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Week of September 29, 2024

9th Annual TRUNK OR TREAT 2024 Hosted by Livingston Recreation Department

By: Suzie Butterfield

On Saturday, October 26th from 1-4 pm, the Livingston Recreation Department is hosting its Halloween Event for community families. The event will feature activities designed for youth of all ages.



Jenny Blades of Blade Fitness Bootcamp challenged kids to lift dumbbells during last year's Indoor Trunk or Treat at the Livingston Last vear's Indoor Trunk or Treat was a huge success, so we are doing it again!

Livingston Recreation will coordinate the event and provide music and entertainment! This event will be open to the public, and entry will be low-cost, but we need your help to make this event a success again this year.

Would you/your organization like to interact directly with the local community in a fun, family-friendly environment?

We welcome the promotion of your organization to the community and in exchange we request that you PROVIDE & STAFF A "TRUNK" or "BOOTH."

We are seeking families, businesses, and organizations to sign up to host a trunk and provide candy for trick-or-treaters.

Decorating your indoor trunk/booth will add to the fun (however, decorating is not required). Please pre-register your booth so we can plan the spacing.

You can participate in two ways:

• Indoor Trunk Host—This is an opportunity to promote your business and be actively involved. Businesses are encouraged to host an indoor "trunk" as children trick or treat from trunk to trunk.



• Carnival Booth - Active involvement opportunity for nonprofit groups to host carnival games for attendees while sharing information about their organization.

Last year's Halloween event was a huge success, with over 1,300 people in attendance. This event provides an opportunity for increased business exposure, and we would love for you to take part in it. These events cannot take place without the support of our community!

Setup and decorating for the trunks

and booths begin at 11 am on Saturday, October 26th. The booths and trunks must be ready by 12:50 pm and must remain until the Trunk-Or-Treat ends at 4 pm.

Please contact the Livingston Recreation Department at 406-223-2233 or Suzie at sbutterfield@livingstonmontana org to confirm your participation or if you have any additional questions.

In order to best coordinate this event, we ask that local organizations and businesses respond via email by Wednesday, October 16th.

Join us at the Civic Center, 245 River Drive, Livingston.

MAGDA Announces Keynote Lecture by Susan Magsamen Award-Winning Co-Author of "YOUR BRAIN ON ART"

The Montana Art Gallery Directors **Association** (MAGDA) is thrilled to announce Susan Magsamen as the keynote speaker during MAGDA's 2024 Conference.

Susan will present a virtual lecture titled Amplifying Potential to member participants on Thursday, October 3rd, at Chico Hot Springs in Pray, MT.

Susan Magsamen is the founder and

executive director of the International Arts + Mind Lab (IAM Lab), Center for Applied

Neuroaesthetics, a pioneering initiative at the Pedersen Brain Science Institute at Johns Hopkins University School of Medicine. In addition to her role at IAM Lab, she is an assistant professor of neurology at Johns Hopkins and serves as co-director of the NeuroArts Blueprint project in partnership with the Aspen Institute.

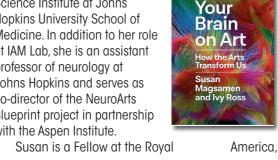
Society of the Arts and a strategic advisor to several innovative organizations

> and initiatives. She is also a member of the Society for Neuroscience, the National Organization for Arts and Health, the Academy of Neuroscience for Architecture, the American Psychological Association, Brain Futures, Learning Landscapes, and **Creating Healthy Communities:** Arts + Public Health in

America, among others.

Her presentation will focus on teaching audiences how participating in the arts can reduce stress and anxiety, build greater resiliency, deepen relationships, combat loneliness, enhance a sense of belonging, and increase focus and energy through building an aesthetic mindset. All of this has been proven through scientific research conducted at IAM Lab. For more information on NeuroArts and "Your Brain On Art" visit their website. https://www. yourbrainonart.com.

See Susan Magsamen, Page 2

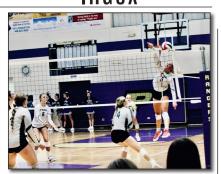


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Park County Community Journal

Steph & Joel Martens, Publishers Tony Crowder, Managing Editor Denise Nevin, Sales Manager Jill-Ann Ouellette, Staff Writer Jacob Schwarz, Photographer

Nurse Jill, Columnist Joyce Johnson, Columnist Shannon Kirby, Columnist Lois Olmstead, Columnist Dalonda Rockafellow, Columnist Scott Rosberg, Coach's Corner Mary Rosewood, Food Matters Jeff Schlapp, Contributing Writer Carla Williams, Recipe Corner

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Disclaimer: While attempts are made to ensure the accuracy of all information, errors will occur.

Independently verify all vital information before events.

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or in part, without our written permission is prohibited.



History of Park County

Park County, so named due to its proximity to Yellowstone National Park, was created by the territorial legislature February 23, 1887. Prior to the coming of the white man the only residents were Crow Indians who roamed the entire Yellowstone River basin. The first white people to enter the local area were the famous Lewis and Clark along with their party including Sacajawea. Jim Bridger (the famous scout and mountain man) wintered with the Crow Indians near Emigrant in 1844-45. In the three decades after Lewis and Clark, this area as well as much of the mountain west was actively trapped by hundreds of men, primarily for beaver. In the decades starting 1840 and 1850, the trapping activity largely ceased because of lack of beaver demand due to the changed styles and the country being trapped out. Gold was discovered in Emigrant Gulch in 1863. By the fall of 1864, several hundred men were working claims there. When winter came, 75 log huts were built at the mouth of the gulch and the town named Yellowstone City.

In 1864, John Bozeman opened up the new road bearing his name to shorten, by several hundred miles, the route between Fort Laramie and the gold localities of Western Montana. The road passed through the Livingston area and then out over Bozeman Pass. In the mid-1860s, there was much travel going east. The almost complete lack of roads in the territory led to the use of the rivers, including the Yellowstone, as routes. The Livingston area was an embarkation point for hundreds of people prepared to risk the hazards of the river and Indians in mackinaws

(these were flat boats 30-50 feet long and 4-5 feet high at the sides, some with crude cabins on them). Much of the lumber came from the first saw mill in the area on Mill Creek. In 1865. one fleet of 42 mackinaws left the boat yard on September 27th. A year later a fleet of 16 mackinaws left the Livingston area with 250 miners carrying \$500,000 in gold. They made the 2700 mile trip to St. Joseph in 28 days. In 1864, Hunter's Hot Springs was discovered by Dr. Hunter and his party, passing through. Dr. Hunter returned six years later, built a house and took residence, in spite of Indian dangers. Later, the area was famous as a resort for many years. In 1866, 600 Longhorn cattle that had made the long drive from Texas were trailed into the Shields Valley by Nelson Story for eventual sale to the miners further west. Before this could be accomplished, over half of the cattle were lost to

In April 1867, John Bozeman was killed by Blackfoot Indians near Mission Creek. This incident, added to others, caused the then territorial governor to organize a militia to punish the Indians and protect the settlers. Six hundred men encamped at Fort Howie at the mouth of the Shields River.

In 1868, in accordance with the Crow Treaty of that year, an Indian agency was established on the Crow reservation on Mission Creek. It was considered the finest fort in the territory, fully stockaded, blockhouses on the corners, etc. The requirements of the Fort for supplies caused a ferry to be set up across the Yellowstone River

four miles east of the present site of Livingston. A small settlement, known as "Benson's Landing," grew here. For many years, it was the focal point of the area with some log houses, a hotel, several saloons, etc. It served as a stage stop, trading post and post office. For a very long time, the area of Yellowstone Park was almost completely unknown. The stories told over the years by Jim Bridger, traders and the Indians were received incredulously. The place was known as "Colter's Hell" from Colter's stories of his winter there in 1807-1808. In 1869, the first real exploring party entered the Park area, followed by the Washburn party of 1870 and Hayden party of 1871. This led to the creation by Congress of the country's first national park in 1872.

By 1880, the population for the county was only about 200. In 1881, the Northern Pacific Railroad, building a line westward, entered the state of Montana. Livingston was reached November 22, 1882, where a settlement of 500 people had sprung up, awaiting the railroad. In 1883, the National Park branch of the NP Railroad was completed and the east and the west sections of the railroad joined together near Garrison, this opened up the entire country. Following these events, the local area had a period of rapid growth. By 1890, the county had a population of 6,900. Steady growth since then has brought the county to where it is today.

This information was collected and compiled by Jim and Carol Romans. Credits: parkcounty.org/History/

Susan Magsamen

from page 1

Alissa Kost, MAGDA's Executive Director, states, "Having Ms. Magsamen present to the art and cultural leaders of Montana and the Northwest region is significant. Her presentation will provide factual information confirming the importance and impact of the arts on human beings. This will amplify the efforts of nonprofit arts professionals who are already working tirelessly to promote the arts and artists of the region. Having the time with a researcher of Ms. Magsamen's caliber is a unique opportunity that will deliver invaluable resources to ignite organizational mission and outreach programs for our membership."

For more information on MAGDA's

annual conference and membership program please visit their website at www. magdamt.org

MAGDA is a non-profit organization founded in 1972. The mission is to serve the non-profit museums and galleries of Montana, and artists, by offering highquality art exhibitions and professional development training. The organization is dedicated to support and develop public interest in, and knowledge of the

cultural resources and heritage of the State of Montana. MAGDA's work would not be possible without the support of its membership, the Montana Arts Council, a state agency funded by the State of Montana; coal severance taxes paid based upon coal mined in Montana and deposited in Montana's Cultural and Aesthetic Projects Trust Fund; and the National Endowment for the Arts. Thank you!

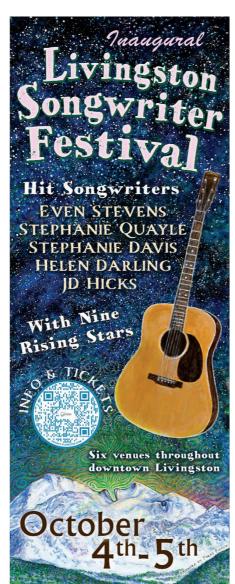


Louise Andrews, Daniel Herauf Kevin Arthun, Michael Amsk, John Ellison, Benjamin Hampson

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FWP Seeks Responses to a River Recreation Survey

MONTAN

Montana Fish, Wildlife & Parks would like to hear from the public about their river recreation experience. A survey is available on the FWP website on the River Recreation Advisory Council page, https://fwp. mt.gov/aboutfwp/ commissioncouncils-committees/ river-recreation-advisorycouncil.

The rising popularity of river activities in certain areas has led to challenges, such as conflicts among users and different types of recreation. Additionally, FWP has received feedback about congestion on waterways and at access sites. While most agree on the importance of protecting aquatic and terrestrial resources, opinions vary on the best methods for managing river recreation.

Input from this survey, along with feedback received during public workshops earlier this month, will be used by the newly appointed River Recreation Advisory Council (RRAC). The RRAC will hold discussions on managing river

recreation opportunities and use information gathered during these

discussions to help develop strategies to ensure high-quality experiences for all river users across Montana.

Members of the RRAC were recently selected by FWP Director Dustin Temple. They are Derek Young of Lakeside, Todd Frank of Missoula, Ben

Schmidt of Missoula, Abbey Thomas of Gardiner, Andrew Bennett of Dillon, Scott Vollmer of Bozeman, Robert Ray of Helena, Samuel Schmidt of Great Falls, Ross Johnson of Great Falls, Dante Bonanini of Saint Xavier, Jeremy Gilbertson of Billings and Marcus Strange of Helena.

The council will meet in person for a three-day workshop Oct. 16th-18th. Additional virtual meetings in October may occur if necessary. The RRAC's final recommendations will be presented at a virtual meeting in early November. All meetings will be open to the public; information about how to join will be posted on the RRAC webpage at a later date.

2 Grizzly Bears Removed in Southwestern Montana for **Livestock Depredations**

Two grizzly bears were removed last month due to cattle depredations in southwestern Montana.

One bear was killed in the Gravelly Mountains after several instances of sheep depredation. These conflicts happened despite multiple attempts to avoid them, including guard dogs, moving sheep to new areas, and hazing the bear.

The second bear was killed on private land in the Paradise Valley south of Livingston after chronic cattle depredations. The landowner moved cows twice, but conflicts continued.

The U.S. Department of Agriculture's

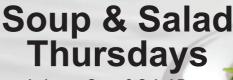
Wildlife Services removed both bears on Aug. 21 in consultation with the U.S. Fish & Wildlife Service and Montana Fish, Wildlife & Parks.

Specialists with FWP and Wildlife Services work to help landowners, producers and communities avoid bear conflicts. Promptly reporting bear conflicts can make a difference for the health of the bear and the safety of communities. Some corrective management efforts, when applied early, can be effective in discouraging bears from being close to humans and livestock and reduce future conflicts.

