindie*

# County Commission Candidates Forum

Park County American Association of University Women (AAUW) is sponsoring a County Commission Candidates Forum Monday, May 13, 2024 from 6:30 to 8 pm in the Community Room of the City-County Building (414 East Callender St.) The five District #3 candidates have been invited to participate. The public will have the opportunity to ask questions. The two District #2 candidates will proceed to the general election ballot in November and have been invited to sit in the May Forum audience. Also invited to sit in the audience are the uncontested candidates for Clerk of District Court and County Auditor.

## Award

from page 1

Ace Hardware and its associates for their outstanding achievements."

We are thrilled to once again achieve the status of a Pinnacle Performance Retailing store," said Matt Dowdell, owner of Livingston's Ace. "It's always rewarding to receive acknowledgment for our dedication. Our team always strives to exceed expectations, provide exceptional customer service and spread kindness in our community. The success we enjoy is largely due to our loyal customers and the incredible community of Livingston. We feel privileged to serve such a wonderful community!"

Helpful" retail training curriculum. To become certified, Ace Hardware associates complete courses such as *Helpful 101* and *201* and the store conducts a week-long team-based certification event.

"Achieving Pinnacle Performance Retailing is a tremendous accomplishment," said John Kittell, Vice President, Retail Operations and New Business, Ace Hardware Corporation. "We're pleased to recognize Livingston's



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**May 17<sup>th</sup>-18<sup>th</sup> (Fri-Sat)** **THE FOSSILS** *Authentic Hippie Band*

**May 24<sup>th</sup>-25<sup>th</sup> (Fri-Sat)** **BAD NEIGHBOR** *Acoustic Porch Pickin*

**May 26<sup>th</sup> (Sun)** **BRIAN KASSAY** *Solo Musical Madman! Music 7-10*

**May 31<sup>st</sup>-June 1<sup>st</sup> (Fri-Sat)** **UNDER THE BLEACHERS** *Classic Rock*

**June 2<sup>nd</sup> (Sun)** **POLLY O'KEARY & RHYTHM METHOD** *Blues Music 8-11*

**June 7<sup>th</sup>-June 8<sup>th</sup> (Fri-Sat)** **BLACKWATER BAND** *Rock & Roll*

**June 14<sup>th</sup>-June 15<sup>th</sup> (Fri-Sat)** **JUSTIN CASE BAND** *Rock & Roll*

**June 21<sup>st</sup>-June 22<sup>nd</sup> (Fri-Sat)** **ASHBURY** *Grateful Dead Cover Band*

**June 28<sup>th</sup>-June 29<sup>th</sup> (Fri-Sat)** **FLAVATOWN** *Funk, Pop, Groove*



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# Poetry Spotlight

## Benches


Written by: Robert Nehls

Benches beckon those, that shuffle softly through the ruins,  
of decisions they have made.  
Sitting in the silence, in the fog of their regrets and grief,  
that never seems to fade.  
The sun is shining brightly, on the benches in the park,  
it glistens through their fallen tears.  
As they sit among the ashes, of the solitude and thoughts,  
of all their wasted years.

Now there's one among them, with her smile and her stories,  
that can lift a troubled soul.  
Picking up the pieces, of their broken dreams and lives,  
as she tries to make them whole.  
She's an angel sent from heaven, with music in her voice,  
that seems to sing their song.  
The broken souls on benches, that were silent in their sorrow,  
gather strength to sing along.

For an instant they can feel, the happiness and joy,  
that long ago gave reason to go on.  
With tears that once were full of fear, now falling with the  
hope and dreams, of a bright new dawn.  
The angel's wings enfold them, as they feel the love of God,  
that can guide a shattered soul.  
Moving slowly from the emptiness, they rise up from the  
benches, with the faith that they'll be whole.

Now the benches sit in idleness, with great anticipation,  
of the lonely broken hearts.  
Beckoning the shattered souls, that somehow drift to benches,  
and the love that God imparts.  
And the benches that were empty, now are filled with heaven's  
music, as the angel sings their song.  
While the never ending circle, of the silent souls in sorrow,  
gather strength to sing along.