Flect Marty MALONE **HOUSE DISTRICT 57** # Experience Counts

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Grizzly Bear Killed in Encounter With Hunters Near West Yellowstone Hunters Not Injured in Encounter.

A grizzly bear was killed Monday in an encounter with bowhunters in Tepee Creek, north of West Yellowstone.

The two hunters reported being charged by a sow grizzly bear with two yearling cubs. Using handguns, the hunters shot and killed the sow. The yearling bears also charged at the hunters, who shot at and injured one of the yearlings. The hunters were not injured.

Bear specialists, game wardens and a helicopter pilot with Montana Fish, Wildlife & Parks, as well as law enforcement staff with the Custer Gallatin National Forest, visited the site on Wednesday. They confirmed the mortality of the adult bear, an older female. Officials found evidence of a yearling bear being injured, but they did not locate the yearling bears.

No further management action by FWP is planned. This incident is still under investigation by the U.S. Fish & Wildlife Service, who also provided assistance this week.

Be bear aware

Montana is bear country. Grizzly bear populations continue to become denser and more widespread in Montana, increasing the likelihood that residents and recreationists will encounter them in more places each year.

This time of year is when bears are active for longer periods as they consume more food in preparation for hibernation.

This period overlaps with hunting season and other fall recreation activities.

Hunters have reported encounters with grizzly bears in other areas since the start of Montana's archery season on Sept. 7th. No hunters have reported injuries, and no other bears have been wounded or killed to date.

Avoiding conflicts with bears is far better than dealing with such conflicts. Here are some precautions to help residents, recreationists and people who work outdoors avoid negative bear encounters:

- Carry bear spray and be prepared to use it immediately.
- Make noise to alert bears to your presence and travel in groups.
- Stay away from animal carcasses, which often attract bears.
- Follow food storage orders from the applicable land management agency.
- Keep garbage, bird feeders, pet food and other attractants put away in a secure building. Keep garbage in a secure building until the day it is collected. Certified bear-resistant garbage containers are available in many areas.
- Never feed wildlife. Bears that become food conditioned lose their natural foraging behavior and pose threats to human safety. It is illegal to feed bears in Montana.

Some areas with dense concentrations of grizzly bears are very accessible to hunters, especially during the archery season. Keep these precautions in mind when hunting in grizzly country, which includes much of the western two-thirds of Montana:

- Carry bear spray and be prepared to use it immediately.
- Watch for and be extra cautious around bear sign, creeks and areas with limited visibility. Most attacks happen in surprise, close encounters.
- Hunt with a group of people. This can help you make localized noise to alert bears to your presence, and it may also increase your chances of survival in the event of a bear attack.
- Be aware that elk calls and cover scents can attract bears.
- Bring the equipment and people needed to help field dress game and remove the meat from the kill site as soon as possible.
- If you need to leave part of the meat in the field during retrieval, hang it at least 10 feet off the ground and at least 150 yards from the gut pile. Leave it where it can be observed from a distance

- Carry bear spray and be prepared to use it immediately.
- Make noise to alert bears to your presence and travel in groups.
- Keep garbage in a secure building until the day it is collected. Certified bear-resistant garbage containers are available.

of at least 200 yards.

- Upon your return, observe the meat with binoculars. Make noise while approaching the meat. If it has been disturbed or if a bear is in the area, leave and call FWP.
- Follow food storage orders from the applicable land management

Grizzly bears in the lower 48 states are listed as threatened under the Endangered Species Act.

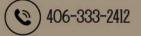
Management authority for grizzlies rests with the U.S. Fish & Wildlife Service, working closely in Montana with FWP, the Forest Service, the National Park Service, the Bureau of Land Management, the U.S Geological Survey, Wildlife Services, and Native American tribes. This collaboration happens through the Interagency Grizzly Bear Committee.

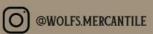
For information and education events on bear safety, visit https://fwp.mt.gov/ bear-aware.





106 South Main St. Downtown Livingston





SHIELDS VALLEY

Upcoming

- September 30th JV Football against WSS 4:30 pm
- October 1st JV/V Volleyball at Manhattan Christian 5 pm
- October 2nd Adult Boot Camp 6 pm Wilsall Gym
- October 3rd Parent Teacher Conferences
- October 5th Varsity Volleyball at Bridger Tournament
- October 5th JH Volleyball

Tournament in Clyde Park

- October 8th Vision and hearing screening K-6th
- October 8th JH Volleyball at Sleeping Giant Middle School 4:30 pm
- October 8th JV/V Volleyball at Lone Peak 5 pm
- October 8th Outage Alert from Park Electric Cooperative for Clyde Park and Wilsall Members - See below

Northwestern Energy needs to take 2 outages on the Transmission Line that feeds our Clyde Park and Wilsall Substations. They need to take these outages for upgrades at their substation.

The first outage will take place on October 8th, it will start at 9 am and end at 1 pm. This outage will last an estimated 4 hours.

The second outage will take place on October 28th, it will start at 9 am and end at 11 am. This outage will last an estimated 2 hours.

The outages will affect the following areas. Town of Clyde Park, Town of Wilsall, Upper Shields, Bridger Canyon Road area, Flathead Pass Area, Sedan, Fairy Creek area, Horse Creek, Brackett Creek area, Rock Creek Area, Cottonwood Bench, Ibex, Chicken Creek, Tobin Creek, Fiddle Creek, Falls Creek, Shields River Road East, Upper end of Adair Creek, Upper Willow Creek, Bangtail Creek, Castle Mountain Areas, Queen Lane, members between Clyde Park and Wilsall.

Phone calls will be made to members affected starting today. We apologize for this inconvenience and appreciate your patience, while the Northwestern crews safely make the needed upgrades to the substation that feeds our substations.

If anyone has any news, events, etc. please let me know at Shieldsvalleynews@gmail.com

The Joy of Bananas

By Jill-Ann Ouellette

We've all experienced the price increases at the grocery store as of late. It seems some items have doubled and

tripled in cost over the past few years. Some items have been in short supply.

Although many goods are rising in price due to inflation, a few are actually costing less. As it turns out, there's one healthful item in particular that shoppers can't get enough of that has experienced less costs. That's right, it's bananas.

This lovely, elongated, edible fruit (botanically it's

a berry!) is produced by several large, herbaceous, flowering plants in the genus Musa. Bananas contain fiber, potassium, folate, and antioxidants, such as vitamin C. According to WebMD, these support heart health, digestive health, diabetes management, weight control, faster workout recovery times, improved memory and mood, and more. And it's high in fiber. A 2017 review found that people who follow a high-fiber diet have a lower risk of cardiovascular disease.

Bananas are indigenous to Asia and the Middle East. They were brought to the New World in the 15th and 16th centuries. Banana plantations started to pop up in Latin America and the Caribbean. It was after the Civil War in America, from 1861 to 1865, that Americans started to have a taste for them.

It was in 1870 that the first company dedicated to the importation of bananas was started in America. Lorenzo D. Baker was the first to import from them from Jamaica to Boston, selling bananas on the docks. Baker started the modern banana production and importation industry. He created the Boston Fruit Company with a local grocery wholesaler. By 1870, the invention of the steamship cut the travel time from the Caribbean in half, giving North Americans a much fresher product.

Alexander Graham Bell stole the show at the World's Fair in 1876 with his invention of the telephone, amazing visitors from around the world. It was the start of a new age. Somewhat forgotten to time was another World's Fair display. A few hundred feet from the telephone

presentation, in the Horticultural Hall, was a banana tree. For most people, this was the first time they had seen a banana in North America. The exotic fruits that the tree produced were sold



for 10 cents a bushel at the time!

The Tropical Trading and Transport Company went into business a few years after Baker's Boston Fruit Company began its banana-importing business. In due time, the two companies competed for control of the American banana market. This competition led Tropical Trading to build plantations in Costa Rica. There was a project in the 1890s to connect Costa Rica to North America by railway to reduce the cost of shipping by boat.

However, the Costa Rican government failed to continue financing the projected railway, and the land and ownership was given to the Tropical Trading and Transport Company—if they finished the railroad tracks. With this deal, the railroad was finished. As a result, the railroad project left Tropical Trading and Transport Company so far

in debt that the they merged with the Boston Fruit Company and became the United Fruit Company.

Americans can't get enough of this top-ten, bestselling grocery-store food. The average American consumes around 90 of the potassium-filled banana every year. This equates to roughly 27 pounds of bananas.

In fact, in 2021, the U.S. imported the most bananas worldwide, with imports of approximately \$2.8 billion worth. Even the popular grocery delivery service, Instacart, has reported delivering over one billion pounds of the fruit.

While there's not likely an official reason for their popularity, one reason may have something to do with bananas' affordability. Over the past seven years, the price of bananas has remained relatively the same. While the price of bananas incrementally rose to 63 cents per pound in 2022, it was still more affordable than other fresh fruit experiencing shortages.

Bananas are delicious and good for you! They travel in their own peel and are available year-round. Their versatility from eating them raw, mixed in

your smoothie, on yogurt or cereal, or dehydrated into chips, baked in bread or muffins, in cookies, or in a peanut-butterand-banana sandwich, a banana-split sundae, etc. When you can choose, pick organic to reduce exposure to pesticides



and herbicides. Due to the thick skin of bananas, they are considered to have a lower level of pesticide residue, according to Environmental Working Group. In my opinion, the organic ones taste just a bit better and fresher.

Recipe by Carla Williams

RECIPE CORNER

Pasta e Fagioli Soup

Ingredients

- 2 Tbsp olive oil, divided
- · 1 lb lean ground beef
- 1 1/2 cups chopped yellow
- 1 cup diced carrots (about 2 medium) 1 cup diced celery (about 3
- 3 cloves garlic, minced (1

Tbsp)

- 3 (8 oz) cans tomato sauce
- 2 14.5 oz cans low-sodium chicken broth
- 1/2 cup water, then more as
- 1 (15 oz) can diced tomatoes
- 2 tsp granulated sugar
- 1 1/2 tsp dried basil
- 1 tsp dried oregano
- 3/4 tsp dried thyme 1/2 tsp dried marjoram
- Salt and freshly ground black pepper
- 1 cup dry ditalini pasta
- 1 (15 oz) can dark red kidney beans, drained and rinsed
- 1 (15 oz) can great northern beans, drained and rinsed
- · Finely shredded Romano or Parmesan cheese, for serving
- 3 Tbsp minced fresh parsley

- 1. Heat 1 Tbsp olive oil in a large pot over medium high heat, crumble in ground beef and cook, stirring occasionally until cooked through.
- 2. Drain fat from beef then transfer beef to a plate, set aside. Heat remaining 1 Tbsp



Photo Credit: thecountrycook.net

olive oil in same pot.

- 3. Add onions, carrots, and celery and saute over medium-high heat until tender about 6 minutes, add garlic and saute 1 minute longer.
- 4. Add chicken broth, tomato sauce, water, canned tomatoes, sugar, basil, oregano, thyme, marjoram and cooked beef then season with salt and pepper to taste.
- 5. Bring to a boil then reduce heat to medium-low, cover with lid and allow to simmer, stirring occasionally, until veggies are soft, about 15 - 20 minutes.
- 6. Meanwhile prepare ditalani pasta according to directions on package, cooking to al dente.
- 7. Add cooked and drained pasta to soup along with kidney beans and great northern beans. Thin with a little more broth or water if desired.
- 8. Allow to cook 1 minute longer. Stir in parsley, serve warm with grated Romano or Parmesan

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Meals for September 30th -October 4th

Monday, Sept. 30th -Beef stroganoff, roll, veggie, fruit, milk

Tuesday, Oct. 1st - Italian sausage pasta, garlic bread, veggie, fruit, milk

Wednesday, Oct. 2nd -Chicken strips, country gravy, veggie, fruit, dessert, milk

Thursday, Oct. 3rd - Chicken noodle, roll, fruit, milk

Friday, Oct. 4th - Sloppy joes, fries, fruit, dessert, milk



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Lunch served cafeteria style Serving food until 12:15 pm

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Salad bar included in meal price If you would like a to-go meal please call before 9am

OP-ED FORUM

by Robin Richardson

This Is the War We Should Be Fighting?

Recent headlines from Montana tell a troubling story. The Missoulian reported that between 2018 and 2023, housing prices soared by nearly 90%, while wages barely increased by 28%. The Daily Montanan noted that our state leads the nation in homelessness, and USA Today revealed that Montana has the highest rate of substance abuse, affecting 19.2% of adults. Additionally, nearly 228,000 people are enrolled in Medicaid with around 81,000 added since expansion in 2024. NBC Montana highlighted that our suicide rate has been among the highest in the

nation for 30 years, even ranking number one from 2019 to 2022. The Bozeman Chronicle reported this summer that deaths are now outpacing births for the third consecutive year.

These statistics are alarming. Isn't this the war we should be fighting? Don't we want and need a healthier Montana? We are hurting, and there's a desperate need for serious efforts to reverse these downward trends.