# Endangered Species and the American West Lecture with Dan Flores

The Yellowstone Gateway Foundation & Museum are pleased to announce a free lecture and book signing by award-winning author Dan Flores on May 16, 2024 at 7 pm at The Shane Center. The lecture, "Endangered Species and the American West" reflects Flores' latest book *Wild New World: The Epic Story of Animals and People in America*, winner of the 2023 Rachel Carson Environment Book and 2023 Phi Beta Kappa Society Ralph Waldo Emerson Award. This lecture is the first in a series of lecture events planned for the next year titled: The Epic Story of Humans, Wildlife and Landforms in Park County: A Guide for Stewardship of our Ecosystem.

Dan Flores. PhD, is the Hammond Professor Emeritus of the History of the American West at the University of Montana, Missoula. He is the noted author of *Coyote America, a Natural*

& *Supernatural History* and *American Serengeti: The Last Big Animals of the Great Plains*. Dr. Flores was a significant contributor to the recent Ken Burns documentary on PBS: *American Buffalo*. He addresses the history of human and wildlife interactions in America and the potential for a more responsible stewardship of our ecosystem.

This free public lecture is presented by The Yellowstone Gateway Museum & Foundation in association with Elk River Books & Lectures, The Park County Community Foundation, The Park County Environmental Council, Sal and Carol Lalani, Yellowstone Forever, and The Tom Miner Association. Please join us for a fascinating lecture. Visit [www.parkcounty.org/Yellowstone-Gateway-Museum](http://www.parkcounty.org/Yellowstone-Gateway-Museum), Facebook or Instagram for updates. Call 406-222-4184 for details.

## Opportunity Bank Partners with FHLB to Award \$40K in Grants to Organizations Supporting Affordable Housing in Montana

Opportunity Bank of Montana, a member of the Federal Home Loan Bank of Des Moines (FHLB Des Moines), is pleased to announce the award of \$40,000 in grants to four Montana nonprofit organizations. Each nonprofit will receive \$10,000 to support initiatives in community development and affordable housing.

The funding was part of a matching program with FHLB Des Moines. For every dollar provided by Opportunity Bank, FHLB Des Moines provided additional support, maximizing the impact of the grants. These grants are part of a larger effort by FHLB Des Moines to return a portion of their income to the community, with the aim of supporting housing and local development initiatives across its district, which includes 13 states and three U.S. Pacific territories. Numerous organizations across this district have benefitted from these efforts. The recipient nonprofits are leaders in addressing crucial community needs, including affordable housing, economic development and community improvement. Over the next few weeks, grants will be formally presented at a series of upcoming events as funds are distributed.

"We truly appreciate FHLB Des Moines

and the Member Impact Fund. This partnership enables our contributions to stretch further, enhancing our support for our communities," said Laura Clark, President and CEO of Opportunity Bank. "Montana thrives on the strength of its communities. As a Montana-born community bank, we believe that quality, affordable homeownership is crucial for healthy communities. Through this partnership, we are continuing our mission of contributing to strong futures for Montanans."

Organizations receiving grants to support affordable housing or community development needs in Montana include:

- Gallatin Housing Impact Fund – NeighborWorks Montana - \$10,000
- Homewood - \$10,000
- NeighborWorks Great Falls - \$10,000
- Human Resource Development Council of District IX Inc. (HRDC) - \$10,000

"We are thrilled to see grants from our Member Impact Fund having a direct, positive impact on the communities in which our members help advance affordable housing and community development needs in a meaningful way," said Kris Williams, President and CEO of FHLB Des Moines, in a release.

*Fine Art Portraits & Illustrations*

by *Joyce Eley Johnson*

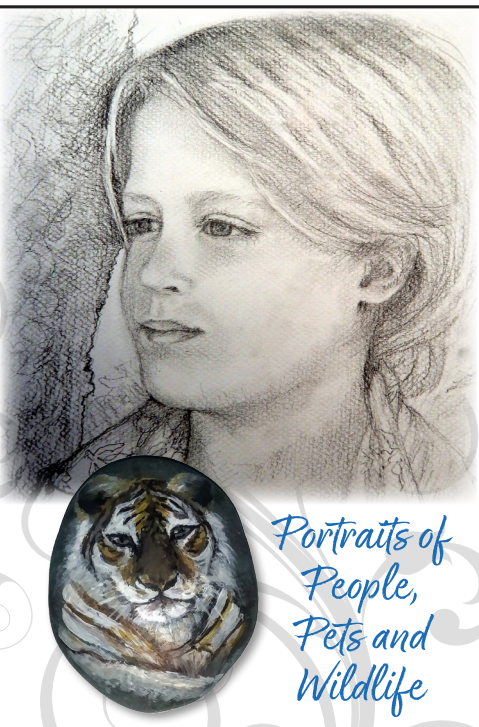
You can text or email pictures, or book a private sitting.

PARADISE VALLEY MONTANA

406.224.0192

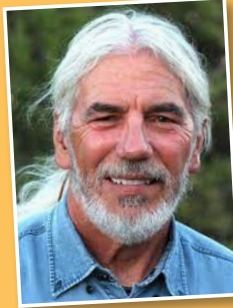
2jaysplace@gmail.com

*Portraits of People, Pets and Wildlife*



*Speaker Series*

The Epic Story of Humans, Wildlife and Landforms in Park County: A Guide for Stewardship of Our Ecosystem



Dan Flores

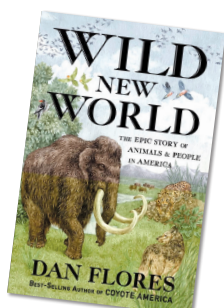
May 16, 2024 • 7 pm

The Shane Center

Join the Yellowstone Gateway Foundation and Museum for a FREE Lecture by award winning author Dan Flores

Endangered Species and the American West based on Flores latest book *Wild New World: The Epic Story of Animals and People in America*.

This lecture is presented in association with Elk River Arts & Lectures, The Park County Community Foundation, The Park County Environmental Council, Carol and Sal Lalani, Yellowstone Forever and The Tom Miner Basin Association.



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Member FDIC

2024 CANDIDATE FORUM

Growth & development?  
Roads & bridges?  
Public health & safety?

Do you know where the candidates stand on these topics?  
Join us and find out.

Thursday, May 16, 2024  
6:00-7:30 pm  
Community Center, Gardiner



The Montana State University Extension Service is an ADA/EO/AA/Veteran's Preference Employer and Provider of Educational Outreach.



*To check out more materials from Scott, go to his website SlamDunkSuccess.com. You can email Scott at [scott@slamdunksuccess.com](mailto:scott@slamdunksuccess.com).*



Crossword Puzzle Number 329

1	2	3	4		5	6	7	8			9	10	11	12
13					14					15				
16				17						18				
19							20		21					
			22			23			24					
25	26	27				28	29	30				31	32	33
34					35							36		
37				38								39		
40				41							42			
43				44						45				
		46	47					48	49					
50	51					52	53		54			55	56	57
58						59		60						
61						62					63			
64						65					66			

- Across
- 1 The Beehive State

5 PIN points?

9 Bring aboard

13 Beget

14 Entreaty

15 Nonchalantly unconcerned

16 Bewitches

18 American Idol winner --- Studdard

19 Block

20 Conjectures

22 --- Dalgleish, P.D. James protagonist

24 Pole

25 Biological duplicate

28 Shun

31 “A very high price to pay for maturity” (Tom Stoppard)

34 Acquire through merit

35 Bank link

36 Strain

37 Tote

38 Speaking point?

39 Little devil

40 Pitcher’s stat.

41 Requested in exchange for a kingdom (Shakespeare)

42 Locale of the Viminal Hill

43 Prohibition

44 Colombian cash

45 Artificial waterway

46 Matinee favorite

48 “Chop-chop!”