As a member of the Make America Healthy Again (MAHA) movement, I'm not endorsing any particular candidate,

however, I believe it crucial that we hold our elected officials accountable to be well informed on these issues. Issues like alcoholism, addiction, depression, veteran's services, and chronic disease overwhelm our legislative, social, and financial systems. We should demand root cause solutions and metrics to evaluate their success. How many are talking about these issues? Who has solutions beyond more money, more buildings, more staff and more taxes? MAHA does and this is why it should matter to you.

This is the war we should be fighting and it exists right here in our homes,

neighborhoods and communities. It's time to challenge the status quo and unite in word and deed for radical change. I appeal to all Montanans to watch any and all of the food-related topics at Mahanow.org or podcasts of Nicole Shanahan and/or Robert Kennedy Jr. Our arms to fight this war is knowledge. Let's seize this opportunity to stand together for a healthier Montana. We can't afford the alternative. Let's seize this opportunity to stand together for a healthier Montana. We can't afford the alternative.

Robin Richardson Livingston, MT

Yellowstone National Park Facts

History

- Yellowstone National Park was established on March 1, 1872
- Yellowstone is the world's first national park.

Geography

No area figures have been scientifically verified. Efforts to confirm the park's total area

- 3,472 square miles (8,991 km2)
- 2,221,766 acres or 899,116 hectares
- 63 air miles north to south (102 km)
- 54 air miles east to west (87 km)
- 96% in Wyoming, 3% in Montana, 1% in
- Highest Point: 11,358 feet (3,462 m; Eagle Peak)
- Lowest Point: 5,282 feet (1,610 m; Reese
- Larger than Rhode Island and Delaware
- About 5% covered by water; 15% by grassland; and 80% by forests

Precipitation

Annual precipitation ranges from 10 inches (26 cm) at the north boundary to 80 inches (205 cm) in the southwest corner.

Temperature

- Record High: 99°F (37°C), 2002 (Mammoth Hot Springs)
- Record Low: -66°F (-54°C), February 9, 1933 (West Entrance, Riverside Station)
- Average daily at Mammoth Hot Springs: January: 9°F (-13°C); July: 80°F (27°C).

Yellowstone Lake

- Elevation: 7,733 feet above sea level
- 131.7 square miles of surface area (341.1 km2)
- 141 miles of shoreline (227 km)
- 20 miles north to south (32 km) 14 miles east to west (22 km)
- Average depth: 138 feet (42 m)
- Maximum depth: 430 feet (131 m)
- Learn more about Yellowstone Lake

- The park sits on top of an active volcano
- One of the world's largest calderas at 45 x 30 miles (72 x 48 km)
- 1,000-3,000 earthquakes annually
- More than 10,000 hydrothermal features
- More than 500 active geysers (more than half the world's geysers)

Interested in joining

4-H? We can help you

get in on the fun!

Come to the 4-H Open

House on Wednesday,

10/2/24, 6-7 pm to learn

more.

The 4-H Year starts in

time to get enrolled.

Get ready for a full year

of hands-on fun!

About 290 waterfalls



· Tallest waterfall near a road: Lower Falls of the Yellowstone River at 308 feet (94 m)

- 67 species of mammals, including seven species of native ungulates and two species of bear
- 285 species of birds (150 nesting)
- 16 species of fish (five nonnative)
- More than seven aquatic invasive species (three having significant detrimental effect)
- Five species of amphibians
- · Six species of reptiles
- Two threatened species: Canada lynx, grizzly bears

Vegetation

- Nine species of conifers (more than 80% of forest is lodgepole pine)
- 1,000+ species of native flowering species (3 endemic)
- 225 species of invasive plants
- 186 species of lichens

Cultural Resources

- 26 associated Native American tribes
- · More than 1,800 known archeological
- · More than 300 ethnographic resources (animals, plants, sites)
- 25 sites, landmarks, and districts on the National Register of Historic Places; many more eligible for listing
- One National Historic Trail (Nez Perce)
- More than 900 historic buildings

- More than 720,000 museum items, including 30 historic vehicles
- Millions of archived documents
- More than 20,000 books (many rare), manuscripts, periodicals

Facilities

- · Eleven visitor centers, museums, and contact stations
- Nine hotels/lodges (2,000+ hotel rooms/
- Seven NPS-operated campgrounds (450+ sites)
- · Five concession-operated campgrounds (1,700 + sites)
- More than 1,500 buildings
- 52 picnic areas and one marina

Roads & Trails

- Five park entrances
- 466 miles (750 km) of road (310 miles [499 km] paved)
- More than 15 miles (24 km) of boardwalk, including 13 self-guiding trails
- Approximately 1,000 miles (1,609 km) of backcountry hiking trails
- 92 trailheads
- 301 backcountry campsites

Lots of room to roam...

Credits: https://www.yellowstone.org/ experience/visitor-information/yellowstonenational-park-facts/

PARK COUNTY 4-H OPEN HOUSE

This event is the perfect opportunity to learn more about getting started in 4-H.

Stop into the Extension office to hear more about the opportunities available through 4-H in Park County. We have clubs throughout the county, and projects for everyone. Check out https://www.montana.edu/extension/park/join4h.html to learn more.





PARK COUNTY 4-H

MSU Extension Office 119 S 3rd St Livingston, MT 59047 406-222-4156 Email: park@montana.edu

https://www.montana.edu/exte nsion/park/

10/2/24

Park County Republicans **Monthly Meeting**

Monday, October 14, 2024 • 6:30 PM



Republican Headquarters 207 So 2nd St, Livingston

Come early and meet other Patriots Pick up campaign yard signs & flags to show off your patriotism.

Let's WIN this election together!!

Myths and Legends: The Work of Jason Elliott Clark

On September 27th, the Danforth Museum of Art (DMA) will present an exhibition featuring a traveling selection of work from the Missoula Art Museum Collection by printmaker Jason Elliott Clark, Myths and Legends: The Work of Jason Elliott Clark.

Myths and Legends explores Algonquin legends mixed with personal stories and misinformation about contemporary Native culture. The works in the exhibition focus mainly on Clark's early career as a printmaker in the University of Montana's MFA program (2004) and soon after. The exhibition showcases numerous printmaking techniques including relief, lithograph, monotype, and screen printing.

About his work he states, "My work is rooted in the traditional teachings and beliefs of my ancestors and the erroneous teachings and beliefs of western society about Native Americans. The subjects portrayed in my art are from personal experiences and the legends of my Algonquin heritage.

I am also interested in what people are being taught about Native Americans by western culture through parents, teachers, textbooks, films, television, cartoons, consumer advertisements, products, and other transmitters of misinformation. My work deals with subjects that I have observed or experienced firsthand. These are the stories that have shaped and formed my life.They illustrate how I see the world around me and how I have learned to respect it. The images and stories in my work are reflections or parts of me."

The DMA will host an opening reception for Myths and Legends during the Livingston Gallery Association's September 27th art walk, 5:30-8 pm.

Admission to the Danforth Museum of Art is always free. The DMA is open

Tuesdays-Saturdays, Noon to 4 pm. The Danforth Museum of Art is

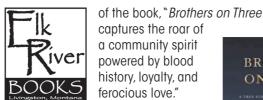
Jason Elliott Clark | Bad Spirits Around the House

located at 106 North Main Street, Livingston, Montana. www.thedanforth.

Abe Streep in Conversation with Tailyr Irvine

Elk River Arts & Lectures is hosting a conversation between journalists Abe Streep and Tailyr Irvine on Thursday, October 3rd at 7 pm at Elk River Books (122 S. 2nd St. in Livingston). The event is free and open to the public.

Abe Streep is the author of Brothers on Three: A True Story of Family, Resistance, and Hope on a Reservation in Montana (Celadon Books), winner of the Montana Book Award. The book is rooted in the community of Arlee, on the Flathead Indian Reservation, home to the Confederated Salish and Kootenai Tribes. Author Debra Magpie Earling said



captures the roar of a community spirit powered by blood history, loyalty, and ferocious love."

Streep also writes for publications including The New Yorker, The New York Times Magazine, ProPublica, and Outside, where he is a contributing editor.

Tailyr Irvine is a Salish and Kootenai journalist

born and raised on the Flathead Indian

Reservation in western Montana. Her

work focuses on providing in-depth representations of the lives and complex issues within the diverse communities that make up Native America.

Irvine is a co-founder of Indigenous Photograph, a global database dedicated to support the media industry in hiring more Indigenous photographers to tell the stories of their communities and to reflect

This conversation and the 2024 Elk River Arts & Lectures Lecture Series is made possible by the generous support of the Park County Community Foundation, the Dennis & Phyllis Washington Foundation, the Arthur M. Blank Family Foundation, and individual donors. During their time in Livingston, Streep and Irvine will meet with students at Park High.

Elk River Arts & Lectures is a nonprofit organization dedicated to celebrating and cultivating the literary arts in Park County.

For more information about this programming, call 406-333-2330 or visit elkriverarts.org.

Reading, Signing & Reception With Leyla Brittan **Author of Ros Demir is Not the One**

BROTHERS

ON THREE

Wheatgrass Books will host Leyla Brittan for a reading, book signing, and reception on October 7th

Ros Demir Is Not the One, a Junior Library Gold Standard Selection is the debut novel by author Leyla Brittan.

About: Ros will do whatever it takes to get the guy. At least... she thinks she will.

Sixteen-year-old Ros is a go-getter. When she wants something, she makes sure she gets it.

But a lingering rumor (and maybe some ambivalence about her half-Turkish heritage) has kept Ros from achieving the kind of reputation she deserves. So, after years of plotting her big comeback, she just needs one thing—a hot, adoring guy on her arm at junior year homecoming. And when she meets charming new classmate Aydın at the Pine Bay resort over the summer, she thinks she's found The One. It doesn't work, though. And things get messy when Ros's plan ends up hurting the only friend she has left... poor, sweet, forgiving Eleanor. This has happened before... things tend to get messy with Ros around and it's getting harder for her to ignore the pattern of hurt feelings. Plus, it seems like Ros and Aydın aren't really meant to be. What kind of a plan results in everyone ending up

unhappy? Not a very good one. A not-quite rom com starring a bold, outspoken antiheroine, this Turkish-American Romeo and Juliet remix is refreshingly snarky. Witty, whip-smart dialogue plays with the complexities of multicultural identity and female friendships, from Ros's very first screw-



up to her unconventional happy ending.

PRAISE:

"An engaging story with a rightfully complex protagonist."—Kirkus Reviews

"Fierce, funny, and utterly absorbing! Ros Demir is Not the One embraces the messy interplay of culture, identity, and our

search for belonging. From her reckless choices around friendship and love to her complicated feelings about her Turkish American heritage, Ros is refreshingly flawed—and deeply human. A witty page-turner that breaks with tradition, Brittan's debut shines with a special kind of light."—Anuradha D. Rajurkar, awardwinning author of American Betiya

"The sunsoaked Romeo and Juliet retelling you never knew you needed! Brittan's debut is a story about self-acceptance and owning up to your mistakes, all while keeping life a little messy. You don't want

to miss this!"—Anthony Nerada, author of Indie Next pick Skater Boy

"An exciting debut that packs a lot of heart. Ros Demir is the ultimate go getter—readers will love her intense machinations and the brutal honesty of her wanting to belong." —Lilliam Rivera, Pura Belpré Honor-winning author of Never Look Back Leyla Brittan, originally

from Chappaqua, New York, received an MFA in Creative Writing from the University of Wyoming in 2023, and she graduated from Harvard College in 2019 with an A.B. in English and a Secondary Concentration in Computer Science.

Her short fiction has appeared in Pigeon Pages, 5x5, and The Harvard Advocate, and has been nominated for Best American Short Stories. She has attended workshops in fiction writing, screenwriting, playwriting, and journalism through Tin House, Harvard University, the UVA Young Writers Workshop, and the Iowa Young Writers' Studio.

She is also an actor and singer; while at Harvard, she toured internationally with the jazz a cappella group The Radcliffe Pitches, and she

has most recently appeared onstage in Relative Theatrics' productions of Black

Sky and Arsonist. She has a background in outdoor sports, and has written for the rock climbing magazines Rock and Ice and Gym Climber. She is a recreational rock climber, skier, hiker, runner, and PADIcertified Open Water Diver.

Wheatgrass Books is a womanowned independent bookshop that celebrates the beauty of the written word and the art of illustration. At Wheatgrass we place a strong emphasis on underrepresented voices in literature, with a focus on new releases, regional authors, and children's authors, while maintaining an excellent selection of classics.

Wheatgrass is located at 120 N. Main Street in Livingston.