50 Magic

54 Pickle

58 Chemically inactive

59 Obsolete
- 61 Rocky debris at the base of a hill

62 Fail to mention

63 Bean capital of S America?

64 Decline to bid

65 Charts

66 Everyone, down South
- Down
- 1 Employs

2 Hue

3 Heavy ordnance, briefly

4 Author --- Hesse

5 Sleeping problem

6 Careful attention

7 Encounter

8 Obi, for example

9 Insulting remarks

10 Crookedly obtain Thai dwelling

11 Now it makes sense!

12 Pigs’ digs?

15 Diversify

17 Trusted assistant

21 Homeland leaver

23 Imelda ---, who had a shoe surfeit

25 Tabloid target

26 Spanish saint martyred in boiling pitch

27 Arrangers

29 Synthetic meat can be created in this

30 The Pearl of the Black Sea

32 Third letter of the Greek alphabet

33 Eject

35 Gazed upon

38 The door in Dordogne, or in Texas

42 With celerity

45 Found behind the shin

47 Ventures

49 Lends

50 Small tuft

51 Machu Picchu builder

52 Chamber

53 Where the 3:10 went

55 Mother of Uranus

56 Web code

57 Small dabbling duck

60 Apex

Crossword Puzzle Number 328 Solutions

1	R	O	A	M		5	N	I	L	E		9	M	A	Z	D	A		
14	A	S	T	O		15	E	V	I	L		16	C	L	U	E	S		
17	I	C	O	N		18	E	O	N	S		19	A	T	L	A	S		
20	S	A	N	A		21	N	D	R	E	A	22	S	F	A	U	L	T	
23	E	R	E		24	A	N	Y				25	P	E	R				
			26	P	L	O	T		28	F	O	R	E	S	30	T	R	Y	
			33	P	O	E	M		34	P	A	G	E		35	H	O	E	
36	C	R	I	M	I	37	N	A	L	R	E	38	C	O	R	D	S		
40	S	O	N			41	O	L	D	E		42	I	R	I	S			
43	I	S	T	44	H	A	T	S	O		46	A	S	I	F				
				47	E	M	U			48	A	F	C		49	T	E	N	
52	S	53	U	54	R	R	E	P	55	T	I	T	I	O	57	U	S	L	Y
58	O	N	I	O	N			59	H	O	W	E		60	P	H	I	L	
61	L	I	P	I	D			62	E	T	A	L		63	T	O	T	O	
64	E	X	E	C	S			65	Y	A	R	D		66	O	P	E	N	

A	P	A	R	T	Y	B	B	Q	Y	P
Y	G	R	E	L	L	A	W	N	L	S
M	H	N	D	D	A	I	S	Y	U	A
I	T	N	R	V	Z	R	G	I	J	W
W	A	L	K	E	Y	A	N	H	L	H
S	H	U	M	I	D	I	X	F	T	T
F	C	O	E	O	K	N	A	G	N	K
A	N	N	T	I	Y	I	U	A	K	H
N	U	S	B	T	R	S	T	H	I	E
J	P	E	D	A	H	S	A	K	T	A
B	O	A	T	P	Q	E	E	E	E	T

- Allergy
- Hot
- Rain
- Ant
- Humid
- Sand
- BBQ
- July
- Sea
- Bikini
- June
- Shade
- Boat
- Kite
- Sun
- Daisy
- Lawn
- Swim
- Easy
- Lazy
- Tan
- Fair
- Light
- Tent
- Fan
- Party
- Thunder
- Heat
- Patio
- Walk
- Hike
- Punch
- Wasp

T	E	E	E	P	O	E	B	O	A	T	P	Q	E	E	E	T
A	V	A	K	T	S	H	A	D	A	S	H	A	D	A	S	H
E	H	I	E	R	S	T	B	S	N	U	S	N	U	S	N	U
H	A	K	I	Y	I	U	A	K	H	A	N	N	T	I	Y	I
K	N	G	N	K	O	E	K	N	A	G	N	K	O	E	K	N
T	F	T	T	D	I	X	F	T	T	D	I	X	F	T	T	D
H	T	H	L	A	N	H	L	A	N	H	L	A	N	H	L	A
W	J	U	A	S	Y	I	U	A	K	H	A	N	N	T	I	Y
S	L	S	L	A	W	N	L	A	W	N	L	A	W	N	L	A
P	Y	Q	B	O	Y	A	P	A	R	T	Y	B	B	Q	Y	P

Sudoku Puzzle Number 328

					8	2		3
	5	2					8	
7							4	
	9				3			
2				7		6		
		6			9			1
		4						
	3			8		9	2	
			7	6				

We here at PCCJ love bringing you this outlet where our community can share their ideas, thoughts and events to everyone in Park County.

Our main goal is to keep this paper, and the website access, FREE to everyone!

Our generous advertisers are the main reason we can keep this going, so please, visit them and tell them Thank You!

We are also asking if you feel this publication has real value to you, and it is not a hardship, to consider signing up for a monthly donation...we sure would appreciate all the help we can get to keep this publication free and available to everyone!

You can make donations online at [www.pccjournal.com](http://www.pccjournal.com) - Thank you!