Community Journal - 8

Letter to the Editor

Sunday, September 29, 2024

LETTERS TO THE EDITOR

Dear Editor,

If you live in Park County but outside of Livingston, due to redistricting, you now have the opportunity to vote in the most competitive State House of Representative seat in the state (based on prior election results). Here's why I'm writing this letter:

You can vote for the incumbent, Marty Malone, who is on the House Taxation Committee that let our property taxes grow rapidly—even with a budget surplus. Marty and his Republican colleagues controlled the state House, state Senate, and the Governorship, yet they refused to fix the property tax issue when they could.

Or you can vote for Scott Rosenzweig, a former business leader entering politics to fight for your financial interests. Scott's number one priority is to help fix this property tax mess. He won't sit back idly and watch the government reach deeper into your pockets. I can't imagine

a person in the whole of Park County, whether it be Republicans or Democrats, homeowner or renter, who wouldn't want property taxes reduced.

Marty is also a liability on healthcare issues. To-date, he hasn't come out in favor of continuing with Medicaid expansion, which will be decided in the next legislative session. Without it, 100,000 Montanans will lose access to healthcare (10% of our population). Rural hospitals like ours would struggle to stay open. On another healthcare issue he chooses to "protect the unborn" (per an interview he did) instead of protecting Montana women who may need an abortion to save their life.

Conversely, Scott values our medical system and will support Medicaid expansion. He also knows that medical

decisions belong between a patient and their doctor, not the government.

Marty has served this area for years. I imagine he believes he's doing the right thing. However, he's out-of-touch with the desires of most people nowadays.

If you want to help fix this broken

system, we need to elect Scott because

Marty has clearly shown he either doesn't want to fix it, doesn't care enough to fix it, or is too busy appeasing his party's leadership to fix it.

If you live in Park County, outside of Livingston and the Pass, you live in the

state house district Scott Rosenzweig is running for. If you want to help make a difference, I encourage you to vote for Scott.

Sincerely, Joe Phelps - Livingston

Free "Legacy Giving" Event Organized by Park County Community Foundation

On October 1, 2024, the Park County Community Foundation will host a free "Legacy Giving" event from 9:30-11 am in the Bev Stevenson Room at the Livingston Public Library which will feature as presenter one of the architects of the Montana Endowment Tax Credit

(METC). The presentation will introduce Park County residents to some of the most tax-wise ways to "give heart and give smart" with their charitable giving.



Presenters include
Certified Financial Planner
and planned giving expert
Jim Soft of James C.
Soft & Associates. Jim
has over 40 years of
experience educating the
public about the benefits
of legacy giving (also
known as planned giving).
He specializes in the

tax strategies that allow donors to use smart financial planning and charitable giving that can both take care of family and enable donations to non-profits in the community. Soft was largely responsible for initiating and facilitating the writing of the popular and now permanent Montana Endowment Tax Credit. He also has served on the board of the American Council on Gift Annuities and on the board of the Charitable IRA Initiative, a 501(c) (4) group whose work was largely responsible for the extension and enhancement of the charitable IRA incentive legislation.

John Gillespie – a resident of Park County who is a retired geologist and business owner will also share his experience with one of the giving tools that he and his wife, Bernice, have used in their support of local nonprofits. As a board member of the Yellowstone Gateway Museum Foundation, John has actively developed the current program that focuses on natural history and enlightened stewardship in Park County.

"Tax codes can be confusing, but they do offer ways for you to take care of yourself, your family, and still leave a lasting legacy for your community long after you are gone. This workshop is designed to take away some of the mystery around how to do that," said Tricia Erikson, PCCF Philanthropy Director. "This is the first in a series of events that will offer information to residents about different ways to give that fit their circumstances."

This session is geared toward people who wish to learn tax-wise ways

to make charitable donations. Nonprofit professionals who are interested in planned giving training for your organization should visit our website and watch emails for upcoming Nonprofit ACTion trainings as there will be specific events designed for them.

Coffee, tea, and pastries will be provided for attendees.

RSVP is required due to the room size and to provide enough refreshments. Please RSVP or address any questions to Tricia Erikson at tricia. erikson@pccf-montana.org or 406-224-3920.

Park County Community
Foundation is a local 501(c) (3)
nonprofit organization which believes
that Park County's challenges
can be addressed best with local,
collaborative solutions. PCCF inspires
a culture of generosity and leadership
by partnering with donors, nonprofits,
and other stakeholders to invest in
nonprofit programs that build resident
communities, while honoring our
heritage and uniqueness of place.

"As your local community foundation, we are committed to building a stronger Park County for generations to come. Showing residents how to contribute wisely is one of the ways that we do that," said Gavin Clark, PCCF Executive Director.

FMI: www.pccf-montana.org. Park County Community Foundation's office is open at 104 S. Main Street in Livingston Monday through Friday from 9 am to 5 pm.





Scan for online ordering! 6am-7pm Daily





EXPLORELIVINGSTONMT.COM/OKTOBERFEST

The Writers

by James Kozlik

What keeps us from moving forward with our creative attributes? Maybe it's the fear of criticism. That's easy to recognize, since inherently we have it within our own thought forms. When you read a book for instance, do you read with a critical eye or an open heart? The critic in me wants to give a novel a chance, like the first 50 pages. My mind lies in wait to find fault with the author's written word. I know some people who will read the ending first to decide if it's worth reading. Then there's others who think, I can write like that, even better! I invite you to send in a short story, especially one that might have some relevance to our locale area or Montana in general. It might even be something that involved you. I'd love to post your musings. Send inquires to jakozlik@ gmail.com. Now let's return to excerpts from

this short story. The Gorge of the Mango Tree is a captivating spoof that explores the secrets hidden within the hollowed out trunk of a majestic mango tree. Previously, I shared my experience in India about the tree monument, a river trip experience down Yankee Jim Canyon, and a story of the unlucky Crow whose raft descended over the edge of the Lower Falls of the Yellowstone. All of these connections got my creative juices flowing. So let's return to see how this lone figure at the bottom of the canyon is fearing (pun

The Gorge of The Mango Tree

Continued from previous adaption...

He has to wade again, but the water is shallower on this side of the river and the current is slight. And now he is in front of the jagged boulder. But he does not see the entire boulder from this angle. His hand reaches out and touches a rubbery vinyl. It is wrinkled in one section and full of air in another. He bends down and... Is this a boat? Is it the a raft that I was in? All of us? The people that took me here to be tortured? I can't recall what the trauma is that I am living through right now. Now I am here. There is nobody else. Where did they go? What is this? A knapsack. There is something in it. I think I will open it. I'll take it over there on some dry land. He opens the backpack and dumps out the contents along with some water a slew of candy bars and protein bars hail towards the ground. He picks one up and rips open the wrapper. He takes a bite and relishes the sensation of taste. He sits on the ground and slowly eats his way through the snack.

He looks up, through the hole, high above this narrow gorge. He gathers the candy bars and shoves them into the backpack. He slings the pack over a shoulder and slowly makes his way back to his altar. I must stay here, at least until they comeback. I must see if there is a way, another path to follow. And so he walks a short distance and eventually wades in the water. What am I hearing now, a song sung in my daddy's church? "Wade in the water, Wade in the water, children, Wade in the water, God's gonna trouble the water...'

And he comes to hear the roar of the river again. As he gets closer to this bend in the river, the current wants to push him

This is feeling like a trap. Nowhere to go. I have to think. I will go back to the rock, where the paddle is. He screams... "JOY, JOY,

JOY!!" And there was Harvey? Yes, yes Harvey the guy with the long beard. Who else was there? Where are the others? He looks around at the steep canyon walls.

Okay, I have to figure a way out of here, despite my pain. Maybe I was punished about something I did. I feel guilty but I don't know what about. There is nobody here to support me. Tell me what happened. Tell what to do next. I do know I can't go down river, or up river. There is violence in both directions. I can hear it—the roar of anger. He looks in a direction. Up there, I can see something green. Maybe I can get up to that ledge. See what I can see. I feel strong even though I feel pain from the bruises. I can climb despite that. Maybe I should go check the raft again. There might be a water bottle. Yes, there was something else that fell out of the backpack, but I didn't pay attention to it. I better start to become more aware of my surroundings and not concern myself with how I got here. There it is—a water bottle. Ah, it feels full. Okay, look around and not just at eye level. There, I see something that looks like a narrow sort of path going up the rock wall. I'll start there; maybe it goes to the green area. I see some rope up ahead lying on the beach. How did I get these burns on my wrist and forearms? Maybe I will need some rope. Okay, this is a nice length of rope. He starts his climb. He is vary aware of the present and knows nothing about his past. Yet he is trying to recall how he got here now. And that is his mental predicament. He has ascended, on an angle of about thirty degrees, at least fifty feet but only sixteen feet vertically. He looks across the way to the opposite canyon wall. He stops. Looks up and sees a way to climb upward. He does not know where that might lead too. He starts his climb, grabbing onto rock, making sure its solid before pulling himself up. He feels for footholds. He studies the route so he doesn't find himself in a no

return situation. He stops to ponder.

So this I have done before; it seems so automatic, and not new. It's as if I have been here before. Not here, in this canyon, but free climbing. Where? When? It does not matter now. I seem to have found a little ledge to rest and get my bearings. Ah, yes I can see a way to shimmy over to the tuff of green grass. Okay, let's go. "Easy pizzie," I got this. I got this. I feel strong and one with the mountain. Mountain? Did I free climb mountains? When? Where? Oh, my right hand is in some mud. I need to find a better area to grasp. I slowly look and see a rock about 4 inches to the right of the mud. Oooh, that changes my balance. Ok can I shift my feet and left hand to maintain this solid hold I have on the rock. Yes, okay move the right hand, tense the fingers, pull up and continue to move up and to the right and yes! I am here, sitting in damp, muddy, wet earth! Eureka, a spring coming out of the rock. Water! Shadows have formed; the canyon is getting darker even though the sky is still visible above. The hole that lets in light is like a tunnel to heaven. I think this will be a good place to stay for the night. In the dry, soft grass. I wonder how chilled I will get. I can still feel the warmth of the sun that heats this canyon. The sun, a real lifesaver that nourishes this planet. So how did I get here? My daddy, that's who I can recall right now. He being a preacher? God - Sun - Solar System - Earth. He preached the Bible and said God created everything, the entire universe. Wait, what is coming to me now? Big Bang? What is that? Seems like some sort of

explosion? Who was with me in that raft? I'll bet Joy knows and Harvey knows. I wonder if... JOY, JOY, Harrrrvveeyyyy! He shouts and hears the echo reverberating but does not get an answer. His mind is tired of thought. The silence of this space quiets his mind for now and the peace is calming.

To be continued...

This year's Gardiner Holiday Stroll will be on Thursday, December 5th, 2024

OLIDAY STROLL POSTER CONTEST



Please submit your original artwork or design to the Gardiner Chamber of Commerce. The Chamber will retain the winner's original artwork for possible future use. Artists do not need to place text. Questions? Contact the Chamber at 406.848.7971 or info@ gardinerchamber.com

Size

Submit an original piece of 11" X 17" artwork

Medium

Anything flat that can be scanned or copied

Deadline

Friday, October 25 at 5pm



\$100 PRIZE



ASPEN Invites the Community to Recognize Domestic Violence Awareness Month

ASPEN, Abuse Support & Prevention Education Network, presents Engaging Men in Violence Prevention with Clinical Psychologist, Dr. Chris Spromberg, October 23rd, 5:30 pm to 6:30 pm at The 1900, 103 N. Main St. in Livingston.

The talk is free and open to the public and is part of ASPEN's recognition of Domestic Violence Awareness Month, DVAM. ASPEN plans many additional events during the month of October including sponsorship of Oliver! at The Shane Lalani Center for the Arts Dulcie Theater. ASPEN will offer domestic violence, dating violence and human trafficking training to staff and cast involved in Oliver! and share resources with interested members of the public

at each performance.

Staff from ASPEN will be available at Livingston's Ace Hardware on October 5th and 12th, at Pioneer Medical Center in Big Timber for a health fair October 15th - 17th and at Livingston HealthCare's health fair October 19th. ASPEN will give away purple lights while supplies last at these locations. ASPEN asks households and businesses to hang purple lights throughout October to show support for victims, survivors and advocates. Purple is the color used by advocacy groups and organizations nationally, especially to mark DVAM.

In the last year ASPEN served 532 people and answered more than 700 crisis calls on its hotline, provided almost fifteen hundred nights of

and civil justice services. ASPEN appreciates strong support by the community that helps provide these critical services in an immediate, confidential, compassionate, empowering way to those who need them. Nationally, domestic violence, also called intimate partner violence, impacts millions of people each year. According to the Centers for Disease Control, 1 in 4 women and 1 in 9 men will experience contact sexual violence, physical violence, and/or stalking by an intimate partner in their lifetime.

For questions and to rsvp for Engaging Men in Violence Prevention contact info@aspenmt.org. More



Abuse Support & Prevention Education Network

information about ASPEN's DVAM activities and about domestic and sexual violence, dating violence and human trafficking can be found on their website at aspenmt.org. ASPEN's 24-hour hotline, answered every day of the year, is (406) 222-8154.

How Do I...Sign Up For Document Alert?

"How do I...?" is a recurring feature of the newsletter that provides readers with information on navigating local government.

Did you know you

can receive an email alert any

time a document is recorded in the Park County Clerk and Recorder's

office using your name? There is no

charge to sign up and receive alerts.

Document images may be viewed



on iDoc Market for a subscription fee, or users may request a copy of the document, at no cost, by calling, emailing, or visiting the Clerk and Recorder's office. Please provide the document

number listed in the alert email.

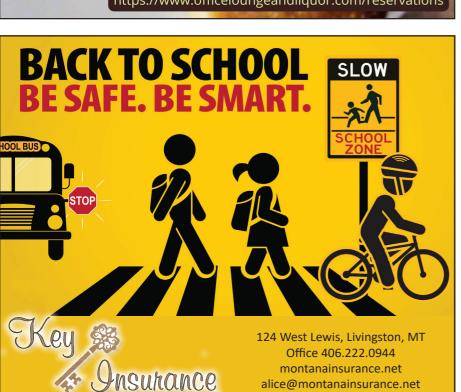
Please note: Alerts are not retroactive and will only be sent regarding documents recorded after you have subscribed to the service.

Steps:

- Go to iDoc Market (idocmarket.com) and click on the shield under "Document Alerts."
- Login with an existing account or select "Click here to register for iDoc Market" and follow the prompts.
- Under "Manage your account," select "Document Alert" from the left menu.
- 4. Select one or more counties offering Document Alert.
- 5. Choose Grantor or Grantee
- from the field dropdown and enter your information exactly as you want it to Example: "Smith, John" or "John Smith Family Trust"
- Choose "save." Your information will appear under "Existing Alerts." You can edit or remove your alerts at any time by clicking on the icons next to a saved alert.

If you have any questions, or need assistance, please call the Clerk and Recorder's office at (406) 222-4110.







Saturday, October 5, 2024

SCHEDULE

4:00 PM - Meet in front of Back Porch Quilts (Rosa's) to decorate your vehicles

5:00 PM - Begin our Parade through town

6:00 PM - Back to the Headquarters for Meet & Munch

DECORATE Your TRUCKS and CARS
with your favorite CANDIDATE signs and flags
for a TRAIN through Livingston

Then wind your way back to the PARK COUNTY REPUBLICAN HEADQUARTERS, 207 So 2nd

St, Livingston, for food, meet those candidates you have been wanting to ask questions of and have GREAT CONVERSATIONS!

RAFFLE DRAWING

Tickets are still available.

Need not be present to win.

Call Christina Nelson,

406-223-8518,

for raffle tickets & info.

All FREEDOM-LOVING PATRIOTS WELCOME!

Forever Big Sister & Little Sister

by Joyce Johnson

This week
I want to ride
the wake of
the article
written recently
by PCCJ's
Mg. Editor,
Tony Crowder,



promoting our Big Bro Big Sis Org. I am still a Big Sister, although unofficially, for Raelyn Wood after around 24 years now, though many miles separate us. It has been fulfilling for me and a bunch of fun. I am not a mom, you see. We have kept in touch. Her dad, Bob, and siblings moved to Texas, where he is Regional Mgr of Ace Hardware; former manager of our Ace and a volunteer fireman here in town.

Raelyn was age 8 when we had our first outing at the Bozeman 5th street, outdoor skate park, the only skating rink around Park County then besides bumpy frozen Sacajawea pond. We rented skates for her and by the time we arrived, it was dark twilight but the ice was well lit. Blue eyes wide with awe, she skittered and slipped around before she got her balance but soon skated away, leaning in on her ankles, which I frowned at, but she didn't seem to notice or care. I glided close by ready to catch her but she did fine. We had the flooded sports field all to ourselves that night under the blinking stars.

"I had a real good time! The best time in my life!" she said afterwards, over hot chocolate at the Baxter Hotel. She is not as "gushy" as me, I came to know, so that moment takes me to the moon every time I recall it. She'll read this and remember the night, but I bet you she'll say, "Did I really act like that?" [yup!] One day Coo bit her and it was the only time I saw my Little cry. Coo was a young African Grey, and was just testing her first encounter with a child. Then there was the time we camped in a tipi by the river, when looking down at my Scat reference book, I recognized fresh bear scat in front of us. We did a U turn. The bear might have been in another county by the end of the day, but it was a suspenseful night.

INSTRUCTIONS:

Every footstep of mouse or bug we heard outside was amplified. We kept the fire in the tipi stoked, which I believed kept us safe. On another summer adventure she and my neighbor's young girls waded as far as they could in nearby Fridley creek. The current was moving just fast enough to help them along, and for the smallest of them, was chest deep, gulp, but I smiled as I walked along on the trail beside them listening to the soundtrack of a babbling brook and giggling girls. One day we took an old homemade log raft out on a small nearby pond, but it had



Raelyn and Family

a leak, which was suspenseful. I stuck a pole in the water and it measured about 10 feet deep. We made it a short float.

My Little and I got used to just hanging out together wherever. In those days the commitment was only 4 hours a week, but I always just asked, "ya wanna go with?" when I thought she'd enjoy anything. She was a quiet, private, easy going little girl. She rarely complained or talked of any problems. I felt I needed to just be *me* for her. She was free to just be *her*, too. I remember the goofiest stuff: She always ate the topping off pizza, and liked her pancakes without topping/syrup. One day she surprised and me by asking, "Why am I here?" I said, "ya mean, with me?" She said, "No, I mean like...alive." Uh oh, I could have delivered a lengthy metaphysical lecture, but I just smiled gently and said, "...To Be Happy." And I meant it, but after a pause, thinking that was too simple, I said, "ya wanna know the other reasons?" She said, "Nope." And she meant it. One day she suggested we

build a "caterpillar hotel" out of sticks in my back yard. She probably still has the photo of her wearing my peak-over glasses peering affectionately inside at the one guest curled up on a small bed of leaves.

I was sad when she reached, I think, 18 because the BBBS protocol was for Bigs and Littles to end the association with a formal little closure. So we celebrated, but as it turned out, sorta ignored the closure. We had lunch out on the patio at Pine Creek Restaurant. I gave her a photo album of all our adventures.

Raelyn flipped through the pages of the photo album and said, "Did we really do all this?"

Raelyn soon moved to Texas. She now has two little girls of her own, whom I call my "great, Big Bro Big Sis, little-sisters." A few years passed and she came back to Livingston to visit relatives with her firstborn baby daughter, Eden, and we had a reunion at one of our favorite places to play, the Chico pool. Another meeting there

I met her husband, Joe, a very kind man whom I liked on sight; we subtly nodded approval of each other. That day, I handed Raelyn a present from my husband, Ron the Rockman: a 66-million year old, cosmically renown, [not Ron!] Ammonite pendant, which Eden picked up. I held my breath—and yikes! She

did drop it on the ground. Raelyn, cool as always, calmly bent over and retrieved it, still in one piece, with the practiced calm of one who does it all the time. A good mom... and a tuff old unbreakable rock I'd

say. Kinda like her and I.

A couple years later, Joe messaged me saying Raelyn had given birth to their second daughter, and they named her Ember Joyce! I have not yet met my *Great* BBBS Little Sis, Ember Joyce but when I looked at her eyes in a recent photo I wrote, "I bet she knows what she wants and when she wants it!" to which Raelyn replied "ohhh yeah." Kinda like a sparky little ember, huh?

Raelyn again came back to Montana again in the Fall of 2021 to visit her uncle, aunt and grandparents, and was alarmed that she was unable to contact me. She was soon told I was in Livingston Health Care with Covid and she called at the hospital. I heard her sniff and give a little sob, but I said in a probably weak but cheery voice, "They are preparing to discharge me as I speak!" Happy I still lived, and going home at last after 12 days, was bliss, but feeling my Little's love still for me, and me for her too, after so many years, was a star that will always shine brightest over that "life" changing

experience. Meanwhile, since, and in honor of Raelyn, I have tried to be a Big when I am engaging with children because I experienced how easy, needed and fun it is to be "real" for a child, praise them whenever I found an excuse—not a parent or teacher—but as a

neighbor, auntie, or just a friend. Thank you Raelyn, for teaching me to be a Big to them all, and how to walk the talk of that timeless wisdom: "It takes a village to raise a child."





Fill out this form and mail to:

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Online registration at runsignup.com Visit our Facebook page at: facebook.com/pages/The-Moose-Chase-Kids-Race Last day for online registration is September 29th *Please bring canned food donations on race day.

Parents are welcome to run with their kids! Jogging strollers ok. No dogs please. Event will be held rain, snow, wind, or shine ... Dress for the Montana weather!



Appendicitis: What really happens

by Nurse Fill

It's a fairly well-known ailment. Flu-like symptoms with nausea, possibly vomiting, fever, and that tell-tale pain in the lower right side of your belly. A lot of people are familiar with the term appendicitis but not familiar with what really happens during the course of this illness.

The appendix is a small protrusion off of the beginning of your colon. The small intestine ends in the lower right side of your belly and meets up with the large intestine to keep moving food through. At this junction is where the appendix sits.

The purpose of the appendix is a bit of a mystery and while it was considered useless for years there are now a couple of theories on why the little dangler is a part of our anatomy. One is that the appendix is helping the microbiome in our gut. Some scientist have even speculated that the appendix stores good bacteria in order to help the intestines recover from digestive illness that would flush out a good bit of our good biome along with the offending sickness. This healthy microbiome also gides digestion.

Another school of thought is that the appendix is involved in our immune systems. Some studies have shown different types of cells that are a part of the immune system being housed in the appendix.

When the appendix becomes inflamed is usually when the symptoms begin. It may start with pain at the belly button which eventually moves to the lower right side of the abdomen.

Nausea, vomiting, and low fever

are also symptoms of an appendix gone wrong. Sometimes folks can feel bloated with appendicitis or have a change in bowel habits (constipation or diarrhea). When the pain moves to the lower right side of the belly it often turns into "rebound pain." Rebound pain is when you press gently on an area and when you release the pressure the area responds with increased pain.

Terrible belly pain always warrants a visit to the doctor.

While appendicitis can sometimes be diagnosed with blood work, physical exam, and explaining your symptoms to your doctor, it is becoming more and more common for the diagnosis to be confirmed with some sort of picture of your intestines. This is usually an

ultrasound or a
CT scan. These
pictures can show
if the appendix
is enlarged and
if there is fluid
surrounding it which
is an indication of
an inflammatory
process. Once
appendicitis is
diagnosed a
surgeon is called.
While is it

possible to treat
some cases of appendicitis with just
antibiotics it is not usually recommended
due to an increased risk for repeat
appendicitis in the future. Surgical
treatment is definitive and removal of an
appendix is the most common cause for

emergent abdominal surgery.

So what really happens? You'll talk to a surgeon about the procedure to make sure you understand what you're consenting to. Then you'll talk to an anesthesia provider. The anesthesia provider will give you

medication to make you sleep through the procedure. These medications make sure that you don't feel anything or remember anything from the procedure.

Once your anesthesia provider has you asleep they will give you a breathing

tube to help you breathe while the surgeon is working. The nurse then washes your abdomen. The surgeon places a sterile drape over you with an opening for your belly. The majority of appendectomies are done laparoscopically.

HEALTHCARE

HIGHLIGHTS

By A Practicing NURSE

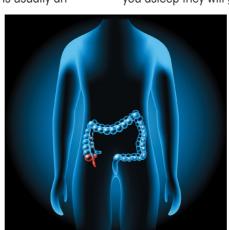
Laparoscopically means that the surgeon makes a small incision n your abdomen. This small incision allows a slender camera to be inserted into the abdomen to see all the organs. The belly is distended with carbon dioxide so that there is room to see everything. Once the camera has good visibility and the belly is puffed up to allow for movement

made in the abdomen. Long skinny instruments are put through these two incisions that allow the surgeon to grasp and then cut out the appendix. The appendix is then brought out of one of the small incisions. A few stitches and the incisions are closed, dressing applied, and you will start to wake up.

Occasionally there can be situations where the surgeon cannot remove the appendix laparoscopically. The surgeon then has to make a larger incision to work through instead of with the laparoscopic instruments through the small instruments. We call this an "open appendectomy."

Once you're awake you will discuss with your doctor the plan for followup care depending on how bad the inflammation of your appendix was. Sometimes you have to have a short stay in the hospital and other times you can go home right after you completely wake up.