Sudoku Puzzle Answers 327

1	2	3	6	9	4	7	5	8
4	7	9	5	2	8	6	1	3
5	6	8	7	3	1	2	9	4
9	1	5	8	6	3	4	7	2
3	4	2	9	1	7	5	8	6
7	8	6	2	4	5	1	3	9
8	3	1	4	5	2	9	6	7
2	9	7	1	8	6	3	4	5
6	5	4	3	7	9	8	2	1



# Classifieds

**FOR SALE**  
2018 Keystone Hideout, 242LHS, one owner, new tires, only used a couple times a year. Complete with generator, air conditioning, outdoor kitchen, awning and fully loaded! \$15,900 Call Greg for more information at 336-337-4542.

**FREE**  
5 Nigerian Dwarf Goats - 3 weathers with horns, 1 doe without horns, 1 buck. Also, 1 pig named Petunia who loves to play ball, is very friendly and could be housebroken! Must go to a good home. Call Greg at 336-337-4542 for more information.

**HELP WANTED**  
Key Insurance in Livingston is looking to hire a **Licensed Insurance Agent** to our team. We are dedicated to providing individuals, families, businesses and their employees with the very best in supplemental benefits. Working hand-in-hand with our customers, our dedicated sales force provides personal face-to-face service that is almost unheard of in today's business world. We are committed to providing our clients with the right protection, customized to their needs. We offer \$55K to start depending on qualifications. Please contact Alice at 406-222-0944 to schedule an interview or email resume to [alice@montanainsurance.net](mailto:alice@montanainsurance.net).

**Now Hiring at The Office!**  
Part-time retail sales position available at The Office, 128 South Main Street. E-mail resume to [info@officeloungeandliquor.com](mailto:info@officeloungeandliquor.com), go online to our website, or stop by for an application today!

**Experienced Auto Body Technician**  
Come work for a business where you are not just a number, but a team member. If you are an experienced auto body technician with a wide range of skills, we'd like to talk to you. Our technicians perform welding, framework, sheet metal straightening, aluminum repair and light mechanical to suspension replacement. The position requires directions from estimates and work orders to be completed perfectly. Must supply own tools and toolbox, a valid drivers license and have reliable attendance. Must be able to spend time on your feet and able to lift to 50 pounds. Equal opportunity employer. Pay is hourly and performance-based. Paid holidays, 5 paid personal days, 401K & Health Insurance after 1 year or probationary has been met. Schedule is Monday through Thursday 7 am to 6 pm. Apply by stopping in the shop, 908 East Park Street, Livingston, calling 406-222-0214 or email: [bob@oconnorautobody.com](mailto:bob@oconnorautobody.com). O'Conner's Auto Body is a busy shop, and has been making the community's

autos look like new for over 50 years.

**Loaves & Fishes Soup Kitchen**  
is looking for kitchen volunteers. If you would like to join a team to cook, serve, and/or clean up, please call the kitchen. You can sign up individually or as a group with a few of your friends to make it more fun! Call and ask for Rosa, 406-222-4824.

**911 Communications Officer**  
The City of Livingston, Montana is seeking a highly motivated individual to perform role of 911 Communications Officer in the Livingston Police Department. Please apply at [www.livingstonmontana.org/jobs](http://www.livingstonmontana.org/jobs).

**Heavy Equipment Operator**  
The City of Livingston, Montana is seeking a highly motivated individual to perform the role of Heavy Equipment Operator within the Public Works Department. This is a full-time role in Public Works with primary duty assignment in Water/Sewer. Heavy Equipment Operators perform a variety of duties involved in the installation and repair of City infrastructure. This position performs highly skilled operations near gas, water, sewer, telecommunications infrastructure and also performs work in the public right of way. This position is a vital position working in consultation with the Superintendent and other public works staff and leadership. Please apply at <https://www.livingstonmontana.org/hr/page/heavy-equipment-operator>.

**Public Works – Streets and Parks – Spring and Summer 2024 – Seasonal, Temporary.** The City of Livingston, Montana is seeking multiple 2024 spring and summer seasonal employees to work in the Public Works department supporting tasks in the Parks Department (including Cemetery) and the Streets Department.  
• Parks and Cemetery assists with performing maintenance on the City parks, mowing, weed removal, and minor repairs to playground repairs, pool maintenance, trails, and trees.  
• Streets assists with street sweeping, pot hole patching, painting, chip sealing, and other street activities including alleys. Please apply at <https://www.livingstonmontana.org/jobs>.