Appendicitis sounds a little scary but it is a frequently dealt with condition in the medical world. The guidelines are pretty clear on what should be done. You'll be in good hands if you find that one day your "flu"



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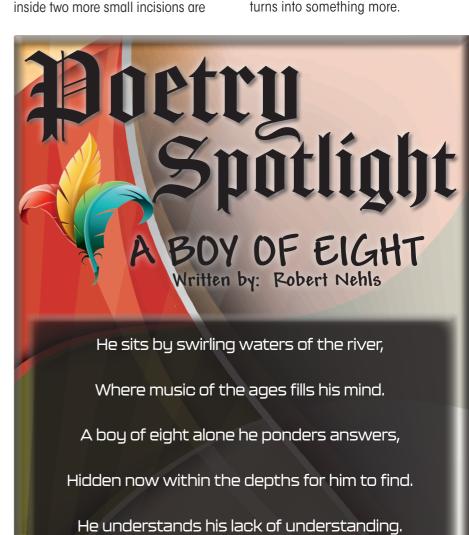
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And knows that time gives seekers what they need.

The water of the river roars around him.

Her rhythm takes him where the truth will lead.

Park County Sports Wrap

Volleyball: Bruins Take Manhattan Christian to Five Sets, Lady Rangers Drop Two to BC and Laurel, and Lady Rebels win

Football: Rebels can't find their offense in loss to Bridger and Rangers at a crossroad after halftime forfeit.

The Billings Central Catholic Lady Rams came to Livingston on Thursday night and delivered a message to the Lady Rangers at Park High during their 3-0 win.

Come prepared to win every night. Not just play, but win.

The Lady Rangers reminds me of a man who drove the same Honda Accord for ten years before deciding to trade it for a Porsche 911. Getting used to driving a car with twin-turbo flat-six engines tuned for up to 473 horsepower takes time.

The girls are talented, but their mental mistakes sometimes prevent them from playing free, unbridled, fun volleyball.

The Rangers have taken the 911 out of

shell-shocked. Every point the Rangers tallied during a 12-25 loss I had scored as an unforced error on Central. It wasn't so much that the Rangers scored 12 points, the Rams gave them 12 points.

The home crowd and the student section were ready to cheer, and the Ranger cheer squad appeared for the first time this year, but their enthusiasm was kept in check.

Then, the girls revved up their play during the second set, taking the lead, giving it back, and retaking it 14-13 on an excellent overhead kill by MacKenna O'Dea.

Ellie King was playing at her top level, and Sophia Fetterhoff came off the bench to add a couple of big blocks and kills. But in the end, the play of Billings Central

> led by their Libero, Kaitlyn Foster (19 diggs), Annie Hanser (28 assists), and Kamryn Reinker and Gracie Loveridge's 11 kills apiece were too much for the Rangers to overcome as they fell to the Rams 12-25, 19-25, and 15-25.

With their win over the Rangers, the Lady Rams retained first place in the conference with a 4-0 record. The Rams have yet to lose a set so far this season.

On Saturday, the Rangers traveled to Laurel

to play the Lady Locomotives. Although the scores were closer, the result was the same as on Thursday, as the Locomotives (2-2) took the match in straight sets: 22-25, 21-25, 20-25.

"We played better against Billings Central," head Coach Joey Lane said. "We made a lot of mental errors and just couldn't get in our groove. Sophia Fetterhof did have a great match: 8 kills and 0 errors which is outstanding."

Laurels Emma Barnes ended the match with five service aces and 19 assists, freshman Sylvie Curry had four service aces and ten kills, and Bailey Bequette chipped in with 13 digs. The Rangers' Ellie King ended the day with two aces, 11 kills, and 13 digs,

while Molly Arterburn led the Rangers with her best all-around game of the season so far, scoring a service ace, five kills, 13 assists, a block, and four digs.

With the loss, the Rangers fall to 1-4 overall. Their next match is on the road: They take on the Lady Lions of Lockwood (3-1) on Friday at 7:00 p.m.



Park High's Sophia Fetterhoff (#8) smashes an overhead return on Thursday night against the Lady Rams of Billings Central at Park High in Livingston.

The Lady Bruins suffered their first season loss in a five-set thriller against the three-time defending state champs Lady Eagles of Manhattan.

After dropping the third set 19-25, giving the Eagles a 2-1 set lead, the Lady Bruins held the Eagles at bay and won the fourth set 25-17. That meant they would

See Sports Wrap, Page 14

Ellie King goes above the net on the attack in the second set of

the Rangers showdown against Billings Central on Thursday at

Park High in Livingston. the garage, but they don't feel comfortable

opening her power yet. That happened on Thursday night; they returned to playing safe, low-risk volleyball and brought the Honda when they needed the Porsche.

The Lady Rams—and we'll call them as we see them—are a great volleyball team. This is partly thanks to some questionable transfers, but you play the girls across the net, and during the first set of their match, the Rangers seemed

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Runners at Park High V/JV and SGMS Bring Excitement to the Fergus Eagle XC Invitational on Friday

The Park High Rangers have a talented cross country team, including defending state champion Finn Schretenthaler for the boys and Sophie Sestrich and Landess O'Dea for the girls. But the team's future brought excitement to Pine Meadows Golf Course in Lewistown, which hosted the Fergus Eagle XC Invitational on Friday.

Sleeping Giant Middle School took home 3rd Place as Langley Hamilton and Kaleb Marsh finished in 5th and 6th place to lead the team in the 1.5 Miles Junior High Boys race.

The flu bug and injuries struck the Rangers, so they didn't have enough runners to earn a team score. However, as has been the case all season long, the runners who left the starting line finished strong. Sophie Sestrich earned another top-20 finish this year as she ran a 21:30.0 over the hilly course on a windy day, which made the course challenging for the runners

Twenty-four teams and 98 runners comprised the varsity girls division, with another 112 varsity boys running the varsity race. Seventy-seven boys and 79 girls ran for their JV teams, and 18 middle schools competed, with 106 boys and 94 girls finishing the 1.5-mile junior high race.

Landess O'Dea crossed the finish line in 24:34.3, followed by freshman Addy Boyce, who completed the 5,000 meters in 25:21.5. She just missed out on beating her PR of 25:20.9, which she ran earlier this season.

Jude Johnson hustled across Pine Meadows Golf Course in 26:05.97 to round out the Park High varsity runners.

Grace Malloy and Siobhan Stevenson finished in the top 30 of the JV girls' race. Eighth-grader Malloy, competing in her first JV race, finished in 27:18.2, and Stevenson came in close behind at 27:26.5, which is her best time of the season.

In the boy's varsity, Ben Bird from Hardin won with a time of 16:31.2, with Finn Schretenthaler from Park High coming in second, finishing in 16:46.4.

Sophomore Devin Earl ran his fastest race in his high school career, clocking 19:19.6 for 35th place and an impressive finish of 40 seconds better than his previous best time (19:56.7). If you're wondering just how good that is, go out and run 3.1 miles over a hilly golf course, not the one in Livingston, on a windy day, then rerun it the following week—you'll understand.

Augie Stern ran the course in 19:42.7 to finish in 41st place, and Isaac Ramirez came home in 20:15.16 to finish in the top half of the competitors.

The middle schoolers ran a 1.5-mile race over Pine Meadows Golf Course on Friday, with the boys' team from Livingston coming home with an impressive third place.

Sleeping Giant's Langley Hamilton ran a PR of 9:14.3 for 5th place, with SGMS seventh grader Kaleb Marsh behind him in 9:36.1 for a PR, grabbing 6th place.

Logan Marsh, who is only a 6th grader with a future in cross country so bright I have to wear shades while typing, finished with a PR and top-30 time of 10:34.9, while Sean Fischer also finished in the top-30 with a PR of 10:40.6.

Mateo Hernandez, who ran a 13:25.3 just a couple of weeks ago in Hardin, finished the race on Friday at 10:58.8 to establish a new PR. Finishing in 56th place was Ivan Rate, with a time of 11:43.2.

Sixth grader Ryla Springer from Havre won the girls middle schoolers race in 10:03.6. SGMS Mave McGrath ran a PR time of 10:31.1 to finish in the top-ten, and sixth grader Hannah Boyce also had a PR on Friday (10:39.8) in an impressive top-ten finish.

Esperanza Hernandez completed the 1.5-mile course in under three minutes less than her best time of 14:24.1, finishing in 22nd place. Other SGMS runners who competed and finished were Hannah Rheubottom, Else Smith, and Viola Hamilton.

The Rangers and SGMS will race the Mountain West Classic at the University of Montana's Golf Course at 515 South Ave



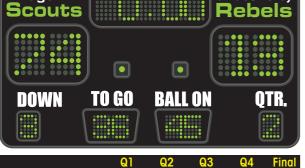
Park High's Sophie Sestrich is on her way to a top-20 finish at the Fergus Eagle XC Invitational on Friday in Lewistown. Photo Credit: K.I. Schretenthaler

E. in Missoula. With over 100 high schools participating, the Mountain West Classic is viewed as the Rangers' most competitive race every year. It's the race the athletes look forward to the most besides state.

Tentative Schedule of Events:

- 9:30a JV Girls
- 10:15a JV Boys
- 11:00a Varsity Boys
- 11:45a Varsity Girls
- 12:20p Middle School Boys (Race 1.3 miles)
- 12:45p Middle School Girls (Race

Saturday, Sep 21, 2024



	Q1	Q2	Q3	Q4	Final	I
Bridger Scouts	-	-	-	-	74	Ī
Shields Valley	-	-	-	-	13	
						_

Lincoln Lynx Gardiner Bruins DOWN TO GO BALL ON QTR.

Friday, Sep 20, 2024

	Q1	Q2	Q3	Q4	Final
Lincoln Lynx	-	-	-	-	77
Gardiner Bruins	-	-	-	-	6

Park High Rangers Indians Down TO GO BALL ON OTR.

Friday, Sep 20, 2024

	Q1	Q2	Q3	Q4	Final
Park High Rangers	0	0	0	0	0
Browning Indians	20	21	0	0	41

Sports Wrap

from page 13

play a tie-breaker fifth set, up to 15 points. The score was tied or a 1-point lead by either team until Maggie Darr smashed a return across the net for a 12-10 Bruins. Then, an unforced error by the Bruins opened the door, which the Eagles rushed through and outscored the Bruins 5-1 to win the final set 15-13.

Freshman Josie Reinertson finished the night with six kills, 22 assists, and 21 digs,

continuing her volleyball maturation with the best games of her high school career.

Darr finished with an impressive 13 kills and 16 digs, and four-time All-state player Ellie Reinertson came to play with three aces, 13 kills, ten assists, and a spectacular stat line of 30 digs.

Considering the Bruins took the undefeated Eagles, who hadn't lost a set against their opponents all season, into a fifth set has to build the Bruins' confidence in the future. The girls will next play the winless Lady Panthers of Sheridan at home on Thursday, September 26th, at 6:00 pm.

The Lady Rebels evened their season



The 2024 Sleeping Giant Middle School Football Team has two home games this week: Wednesday at 4:30 pm and Saturday at 10:00 am at McLeod Field in Livingston.

record at 2-2 by defeating the 0-4
Sheridan Panthers on homecoming Friday
night. The Rebels only needed three sets,
winning 25-15, 25-13, and 25-11.
The Rebels host Manhattan Christian in

Clyde Park on Tuesday, September 24th, at 6:30 p.m., and then travel to Reed Point on Friday, with the match scheduled to begin at 4:00 p.m.

In football, the Rebels found themselves down 38-6 after the first quarter (Hagen Wendt connected with Tanner Whiting for the Rebel's score) at home to the Bridger Scouts on their way to their third season loss, 74-13.

Wendt intercepted a pass by the Scout's Rex Zentner and returned it 34 yards for the Rebels only other points. The Rebels travel to Reed Point this Friday to play the 0-3 Renegades. With four games remaining, the Rebels probably need to win out to play in November.

The Rangers had to forfeit their game

against Browning at halftime. Traveling with 15 healthy players, they were down to 12 players after injuries at the half, and to protect the boys, they made the right decision to stop playing at halftime. We'll have more on the Rangers' as the week progresses.

The Rangers' soccer teams played against Billings Central on Saturday. The girls lost 3-0, dropping their record to 3-2 (1-2 conference). The boys got a goal from Oliver Bauman in the second half, but it wasn't enough, as they fell to the Rams 4-1.

The Rangers (3-2) will host Lockwood on Friday, September 27th, at 4:00 p.m., and the Lady Rangers will play the Lady Lions at 6:00 p.m. Both teams travel to Laurel to take on the Locomotives on Saturday, September 28th. The boys will play first at noon, and then the girls will take the pitch at 2:00 p.m.

And that's your Sports Wrap for Park County High School Sports.



Fall Activities (Part 2)



Autumn is a beautiful time of year to be outdoors... Check out and enjoy these great fall attractions for the whole family... Enjoy!

Visit a Pumpkin Patch

Gallatin Valley Botanical's Rocky Creek Farm has been growing organic vegetables for local chefs since 2003. They have diversified to add fresh flowers, eggs and pastured poultry, lamb, and pork, but very popular this time of year... pressing cider, a pumpkin patch, field trips, and u-pick berries. They are located at 34297 Frontage Road, just east of Bozeman. They are open Tuesday, Thursday and Saturday, call for hours at 406-599-2361, or go to Gallatin Valley Botanical. com for more info.