**Police Patrol Officer** - Is a rewarding career in law enforcement your dream? Do you appreciate a fantastic team of coworkers, market competitive pay and benefits, job security, and a traditional retirement pension? Do you want to get away from the problems plaguing bigger communities and enjoy true community policing? If you answered YES to these questions - Livingston Police Department in beautiful South-Central Montana could be your next career adventure! Please apply at <https://www.livingstonmontana.org/jobs>.

**Lifeguards and Swim Instructors**  
- Summer is almost here and the City of Livingston is now recruiting summer seasonal Swim Instructors and Lifeguards. We are looking for candidates who enjoy interacting with youth and who can commit to working the entire season starting in late May/early June 2024 with an end date of August 2024. This position will report to the Pool Manager and the Recreation Director. Qualifications, Knowledge, Skills, and Abilities:  
• Lifeguard, CPR, First Aid, and AED certified or become certified upon hire.  
• Aquatics/Lifeguarding experience is desired, but not required.  
• Ability to effectively and clearly communicate verbally and in writing.  
• Ability to work independently, solve complex problems, and troubleshoot concerns while maintain positive relationships with employees and patrons. Please apply at <https://www.livingstonmontana.org/jobs>.

The **Gardiner School** has openings for the following coaches for the 2024-2025 school year: Head junior high volleyball & Head junior high football. The coach's responsibilities include developing practice plans and leading practices, providing motivation and advice during competitions, and fostering good mentorship with the Bruin athletes and staff. Outstanding candidates are highly motivated, committed, disciplined, and patient. Please send a letter of interest to Carmen Harbach at [Carmen@gardiner.org](mailto:Carmen@gardiner.org) or call the Gardiner school 406-848-7563.

**Gardiner Public School** is desperately seeking applicants who possess or are willing to obtain a Class B CDL license w/passenger endorsement and air brakes endorsement. Anyone interested, please contact Patricia Baltzley, Board Chair, [baltzleyp@gardiner.org](mailto:baltzleyp@gardiner.org) or call the school @ 406-848-7563.

**Angel Line Relief Bus Driver** - This relief driver role is available for the Angel Line Transit department at Park County. Our Angel Line services provide prescheduled door-to-door transportation to Park County residents aged 60 and over and disabled individuals. This position safely and efficiently operates the bus while providing excellent, friendly service to the riders. The relief driver is scheduled only occasionally with limited and varied hours to provide coverage for the full-time driver in the event of scheduled or unscheduled absences. This role will be open until filled with preference given to applications received by May 7, 2024. <https://jobs.parkcounty.org/>.

**Detention Officer** - Are You Trustworthy, Self-Motivated and Community Minded? The Park County Sheriff's Office is looking for one new full-time team member interested in a career in a law enforcement capacity with our Detention Center in service to Park County residents and visitors. Open until filled. For more information and to apply online go to: [https://jobs.parkcounty.org/jobs/37/Detention-Officer#job\\_37](https://jobs.parkcounty.org/jobs/37/Detention-Officer#job_37).

**Sheriff Deputy** - Are You Trustworthy, Self-Motivated and Community Minded? The Park County Sheriff's Office is looking for one new full-time team member interested in a career in a law enforcement capacity in service to Park County residents and visitors. To apply go online to: [https://jobs.parkcounty.org/jobs/7/Sheriff-Deputy-JOB-10301019-open-until-filled#job\\_7](https://jobs.parkcounty.org/jobs/7/Sheriff-Deputy-JOB-10301019-open-until-filled#job_7).

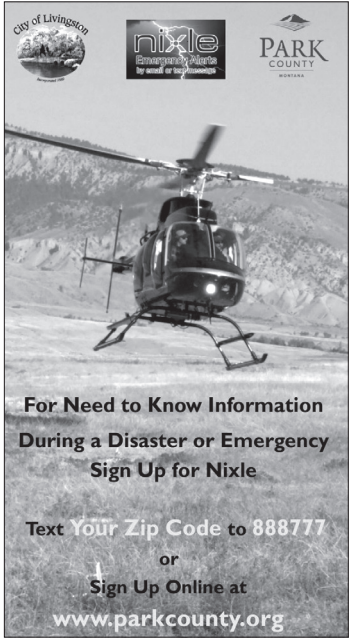
**Green Box Caretaker, Chico/Trail Creek** - Are you passionate about environmental stewardship and community service? Join our team as a Green Box Caretaker in the Public Works Department's Refuse Division. In this role, you'll play a vital part in maintaining cleanliness and orderliness at Green Box sites, ensuring proper refuse handling, and providing excellent customer service to citizens. With opportunities to operate equipment like excavators and engage with the public, this position offers a fulfilling way to make a positive impact on Park County's environmental sustainability efforts. Apply now to become an essential member of our dedicated team! This position will be open until filled with priority given to applications received by April 4, 2024. To apply go online to: <https://jobs.parkcounty.org/jobs>

**Public Health Nurse/Prevention Specialist** - Join the dynamic team at Park County Health Department as a Public Health Nurse/Prevention Specialist! With flexible part-time or full-time options available, this multifaceted role offers a diverse range of responsibilities tailored to meet the ever-changing needs of our community. From organizing and conducting immunization clinics to coordinating chronic disease prevention programs and conducting home visits for maternal and child health, this position provides an opportunity to make a real difference in public health. Enjoy the chance to work with diverse populations, and the satisfaction of contributing to innovative approaches aimed at improving community health outcomes. Apply now to be part of this vital public health initiative! This

position will be open until filled with preference for applications received by April 10, 2024. <https://jobs.parkcounty.org/>

**Deputy County Attorney** - Join our team at the Park County Attorney's Office as a Deputy County Attorney, where you'll play a vital role in prosecuting criminal offenses and providing legal counsel to County government, including all agencies and boards. This is part-time position, equivalent to 0.6 FTE or 24 hours per week. As a Deputy County Attorney, you'll handle a diverse range of responsibilities including legal research, drafting pleadings, conducting investigations, presenting to a court or jury, participating in mediations and settlement conferences, and oral argument. If you're a skilled attorney with a passion for public service and making a difference in your community, apply now! The job will be open until filled with preference for applications received by April 23, 2024. <https://jobs.parkcounty.org/>

**Registered Sanitarian**  
Become a vital part of the Park County Health Department Team as a Registered Sanitarian! Under the guidance of the Health Department Director, you'll play a crucial role in safeguarding public health and the environment. From conducting compliance inspections to responding to emergencies, we're looking for someone who can apply their expertise in regulatory oversight and meticulous attention to detail. If you're a Montana Registered Sanitarian with a passion for environmental protection and public health, apply now to make a difference in your community! This position will be open until filled. <https://jobs.parkcounty.org/>.



**For Need to Know Information During a Disaster or Emergency Sign Up for Nixle**

Text Your Zip Code to 888777 or Sign Up Online at [www.parkcounty.org](http://www.parkcounty.org)

## How to place your Classified Ad!



We have three classified ad packages to choose from, your ad will be displayed for 7 days, will also be added to the Park County Community Journal website AND the Park County Dugout website.

1-40 words \$10 • 41-50 words \$12 • 51-70 words \$15

To place your ad go online at [www.pccjournal.com](http://www.pccjournal.com) or email [community@pccjournal.com](mailto:community@pccjournal.com) and someone will call you back for payment.

If you need more space, please call Steph at 406-220-0919 or email Steph at [community@pccjournal.com](mailto:community@pccjournal.com) for more information on placing a larger classified ad.





# Landmark REAL ESTATE

Your Local Real Estate Market Experts

## FEATURED LISTINGS

ERALivingston.com | 406.222.8700



**907 Meriwether Drive E**  
5 beds 3 baths | 2,800 sq ft  
#391568 | \$685,000  
Tom Gierhan | 406-220-4340



**517 North M Street**  
2 beds 1 bath | 2,025 sq ft  
#390865 | \$325,000  
Gillian Swanson | 406-220-4340



**1296 US Highway 10 W**  
Commercial Sale | 10,160 sq ft  
#381239 | \$2,500,000  
Ernie Meador | 406-220-0231



**90 Paradise Found Drive**  
Land Listing | 10+ acres  
#389634 | \$435,000  
Theresa Coleman | 406-220-0159



**101 Hannaford Street N**  
1 bed 1 bath | 570 sq ft  
#389276 | \$220,000  
Tammy Berendts | 406-220-0159



**TBD Grandview Boulevard**  
Land Listing | 0.16 acres  
#390559 | \$120,000  
Jon Ellen Snyder | 406-223-8700



**49 Two Dot Highway**  
2 beds 1 bath | 1,160 sq ft  
#389858 | \$350,000  
Rachel Moore | 406-794-4971



**48 O'Halloran Road**  
2 beds 3 baths | 2,112 sq ft |  
#386989 | \$860,000  
Julie Kennedy | 406-223-7753



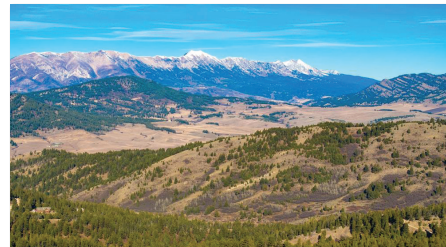
**118 N Main Street**  
Commercial Sale | 6,250 sq ft  
#388767 | \$1,500,000  
Jon Ellen Snyder | 406-223-8700