Gallatin River Lodge, located at 9105 Thorpe Road in Bozeman. Come out to the Gallatin River Lodge Pumpkin Patch and select your perfect pumpkin. They're open Wednesday through Sunday, starting October 16th to the 31st, every day from 3 to 6 pm (closed Mondays & Tuesdays). Variety of sizes and types of pumpkins and gourds will be available. Join

us for fine dining and take home ANY pumpkin for just \$5!!! Pumpkin purchases without dinner are by weight.

Montana Corn Maze, Manhattan. (See listing under Mazes, below.)

The straw-bale **Bozeman Maze**, Belgrade. (See listing under Mazes.)

Get Lost in a Maze

Nothing beats this classic outdoors fall activity for the entire family. Let the kiddos run around while you stroll closely behind.

The Montana Corn Maze just opened for the season. They have a great corn maze in Manhattan just 16 miles west of Bozeman. They are open Wednesdays, Fridays, and Saturdays. There are three different challenge levels of mazes, so it's fun for everyone. And there are lots of other activities at the farm: 6-hole mini golf, the Express mini-train, disc golf, barrel train, playground, corn hole, ladder ball, pick-your-own pumpkin patch, and more. The fun starts with a wagon ride out to the maze... Reservations can be made online at MontanaCornMaze.com, or call

406-922-1643. Pets are prohibited.

Check out the straw-bale maze at the **Bozeman Maze**, located at 1340 East Valley Center Road. They are open Wednesday, Friday, Saturday, and Sunday. Each year they create a new and different maze with 5000 bales! There are also hayrides, a minitrain, corn bins, courtyard games, and more. Get lost after dark! (See website

for hours.) The **PowerJump Bungee Trampoline** is available for an additional fee. Pumpkins are available for purchase. Concessions are also available. You can purchase tickets online at BozemanMaze.com, or call 406-388-7818. Pets are allowed on grounds but not in maze.

Get Haunted

Field of Screams in Victor, Montana is the #1 haunted attraction in the state. They have safe, daytime activities for all ages, with hayrides, slides, and hay-bale fun, a secret

word-find game, a mini corn maze (that parents and kids can easily maneuver), a haunted walk with lights on, and more.

But look out... the zombies wakeup when night falls... Adults will experience thrills, chills, and non-stop action that will leave you begging for the end to be near. You'll be getting scared over the 10-acre property, with two haunted attractions and 30+ ways to get frightened. It's a new level of scary fun. Year after year, Fields of Screams delivers truly enjoyable horror. If you would like the experience it without zombies, they do have zombiefree special evenings. It's 30 miles South of Missoula. They're open September 27th and operate rain or snow. To purchase tickets and to learn more, go to FieldOfScreamsMT.com, or get the recorded message at 406-642-6426.



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reduces risk of heart attack and
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Calendar of Events

Sunday, September 29, 2024



Monday Nights

JAZZ JAM AT ENGINE ROOM PIZZA in Livingston (113 W Park Street) every Monday night from 6:30-8:30 pm. This is a welcoming space for musicians of all levels to come together and play jazz standards, blues, and Latin grooves. A drum set, keyboard, and bass amp are ready for anyone who wants to join in. Weather permitting, we'll be playing outside to enjoy the evening atmosphere. You can find more details on our Facebook event page: Jazz Jam at Engine Room Pizza.

Wednesday Nights

BINGO NIGHT IS BACK AT THE OFFICE The Office Liquor Store and Lounge at 128 S. Main Street is hosting Bingo,

FAMILY KARAOKE NIGHT 49er Diner at 404 E. Park Street is hosting Family Karaoke night from 6-8 pm. For more information call 406-222-8204.

October 2 - PARK COUNTY 4-H OPEN HOUSE Interested in joining 4-H? Come to the 4-H open house from 6-7 pm to learn more. MSU Extension Office, 119 S. 3rd Street.

October 4-5 - INAUGURAL LIVINGSTON SONG-

WRITER FESTIVAL Downtown Livingston, venues include The 1900, The Attic, The Owl, Livingston Center for Art and Culture, Livingston Bar & Grille, Tru North and the Elks Lodge. Apply to perform at:

https://rockymtnsongwriterfestivals.org/ festival-songwriters/.

October 5 - HARVEST SALE Pine Creek United Methodist Church Annual Harvest Sale, Pine Creek Methodist Church, 2470 East River Road. Complimentary lunch at noon. Auction starts at 1 pm. For more information call 406-222-4897.

October 5 - UNITED IN LIGHT OPEN HOUSE Come on out and visit with the UIL draft horses! Please wear closed toed shoes! Suggested donation \$20 is appreciated. United In Light is fully funded by the public and all volunteer based since 2003. 12-2 pm at 82 Billman Lane.

October 5 - MONTANA CONSERVATION VOTERS AN-

UUAL GALA As our largest fundraising event of the year, this party to protect the Last Best Place is our opportunity to celebrate and support MCV's mission with our staff, board and 200+ conservationists from all across Montana. 2024 also marks MCV's 25th anniversary — a milestone we are excited to celebrate with you. Join us from 5-8 pm at the Livingston Depot Center, 200 W. Park Street in Livingston. Sponsorship information and tickets can be found at mtvoters.org/gala.

October 5 - 7TH ANNUAL LIP SYNC BATTLE Is your air guitar tuned? Your dance moves fly? Sign up today for a funfilled and competitive evening, limited to the first ten acts to register! 7-9 pm at the Shane Lalani Center for the Arts, 415 E. Lewis Street.

October 6 - MOOSE CHASE KIDS RACE The Moose

Chase Kids Race is a running event for kids age 18 and under benefiting LINKS for learning and the Livingston Food Resource Center. There are 4 distances to choose from and parents are welcome to run with their kids. \$20 online registration or \$25 on race day in person. \$15 for the Diaper Dash. The first 200 registrants receive a race shirt, and all participants will receive ice cream as well as entry into the raffle for a new bike from Dan Bailey's Outdoor Company, among other items. This is a great opportunity to get outside, get some exercise, and spend some time celebrating what a wonderful community we are privileged to live in! Don't forget to bring a canned food item for the Food Resource Center! https://runsignup.com/Race/MT/Livingston/TheMooseChaseKidsRace

October 6 - OKTOBERFEST BOWLING/GOLF TOUR-

NAMENT 12 noon to 3 pm, Livingston Golf & Country Club, 44 View Vista Drive, Livingston. Please call the Golf Shop for more details at 406-222-1100.

Calendar of Events runs every week. To place your event on the calendar please email the information to community@pccjournal.com or drop off your information at the PCCJ office at 108 N. Main Street.

Cost is \$8/week for up to 50 words, 51-100 words is \$10/week, maximum word count is 100 words please. Deadline is Monday's at 5:30pm for the following issue that will hit the streets on the following Friday.

October 6 - CANDIDATE FORUM for all candidates running for elected office in Park County. The forum will start promptly at 2 pm at the Beaver Creek Community Hall, 651 Swingley Road. A meet and greet will follow the forum at approximately 3:30 pm with coffee, tea and refreshments.

October 8 - PUBLIC INPUT FOR GARDINER RESORT

TAX - The Gardiner Resort Area District Board wants to hear your thoughts on how to improve the community's program and plan for the future. Meeting will be held at the Gardiner School's multi-purpose room from 6:30-8:30 pm.

October 10 - LIVINGSTON FILM SERIES PRESENTS

OLIVER! Shane Lalani Center for the Arts, 415 E. Lewis, doors open at 6:30 pm, screening starts at 7 pm, admission is free.

October 12 - MONTHLY POTLUCK AT BEAVER CREEK **COMMUNITY HALL**, 651 Swingley Road, 6:30 pm. Everyone is invited! Please bring a side dish, salad or main dish to share.

October 12 - OKTOBERFEST STREET PARTY The Livingston Tourism Business Improvement District introduces a NEW 2nd Street Oktoberfest, from 4-7 pm with 2nd Street closed for the street party from Callender to Lewis. Shops all along 2nd Street and on the neighboring Callender block will be open late for shopping. Raise a glass and your spirits at Livingston's 2nd Street Oktoberfest. Enjoy beer, autumn drink and food specials, music, kids' activities, and kick off your holiday shopping at great 2nd Street shops. Admission is free and there's fun for all!

October 13 - VEGAN POTLUCK, Join them at the Park County Senior Center at 206 S. Main St. at 4:30 pm. You don't have to be vegan, but the food does. Please bring a dish to share that is free from meat, eggs, dairy, honey, and gelatin. You can keep it simple by bringing chips & salsa, fresh fruit, pickles or olives, or a green salad. Sharing delicious food and recipes with fun people who care about their health, the planet and most of all—the animals!

Small business insurance that works for you





As a small business owner myself, I know what it takes to make things run. It's why I'm so passionate about helping other small businesses. State Farm® small business insurance plans don't offer a one-size-fits-all coverage that works best for you. Call or stop

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approach. Why? Well, your business needs the in for a custom quote today.

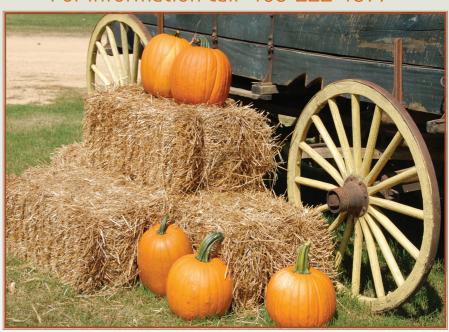
76th PINE CREEK UMC ANNUAL

HARVEST SALE Saturday October 5th, 2024

Pine Creek Methodist Church 2470 East River Road (10 Miles South of Livingston)

Complimentary Lunch (noon) Auction starts at 1:00 pm

For information call 406-222-4897



- Locally Grown Apple Cider
- Quilts
- Knitting & Crochet Work
- Homemade Baked Goods
- Home Grown Produce
- Home Canning Items
- Crafts
- And Much More

Auction will be held outdoors weather permitting (please bring a lawn chair)

Come and have an afternoon of good old-fashioned fun.

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everyone!

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Community Journal - 18

Sunday, September 29, 2024

Short-Term Road Worker - Join

our dynamic Public Works

Department as a short-term

Road Worker, where you'll be

at the forefront of maintaining

county roads and bridges. From

operating patching equipment

to mowing scenic routes, your

days will be filled with diverse

tasks. With opportunities to work

independently and collaborate with

various stakeholders, including the

C L A S S I F I E D S

ANNOUNCEMENTS

Emigrant People's Market, located at 8 Story Road, Emigrant, MT 59027, on the lawn of St John's Church. Saturdays 9-1 pm. June -October, weather permitting. Locally created goods and eclectic curated items. New vendors welcome. Email emigrantpeoplesmarket@gmail.com for information.

Opportunity to serve your community on the Board of Trustees!

The district is looking for two individuals who are willing to serve as a part of the Arrowhead School Board of Trustees.

- Appointed until next school election May 2025
- One-year terms
- Send questions or request for application to: Cinda Self, District Clerk cself@arrowheadk8.org.

FOR SALE

2 EMS premium-down sleeping bags can zip together. Just cleaned. \$150 for both. Text/call 406-223-5365.

HELP WANTED

2024-2025 Vacancies

Arrowhead School District #75
• 2 Elem Teaching Positions (1

- with P endorsement preferred)
 Music and Art Teacher Salary D.O.E,
- health, dental, and/or vision, certified staff shall be given full step credit on the salary schedule for up to (10) years teaching experience.
- Paraprofessional Monday-Thursday some Fridays, \$18/hour, health, dental, and/or vision
- High Needs Paraprofessional Monday-Thursday some Fridays, Hourly Wage D.O.E., health, dental, and/or vision
- Bus DriverAfter School Coordinator
- After School Assistant

More details and Applications for all vacancies may be picked up at the Arrowhead Elementary School in Pray, o

Arrowhead Elementary School in Pray, or visit our district website at: Arrowheadk8. com. Questions please reach out to Johanna Osborn, Principal 406-333-4359 or josborn@arrowheadk8.org.

Key Insurance in Livingston is looking to hire a **Licensed Insurance Agent** to our team. We are dedicated to providing individuals, families, businesses and their employees with the very best in supplemental benefits. Working hand-in-hand with our customers, our dedicated sales force provides personal face-to-face service that is almost unheard of in todays business world. We are committed to providing our clients with the right protection, customized to their needs. We offer \$55K to start depending on qualifications. Please contact Alice at 406-222-0944 to schedule an interview or email resume to alice@montanainsurance.net.