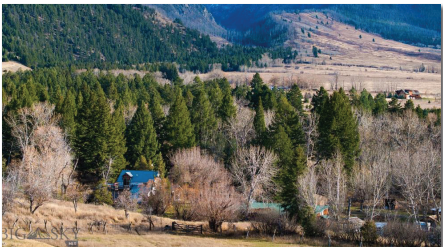
**858 Flanders Creek Ave**  
4 beds 2 baths | 1,576 sq ft  
#391110 | \$689,000  
Gillian Swanson | 406-220-4340



**12 Lovers Lane, Absarokee**  
3 beds 3 baths | 2,800 sq ft  
#390978 | \$865,000  
Jessie Sarrazin | 406-223-5881



**7 Clear Springs Road**  
Land Listing | 22.3 acres  
#388239 | \$599,000  
Julie Kennedy | 406-223-7753



**89 Deep Creek Road**  
3 beds 2 baths | 1,771 sq ft  
#388136 | \$3,195,000  
Amanda Murphy | 406-220-4848



**320 South C Street**  
1 bed 1 bath | 440 sq ft  
#385422 | \$320,000  
Ernie Meador | 406-220-0231



**416 N 3rd Street**  
4 beds 2 baths | 2,074 sq ft  
#390051 | \$619,000  
Deb Kelly | 406-220-0801



**303 1st Street E**  
3 beds 2.5 baths | 1,888 sq ft  
#390264 | \$695,000  
Tammy Berendts | 406-220-0159

## Meet the Team...

Julie has lived in this area since 1977, which has been a key factor in developing a solid network of professional affiliates to help each real estate transaction go as smoothly as possible. A full-time REALTOR since 2006, she has spent countless hours working with both buyers and sellers guiding them to turn their goals into reality. The majority of her clients come on a referral

basis from past clients—meaning people are happy with the results accomplished.

Julie's favorite place is no doubt on top of her horse with a wide open Montana view. And yes, she will pick up her calls from there! Her children tell her that she equates the success of each day

### Julie Kennedy

Broker, GRI

406-223-7753

[julie@eralivingston.com](mailto:julie@eralivingston.com)

by how much time she was able to spend outdoors.

Julie is currently a member of the Park County Cooperative Weed Management Team and the Montana Fish, Wildlife and Parks' Citizen's Advisory Committee.



"Julie is absolutely wonderful to work with! She is an amazing human and a fantastic Realtor!" – Kelli Lee

# REALTORS® in Livingston, Bozeman, Big Sky & Ennis

ERA Landmark Real Estate | [eralivingston.com](http://eralivingston.com)  
406.222.8700 | 215 S. Main Street | Livingston, MT

Robyn Erlenbush CRB Broker Owner | Each office independently owned & operated.





# Spring into Summer Customer Appreciation SALE



SPIN THE WHEEL FOR  
ADDITIONAL DISCOUNTS ON  
SALE ITEMS OFF THE RACKS

**MAY 18TH 8AM-6PM**

**SMOKIN' MOE'S BBQ**  
**11-2 OR UNTIL GONE**



Excludes Guns, Ammo, and Optics



Spend \$50 or MORE to  
keep the Pail



## SALE

**RAFFLES, SCAVENGER  
HUNT & PRIZES**



# HUGE WINTER CLEARANCE SALES

## AND LOTS OF INVENTORY PRICED TO SELL

**ALL SALES OF SELECTED  
FISHING GEAR WILL  
BE DONATED TO  
VETERAN HEALING**



## VETCores



**CAMPCARES**  
THE EDGE OF HEALING  
PARADISE VALLEY, MT

**10% OFF**  
**Selected Guns**

**HUNTCHIEF**

**DEMO ON-SITE**

**10% OFF**  
**Ammo & Optics**