EXPERIENCED AUTO BODY TECHNICIAN



Come work for a business where you are not just a number, but a team member. If you are an experienced auto body technician with a wide range of skills, we'd like to talk to you. Our technicians perform welding, framework, sheet metal straightening, aluminum repair and light mechanical to suspension replacement. The position requires directions from estimates and work orders to be completed perfectly Must supply own tools and toolbox, a valid drivers license and have reliable attendance. Must be able to spend time on your feet and able to lift to 50 pounds Equal opportunity employer. Pay is hourly and performance-based. Paid holidays, five paid personal days, 401K & Health Insurance after 1 year or probationary has been met. Schedule is Monday through Thursday 7 am to 6 pm. Apply by stopping in the shop, 908 East Park Street, Livingston, calling 406-222-0214 or email: bob@oconnorautobody.com. O'Conner's Auto Body is a busy shop, and has been making the community's autos look like new for over 50 years.

Coffee Creek Espresso is hiring full and part-time Barista positions. This is a fast, friendly, fun environment. Come join our team!! Please pick up an application at Coffee Creek if you are interested. Located in the Albertson's Parking Lot.

Downtown Livingston Business Improvement District (LBID) Request for Proposal (RFP) for Downtown Garbage & Graffiti Removal for Contract Period 9/1/24 – 8/31/26. ICEC Contractor and experience preferred, part-time hourly trainee accepted. Summer, 20-40 hrs/mo, cool season 10-20 hrs/mo. For more information go to downtownlivingston.org/contractwork.

Explore Livingston seeks event coordinator to oversee cool season events Fall-Winter. New position, hours vary, independent contractor status. For more information go to explorelivingstonmt.com/jobs.

Destination Stewardship and Resiliency Planner RFP for
Explore Livingston. RFP due 8/30, contract work 9/24-3/25. More at explorelivingstonmt.com/jobs.

Come Join Our Kenyon Noble Team!

Kenyon Noble Lumber & Hardware's Livingston location is



information and to see the complete

com/jobs. You can also apply online!

job listing visit us at kenyonnoble.

School Bus Driver - Arrowhead School is looking for an individual who will be responsible for transporting students safely to and from school. Personal characteristics should include sound judgment, responsibility, calm, self-assured, and likes working with children. Hours are four hours per day, mornings and afternoons, Monday – Thursday with occasional Friday's. Wages start at \$35 per hour. Other requirements include: MT Commercial Driver's License (CDL) with an School Bus "S" and Passenger "P" endorsement, ability to lift 50 pounds, first aid/CPR, current medical exam, must complete State of Montana annual bus driver training, regular drug testing, driving record release. For more detailed information and job applications go to: https://www.arrowheadk8.com/

Yellowstone Forever is hiring several full-time, year-round positions with benefits. Complete position description and applications are available on our website https://www.yellowstone.org/who-we-are/jobs/. Maintenance Manager, Salary range \$76,523 – \$84,538 based in Gardiner.

job-openings.

Warehouse and Logistics Manager, \$78,867 - \$87,803 based in Gardiner. Development Coordinator, \$25.73 - 28.12 per hour based in Bozeman, MT.

Gardiner Public School is looking for a Custodian (part time, or full time with benefits). Salary will be based on experience. Applications are available on our website at www.gardiner. org and can be sent to Super@gardiner. org or you may apply at the school (510 Stone St, Gardiner, MT, 59030). If you have any questions, please call 406-848-7563.

Windrider Transit Relief Bus

Driver - Park County is seeking a Transit Relief Bus Driver to join the Windrider Transit team. This part-time position (10-15 hours/ week) involves safely operating buses, providing excellent customer service to passengers, and ensuring compliance with safety regulations. Ideal for those who enjoy interacting with diverse community members. Candidates must have a valid Montana Driver's license and will be subject to comprehensive drug testing. Join us in serving the community with friendly, reliable transportation services! This job will be open until filled with priority given to applications received by July 2, 2024. To apply go online to: https:// jobs.parkcounty.org/jobs.

Registered Sanitarian - Become a vital part of the Park County Health Department Team as a Registered Sanitarian! Under the guidance of the Health Department Director, you'll play a crucial role in safeguarding public health and the environment. From conducting compliance inspections to responding to emergencies, we're looking for someone who can apply their expertise in regulatory oversight and meticulous attention to detail. If you're a Montana Registered Sanitarian with a passion for environmental protection and public health, apply now to make a difference in your community! This position will be open until filled.. To apply go online to: https://jobs. parkcounty.org/jobs.

public and governmental agencies, this role offers a blend of autonomy and community engagement. Embrace the challenge and make a tangible impact on the infrastructure that shapes our county's landscape. Apply now to drive change, quite literally, in Park County! There are multiple short term or seasonal positions available and this job will be open until all are filled. To apply go online to: https://jobs.parkcounty.

Angel Line Relief Bus Driver -

org/jobs.

Join our dynamic team as a Relief Driver with Angel Line Transit at Park County, where you'll have the rewarding opportunity to make a real difference in the lives of our community's seniors and individuals with disabilities. As a key part of our Angel Line service, you'll provide safe, dependable, and friendly doorto-door transportation, ensuring our passengers maintain their independence and mobility. This flexible role offers a unique chance to step in and support our full-time drivers during their absences, making every shift an important one. If you're looking for a fulfilling role with occasional hours and the chance to give back to your community, this is the perfect opportunity! Apply now—this position will remain open until filled.

How to Place your Classifed Ad!

We have three classified ad packages to choose from, your ad will be displayed for 7 days, will also be added to the Park County Community Journal website.

1-40 words \$10 • 41-50 words \$12 • 51-70 words \$15

To place your ad go online at www. pccjournal.com or email community@pccjournal. com and someone will call you back for

payment.

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Bozeman Symphony Presents "The Rhythms of Beethoven, Rossini, and Akiho"

The Bozeman Symphony presents its second performance of the 2024-25 season, "The Rhythms of Beethoven, Rossini, and Akiho," slated for the weekend of October 12th and 13th at the Willson Auditorium in Bozeman.

The dynamic program features the highly anticipated premiere of acclaimed composer Andy Akiho's latest work, Concerto for Cello and Orchestra, performed by the extraordinary Jeffrey Zeigler, former cellist of the renowned Kronos Quartet. As a co-commissioner of this innovative piece, the Bozeman Symphony is thrilled to offer its patrons one of the first opportunities in the U.S. to experience this musical milestone.

The concert opens with the exuberant Overture to The Barber of Seville by Gioachino Rossini, famous for its blend of humor and romance. This iconic overture, known for its infectious melodies, has charmed audiences since its debut in 1816, and continues to find its way into the hearts of many through its frequent use in cartoons, films, and advertisements.

Audiences will also revel in the pulsating rhythms and profound energy of Ludwig van Beethoven's Symphony No. 7, a piece celebrated not only for its vibrant score but also for being



BOZEMAN SYMPHONY

Norman Huynh, Music Director

a personal favorite of the composer himself. Under the expert baton of Maestro Norman Huynh, Beethoven's masterpiece promises to deliver a transcendent musical experience that resonates deeply with listeners.

Performances will take place on Saturday, Oct. 12th, at 7:30 pm and Sunday, Oct. 13th, at 2:30 pm at the Willson Auditorium, 404 West Main Street in downtown Bozeman.

The Bozeman Symphony extends its heartfelt gratitude to the generous sponsors who make these performances possible: Cal & Tricia DeSouza, Gary Kunis & Connie Wong, Jodar Family Foundation, and Prof. Rob Maher & Ms. Lynn Peterson-Maher.

Tickets are available for purchase now at https://www.bozemansymphony.org/rhythms-of-beethoven-rossini-akiho or by calling 406-585-9774. Tickets at the door are based on availability. Adult tickets start at \$29, and discounted student tickets are also offered.

City Aquires New Garbage Truck

The City of Livingston is pleased to announce the addition of a new garbage truck to our Public Works lineup. This new vehicle will help our solid waste department operate more efficiently and provide even





better service to our residents. On an average day, our garbage trucks handle approximately 1,000 pickups and cover about 35 miles within the city, ensuring that every neighborhood is well-served.

Also, keep an eye out for the new logo on City vehicles!





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3 beds 1.5 baths | 1,340 sq ft #394563 | \$595,000 Ernie Meador | 406-220-0231



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Four Events on the We Will Park County 2024 Annual Report on "The State of the County"

The Park County Community
Foundation will release the 2024
We Will Park County Report in early
October, coinciding with a series of
events located throughout the county.
More information is available on
the PCCF October calendar page at
https://find.pccf-montana.org/We-WillPark-County-2024-Events.

- Tuesday, October 1st: The first event will take place virtually, via Zoom. An electronic version of the We Will Park County report will be available for download in advance of the event. Register on the PCCF October calendar page at https://find.pccf-montana.org/We-Will-Park-County-2024-Events to receive the Zoom link, or call the Park County Community Foundation office at 406-224-3920
- Monday, October 7th: In-person event in the Shields Valley, at the Shields Valley Community Center, 409 Miles Street in

Clyde Park

- Tuesday, October 8th: In-person event in Livingston, at the Park County Fairgrounds in the dining hall at 46 View Vista Drive.
- Wednesday, October 9th: Inperson event in Gardiner, at the Gardiner Community Center, 208 W. Main Street.

Each event will include time for informal conversation, a brief presentation of the findings from the Park County Community Foundation's 2024 survey, and a facilitated conversation about Park County's most pressing needs and opportunities. The events are offered at no charge and attendees will receive a printed copy of the 2024 We Will Park County report.

Doors open at 4 pm for refreshments followed by the presentation and facilitated conversation from 4:30 pm - 6 pm.

Similar to the previous two years, the *We Will Park County* report

We III COMMUNITY
FOUNDATION

identifies what Park County residents perceive are the top concerns facing the community and provides updated data sets pertinent to the issues. The public is also invited to stop by the Park County Community Foundation's office at 104 South Main St. in Livingston beginning on October 7th to pick up a printed copy of the report – or call them at 406-224-3920 and they will arrange to get you a copy.

Launched in 2018 by the Park County Community Foundation, We Will Park County is a citizen-informed initiative designed to help Park County residents determine their own future. Based on input from citizens across the county, We Will Park County articulates a vision for the community across five key areas: Landscapes and Natural Beauty, Housing and Affordability, Small-town and Rural

Lifestyle, Economic Performance, and Health/Safety/Education. Data relevant to those areas is annually compiled, tracked, and updated. The goal is to establish a set of facts and values that will help inspire the community to solve the challenges facing Park County.

"The 2024 We Will Park County report continues to serve as a vital tool for understanding the hopes, challenges, and opportunities in our community," said Barb Oldershaw, PCCF Program Director. "This report reflects the voices of our neighbors, and the data within it provides a foundation for informed decision-making. By coming together at these events, we can collectively explore solutions and shape the future of Park County in a way that benefits us all."

For more information and to register for one of the events, visit the PCCF calendar page at https://find.pccf-montana.org/We-Will-Park-County-2024-Events.

Livingston's Energy Action PlanA Strategic Move Towards a Sustainable Future





Paid for by Wells For Park County PO 35, Pray, MT 59065.

KENT HANAWALT IS MOTIVATED

• DOZENS OF LETTERS TO, AND CONVERSATIONS WITH THE COMMISSIONERS

• CONTINUOUS
BACKGROUND STUDY IN
ISSUES OF IMPORTANCE TO
COUNTY TAXPAYERS

• NUMEROUS PUBLIC SERVICE ARTICLES

The City of Livingston is embarking on an initiative to promote energy conservation across municipal facilities. The Energy Action Plan aims to set clear energy conservation goals and outline the strategies necessary to achieve them, ensuring that the City remains a good steward of public resources.

With the 2020 Baseline
Greenhouse Gas (GhG) Emissions
Report highlighting the significant
impact of solid waste, wastewater,
buildings, and the city's vehicle fleet
on our overall energy use, the Energy
Action Plan will target these areas for
improvement. The plan focuses on
key facilities, including City Hall, the
City-County Complex, the Public Works
Campus, six municipal drinking water
wells, the Civic Center, and more.

The Energy Action Plan is not just

about reducing energy consumption; it's about creating a sustainable, cost-effective future for Livingston. By improving the energy efficiency of our municipal buildings and transportation assets, the city aims to significantly lower operating costs while optimizing the use of our resources.

A critical component of the plan involves engaging with the community to solidify energy conservation goals. To that end, a public session will be held on October 8th at 5:30 pm at the Shane Center, where residents are encouraged to share their thoughts and contribute to the creation of the plan. This collaborative approach will help translate long-term sustainability objectives into specific, actionable

steps.

The plan also includes conducting assessments to prioritize energy and

water efficiency projects, establishing benchmarks for monitoring progress, and developing a communication strategy to keep the community informed and involved. Additionally, the city will establish new operational policies and standards for renovations and new construction to ensure that all municipal buildings are aligned with our energy conservation goals.

As we move forward with the Energy Action Plan, we encourage all residents to attend the upcoming public session and participate in the process. Together, we can make Livingston a model of efficiency and ensure a more cost-effective and resource-conscious future for our community.



